

VALHALLA  
1996

BRAVING • THE

*Elements*







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BRAVING • THE

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# Elements

Go With the Flow p.6



*All Fired Up* p. 94



DOWN TO EARTH p. 158



*Life's a Breeze* p. 228









**A**fter a hard rain, the smell of the saturated earth permeated the air from puddles all over the grounds. Prepared for rain with umbrella in hand, junior Paul Thalacker walks in from the trailers at the close of the school day. The six new trailers forced students to brave the elements just to attend classes.



Loren Coulter

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V A L H A L L A • 1 9 9 6

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*Woodbridge Senior High School*

3001 Old Bridge Road  
Woodbridge, VA 22192  
(703) 494-7135  
Enrollment: 2845, Vol. 32



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# B R A V I N G • T H E

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# Elements

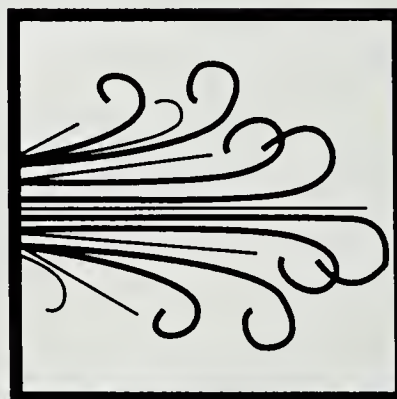
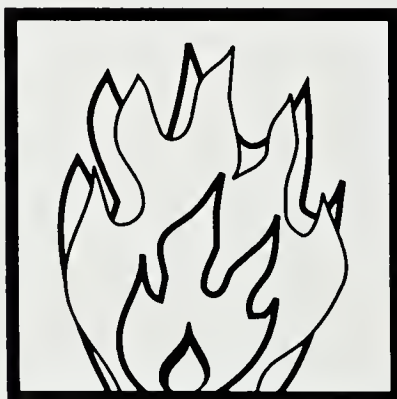
**W**ith the addition of six trailers on the basketball court, students braved the elements as they ventured outside to attend their classes. Despite rain, hail, sleet, and snow, classes continued.

A new computer system, SASI, was adopted, putting all interim grades for each class on one piece of paper in a format similar to report cards. Students braved their parent's reactions when given an interim that was two weeks obsolete.

The installation of a new phone system allowed more calls to be made into the building and the phone number changed. This caused temporary conflicts and confusion, and the system had to shut down for a day.

New grey carpeting was laid in the library, brightening up the atmosphere of the room. The walls in the multimedia lab came down to give the appearance of more space.

Prince William County introduced a new bus system. Called Omnilink, the bus system provided a means of transportation for people without cars. The buses ran from Old Bridge to Chinn to...



Bridgit Kelly



Bridgit Kelly






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### KEEPING STRIDE

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Nothing's gonna break their stride. Seniors Fatima Aniteye and Adrienne Edwards run down Willowood Drive with junior Mamie Pekanyande and senior Shannon Farrell. Despite the heavy rains the cross country team was out in full force and could be found running all over Lake Ridge from the early hours of the morning until dark. Part of being on the cross country team was being able to run in any type of weather and on any terrain. The team ran through the streets and also through the woods around the school.




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### IT'S ELEMENTARY

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The surrounding scenery took on an element of change when trees were cleared to make room for Old Bridge Elementary School. The school opened September 5 with 598 students enrolled.



...Potomac Mills and back to Chinn again. This gave people access to shopping, gyms, and the library.

Expansion to I-95 continued, making trips to Springfield and DC quicker. The improvements were not helpful when a tractor trailer carrying toxic materials overturned October 28. I-95 was closed for more than 12 hours.

Pope John Paul II came to the United States on a goodwill tour October 4 through October 8. He stopped in Baltimore and celebrated mass with thousands of worshippers at Oriole Stadium at Camden Yards. People who won tickets through a lottery sat in the pouring rain waiting for the Pope's arrival. When he finally arrived, the sun shined.

The Reverend Louis Farrakhan organized a day of atonement for the nation's African American men. The Million Man March took place October 16 on the grounds of the Mall in Washington, DC. Farrakhan disputed the official Park Service crowd count of an estimated 400,000. ABC News commissioned an independent agency whose estimate was double that of the Park Service. Students who had permission from their parents to attend the march were given an excused absence for the day.

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#### CONCENTRATE

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Careful concentration is the key to the perfect parade. Freshmen cheerleaders Mea Outlaw and Rebeca Gonzalez help Shannon Dalby decorate their truck for the homecoming parade.



John B. King

Bridgit Kelly





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#### CATCH THE WAVE

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With school spirit painted all over his face, senior Jon Publicover plays with the Mighty Viking Marching Band for the October 20 pep rally. Band, JROTC, golf, tennis, field hockey, Vikettes, and cheerleaders were dismissed early from class to organize in the gym. The drum intro ignited the flame of school spirit as it triggered the band's entrance with "The Horse." The cheerleaders lifted their arms into a V above their heads and the crowd shouted, "Hey!" Between the roar of class cheers, JROTC expressed enthusiasm with cheers accompanied by stomping and clapping.



# Flow

**A** wave of change overcame the Athletic Boosters when they proposed the “Mother of All Car Washes.” The stream of cars flowed steadily all morning while athletes from every team scrubbed down cars. The effort raised \$3,500 in donations for all fall sports, short of expectations.

Cal Ripken turned the tides September 6, breaking Lou Gehrig's record for the highest number of consecutive baseball games played. Fans poured into Camden Yards to watch his 2131 game.

After being accused of drowning her two sons, North Carolina resident Susan Smith escaped the death penalty. The final verdict sentenced her to 30 years in jail.

The grand opening of Incredible Universe at Potomac Mills attracted people interested in electronics, software, and music. With a McDonald's inside, a karaoke machine, and a virtual reality game, masses of people flooded the store and mall, making Potomac Mills Virginia's number one tourist attraction.

One hurricane after another stormed off the coasts of the Carolinas and crept up to Virginia. They caused problems for sports teams. Three football games were rained out and the marching band could not perform at Homecoming because of the conditions. Golf districts were also rescheduled due to rain.

Water was everywhere; students braved the elements everyday.



Harry Miller





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#### TAKE A BREATHER

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After pushing his hair out of his eyes, sophomore Chris Blok gets ready to swim one more lap. Since the forecast called for rain, Chris, a member of the yearbook staff, went down to the indoor heated pool at the Richmond Hyatt for a swim. Despite the chilly air outside the pool was warm.

The yearbook, newspaper, and literary magazine staffs went to Richmond to attend the Virginia High School League journalism workshop. After seven hours of seminars, they relaxed, ordered pizza and Chinese food, and listened to the rain patter against the window.

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# AT THE CREST

**R**iding the wave of their senior year, the class of 1996 arrived at the end of its high school career. They braved four years where they started at the bottom and worked their way to the top of the classes.

Four years before, covered with Starter jackets and tight-rolled jeans, 813 freshmen entered the building for their first day of high school academics. As freshmen, the class had to deal with the V,I,K,E, and S teams and new exemption rules. For the first time, only juniors and seniors were eligible for final exam exemptions.

As sophomores drowned in snow, excessive days off in the month of January led to cancelled mid-term exams.

As juniors, they could attend the prom without accompanying upperclassmen.

President Blair Lockamy and Vice President Huma Zaidi presented the class with information about 4X4 scheduling. The class voted in favor of the 4X4 because it would include longer lunch shifts. Due to objections from parents, the 4X4 was postponed for another year.

No one ran for senior class historian so a special election was held in the fall to fill the vacancy. Senior Karden Kelly was elected.

The football team held Gar-Field scoreless in the first game of the season as they won 14-0. Gar-Field had not been shut out in three decades.

During Homecoming week, the class swept all spirit events winning the overall competition. The class finally reached the top after three years of riding in the wake.



Senior Class Officers Matt Smith (*Vice President*), Jeff Giasson (*President*), Tracey Watson (*Treasurer*), Karden Kelly (*Historian*), Not pictured: Stephanie Feindt (*Secretary*).





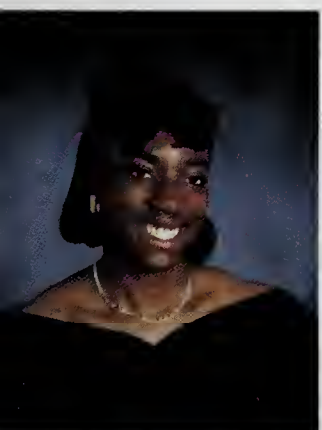
**NADIA E. ABADIR** Tri-M 9,10,11,12; NHS 11, 12; Concert Orchestra 9; Symphonic Orchestra 10,11,12; Choir 10; SADD 12.  
**EDINA ADAM**  
**BILLY ADAMS**  
**KRISTY AIELLO**



**ROBERT V. ALBRECHT** JROTC 10,11,12 (1st LT. PLT LDR); Male Drill Team 10,12; Swim Team 9; Sign Language Club.  
**JAMES ALEXANDER**  
**DAVID ALVERY**  
**DIANA BEATRIZ ALVAREZ** FBLA 12.



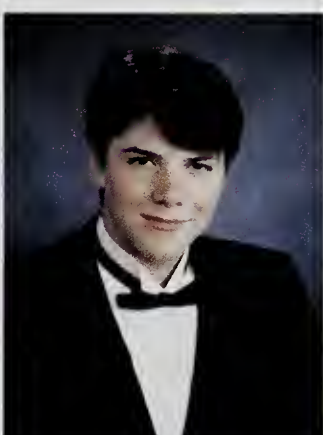
**KELLY E. AMES** Science & Ecology Club 10,11,12; Key Club 9,12; FBLA 9,10,12; Crew 10,11; Track 12; Debate 9  
**BRIAN ANDERSON**  
**SARA ANDERSON**  
**TRACEE ANDERSON**



**FATIMA R. ANITEYE** Indoor Track 10,11,12; Outdoor Track 9,10,11,12; Varsity Cheerleading 12; FBLA 10; Marching Band 9,10; Varsity Club 12.  
**MICHAEL AVENICK** French Club 12; *Eddas* 11,12, Editor; JROTC 10,12; Staff Officer; Forensics 10.  
**KAREN BABB**  
**TANU M. BAH** Football 9,10; Basketball 9,10; Track 9.



**JOANNE BAILEY**  
**SHANNON BAILEY** Drama Club 9,10,11 (Secretary), 12 (President); Thespian Society 11,12; Sign Language Club 11,12; Tri-M 10; French Club 12; Indoor Track 11,12; Outdoor Track 11,12; Plague 11.  
**SIFRONA BAILEY**  
**MELISSA K. BAKER** JV Cheerleading 9,10; Varsity Cheerleading 11,12; (Captain) Tennis Team 10; SCA Representative 10,11,12; Executive Council 12; Orchestra 9,10,11,12; SADD 12.



**SCOTT R. BAKER** SCA 12 (Vice-President); FCS 9,10,11,12 (Captain); Drama Club 11,12 (Vice-President); French Club 12 (Vice-President); Tri-M 11,12; Sign Language Club 12; International Thespian Society 11,12; Freshman Football 9; JV Football 10; Choir Council 11,12; Concert Choir 10,11,12.  
**MATTHEW BASS**  
**MARC B. BARRITEAU** Lacrosse 9,10,11,12; Swim Team 10,11,12; Art Club 12.  
**MICHAEL E. BARNETT** JROTC 11,12 (Training and Operations Officer).



**TARIQ BATES**

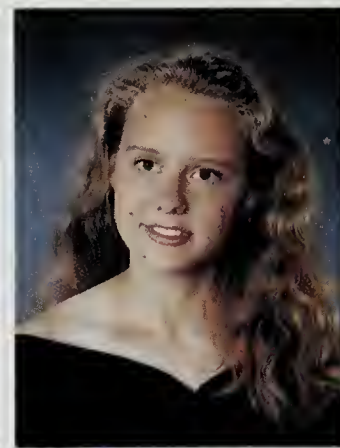
**HOMER BAUSERMAN** Building Trades 11(Head Carpenter)

**KARA M. BELCHER** Indoor Track 9; Outdoor Track 9; Executive Council; Sophomore Class Treasurer 10; Newspaper 11,12( Arts and Entertainment Editor)

**LISA C. BELLAMY** Crew 9,10,11,12; Varsity and Concert Orchestra 9,10,11; Key Club 12; Yearbook Staff 12(People Editor) Spanish Club 10

**ERIC BELLE**

**PATRICK BENTON**



**ROBERT BIRD**

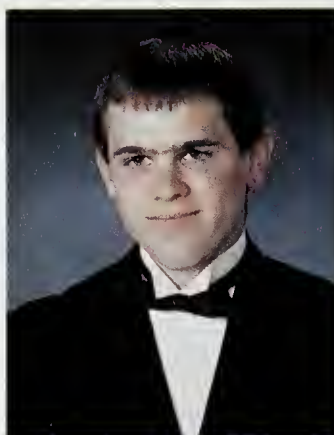
**JOHN E. BLAIR** Debate 10,11,12; National Honor Society 11,12; Beta Club 11,12(President); Newspaper Staff 11,12 (Copy Editor); French Honor Society 10,11,12(Social Chariman); Soccer 10

**NICOLE BOLTON**

**CHRISTOPHER BOND**

**ADAM BOUDREAU**

**DAN BOUERSON** ROTC 10,11



**STEVEN R. BOWMAN** JROTC Color Guard 11,12; German Club 10

**JOSEPH C. BOYD**

**LAKISHA Y. BRAXTON** Marching Band 10; FBLA 10; Step 11

**TARA BRENNAN**

**JENNIFER S. BRIERE** FBLA 11; Spanish Club 10,11; Key Club 12; Freshman Football 11(Manager) The Plague 11

**SANDRA BROCK**



**JENNY A. BRONDYK** Freshman Basketball 9; JV Basketball 10; Key Club 10; Science and Ecology Club 10,12

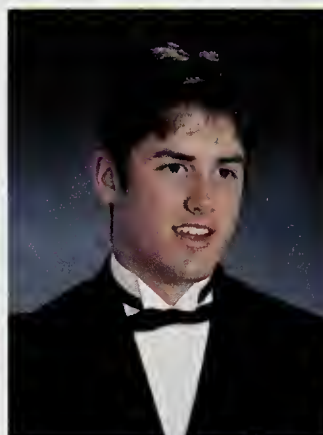
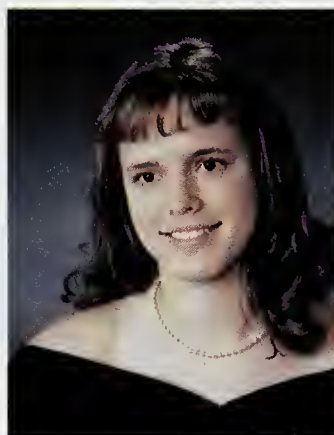
**MICHAEL J. BROOKS** FBLA 9,12

**ALICIA M. BROWN** Tennis 10,11,12; Sign Language Club 11,12; FBLA 10,12

**DONALD R. BROWN II**

**DUANE D. BROWN** FBLA 12 TV Productions 10,11; Outdoor Track 9,10,11,12,(Captain); Indoor Track 10,11,12 (Captain); JV Basketball 9 V. Football 9,10,11(Captain),12(Captain)

**MATTHEW BUCKLEY**



**MICHELE BUCKLEY**

**KEVIN BULL** Debate 10,11,12; Newspaper 10,11; Beta 11,12; NHS 11,12; FHS 10,11,12; French Club 12

**ERIK BURTON**

**DESMOND BYRD**

**ROBERT E. CALLENDER** Soccer 9,10,11,12; Electronics 9,10,11,12; Computer 10,11,12

**SARAH A. CALVIN** Marching Band 11



**KURT CAMEALY**

**REXFORD J. CARD** Tri-M 11,12(Hist.); Beta Club 11,12; NHS 11, 12; Choir Council 11 (Rep); MUN 11; FCS 12; All County Choir 9,10,11; District Choir 9,11; Woodbridge Singers 10,11,12; Viking Chorale 9; Concert Choir 10

**JESSICA R. CARR** Varsity Orchestra 9; Concert Choir 10; Debate 10,11,12; NHS 11,12; Beta 11,12; Key Club 12

**CHRIS P. CARROLL** Lacrosse 9,10,11,12; NHS 11,12

**JOSEPH P. CARROLL** Football 9,10,11,12; Indoor and Outdoor Track 11,12

**BRIDGET T. CARTER** Basketball 9,10; Basketball Mgr 11; Track 9,10; FBLA 12; ROTC 10,11,12(Company Commander); AASU 10







# 'WE WANT YOU'

## Services Offer Diverse Opportunities

A

im High seniors, and be all that you can be... The soldier in drab green stared and pointed at the senior who read the poster that could affect his future.

Of all the Armed Forces to choose from, seniors dedicated themselves to the one which had the opportunities in their area of interest. "I want to join the Army Reserves because it will further my education in the medical field and learn the training I need

without paying a lot of money," senior Angela Santiago said.

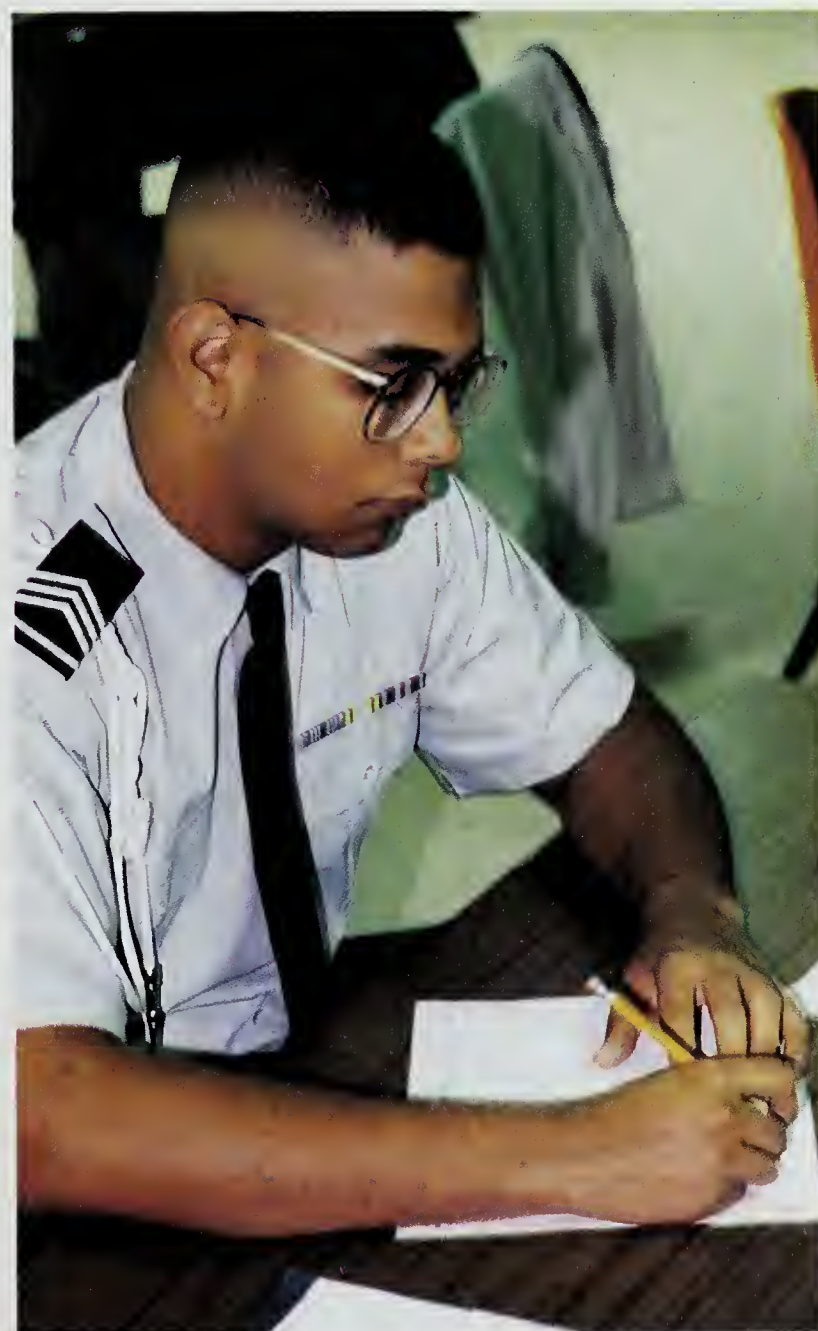
Family and friends urged seniors to become interested in the Armed Forces. "The Army is what I am aiming for, mostly because my dad is a Lieutenant Colonel Airborne Major in the Army and he got me interested in it," senior Justin Lee said.

Armed Forces as well as colleges were involved in recruiting seniors. "I've applied to the Na-

val Academy, West Point, Ohio State University, and the University of Maryland. After learning about the Navy in college, I plan to go into the Navy service because they offer me more of a career plan to major in Geophysical Engineering," senior Heidi Ley said.

ROTC programs provided students with a way to combine college education with military career goals.

*by Dawn Cleary*



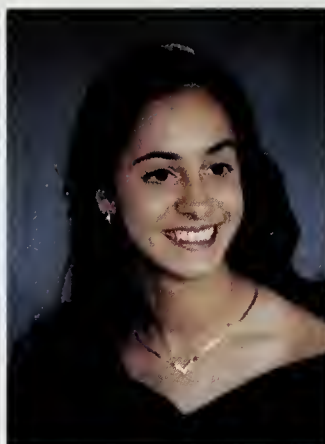
Sean Tracy

### TO BE ELIGIBLE FOR

military fire fighting senior Jay Casazza must first take the Armed Services Vocational Aptitude Battery Test (ASVAB). The results of this test determined the students' strengths and told them for which area and service they are best suited. Casazza was in the JROTC program because he planned to go into the Marine Corps after graduation.



**JASON CASAZZA**  
**LILIANA CASTILLA** Cheerleading 10,11,12; Norseman 10,11,12; NHS 11,12; Bera 11,12; Var. Club 11,12; Newspaper 10,11,12; TV 10; FBLA 12; SHS 12.; Youth Salute 11.  
**BENJAMIN K. CHAPMAN** Cross Country 9,10; Crew 9,10.  
**QASIM CHEEMA** FBLA 9; Science & Ecology Club 11; SHS 11,12; NHS 11,12; Beta 11,12.  
**ANGELIQUE N. CHRISTMAN** Science & Ecology 10,11,12 (Pres.); NHS 11,12; Bera 11,12; JROTC 10,11,12; Field Hockey 10,11; Girls State 11.  
**STACEY S. CHRISTOPHER** FBLA 10, 12; Key Club 11,12; Saddle 11,12; Crew 9,10,11,12; Varsity Club 12.  
**CRYSTAL E. CLARKE** Marching Band 9,10,11; Symp. Band 9,11; Concert Band 10; Honors Band 9; Forensics 9; Drama 9; Crew 10,11,12; Tri-M 10,11,12 (Treas); NHS 11,12; Beta 11,12; SHS 12;



**BETH A. CLIFTON** Marching Band 9,10,11,12; Concert Band 9; Symphonic Band 10,11,12; Key Club 12; Tri-M 10,11,12; FCA 9,10,11,12.

**KRISTY L. CLOSE** JROTC 10,11 (Color Guard Commander), 12; Soccer Manager 11; Girls Soccer Team 11; FCA 11.

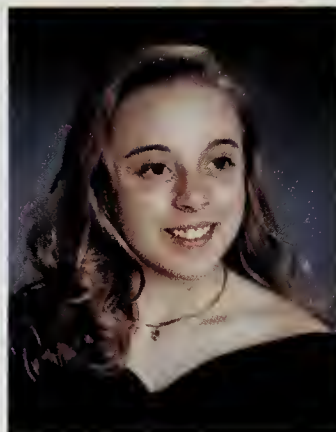
**SARA COE**

**JENNIFER L. COLLINS** JV Soccer 9; Varsity Choir 9; Women's Concert Choir 10,11; DECA 12.

**ROBERT COLLINSWORTH**

**QUINCY A. CONNER** Varsity Football 9,10,11,12; Track 11,12; Cheerleader 12; Basketball 9,10; Varsity Club 12.

**LINDSAY R. CONRAD** Vikettes 9,10.



**ANEESA B. COOPER** Marching Band 9,10,11; Band 9; Eddas 12; FBLA 12.

**TENISE L. COPELAND** Varsity Choir 11,12; Eddas 12.

**DAWN CORNELL**

**WILLIAM CORNWELL**

**LOREN M. COULTER** Crew 10,11,12; Yearbook 12; MUN 12; TV Production 10,11 (Unit Manager).

**ALLISON E. COWAN** Volleyball 9,10; Key Club 12; NHS 11,12; FHS 11,12.

**ELIZABETH COWARDIN** Cheerleading 9,10,11,12; Varsity Club 11,12; Norseman 12; Youth Salute 11; Indoor Track 10; Outdoor Track 9,10,11.



**SCOTT J. CRAMER** VICA 11,12; FBLA 12.

**MATTHEW S. CRANE** Crew 9,10; Model UN 10,11,12 (Deputy Secretary General).

**JESSICA CRESPO**

**NERY E. CRUZ** FBLA 10,11; Drama 12; Key Club 12; Science & Ecology Club 12; Concert Choir 12; Women's Concert Choir 10,11; Varsity Choir 9.

**CHRISTIAN J. CUSTODIO** FHA 9; FBLA 12; NHS 11,12; JROTC 11,12.

**JAMES F. CYPHERS** NHS 11,12; SHS 11 12; Model UN 9.

**JACOB M. DAKON** Varsity Orchestra 9; Symphonic Orchestra 10,11,12; Woodbridge Orchestra Quartet 12; Tri-M 10,11,12.



**JOSHUA D. DAKON** NHS 11,12; Plague 11; Varsity Orchestra 9; Concert Orchestra 10; Symphonic Orchestra 11, 12.

**PETER DANIELI**

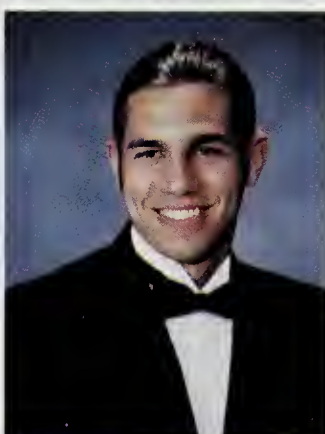
**PAUL DARR**

**ANGELA DAVIS**

**REGINALD DAVIS**

**WILLIAM DAVIS**

**CAMERON A. DAY** FLBA 12.



**OLGA M. DEJESUS** JROTC 12; FLBA 12.

**ALBERTO DEL PINO DUPRY**

**PATRICIA DELACRUZ**

**HENRY DELEON**

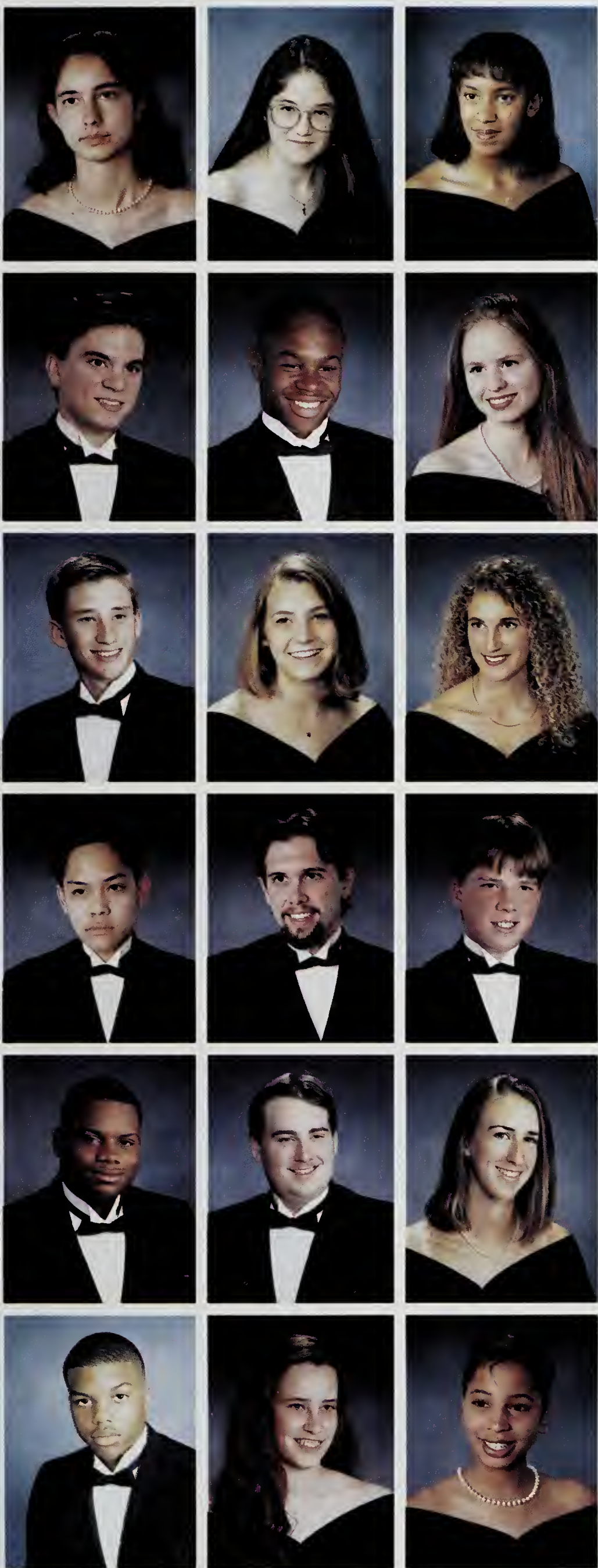
**AARON D. DEMORY** Basketball 9,10 (Captain), 11,12;

**DANIELLE R. DETWILER** Vikettes 9,10,11; Varsity Club 10,12; Orchestra 9,10,11,12; Young Republicans 12; JROTC 10,11.

**DELEANIA L. DEYO** Varsity Choir 9; Women's Concert Choir 11; Tri-M 10.







# M AC ATTACK

## Technology Sparks Excuses

lightning struck and the hard drive fried.

"My power went out and I lost all memory on my disk," senior Asher Haines said. Computer excuses became the way for students to avoid getting in trouble.

Computer excuses were more believable than old standard excuses. "Unlike with computers, doing homework on paper only gives you one excuse, losing it," senior Audrey Newcomb said.

But computers were

fallible. "Last year I told my teacher I couldn't type my term paper because my hard drive crashed," senior Marissa Jarvis said.

Seniors who didn't have computers used the school Macintosh computers. "I don't have a computer, and the school program is always messed up," senior Karen Babb said.

The disadvantage to the lab was if one person kicked the plug, ten people lost their work.

*by Kim Fisher*



Barbara Heritage

### KICKED BACK FOR

comfort senior Lauren Woodcock boots up a program so she can complete a homework assignment. When computers didn't operate correctly, students had to think of excuses to tell their teachers for why they didn't have assignments completed. Computer technology called for a whole new line of homework excuses.



# CHOOSE OR LOSE

## Issues Bring Students to Polls

**A**fter eighteen years of sitting in silence about the way the government works, seniors were finally able to vote and make a difference in what happened. They could no longer blame their parents' generation for the problems of the government.

Not all seniors believed their vote could make a difference. "I don't think my vote really matters, I doubt I'll even vote," senior Lisa Mitchem said.

Seniors who voted, disagreed. "I always question my parents as to why they don't vote. I feel that my vote counts. We are the upcoming generation. If we don't plan for our future, who will?" senior Katreshia Walker said.

November 7, eighteen year old seniors had the opportunity to vote on the Meals Tax and School Bond Referendum. The bond was supposed to be used for renovations. "I feel edu-

cation is the first priority, and the Meals Tax would help benefit our educational system," senior Tricia Ricciuti said.

More taxes were not always the answer. "The Meals Tax is important for education, but we shouldn't base our high schools around funding," senior Karden Kelly said.

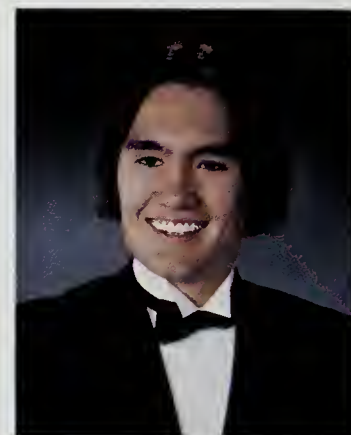
The first vote in Virginia for school boards brought people to the polls who had not voted.

*by Elizabeth Bowden*



Sean Tracy

**AFTERSCHOOL, SENIOR** Jon Olin spreads his support for the Republican party. Seniors participated in government activities as a medium to express their political views. Seniors who were not yet able to vote could support candidates by posting signs and attending debates. Students had the chance to exercise democracy by voting for class officers.







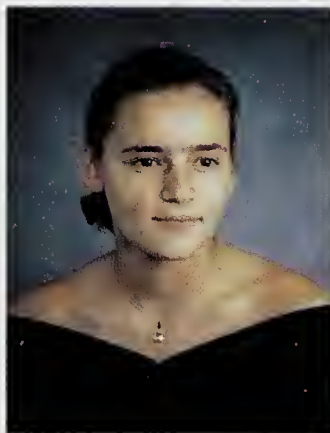
**KEVIN DISE**

**CORNELIUS D. DIXON** SADD 12.

**HEATHER DOFNER**

**ERIC DONOHUE**

**JOHN A. DOOLEY** Viking Chorale 9; Concert Choir 10,11,12; Woodbridge Singers 10,11,12; All County Chorus 10,11,12; District Chorus 10,11,12; All state Chorus 11; Drama Club 9,10,11,12; Thespians 11,12; Tri-M 11,12; NHS 11,12; Beta 11,12.



**AHMAD R. DORSETT** Varsity Basketball 9,10,11,12; FBLA 9,10,11,12.

**DENNIS L. DORSEY** DECA 10,11,12; Varsity Football 10,11; Varsity Wrestling 9,10,12; AASU 9,10; FBLA 9.

**CHRISTINA M. DOWDY** Key Club 9,10,11,12 (President); SCA 10 (Vice-President); Norseman 10,11; Cross Country 10,11; Swim Team 9,10,12; Sign Language Club 10,11,12; Leo Club 9,10 (Board Member); FCA 11,12; Spanish Club 10,11; *Eddas* 9; Drama 9.

**ALEXIS DREZEK**

**LUCIE C. DURAND** Drama Club 12.



**JAMES T. DUTROW** Varsity Wrestling 9,10,11,12; Varsity Soccer 10,11,12; SCA 9,10; Varsity Club 10,11,12 (Treasurer); Spanish Club 11,12.

**ROSS B. EAGLES**

**MARY K. EDMISTON** Spanish Club 9,10.

**ADRIENNE EDWARDS**

**BRAD D. EDWARDS** Football 9,10,11; FBLA 10,11,12; Varsity Club 12; SHS 11.



**SHIANNE ELLIOTT**

**CHRISTOPHER R. ELLIS** Track and Field 9; JROTC 10,11,12.

**JOHN EPPERLY**

**AARON M. ERKKINEN** NHS 10,11; Soccer 9,10; Golf 10,11.

**TAINO ESANNASON**



**JOHN M. EVANS** Cross Country 9,10; Indoor Track 10; Outdoor Track 9; Basketball 9.

**JAIME L. EWASIUK** Varsity Choir 9; Women's Concert Choir 10,11.

**MOHAMMAD FAIZ** Drama 12.

**ERIC FALLAH**

**PATRICK FALLON**



**SHANNON A. FARRELL** Soccer 9,10,11,12; Indoor Track 9,10,11,12; Outdoor Track 10,11,12; Varsity Club 11,12; Beta Club 11,12; Spanish Club 9,10,11; SHS 10,11,12; NHS 10,11,12; SADD 12; Sign Language Club 11.

**MICHAEL FAVILA** Key Club 12; Spanish Club 10.

**NICOLE G. FEIMSTER** SADD 11; FBLA 11,12.

**STEPHANIE M. FEINDT** Football Manager 9,10,11; Swim Team 9,10; SCA 11,12; Senior Class Secretary 12.

**CHRISTOPHER FERGUSON**



## YOUNG LOVE! SENIOR

Andrea Lozinak walks her boyfriend senior Andy Pillifant to his car before his afternoon soccer practice. Busy schedules made time together scarce. Seniors dated other seniors because they had more in common. Couples carpooled to school to have time together. Lunch periods and class changes were the only times to socialize during school.



Sean Tracy



*"It is easier to date a senior because they can relate to you better. They know the ups and downs your senior year can bring and understand you better."*

Matt Smith-12

# IT TAKES TWO

## Love Plans Influence Seniors

A mutual look of love in their eyes, seniors Nicole Feimster and Scott Cramer walk through the crowded hallways, hand in hand.

"We have so many things in common. We rarely fight. We care about each other a lot so we're both going to NOVA. because we want to stay together forever," senior Scott Cramer said.

Couples started out as best friends which led

into a more serious relationship. "Kevin O'Brien and I met in our sophomore year English class. We've been through a lot as a couple. We most likely will not go to the same college, but plan to be close. We're realistic about changes," senior Michelle Looney said.

Plans for long term commitments led to discussions of future plans. "Crystal Hudgins and I were in the same class

last year and hung out. I have one best friend, and that's her. We're planning to stay together and we're going to get married," senior Joe Carwell said.

Seniors devised ways to stay close. "Jason Helling and I are applying to the same colleges. Hopefully, we'll get into the same college, but if not, we'll definitely keep in touch," senior Kelly Ames said.

by Casey Powell







**NIKI A. FERGUSON** Ecology Club 12; German Club 10,11,12; Beta Club 11,12; NHS 11,12; Key Club 12; Volleyball 10,11,12 (Captain).

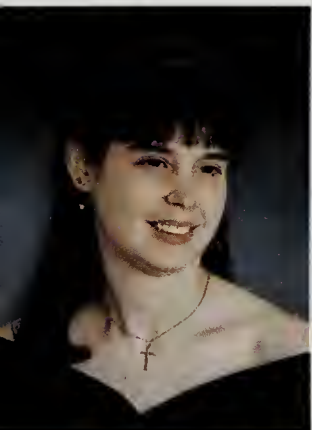
**STEPHEN A. FINNEY** Varsity Soccer 9,10,11,12; Basketball 9; Indoor Track 10,11,12; Cross Country 10,11; Varsity Football 9,12; Track 10; Varsity Club 10,11,12; NHS 11,12; *Valkyrie* 10,11,12 (Sports Editor, Business Manager).

**KEVIN P. FLANAGAN** Key Club 9,10,11,12 (Vice President); Marching Band 9,10,11,12 (Section Leader); Beta Club 11,12; NHS 11,12 (Vice President); Spanish Club 9; SHS 10,11,12; SADD 10,11; Symphonic Band 10,11,12; Concert Band 9; Academic Team 11, FBLA 10,11.

**WENDY FLORES**

**JENNIFER FONG**

**CLAIRE M. FONTENOT** NHS 11,12; SHS 11,12; Beta 11,12; Varsity Volleyball 10,11,12; Varsity Basketball 9,10,12; Science and Ecology Club 12; Key Club 12; JV Volleyball 9.



**CHRIS E. FORD** JV Wrestling 9.

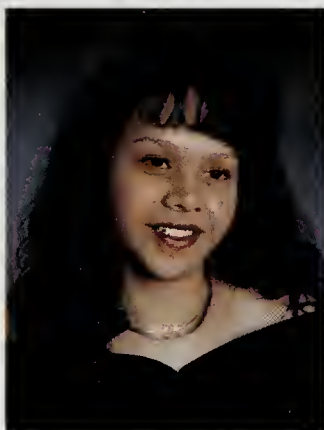
**BRIAN L. FORSYTH** TV Club 10,11,12.

**TERESA L. FRANKLIN** NHS 11,12; Beta 11,12; Sign Language Club 11,12; Key Club 12; SHS 10,11,12; FBLA 11.

**MICHAEL W. FRAZIER** Football 12; FBLA 9,10.

**KARLA FUENTES**

**TIMOTHY F. FULLER** Varsity Basketball 9,10,11,12; AASU 9,10,11; SCA Representative 9,10; FBLA 12.



**JEFFREY C. GIASSON** NHS 11,12; Beta 11,12; SHS 11,12; SCA (Senior Class President) 12; Varsity Lacrosse 9,10,11,12; Varsity Wrestling 10,11; JV Wrestling 9; Varsity Club 10,11,12; Computer Club 11,12; Forensics 11,12; Golf 11; Concert Band 9,10; Key Club 12.

**KEYLA C. GALE** VICA 11; SCA Representative 10.

**SAM D. GAMMON** Crew 11,12; Woodbridge Singers 19,11; Concert Choir 10,11; Varsity Club 12; Tennis 9; Football 10; Science and Ecology Club 10,12 (Secretary); Varsity Cheerleading 12; Executive Council 12; Choir 9,10,11; Key Club 12.

**EVELYN GARCIA**

**JOHN J. GARNISH**

**BRYAN F. GAUCH** Freshman Basketball 9; JV Basketball 10; JV & Varsity Football 10; Varsity Baseball 11,12; SADD 12; Viking Chorale 10; Varsity Choir 9.



**NIKOLAUS R. GEBHART** FBLA 12; Art Club 12; Track 11; Spanish Club 9,10,11.

**NICOLAS GENEST**

**CORRIE L. GERDT'S** Marching Band, Womens Concert Choir 11; Concert Choir 12.

**IMRAN GHAZNAVI** Science and Ecology Club 11; Art Club 9; Computer Club 9;

**ANGELA M. GIBBS** MUN 11; FCA.

**JEREMY B. GILLESPIE** Choir 9,10,11,12; Cross Country 9.



**JASON V. GLEATON** Football 9; Crew 11.

**STEPHANIE A. GLEICHSNER** JV Volleyball 9; Varsity Gymnastics 9,10,11,12; Art Club 10,11,12; FBLA 12; Yearbook 9; Varsity Club 10,11,12; Varsity Gymnastics 9,12 (Captain).

**STEFANIE L. GOGERTY** Band 9,10,11,12; Marching Band 10,11,12; District Band 10,11,12; District Orchestra 11,12; All-State Band and Orchestra 11,12; All county Band 9,10,11,12; All County Orchestra 11,12.

**ADRIA P. GOLDSMITH** SCA 12, (Secretary); Step Team 11,12; Sign Language Club 11.

**EDWARD J. GOMEZ** Spanish Club 11; Track 11; Soccer 10,12; DECA 11,12.

**ROMINA GONCALVES** ROTC 11; Swim Team 11,12.



**CHRISTOPHER GOODCHILD**

**EAMON A. GOODE** Soccer 9,10,11,12; DECA 12.

**JOSHUA S. GOODWIN** JV Basketball 10; Varsity Basketball 11; Varsity Volleyball 11.

**JEFF R. GOTHERMAN** Varsity Tennis (Caprain) 9,10,11,12; Freshman Basketball 9; JV Basketball 10; Norseman 10,11,12; N.H.S. 11,12.

**PETER GRAHAM**

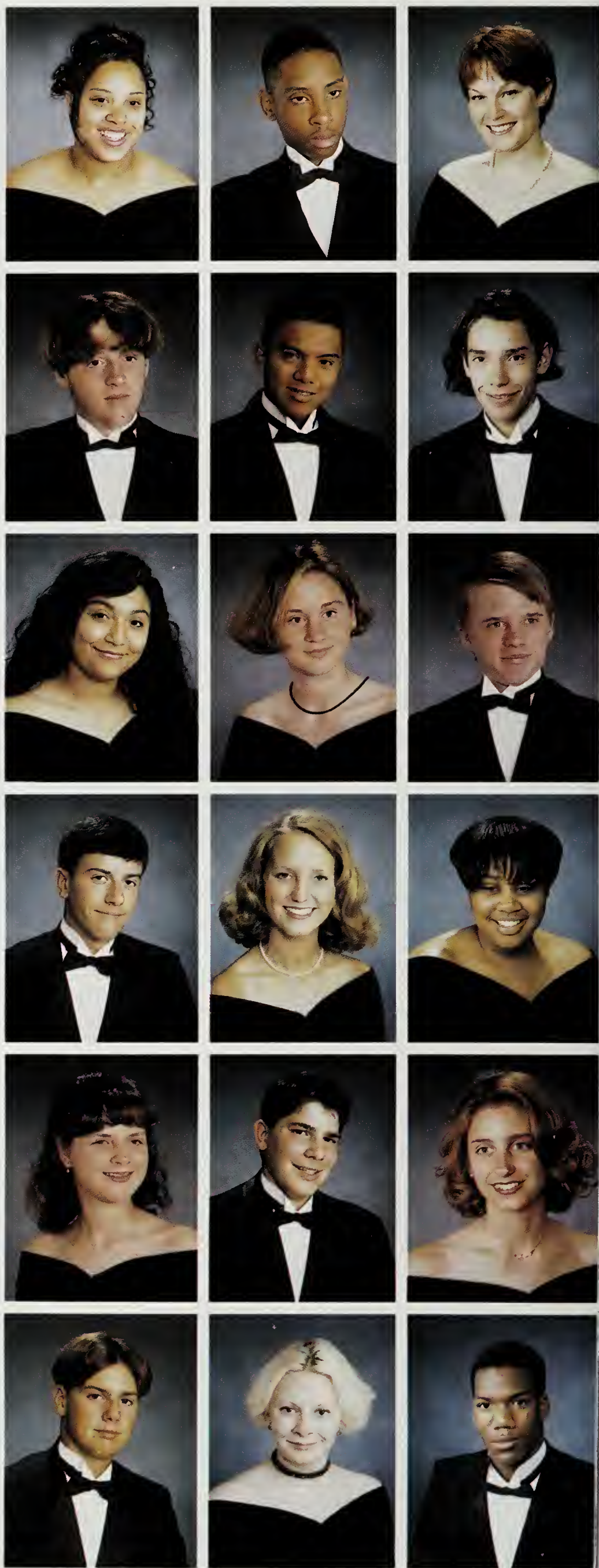
**RICHARD GRANGER** Crew 11.



**LATE AT NIGHT, SENIOR** Carolyn Phillips concentrates on her calculus homework. Behind her, books, CD's and sheet music cover the floor. Clothes pour out of the dresser drawers onto the floor. Between preparing her college applications, homework, student conducting the Concert Orchestra and practicing for Symphonic Orchestra, Phillips had little time to clean her room.



an Tracy



# PIG STY

## Priorities Leave Messes

**C**lean and dirty clothes covered the floor. Black. Grey. White. Blue. Old newspapers and candy wrappers, laid beside the trash can. On top of the desk, buried under piles of papers and coloring pencils, *Canterbury Tales* laid open to the last page read.

Clean rooms were not a priority for seniors. "I never have time to be neat, my clothes are never folded or in my dresser and books are all over the

floor," senior Adria Goldsmith said.

Between choosing colleges and studying seniors lives were full of activity. "My room reflects my state of mind, when things are hectic so is my room," senior Kym White said.

Animals added to seniors' messes. "My floor is covered with toys, tennis balls, dog chews and anything else my dog brings in my room," senior Maryline Patten said.

by Beth Via





**MIA E. GRAY** AASU 9; Track 10; Step Team 12; Track 12(Manager).



**RON L. GRAYSON** DECA 12; JROTC 11,12(Plt. Sgt.); AASU 10.



**REBECCA L. GREENBERG** Orchestra 9,10; FBLA 10; SHS 10,11,12; NHS 11,12; Beta Club 11; Yearbook 11; Science & Ecology Club 11; Key Club 12.



**SHAUN GREER**

**STEPHAN G. GRESS** Varsity Lacrosse 9,10,11,12; Football 9,10; Golf 11.

**KATY A. GREYSON** FBLA 10,11,12.

**JENNIFER GROSS**



**JIM O. GRUBE** Crew 9,10,11,12; Swim Team 9,10; M.U.N.10,11,12; Eddas 12.

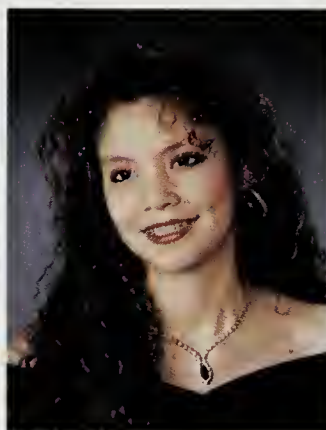


**FORTUNATO J. GUERRERO III** Football 9,10,11,12; SADD 12; Varsity Club 12; Concert Choir 11,12; Woodbridge Singers 11,12; Viking Chorale 10.



**MIGUEL GUERRERO**

**VICENTA D. GUEVARA** Spanish Club 10; FBLA 11,12.



**YOUSAF A. GUL** German Club 9,10,11; NHS 11,12.

**AMIT GUPTA**

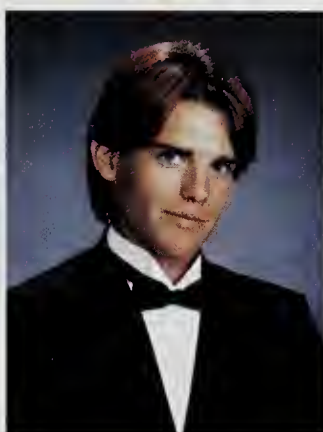
**ERIKA I. GUTIERREZ** FBLA 9; SCA 11(Rep); DECA 11,12(Historian); Step Team 12.



**YENNIS GUZMAN**



**JILL HABER** Cross Country 12; Crew 11; Band 12.



**PAUL HAGEN**



**ASHER J. HAINES** 9,10,11,12(Section Leader).

**JENNIFER HANSEN**

**MIKE D. HAMILTON**

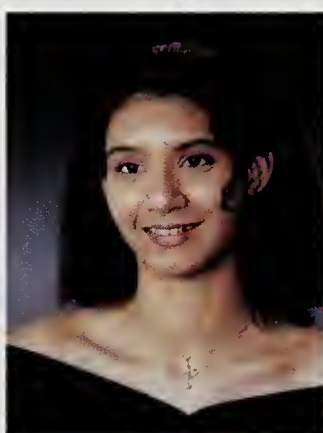
**SEAN HARRINGTON**



**CHRISTOPHER HARRIS**



**LAURA E. HARRIS** Vikettes 9,10; Symphonic Orchestra 9,10,11,12; Tri-M 12.



**SHERRY HARRIS**

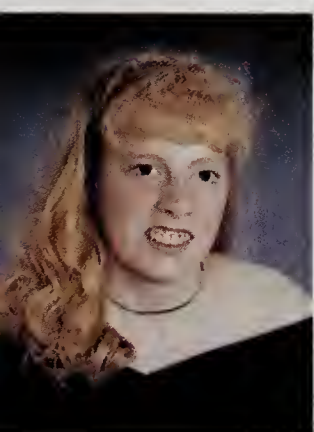


**STEPHANIE HARRIS**

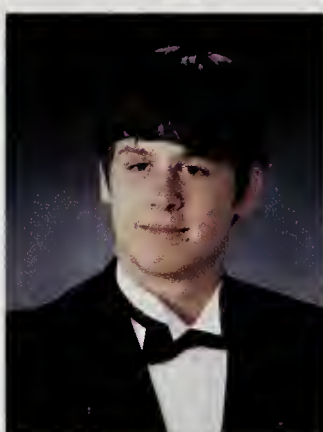
**MICHAEL HAWK**

**DEYANNIA HEADLEY**

**DAVID E. HEATON**



**KRISTIN E. HEFFNER** Crew 11,12; Marching Band 12; FCA 11,12; Varsity Band 11; Concert Band 12.



**JASON HEIL**



**ELIZABETH A. HEISEY** Varsity Crew 9,10,11,12 (Captain);



Varsity Club 12; Spanish Club 10; Science & Ecology 12; Sign Language Club 11; Key Club 11; Drama Club 10,12; Yearbook 12(People Editor).

**KIMBERLY J. HELMANDOLLAR** Var. Choir 9; FBLA 12.

**JEREMY HENDERSON**

**HEATHER M. HERMAN** Orchestra 9,10,11,12; Tri-M 10,11,12;

Spanish HS 10,11,12; Spanish Club 11,12; Soccer 9; Track 11,12; FBLA 10,12; Science & Ecology Club 11,12; SADD 11,12(President); SCA 11,12; Norseman 12; NHS 12; Key Club 12.

**JILLIAN HERZOG**



**JAMES HEWITT**



**JAMIE HIBBARD**



**DEMETRIUS HICKS**



**MATTHEW HICKS**

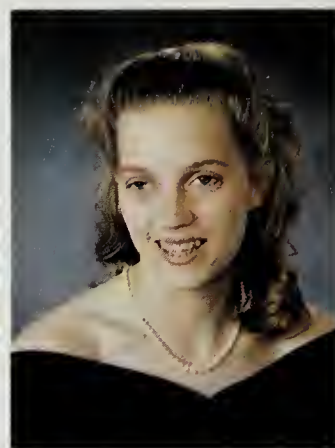
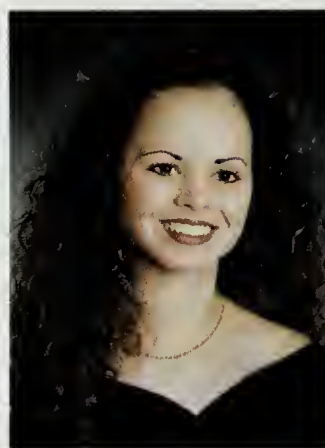
**JOAQUINA R. HOCOG** Spanish Club 10; FBLA 12.

**DONALD B. HOFFMANN JR.** JROTC 10(Team Leader), 11(Operations Sergeant), 12(Executive Officer); FBLA 9,11,12; Science & Ecology Club 12; SCA 12(Rep).

**NATHAN HOLMES**



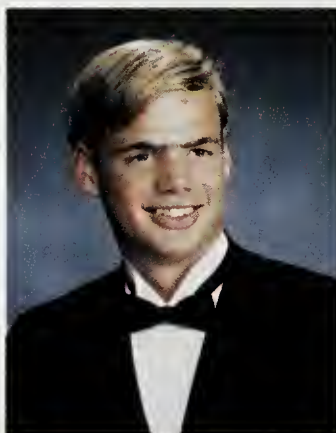
**CAROL A. HOOD** Marching Band 9,10,11,12; FBLA 9,10,12; FCA 9,10,11,12; Symphonic Band 10,11,12; Concert Band 9; Jazz Band 12.  
**SCOTT G. HORNEBER** Model UN 11,12.  
**THELMA S. HOTTLE** FBLA 12.  
**TAMI J. HOWARD** FHA 9; Basketball 9; Softball 9,10,11,12; JROTC 10,11.  
**ERIN E. HOWELL** Cheerleading 9; Key Club 10.



**CRYSTAL A. HUDGINS** Volleyball 9.  
**RACHEL HUDSON**  
**KRISTIN A. HUFFORD** NHS 11,12; Beta 11,12; FBLA 11.  
**LISA HUGHES**  
**STEPHANIE HUMBARGER**



**WILLIAM T. HUNTINGTON** Crew 9,10,11,12; Swim Team 9,10.  
**ANTHONY IHEME** Track 10,11,12; FBLA 9; Model U.N. 11,12; Key Club 12; JROTC 12(Sgt. Leader).  
**CAROLINE IRICK**  
**JENNIFER-ANNE L. ISHERWOOD** Cross-Country 9,10,11,12(Captain); Indoor Track 9,10,11; Outdoor Track 9,10,11; Orchestra 9,10,11,12; French HS 11,12; Beta Club 12; NHS 12; Varsity Club 10,11(Secretary),12(Vice President).  
**YASSER ISLAM** Football 9,10,11; Varsity Club 12;



**SARAH IZAGUIRRE**  
**ELLIOT L. JACKSON** FBLA 9,10,12; AASU 9,10,11,12; JROTC 10,11,12(Drill Team Commander); Spanish Club 10; Football 9,10; Wrestling 9.  
**EMILY A. JACKSON** Vikettes 9,10; Crew 10,11,12(Captain); NHS 11,12(President); Beta Club 10,11,12; Spanish HS 10,11,12; Tri-M 10,11,12 Concert Choir 10,11,12; Woodbridge Singers 12; Drama 10,12.  
**MARISSA L. JARVIS** Varsity Choir 9; Viking Choral 10; Concert Choir 11,12; Consonance 12; Science & Ecology Club 11; Eddas 12; NHS 11,12; Beta Club 11,12.  
**MONICA JENNINGS**



**ANGELA JENSEN**  
**TEMEKA JERDEN**  
**CHRISTIAN V. JOHNSON** Lacrosse 9,10,11,12; Spanish Club 10,11,12; Field Hockey 9,10,11,12; Spanish HS 11,12.  
**HOLLIS B. JOHNSON** Varsity Basketball 12.  
**KIMBERLY JOHNSON**



**ALLISON JOHNSTON**  
**AMBER JONES**  
**CHRISTOPHER JONES**  
**MERK JONES**  
**STEVE B. JONES** Cross Country 9,10,11(Captain),12(Captain); Indoor Track 9,10,11,12(Captain); Outdoor Track 9,10,11,12(Captain); Varsity Club 10,11(Treasurer),12(President); Tri-M 11,12(V. President); SCA 11,12(Rep); All County Choir 9,10; Concert Choir 10,11,12; Woodbridge Singers 10,11,12.







# FAR AND AWAY

## Choices Lead to Comfort, Adventure

U

irginia Tech, James Madison, Boston University, and Florida State were only four choices seniors had for college. Pouring over college handbooks and pamphlets, seniors made their final decisions. The location of the college was among the qualities considered.

Seniors chose in-state schools so they would be familiar with their surroundings. "I want to go to an in-state school so I can be close

to my family," senior Tamorre Simpson said.

Cost was also a factor for choosing in-state. "I plan to go to an in-state school because I will be saving around \$10,000 to \$15,000 over the four years I will be attending college," senior Chris Goodchild said.

An out-of-state college offered a new environment and personal freedom. "I want to go to an out-of-state college to get away from my parents," senior

Kurt Camealy said.

Seniors weighed their options. "An out-of-state college is more expensive than an in-state college, but there is more to look forward to. A person faces new surroundings and challenges from being away from home," senior Mary Varrieur said.

The University of Virginia, William and Mary and Mary Washington were among schools students selected. *by Jessica Nees*



Tony Nguyen

### AS HIS MOTHER TALKS

with a college representative, senior Ryan Kelley listens to the information. The college fair was held October 24 at Gar-Field High School. Seniors and juniors attended college fairs to learn more about tuition costs, majors and activities of in and out of state colleges. They also went to learn what the Armed Services had to offer.



# B REAKFAST CLUB

## Restaurants Give Flavor to Morning

The aroma of bacon and country sausage filled the air. Pancakes flipped on the griddle. The timer beeped to signify that the hash browns had reached a crispy golden brown.

The thought of freshly baked chewy bagels were enough to get students out of bed.

Seniors took advantage of the morning to get together with friends, talk and grab a bite to eat.

Fast food restaurants served as traditional

breakfast places. "For breakfast before school, my sister, her friends and I go to the Burger King at Tackett's Mill and I get a bacon, egg, and cheese biscuit, hash browns, and an iced tea. It's too early in the morning to drink coke," senior Chad Vargo said.

Students often went out for food they did not have in their own homes. "My friend Jill never has anything good to eat at her house. We go to the Bagel Bakery a lot and I get blueberry

bagels with cream cheese and a coke," senior Ann Palmer said.

The Tackett's Mill McDonald's was another place seniors went to eat breakfast. "I like to go there to get my munch-on before school and I get two #1's (Egg McMuffin meals) with cokes," senior Jason Gleaton said.

No matter what the weather, seniors braved the elements to catch a bite to eat with friendship on the side.

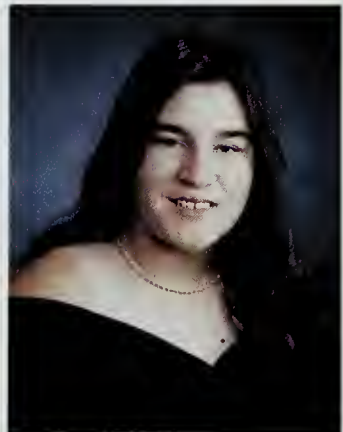
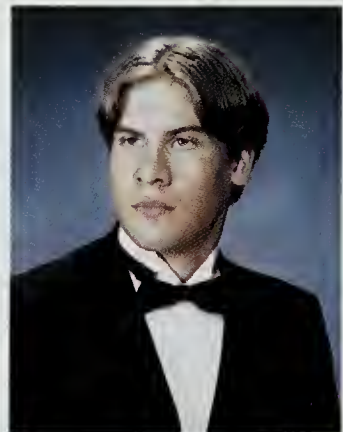
*by Shannon Olguin*



Barbara Heritage

### YUMMY! SOPHOMORES

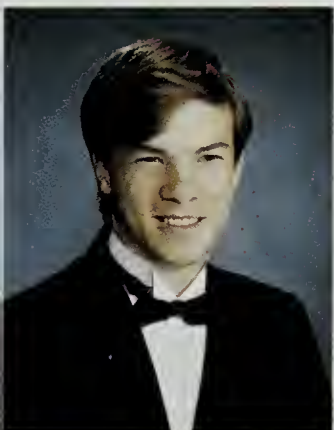
Julie Silvia, Lisa Vargo and Amy Stockwell and senior Chad Vargo eat breakfast at the Tackett's Mill McDonald's. Before school, students grabbed a bite to eat with friends. Underclassmen went to breakfast with seniors because seniors could drive. McDonald's offered hot cakes, muffin sandwiches and a breakfast bar on weekends.







**MARK C. KAETZEL** FBLA 11,12.  
**LUCIUS K. KAHNG** MUN 11,12.  
**LORI D. KAM** Vikettes 10; Orchestra 9,10,11,12; NH. Art Club 9.  
**DOMONIQUE C. KANOUSE** Marching Band 11; Key Club 11,12(Secretary); Swim Team 11; Science and Ecology Club 12; Symphonic Band 12; Concert Band 11.  
**SATTA KARMO**  
**COLLEEN J. KARNAS** Cheerleading 9,10(Captain) Symphonic Band 10,11,12(Section Leader); Marching Band 10,11,12(Section Leader, Drum Major); N.H.S. 11,12(Secretary); FHS 10,11,12; Tri-M 10,11,12; Beta Club 11,12; Orchestra 10,11,12; Concert Band 9(Section Leader).



**SUSAN M. KATZBECK** Swim Team 9,10; Class Secretary 10; Executive Council 9,11; JROTC 10,11,12(1SG,SGM); German Club 9; Raiders(JROTC)10.  
**ALISON M. KEEHAN** V.Soccer 11,12; Cross Country 9,10; Track 9,10,11(Indoor,Outdoor); FBLA 10; Norseman 11,12; NHS; Newspaper 11(Co-Sports Editor).  
**RYAN R. KELLEY** Raiders Team(JROTC)10,11,12(Commander).  
**AMANDA D. KELLY** Secretary 9; Historian 10; FBLA 10,11,12; Choir 9,10; NHS 11,12; Spanish HS 12.  
**DAVID KELLY JR.**  
**KARDEN C. KELLY** Vikettes 9,10,11,12(Ambassador); Varsity Club 10,11,12; V.Choir 9; Women's Concert 10; Concert Choir 11,12; Consonance 11; Science and Ecology Club 10,11,12; Drama Club 9,10,11,12; Historian 12.



**ERIC J. KENNEDY** V.Baseball 11,12; Varsity Club 12; Norseman 12; Spanish Club 12.  
**EVELYN KENNEDY**  
**PHILLIP KESSELL**  
**JEREMY KIEHL**  
**MICHELLE N. KILLIK** V.Orchestra 9; Symphonic Orchestra 10,11,12; All County Orchestra 10; Varsity Club 12; Tennis 9,10,11,12(Captain); Tri-M 12.  
**HESUK S. KIM** JROTC 11,12(Sqd Leader); JROTC Drill Team 11,12.



**BENJAMIN R. KING** Cross Country 9,10,11; Wrestling 9; Track 9,10,11(Indoor, Outdoor); Beta Club 11,12; NHS 11,12; Spanish HS 11,12.  
**SHAUN KNEPPER** German Club 9,10,11.  
**NIKOLAI KONONUCHENKO**  
**JAMIE KUTCHMAN** Crew 9 10; Eddas 11,12; French Club 12(President); SADD 11,12; Journalism 11 12; French HS 12.  
**KURTREASE R. LAFATE** Spanish NHS 11,12; NHS 11,12; Beta Club 11,12.  
**CHRISTOPHER D. LAMBERT** TV Club 12.



**NICOLE M. LAPP** Yearbook 12(Organizations Editor); Speech Team 10; Wrestling Manager 9; FCS 9,10; French HS 11,12.  
**ALLISON A. LECKRONE** Vikettes 9,10; Band 9,10,11,12; Marching Band 10,11,12(Section Leader); JROTC 10,11,12; JROTC.Color Guard 10,11(Commander).  
**JUSTIN W. LEE** JROTC 11,12 (Staff Sgt. & 1st Sgt.); Band 9,10; Raiders and Color Guard 11,12; Girls Soccer 11 (manager).  
**SEUNG LEE**  
**KRISTIN M. LEGORE** Vikettes 9,10,11,12 (Captain); Beta Club 11,12; NHS 11,12; SHS 11,12; Sign Language Club 11,12; Drama Club 10,12; Varsity Club 10,11,12.  
**MATT LEON** Eddas 12.



**RACHEL LEVY**  
**HEIDI L. LEY** Basketball 9; Young Republicans 9,10,11,12; Spanish Club 10,11(Vice Pres.),12; JROTC 10,11,12(S-4); Beta 10,11,12; NHS 10,11,12; SCA 10(Ex. Council); SHS 10,11,12; Science and Ecology 10,11; JROTC Cadet Bulletin 10; Rifle Team 12.  
**UMEEKKA M. LIGHTFOOT** Womens Concert Choir 11,12.  
**JEREMY M. LIND** Football 9; Lacrosse 9,10,11,12 (Captain); Varsity Orchestra 9; Concert Orchestra 10; Symphonic Orchestra 11; SCA 9,10 (Rep.); Ecology Club 10.  
**ANDREA F. LITTIG** Field Hockey 9,10,11; Norseman 10,11,12; Track 11; Spanish Club 10,11; Crew 9,10; SADD 11,12.  
**BLAIR H. LOCKAMY** Science & Ecology Club 10; Tri-M 9,10,11,12; Choir 9,10,11,12; Forensics 11,12; Drama Club 10,12; SCA 12(President); 11 Jr. Class (President).



**CORDI S. LOCKAMY** SCA Representative 10,11,12.

**JOHN LOGAN**

**MICHELLE E. LOONEY** Cheerleading 9; Crew 9,10; SCA Representative 9,10,11; Field Hockey 11; Norseman 10,11,12; Newspaper 11,12 (Feature Editor, Photographer, artist) Leo Club 11.

**ANDREA M. LOZINAK** Softball 9,10,11; FBLA 9,10; Spanish Club 10; Varsity Club 11.

**DANIELLE D. LUBERECKI** NHS 11,12

**SUSAN M. LUTES** Freshman Volleyball 9 (captain); Junior Volleyball 10,11 (Co-captain); Varsity Volleyball 12; Varsity Soccer 9,10,11,12; NHS 11,12; Norseman 11,12; Varsity Club 11,12

**SARA M. LYN** Crew 9,10,11,12; Cross Country 11,12; Indoor Track 11,12; Gymnastics 9, 10; NHS 11,12; Spanish HS 11,12; Varsity Club 10,11,12

**JOHN W. MACNEIL** Football 9

**JESSICA D. MADDOX** Spanish Club 11,12; NHS 11,12; Spanish HS 11,12; Beta Club 11,12; Choir Council 11 (Rep.); Science & Ecology Club 11,12; Varsity Choir 9,10,11,12; Women's Concert Choir 10,11; Concert Choir 12

**AMY K. MAJEWSKI** Crew 9,10,11; Orchestra 9,10,11

**CRSTYAL MAJORS**

**PHIL R. MAJORS** Wrestling 9,10,11,12

**KRISTEN E. MANDLEY**

**CHARITY A. MARCUM**

**LAKETIA D. MARELL** NJROTC 9 (Corporal); AJROTC 11 (Staff

Sgt), 12 (Sgt first class), Track & Field 9,10,11 (Captain), 12; Basketball 10

**ENA E. MARQUEZ** FBLA 12; Spanish Club 12

**WILLIAM B. MARROW** VICA 11; SCA Representative 12

**STEVEN MARSHALL**

**JOSE MARTINEZ**

**MICHELLE D. MATTHEWS** JV Volleyball 9,10; Varsity Volleyball 12; Varsity Softball 9,10,11,12; Varsity Club 9

**ANDREW L. MCCARY** Football 9; Wrestling 9; Track 9,10,11; Outdoor Track 10,11; Cross Country 10,11,12

**JAMES MCCLAREN**

**MARC MCCOMBS**

**JAMES D. MCCORMICK**

**KRISTINA MCCOY**

**JENNIFER R. MCCRARY** Marching Band 9,10,11,12; FBLA 10; Varsity Band 9; Concert Band 10,11,12

**LAWERENCE MCKAY**

**ASHLEY M. MCKELVY** Swim Team 9,10; Crew 9,10; Journalism 10,11,12

**SCOTT MCKEOWN** ROTC 10,11; Young Republicans 9,12

**JEFFREY O. MCLEOD** Model UN 12; Young Republicans 12; Computer club 12

**MEGAN E. MCQUADE** Marching Band 9,10,11,12; Section Leader 12; Varsity Band 9; Concert Band 10,11; Symphonic Band 12; Jazz Band 12

**PATRICK N. MCWILLIAMS** Freshman Football 9

**CHRISTOPHER LEE MEADOWS** Yearbook 11; SCA 12; Varsity Crew 10,11,12; Varsity Club 11,12; Science & Ecology Club 12; Cross Country 11; Norseman 12; Varsity Cheerleading 12; Teen Counseling, 11

**KATIE MEEKS**

**WILLIAM J. MEIKLE**

**JOSE P. MELGARES** Spanish Club 12; Orchestra 10,11

**CASSANDRA A. MERCK** FBLA 11

**HARNET MERSIE** Drama 10; Key Club 12; SADD 12; FBLA 12

**TERRA MERRBACH**

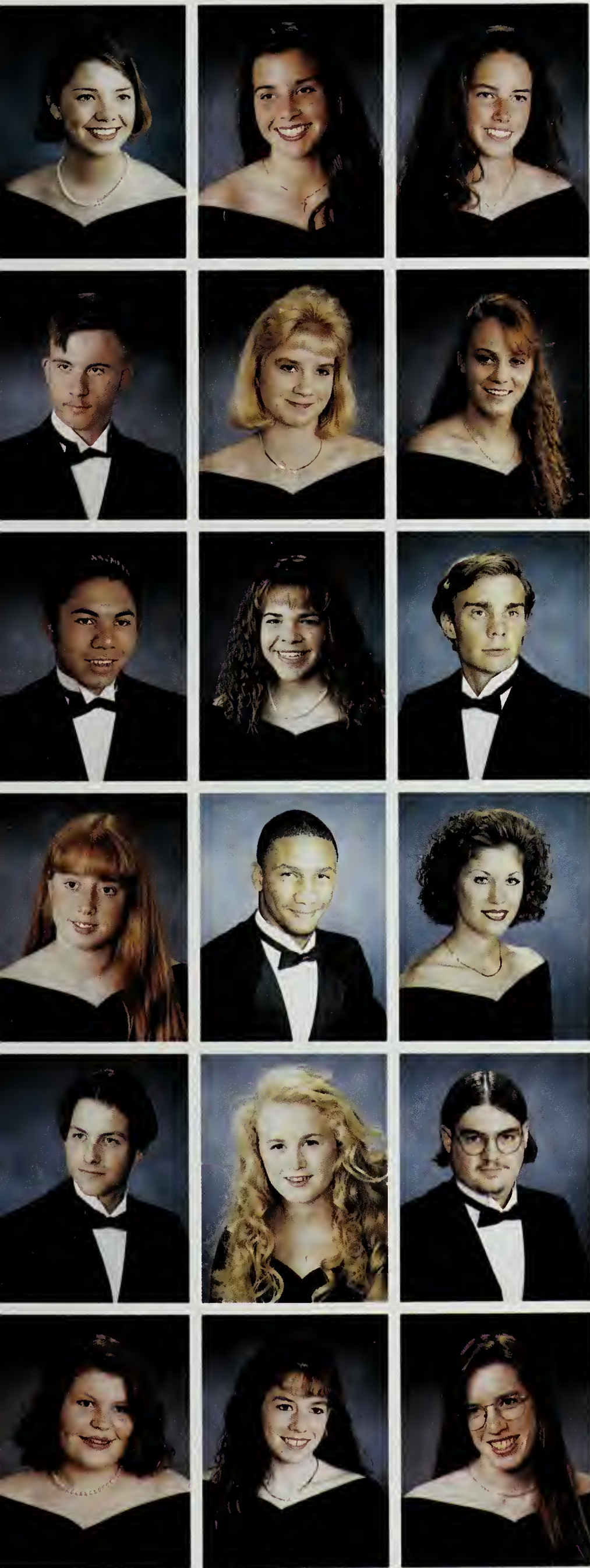
**BETH A. MICKEY** Choir 9,11; FBLA 11,12; Drama 10,12; Key Club 12

**SHARON A. MIGLIACCIO** Orchestra 9,10; Volleyball 9,10

**LISA A. MITCHEM** Sign Language Club 11,12; JROTC 12; Ecology Club 11,12; DECA 12







# HATS OFF

## Role Models Give Support

In a flash, senior Monika Scott's mom flew through the door, dropped a stack of books on the table and ran to her second job. Seniors found heroes in parents and friends.

People who gave seniors advice and emotional support were heroes. "My hero is my sister Dawn for standing by me in what I do," senior Stephanie Gleichsner said.

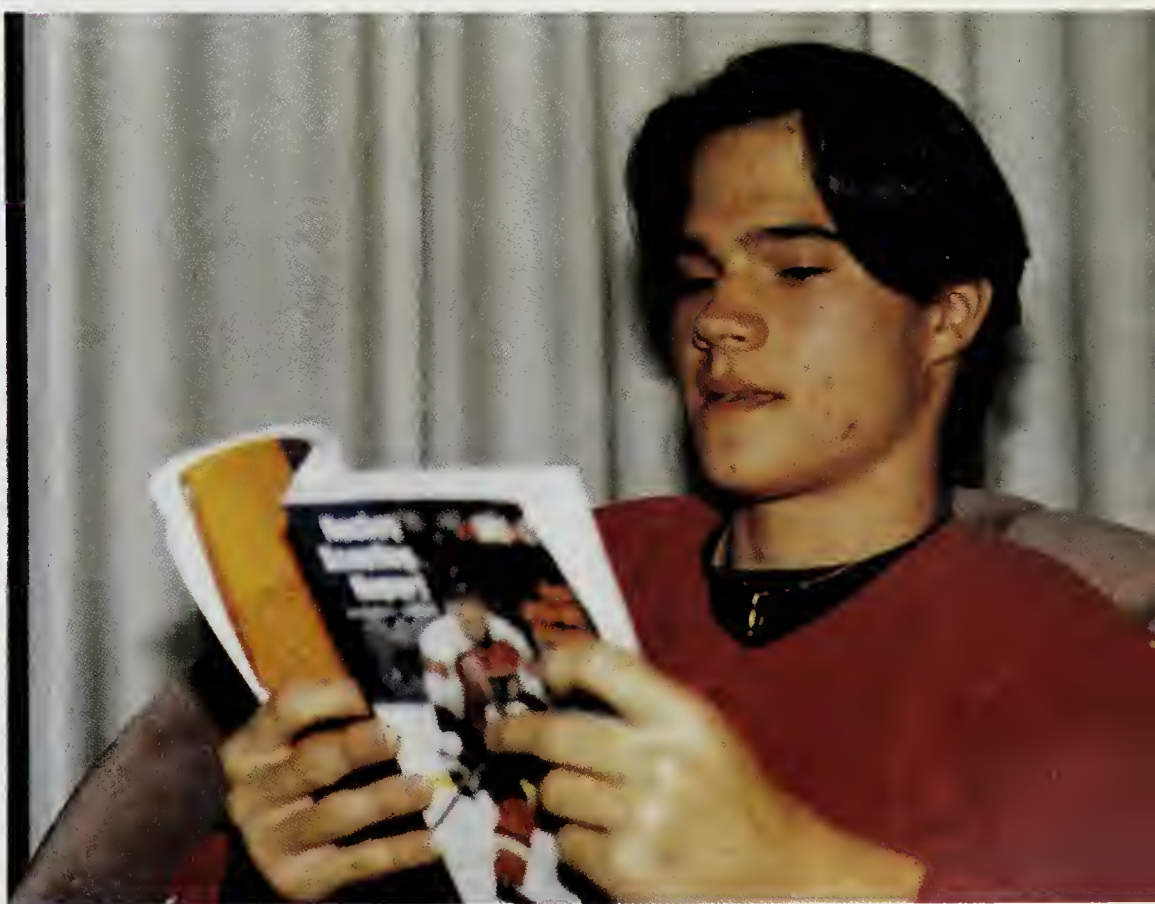
Seniors looked up to family members as role

models. "My parents are my heroes for giving me life, it's the greatest gift to anyone," senior Lauren Woodcock said.

Heroes were people who seniors recognized without much thought. "I don't think you can just pick a hero, it should just come to you," senior Maggie Piczak said.

Students also admired sports and entertainment figures for the heights they reached.

by Hilary Hansen

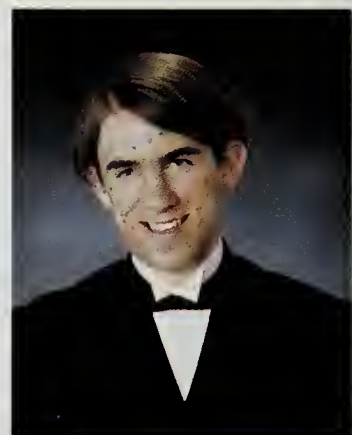
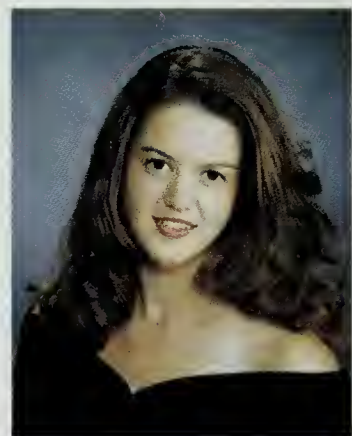


Barbara Heritage

**IN THE EVENING,** senior Morgan Pace sits in his living room and reads the *Hockey Scouting Report*. Pace followed the career of Basil McRae. McRae played left wing for the National Hockey League team the Saint Louis Blues. Parents, siblings and friends were heroes because of the support they gave. Professional athletes and film celebrities were heroes because of the amount of money they made.



**AS SHE SITS IN THE**  
*Eddas Room* after school, senior Colleen Young reads through her Bible. Every day Young took time to search for answers about how to lead her life maintaining devotion to her religion and trying to be a good person. Seniors had questions to which they never could seem to find answers no matter who they asked.



*"For the four years  
 I've been here I still  
 haven't been able to  
 find the school  
 store. Where is it?"*

*Peter Danieli-12*



Barbara Heritage

# JUST BECAUSE...

## Questions Lead to an Endless Search

**E**levator doors opened and five people emerged. Only one was on crutches. "Why can't I get an elevator key? Everyone seems to have them, except the people who need them," senior Angie Christman said.

Students went to Mrs. Kay Richards in the main office to obtain elevator keys. Due to the shortage of keys, not all injured people

received them.

Keys were not the only things scarce when students needed them, so were administrators. "Why don't we have organized sessions after school where anyone can come and ask administrators questions? By the time I write a letter or make an appointment to get my question answered, it's not a problem anymore," senior Alicia

Tisdale said.

Students also had questions about school rules. "Why can't we skateboard on school grounds when they allow other people to ride their bikes and rollerblade?" senior Peter Graham said.

The longest-standing question in the history of the school has been, "Where's the pool?"

*by Kim Tupper*





ADRIENNE MONTANARI  
 THOMAS MONTGOMERY  
 LAURA G. MONTOYA Women's Concert Choir 9; DECA  
 11,12(Secretary); Srep Team 12.  
 JILLIAN R. MOORE Band 9; Key Club 9,10,11.  
 LISA MOREY



LA'MEA N. MORRIS FBLA 9,10,11,12; JROTC 10,11,12(Com-  
 mander 12);SCA 11,12(Rep).  
 WILLIAM MORRIS  
 ELIZABETH MORTENSON  
 JASON M. MOSS Varsity Baseball 9,10,11,12; Norseman 10,11,12;  
 Spanish Club 11,12; Varsity Club 12; NHS 11,12.  
 MARY E. MOTON Gymnastics 12(Manager); Band 10,11,12;JROTC  
 11,12.



CHRISTOPHER MOTSEK  
 ANGELA MULLINS  
 JOHN S. MUMLEY Varsity Wrestling 9,10,11,12; JV Soccer 9,10;  
 Varsity Soccer 11,12; Norseman 11,12; Varsity Club 11,12.  
 PATRICK E. MURRAY Marching Band 9,10,11; Varsity Band  
 9,10,11; Science & Ecology Club 12; Key Club 12; FBLA 12; FCA 11,12.  
 JOE A. MUSTACHIO



NATALIE B. MYERS Vikettes 9,10,11; FBLA 10,11; Varsity Club  
 10,11,12; Lacrosse 10,11,12(Manager).  
 THERESA MYLECHRAINE  
 MARK NAEGLE  
 VERONICA E. NAJJUM  
 RACHEL H. NAKAMURA FBLA 10,11,12; Norseman 11,12;  
 Key Club 12; SADD 12.



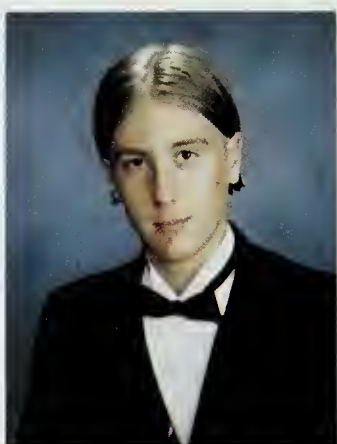
BRADLEY J. NANCE Lacrosse 9,10,11; Art Club.  
 ADITI NANGIA  
 JESSICA M. NEES Orchestra 9,10,11; Crew 9,10,11,12; Yearbook 12;  
 Tri-M 11; Key Club 12.  
 ELIZABETH NELSON  
 JASON C. NEVITT FBLA 10,11,12(Treasurer); Tennis Team  
 9,10,11,12; Band 9.



AUDREY NEWCOMB  
 ADAM R. NEWCOMER Basketball 9; JV Soccer 9; Varsity Soccer  
 10,12.  
 JEFFREY T. NIELSEN FBLA 9.  
 DONOVAN NOVOTNIK  
 JEREMY NOWAK



**JASON M. NUGENT** Crew 9,10; Varsity Orchestra 9; Concert Orchestra 10; Symphonic Orchestra 11.  
**KEVIN R. O'BRIEN** Freshman Basketball 9.  
**ADAM J. OH** Golf 11; Beta Club 11,12; NHS 11,12; Young Republican 11,12; Band 9,10,11.  
**DARREN OHLE**  
**JASON OHS**  
**JONATHAN OLIN**



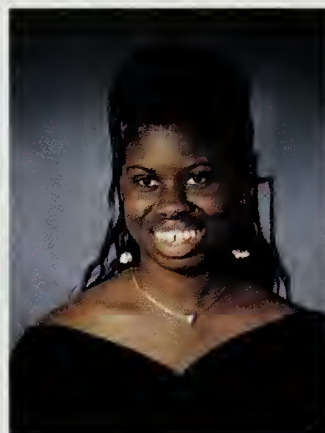
**JONATHAN OLSZYK**  
**LUIS A. ORTIZ** Basketball 9; FBLA 11,12; Model UN 12.  
**MORGAN PACE** Crew 9; Model UN 12; Eddas 12.  
**MELISSA PADEN**  
**CLAUDIA PADILLA**  
**ANN PALMER**



**STEPHANIE PARDO**  
**CHONG PARK**  
**DANIELLE M. PARKER** Science & Ecology Club 11; Plague 11; Key Club 9; Women's Concert Choir 10,11,12; Varsity Choir 9; Spanish Club 10.  
**JANET LYNN PARSON**  
**SHALONDA PATTERSON**  
**ANDREA PAYNE**



**MARLEAH PEABODY**  
**REBECCA M. PEAVYHOUSE** Freshman Basketball 9; JV Basketball 10; JV Softball 9,10; Varsity Softball 11,12; Varsity Choir 9; Women's Concert Choir 10,11; Concert Choir 12; Consonance 12; German Club 9,12; Varsity Club 12.  
**YEMA J. PEKANYANDE** FBLA 9,10,11; Spanish Club 10; Freshman Basketball 9,10,11,12(Manger); Office Aide 12; JV Basketball 10(Manager); Outdoor Track 10; Indoor Track 11(Manger).  
**GRISELDA M. PENA** Spanish Club 11,12.  
**BRENT PERRY**  
**MARCUS A. PERTICARI** Cross Country 10.



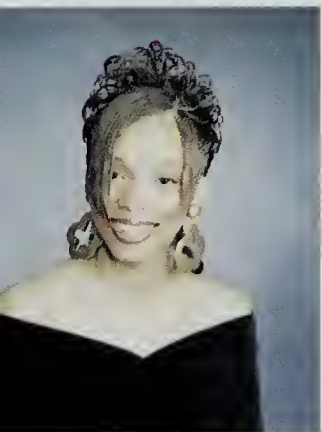
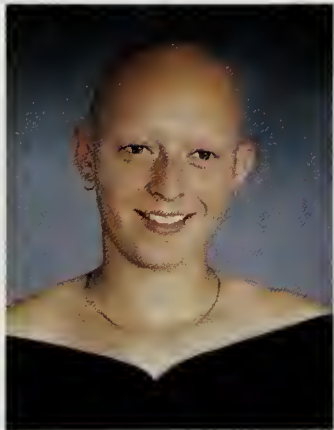
**SUSAN T. PETERS** Crew 9,10; MUN 11; DECA 12.  
**ADAM PETERSEN**  
**DAVIN P. PETERSON** FBLA 10,11,12.  
**CAROLYN PHILLIPS**  
**ANGELA M. PI** Vikettes 10,11,12(Captain 95-96); Varsity Club 11,12; Spanish Club 10.  
**GABRIEL F. PICARD** SCA 9(Rep.); Art Club 10; Football 9; Vica Club 10; Wrestling 12.



**RYAN T. PICK** Band 11; Chours 11,12; Sign Lang. Club 11,12.  
**MARGARET E. PICZAK** Vikettes 9,10,11,12(Captain); Varsity Club 10,11,12; SHS 10,11,12; NHS 11,12; Beta 11,12; Choir Council 9,10,11; Choir 9,10,11,12.  
**ANDREW PILLIFANT**  
**COLIN PINKSTON**  
**SHABNAM PIRNAHAD** FBLA 11.  
**CHRISTOPHER PLUMMER**







*"This year I'm taking sociology to get a better idea of the career I would like to pursue; a career as a social worker."*

*Theresa Wiseman-12*



# FUTURE TENSE

## Schedules Reflect Career Goals

A morning of liberal arts, an afternoon of logic. Senior Kristina Welch's schedule reflected her areas of interest.

Even if their days didn't consist of seven AP classes, seniors had schedules filled with responsibilities and commitments. Students selected courses of study which would help them plan for the future.

Seniors devised schedules with aspirations in mind. "I'm

working to be an engineer so I've picked classes to help me along that path. Four of my first seven classes are math-related," senior Joey Card said.

Students chose classes to prepare for a higher education. "I'm working to be a vet. You have to have a 3.7 GPA coming out of undergraduate college so I figure I'd better get used to the workload," senior Jessica Carr said.

Even seniors with liberal arts classes had vocations toward which they were working. "I'm taking band, choir, Theater Productions, and sociology. I want to work in Music Education, music therapy that helps children write and play music," senior Corrie Gerds said.

From Studio Art to Sports and Athletic Training students made choices for direction.

*by Jennette Schorsch*



Harry Miller

**IN HOPES OF EARNING** a good grade in Mrs. Elsie Woodland's Algebra II class, senior Anthony Iheme attends afterschool tutorial to get help. Iheme received assistance in SS03 from math teacher Mr. George Bond. Iheme took this college preparatory math class to give himself a better chance of getting into colleges he wanted.



AFTER DISCARDING THE news sections of the newspaper, senior Tanya Gregory selects the color comic section to read while eating her Sunday breakfast. Her comic of choice was Calvin and Hobbes. The comic centered around a little boy, Calvin, and his stuffed tiger, Hobbes. Hobbes came alive and participated in Calvin's zany adventures.



Seth Lowery



# H E E - H A W

## Sources Produce Laughter

“

was driving on my way to school. I thought some guy was trying to pick me up because he was staring at me. I said ‘What do you want!?’ He told me I had a flat tire,” senior Adrienne Montanari said. Sharing humorous moments was a way to have a laugh with friends.

Television also produced amusement. “I like the Sega commercials because they’re so random, like when a potato flashes onscreen

and yells ‘Sega!’” senior Stephanie Gogerty said.

Angry parents’ confusion made tense situations humorous. ‘I laugh when my parents yell ‘Don’t look at me in that tone of voice!’” senior Domonique Kanouse said.

“I like the Duracell battery commercial when the grandma gets a new Duracell battery and starts dancing everywhere,” senior Katurah Thomas said.

*by Jennifer Sikorski*





**JEFF A. POERTNER** Football 9,10; Crew 12.

**GERARDO J. PORTELA** Basketball 9; FBLA 9; DECA 9; SCA 12; Spanish Club 11,12; SHS 11,12; Noresmen 12.

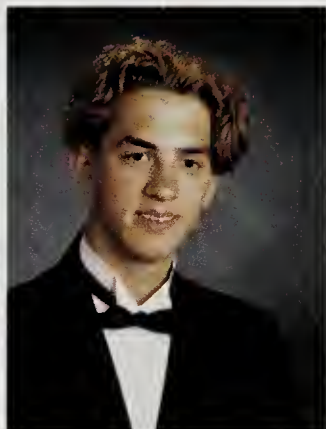
**JAMIE PORTER** FBLA 9,10; JROTC 10,11,12(Plt. Leader); Basketball 9; Wrestling 10; Raiders 11,12(Ex. Officer); Drill Team 12; German Club 10,11.

**MACY D. PRICE** Varsity Softball 9,10,11,12; Basketball 9,10.

**JONATHAN PUBLICOVER** Marching Band 10,11,12; Concert Band 10,11,12; Symphonic Band 12.

**SHARIKA PURNELL**

**SHANNON PYKTEL**



**MONIQUE E. QUARLES** FBLA 11,12; AMSU 9,10,11,12(President); Sign Lang. Club. 11,12; Step Team 11,12; Spanish Club 11; Marching Band 10,11; SCA 11(Rep.); Track 10,11(Manager).

**JENNIFER QUICK**

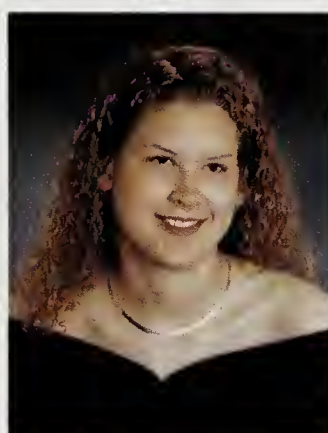
**JOCELYN QUITORIANO**

**LAURIE RADATZ**

**SHAUNA RADER**

**CHRISTOPHER K. RASH** Tennis 9.

**CRAIG A RECHKEMMER** Varsity Football 10,11,12; Spanish Club 10; FBLA 9,10,11; Varsity Club 12; Science & Ecology Club 11,12; NHS 11,12.



**JAY REEDY**

**BRIAN REESE**

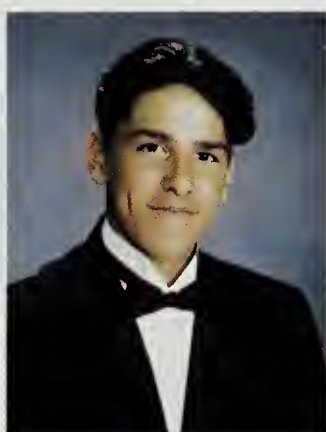
**DANIEL P. REESE** Concert Orchestra 9,10,11; Symphonic Orchestra 12; All County Orchestra 10,11,12; Tri-M 12; Cross Country 12; Crew 10,11.

**NICHELE REID**

**MARY M. REKAS** Symphonic Band 9,10,11,12; Marching Band 9,10,11,12(Section Leader); Beta 11,12; NHS 11,12(Treasure); *Eddas* 10(Co-Arts Editor); Key Club 11,12; Orchestra 10,11,12; All-State Band 11; District Band 10,11,12; County Band 10,11,12; Regional Orchestra 12.

**ERIC RENFRO**

**SARAH REYNOLDS**



**PATRICIA M RICCUITI** Vikettes 9,10,11,12; Varsity Club 11,12; Sign Lang. Club 11.

**BRIAN L. RICHARDS** Noresman 9,10,11,12(President); Varsity Basketball 9,10,11,12; NHS 11,12; SHS 11,12; *Valkyrie* 11,12(Editorial/Opinion Editor-11, Co-Editor-in-Chief-12).

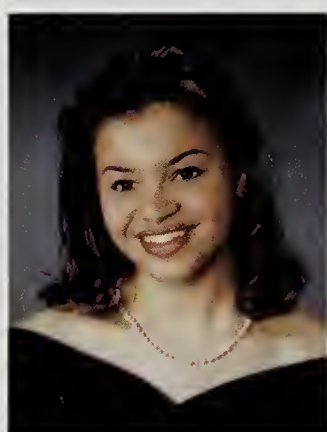
**KYEISHA RICHARDSON**

**ASHLEY RINEHART** Varsity Cheerleading 9,10,11,12(Captain); Varsity Club 11,12; Noresman 11,12; SADD 12; French Club 12.

**SARAH K. ROBERTS** Symphonic/Concert Band 9,10,11,12; Marching Band 9,10,11,12; NHS 11.

**JOSHWA ROCK**

**JESSICA RODRIGUEZ**



**AARON ROGOSINSKI** Varsity Football 9,10,11,12(Captain); Varsity Baseball 10,11,12; Varsity Club 12.

**GARY ROJAS**

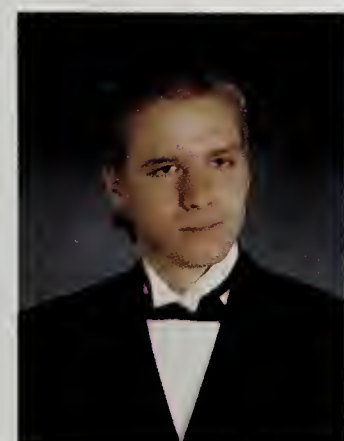
**KRISTIN M. ROMANO** Swimming 9; Art Club 10; *Eddas* 12.

**MEGAN ROSSI** Art Club 9; Vikettes 9,10,11,12(Captain); Marching Band 10,11,12; Forensics 10,11,12(Lt. 11, Captain 12); FHS 11,12; NHS 11,12; Beta 11,12(Vice Pres.); Varsity Club 10,11,12.

**LATISHA D. ROWE** FBLA 10; Step Team 11(Captain), 12.

**LAURA L. ROSYNEK** Vikettes 9,10,11,12(Captain); FBLA 10; SCA Representative 11; Choir 9,10,11,12; Varsity Club 11,12.

**MICHELLE H. RUCH** Vikettes 9,10,11,12(Captain); Varsity Club 11,12; NHS 12; SHS 12; Orchestra 9,10.



**SABRINA S. RUDE** Sign Language Club 11,12; Science and Ecology Club 11,12; FBLA 11; EDDAS 12; Plauge 11.

**REDONNA M. RUDY** Drama 9; SADD 10,11; DECA 11,12(Vice President); Tri-M 10,11,12(Secretary); Viking Choral 9; Concert Choir 10,11,12; Consonance 11; Woodbridge Singers 12.

**ARIEL RUEJAS**

**PATRICK SACHS**

**KELLY A. SAKAI** Varsity Gymnastics 9,10,11,12(Captain); Varsity Cheerleading 12; Varsity Club 11,12; FCA 9,10.

**JAMIE SALDANA**

**MARY SALDANA**



# C RANK IT UP

## Music Styles Reflect Preferences

She slowly pulled out her English book. Heather Dofner really wasn't up to doing her homework yet. Her muscles were pulsating. She needed to relax before she tackled her assignment. She popped in a tape and relaxed as she finished her assignment.

"I like to listen to some hardcore, but preferably 80s Rock. Musicians I like are Avail, Cindy Lauper, and De la Soul. This music relaxes me and it

motivates me to understand the message being stated," Dofner said.

Seniors went to concerts to escape from school pressures. "I enjoy listening to Alternative music. Dave Mathew's, Blues Traveler, and Mathew Sweet are my favorite. I try to see shows to get away from the stress I receive from school," senior Alexis Drezek said.

Areas of interest influenced seniors' music preferences. "At times I

like to listen to Jazz such as Mark Whitfield and Nicholas Payton. Jazz is very challenging to me," senior Sean Harrington said. Harrington wanted to be a jazz musician.

Local stations offered a variety of music to which students could listen. WHFS 99.1 played modern rock; DC 101 played late 80s; and WARW Arrow 94.7 played 60s, 70s and 80s classic rock.

*by Christopher Blok*

### THUMBING THROUGH

her CD collection, senior Amy Toth decides what kind of music to listen to next. Toth chose relaxing music to relieve the stress of the school day. Music created atmospheres for seniors which allowed them to complete the tasks at hand. Seniors' tastes ranged from Boyz II Men to Pearl Jam; classic rock to hard core and alternative.



Seth Lowery







**SHEYLA A. SALINAS** FBLA 11; JV Basketball 10; JV Soccer 10; Spanish Club 9,10; Art Club 12.

**DAVID T. SALISBURY** Varsity Football 12; JROTC 12; TV I and Exploring TV 10,11.

**JOSE E. SALMERON** FBLA 12; Spanish Club 10,11,12; Key Club 12.

**MELISSA SALZER**

**DAVID SAMUHEL**



**ALISSA M. SANCHEZ** FBLA 9,10,11,12; German Club 9,10,11.

**KRYSTOL SANCHEZ**

**MIKE H. SANDS** Lacrosse 9,10,11,12 (Captain); Football 9,10,11; Varsity Club 12.

**ANGELA SANTIAGO**

**GEOFFREY SARMAC**



**MOHAMED SAWANEH** Football 11; Fashion 9,10,11,12; Art Club 9,10,11,12.

**TIRZAH D. SCHAEFER** NHS 11,12; French HS 11,12; Key Club 12; Young Republicans 11,12; Yearbook 12 (Academics Section Editor); Girls' State Delegate 11.

**RYAN R. SCHNURR** Football 9; Cross Country 11; FBLA 10; Spanish Club 12; Norsemen 11,12; Baseball 12.

**TRISHA SCHOECK**

**JENNIFER SCHULLER**



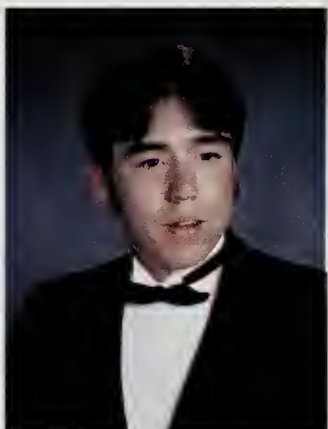
**MONIKA N. SCOTT** FBLA 10,11; Swimming 9,10,11,12; Track 11,12; Ecology 9,10; Crew 11.

**AISHA L. SCRIBER** Viking TV 10,11,12.

**CARMEN R. SCRIVA** TV Club 11; FBLA 12.

**KRISTEN SELLNER** JV Volleyball 9; Varsity Basketball 9; Varsity Softball 9.

**HAMIDA B. SHAFIQ** Muslim Club 11.



**INAYATULLAH SHAFIQ**

**LEIGHTON T. SHANK** Wrestling 9,10; Outdoor Track 9; Cross Country 10; Model UN 10,11; Computer Club 11,12.

**SHUBH SHARMA** FBLA 12; Art Club 10; Key Club 12.

**JOSH D. SHARP** Varsity Football 12.

**ANDREW C. SHAW** Marching Band 9,10,11,12 (Drum Captain).



**DAMIEN SHAW**

**ROSEMARY SHIELDS**

**SANDI J. SHUMARD** FBLA 10,11,12 (Rep.); FHA 10.

**MIGUEL A. SIGUENZA** Varsity Football 11,12.

**VICTORIA S. SILGUERO** FBLA 11,12.



# L OOKIN' GOOD

## Mix-Match Clothing Dominates Style

ime green pants, thigh highs, and corduroy pants cluttered the hallway. A blur of fluorescent yellow dashed out of the girls bathroom.

Students faced the challenges of trying to fit in with the latest fashion trends.

Styles constantly changed. "Of all fashion trends the one I've seen the most is people wearing baggy clothes. Everyone wears them—

both guys and girls," senior Sarah Izaguirre said.

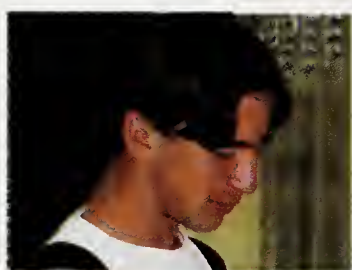
Seniors had mixed opinions about fashion trends. "I think a main trend is being completely out of fashion, like wearing bell-bottoms and mismatch clothes. I've seen so many fashion 'faux-pas' in the halls, it makes my eyes water," senior Jim Grube said.

Seniors wore clothing fit for comfort. "Nothing influences me to

wear the clothes I wear, and I think that it should be that way with all people. My philosophy is, 'If the pants don't match the shirt, wear them,'" senior Jennifer McCrary said.

Whether it was new Levi's jeans, maroon Doc Martin's, ringers or satin shirts, students looked for the "perfect outfit" to wear each morning before they left for school.

*by DeAnna Thorstad*



*"I'm a T-shirt and jeans kind of guy myself. I would never go preppy or wear my pajamas to school."*

*Chris Jones-12*

**STUDY HALL IN SESSION,** seniors Heather Herman and Missy Baker chat while wearing conservative fashions. Their sense of style differed from more radical styles. Matching clothes was a must for conservative seniors, while mismatch clothes brought stares as well as smiles for other seniors. Fashions ranged from the grunge look to preppy.



Barbara Heritage







**TAMORRE S. SIMPSON** Varsity Football 9,10,11,12; Wrestling 10; FBLA 12; Varsity Club 12; Choir 9,10,11,12.

**BRIAN SIPES**

**KIRSTIN SIPES**

**SOUKHUEAVANH SISOUVONG**

**CHRISTINA L. SMITH** FBLA 10; NHS 11,12; Beta 11,12; FHS 11,12; French Club 12.

**MATHEW S. SMITH** FBLA 10,12; Varsity Crew 9,10,11,12(Captain); NHS 11,12; Beta 11,12; German Club 11,12; Science and Ecology Club 12; Cross Country 11,12; SCA Representative 10; Senior Class Vice President; Varsity Club 11,12; Boy's State 11.



**BRIAN SMOTHERS**

**ADAM C. SOOS** Norsemen 9,10,11,12(President); Varsity Soccer 10,11,12; Newspaper 11.

**MIRZA SOTO**

**ROBIN SOTO**

**NO SOUVANARATANA**

**JOHN M. SOVA**



**ALISHA M. SOWELLS** Cosmotology 10,11.

**WILLIAM L. SPICER** Varsity Band 9; Concert Band 9,10; Symphonic Band 11,12; Marching Band 9,10,11,12(Section Leader).

**VICTORIA A. SPRIGGS** SCA Rep 9, 10; Basketball 9.

**MATHEW STAATS**

**ANNE CHRISTINE STARBAEK**

**KIM A. STEPHENS** Basketball 9,10; Volleyball 9; DECA 11,12; JROTC 12.



**BRYAN STEWARD**

**MATHEW STILLWELL**

**SHANNON M. STOCKS** Science and Ecology Club 10,11,12(Treasurer); Plague 11; Drama Club 11,12; Sign Language Club 11,12; *Eddas* 12; Key Club 12; Varsity Choir 9; Womens Concert Choir 10,11; Concert Choir 12; Spanish Club 11,12.

**CARYN M. STROUP** Choir 9,10,11,12; All Country Choir 11; FCA 11; NHS 11,12; FBLA 10; French Club 12; Key Club 12; SADD 12.

**ELIZABETH STUDEBAKER**

**MATTHEW SWEESY**



**TAMEIKA SYKES**

**ROBERT S. SYMCZAK**

**MIRWAIS TAJ**

**JAY TAYLOR**

**CHRISTOPHER THAI**

**SIRIPORN THAYAPRASAT** Tennis 9,11.



**DARRELL THOMAS**

**KARVRAH THOMAS**

**STEPHANIE THOMAS**

**LATINA THOMPSON**

**MEGAN L. TIERNEY** Crew 9,11; Tri-M 9,10,11,12; FBLA 10.

**TANYA M. TILGNER** SCA 11,12(Rep); Volleyball 9,10,11,12; FBLA 10,12; NHS 11,12.



# MOVIN' OUT

## Trailers Offer More Space



he door swung open, soft scents of rain filled the air as students rushed out to trailers in time for the bell.

Students went outside for AP Government, Functions Trig, and English.

Trailers were parked on the black top near the tennis court. "When I was on crutches it was really hard because it was raining and I couldn't hold my umbrella," senior Shannon

Farrell said.

In the school building, rooms had only three walls causing them to be noisy. "I see it as an advantage because instead of having open classes like the pods they are closed and you don't have to worry about loud classes," senior Leighton Shank said.

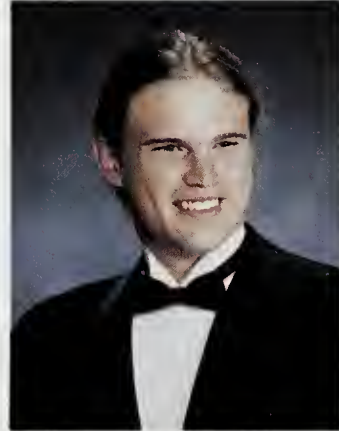
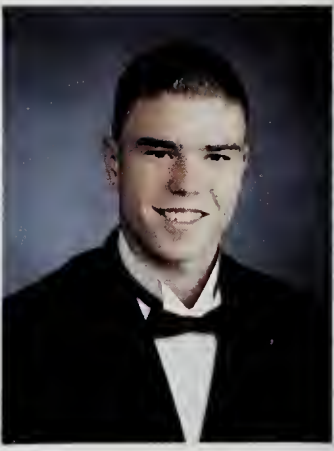
Six new trailers eliminated lunchtime basketball as the court became a parking lot.

*by Mary Gilhooly*

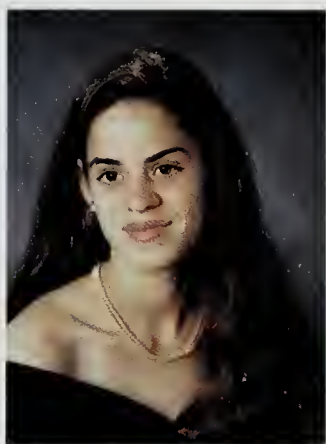


Loren Coulter

**AFTER AP GOVERNMENT** with Dr. Karen McPherson, seniors Lisa Bellamy, Gregory Wright, Caryn Stroup and Marleah Peabody walk down the steps of trailer seven. The students' next class was inside the school building. This day the skies were clear. Bad weather days caused a mad rush for the school. Students had to carry an umbrella with books on rainy days.







**ALICIA R. TISDALE** Varsity Choir 10; Women's Concert Choir 11; Executive Counsel 9,10,11; Step Team 12; Spanish Club.

**MICHAEL TOMLINSON**

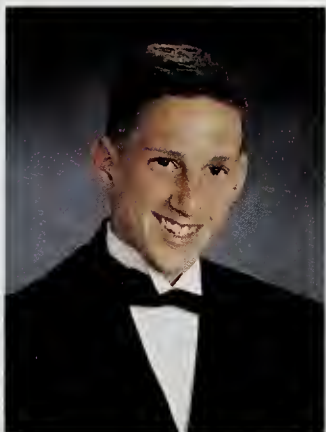
**NATHAN D. TOMLINSON**

**KRISTEN TONNISON**

**JENNIFER E. TORRE** Cheerleading 9, 10,11,12; Soccer 9,10; SCA 12; Varsity Club 12; Norsemen 12; FBLA 9; Key Club 12; SADD 12.

**JENNIFFER TOSSAS** Track 11; Drill Team 10,11,12 (Com.); SCA 12.

**AIMEE TOTH**



**SEAN P. TRACY** Cross Country 9; Indoor Track 9; Outdoor Track 9; Eddas 12; Drama 12; Yearbook 12; Varsity Club 9; Concert Orch. 10,11; Symphonic Orchestra 12; Crew 10,11,12.

**MATT R. TROTTA** JV Baseball 9,10; Varsity Baseball 11,12; Norsemen 11,12.

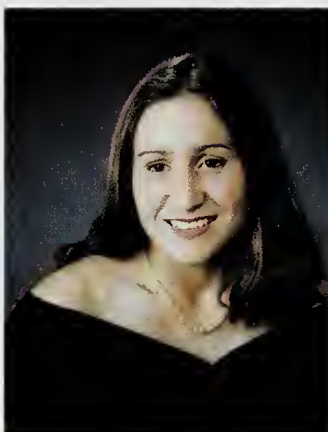
**SEMRET K. TSEGGAI** FBLA 11,12; Key 12; SADD 12; AASU 9.

**JARRED M. TULLO** Baseball 9,10,11,12; FBLA 9,10.

**KIMBERLY G. TUPPER** Color Guard 10,11(Capt.); Winter Guard 11(Capt.); Yearbook 12.

**BRIAN D. TURNER** Indoor Track 10; Soccer 10(Captain); Varsity Club 12; Key Club 12; Varsity Soccer 11, 12.

**PRASHANT R. UPPIN** Tennis 10; FBLA 12; Science and Ecology Club 11; JROTC 10,11,12.



**SEAN M. URBAN** Varsity Orchestra 9; Symphonic Orchestra 10,11,12; Swimming 9,10,11,12; Student Council 12(Historian); National HS 11, 12; Spanish HS 11,12; Tri-M 10,11,12.

**VATSANT VAJIRAPINYO** NHS 11,12; Beta 11,12.

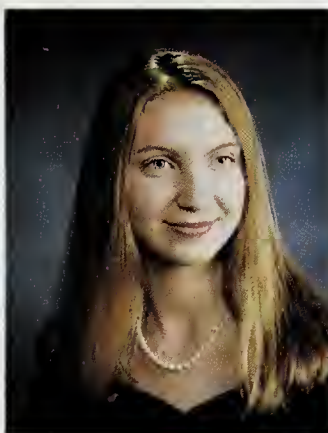
**SUSAN VANOVER**

**CARITINA VARGAS**

**CLAUDIA A. VARGAS** Marching Band 10,11; NHS 11,12; Beta 11,12; French HS 11,12; French Club 12; Key Club 12.

**CHAD VARGO**

**MARY VARRIEUR**



**MARIO E. VELEZ** Varsity Football 11, 12; Young Republicans 10.

**JERRYDON B. VIDAL** NHS 11,12; Beta 11,12; Band 11,12.

**AMY L. VINCENT** FHA 10; Art Club 11,12.

**TIM P. VINCENT** Comp. Club 11, 12; National HS 11,12; Orchestra 9.

**DANIEL VITUG**

**CHRISTINA D. VOGEL** Gymnastics 9; Vikettes 10; FBLA 12; Eddas 12; Science & Ecology Club 9, 10; Tennis 9; Debate 11; Color Guard 11; Art Club 10, 11.

**JENNIFER M. WALAWENDER** Crew 9,10,11; Orchestra 9,10,11; FBLA 12.



**KATRESHIA WALKER**

**KATHERINE WALTERS**

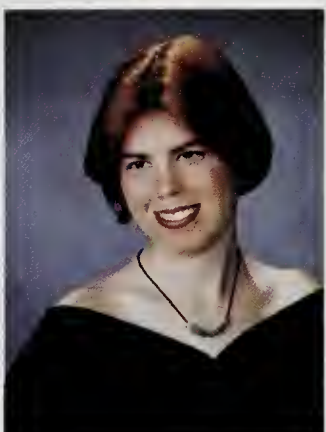
**TRACEY WATSON** Student Government 9(Historian),12 (Treas.),10,11 (Executive Counsel); SADD 12; FBLA 9,11,12; Spanish Club 10; Newspaper 11.

**JASON E. WEAVER**

**JOHN R. WEAVER** Lacrosse 9,10,11,12; Varsity Club 9,10,11,12.

**MEREDITH L. WEAVER** Field Hockey 9,10,11,12; Key Club 10, 12; Norseman 12; SADD 12; Teen Counseling 11; Spanish Club 10; Varsity Club 12; Newspaper 11(Public Relations); FBLA 9.

**CORA WEBB**



**JASON N. WEDDINGTON** Swim Team 9,10,11,12.

**KRISTINA K. WELCH** Viking Chorale 9; Concert Choir 10,11,12; Woodbridge Singers 11,12; All-County Chorus 10,11,12; All-District Chorus 10,11,12; Forensics 11,12; Vikettes 10; Cheerleading 9; Drama Club 10,11,12; Tri-M 11,12; NHS 11,12; Beta 11, 12; Varsity Club 11,12.

**CHRISTOPHER WELLS**

**BRANDEE C. WHITE** Softball 9,10; FBLA 9,10,11,12.

**KIMBERLY E. WHITE** Crew 9,10; Cheerleading 9; Norsemen 10,11,12; Beta 11,12; National HS 11,12; Spanish HS 11,12; Eddas 12; Leo 10; SCA.

**MEGAN WHITE**

**KIM A. WHITLOCK** Sign Language Club 11,12.



# TREASURE CHEST

## Everyday Items Trigger Memories

Senior Alicia Brown brushed the dust off of her German porcelain dolls as she rearranged the collection on her shelf. "I have a collection that is precious to me because it is unique—the dolls come from different countries and are dressed in that country's traditional clothes," Brown said.

Seniors had items and collections that held value to them. Seniors obtained items in ways such as receiving

them at birth, starting the collection on their own, or receiving them as heirlooms.

Senior Laura Montoya received her gold pendant as an heirloom. "My great-grandfather gave my grandma a solid gold pendant that has the Virgin and Jesus in it for her first communion, and my mom gave it to me for my first communion. I am supposed to give it to my child on her first communion,"

Montoya said.

Gifts given by relatives became precious to students. "I have an ugly teddy bear that my grandma gave me when I was born. The fur is matted, and the ears are worn. She even smells like me because I sleep with her every night," senior Jill Haber said.

From new age compact discs to antique diamond rings, seniors treasured items special people gave to them.

*by Katie McAllister*

### CUDDLE UP. AFTER SCHOOL

senior Kristy McCoy spends time playing with her dog. When they needed time away from people, seniors discovered pets made good company. "Sometimes I'd just rather be with my cat Rusty than my friends. He doesn't talk back to me," senior Lisa Bellamy said. Seniors were also attached to objects given to them by special people.



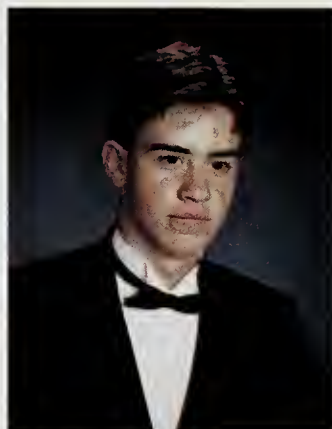
Bridgit Kelly







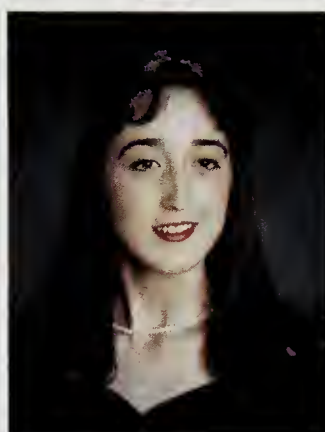
**JASON W. WILD** Tennis 9,10,11,12; Marching Band 9,10,11,12(Drill Leader); Concert Band 9; Symphonic Band 10,11,12; FBLA 10.  
**JASON WILDER**  
**JASON WILLIAMS**  
**JOMEKA WILLIAMS**  
**NATASHA A. WILLIAMS** Science and Ecology Club 10; *Eddas* 10; Spanish Club 12; FBLA 12.



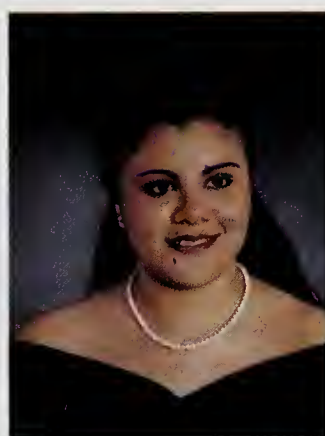
**ROBERT WILLIAMS**  
**ALFONSO WILSON** Football 11; SCA 9,10,11.  
**CHRISTIAN A. WILSON** Football 9; Newspaper 10,11,12; Varsity Lacrosse 9,10,11,12; Concert Band 9; Symphonic Band 10; Boys State 11.  
**DIANA L. WILSON** Track 9,10; Yearbook 11; Color Guard 11,12(Captain); Sign Language Club 12.  
**RICK D. WINDSOR** Choir 9; FBLA 12; Spanish Club 12; Science and Ecology Club 12.



**THERESA M. WISEMAN** Vars. Choir 12; FBLA 11; Key Club 12.  
**LAUREN N. WOODCOCK** Field Hockey 9,10,11; Crew 9,10,11,12; FBLA 12; Science and Ecology Club 12.  
**JOSEPH WOODS**  
**BRYAN WOOLARD**  
**GREGORY M. WRIGHT** NHS 11,12; Beta 11,12; SHS 11,12; FBLA 10; All-County Choir 10,11; District Choir 10,12; Tri-M 12.



**KANNA YAMADA**  
**NANA YEBOAH**  
**KATHLEEN YORK**  
**COLLEEN P. YOUNG** Crew 9; Vikettes 10; Forensics 12; *Eddas* 12; FCA 9,10,11,12.  
**JEREMY A YOUNG** Varsity band 9,10; Symphonic Band 11,2; Marching Band 9,10,11,12(Section Leader); Jazz Band 11,12; Science and Ecology Club 11,12; Crew 12.



**THOMAS D. YOUNGBLUTH** JV Soccer 10; Spanish Club 11,12; Varsity Club 11,12; Varsity Choir 9; Concert Choir 10,11; Crew 11.  
**HUMA ZAIDI** Young Democrats 9,10; Varsity Orchestra 9; Concert Orchestra 10; Tri-M 10(Activities Coord.); SCA 11(Jr Vice President); Newspaper 11(Co-Feature Editor), 12(Co-Editor-in-chief); French Club 12; Quill and Scroll 12.  
**JONATHAN ZARKAUSKUS**  
**SANDRA P. ZEPEDA** Spanish Club 12; JROTC 10,11,12.  
**NICHOLAS ZIZZO** Indoor Track 9,10; Crew 9,10,11,12(captain); Cross Country 11; Varsity Cheerleading 12; Spanish Club 11; Key Club 11,12(treasurer); Varsity Club 11,12; Band 9; Newspaper 11(Co-Editorial Editor) 12(Managing Editor); SCA 9(Treasurer), 10(Representative), 11(Treasurer), 12(Executive Council).

**LESLIE E. LENYI** Crew 9,10,11,12.



**W**hat's on the menu? Cocktail shrimp, and chocolate fondu were two choices. Junior Marleah Peabody, and her date, Rob Jarbadan sample the food served at Stouffer's Hotel.

**H**er second coronation in one year, senior Heather James becomes Prom Queen. James was also honored as the homecoming queen. Senior Jeff Hummel was her escort both times.



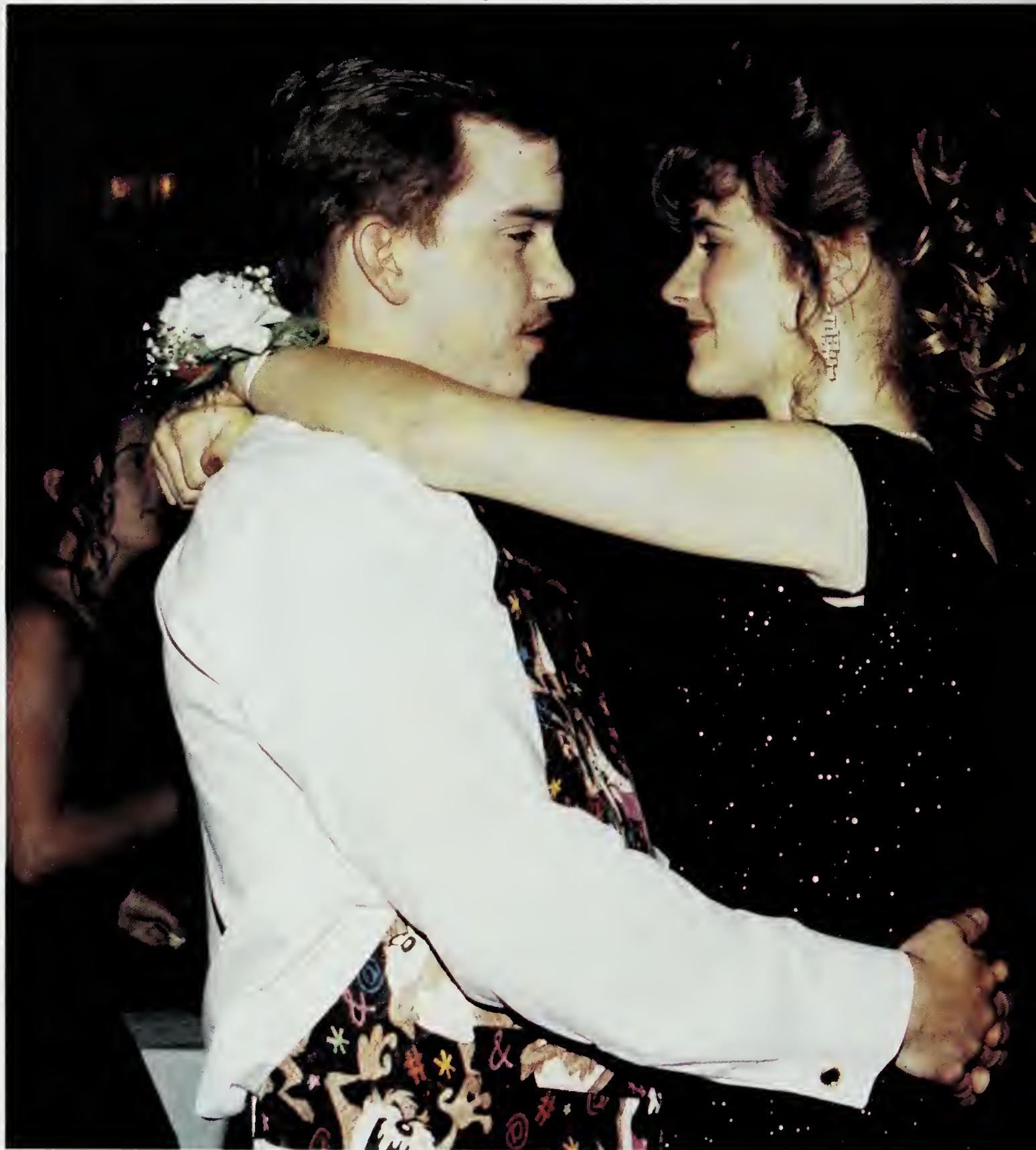
Segall Majestic Photography



Segall Majestic Photography



Segall Majestic Photography



Segall Majestic Photography

**R**ap, Pop, R & B all piped out of the speakers. Senior Toi Kyles and date Charles Mody rock to a fast-paced song. The DJ slipped in slow songs to allow couples moments of intimacy.

**W**hile dancing to a slow song, senior Jackie Hawkins, and senior Ryan Gardner share an intimate moment. The dim light on the dance floor set a romantic atmosphere.





Segall Majestic Photography

**S**trutting in time with the bass in the music, senior Will Favaii and senior Torrey Farrington join in a group dance. The Electric Slide was one of the group dances and songs.

# braving mishaps-students whirl their way to a starry night of elegance and morning of scarlet hues

**F**lashes of light darted along walls reflecting off of the mirrored ball which

hung from overhead. With the lights turned down, and the music turned up, students took one last evening in the year to dance and have a 'night to remember.'

Students had unexpected set backs. "I forgot our prom tickets, so we had to go back home and get them, making us late for dinner at Portner's. It took us forever to beg and convince the restaurant to give us a table," senior Lisa Bellamy said.

"My friend came up to me with this strange smile on his face. He was holding the Honda in-

signia from his car out to me. He had gotten into a car wreck, and that was the only thing he had salvaged from the crash!" junior Barbara Heritage said.

Despite problems which occurred before the dance, students still found ways to get to the dance at Stouffer's Ho-

tel in Crystal City. "I got a run in my hose

at the dance. When it came time to take pictures, I was worried that the run was going to show so the photographer had to position me so that it wouldn't show," senior Niki

Ferguson said.

After the dance, students found

ways to make the evening last. "Afterward, all of us and our dates went over to a friend's house and had an all night video party. Then we made breakfast for everyone the next morning," senior John Blair said.

Post prom plans had their own problems. "My best friend, Shannon, and I were looking for the rest of our group, but we went to the wrong hotel. The wing we were in was

under renovation, and we got on a broken elevator. Everyone was waiting for us, and we were lost, walking around some strange hotel floor all dressed up with people staring at us," junior Rebekah Donahue said.

Although prom only lasted four hours students found ways to stretch the evening into a twelve-hour affair.

by Cheryl Greenway & Jill Inskeep



"When he put the corsage on my wrist, I calmed down. I knew then, that it would be a wonderful evening."  
Suzanne Stewart-11



"It wasn't like a high school dance. It was the last big 'hoorah' before going into adulthood"  
Thelma Sue Hottle-12



# in preparation for their final cap off, students contemplate a new place in the ebb and flow of life

**G**reen and white caps bounced rhythmically as the graduates marched towards

the platform. The crowd was silent as it watched, waiting tensely for the last name to be called and for the graduation ceremony to be completed.

After all the preparation and rehearsals it had finally come down to the final hour. Despite the prediction of rain, on June 17 the graduates were still ready to go. "My boyfriend Ernie got really nervous and all I could do was laugh at him because I couldn't see what the big deal was.

But now that I have to graduate I can understand why he was so nervous," senior Jessica Nees said. Seniors

found that as the ceremony drew closer their nerves grew frazzled.

Graduates discovered getting the necessary items was not as easy as they expected. "They gave me the wrong size gown, so I had to go back twice until they gave me the right one," senior Shelly

P i a z z a said.

T h e repetitive dress rehearsals added to graduates' complaints. "I thought I was going to die if I heard 'Row five, go back and do it again' one more time. That row could not get it right," senior Tara

Butler said. Students found that dress rehearsals were a necessary, but tedious part of graduation.

Last minute problems plagued graduating seniors. "My sister was incredibly nervous before graduation. Her biggest problem was trying to find a dress that would not show through her white gown. She looked in every store for weeks beforehand and still could not find what she wanted. Finally, the night before the ceremony my mom had to make her one," sopho-

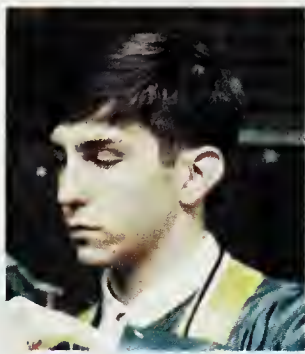
more DeAnna Thorstad said. The graduating seniors found that problems often came up at the last minute, especially when previous plans fell through.

Students received advanced diplomas for earning 24 credits or standard diplomas for earning 22 credits. Honors graduates wore gold sashes to distinguish their extra achievements.

by Jenny Williamson

## COME RAIN OR SHINE

*The threat of rain almost caused graduation to be held in the gym. Each graduate only received five tickets to distribute among family members and friends. Since it was held outside, over six thousand spectators attended graduation to watch 640 seniors graduate.*



*"Just before leaving for graduation, I lost my cap! We looked all over for it, but couldn't find it anywhere."  
Alex Cogswell-12*

**A**fter receiving their diplomas, seniors Kelly Hall, Naviere Hall and Andrew Harned applauded the last of the graduates. The outside ceremony was held in 90 degree heat.



Segall Majestic

Segall Majestic





**A**s the graduation ceremony begins, senior Eric Gray reaches to remove his cap for the opening prayer. Two hours later a sea of green and white caps soared through the air.



Segall Majestic



Segall Majestic

**W**hile the other graduates march toward the platform, senior Caritta Lee looks off into the distance. Lee left for Mary Washington College the following August.

**A**s she gazes at the speakers' platform, senior Heather Farley rehearses the final speech she will give as Senior Class President. Valedictorian Sung Pak also spoke.



A

nother night in the spotlight. Seniors Megan Rossi, Sarah Izaguirre and Monique Quarles were the three queen finalists. A dry dance night followed a wet coronation.



John B. King



John B. King

A

s the field turns into a mud pit, senior Craig Rechkemmer and teammates shout to urge on the field players. After half time, rain poured making the ball difficult to handle.

P

urple paints form a "Look at Me!" message on the masks of the sophomore class float. Students joined in to help sophomore Elizabeth Roque to put on finishing touches.



Barbara Gryder





John B. King

**A** ride in the back of a pick-up truck during the Friday homecoming parade gives freshmen cheerleaders the chance to show their spirit. As they passed, crowds roared.

# mardi gras festivities send spirited students full speed ahead undaunted by slippery downpours

**E**ven though the forecast called for rain, there was no trace of bad weather. Students

got ready for the big parade that was to start in an hour. Rain clouds began to form and the sky became overcast.

Cars started to roll down the street marking the beginning of the parade; it began to rain. Despite the bad weather, students still stayed to watch the parade. "I think the best float was the crew float because it was original. I liked the idea of having the boat in water. It looked realistic," sophomore B.J. Plummer said. It was the first time crew had a float in the parade.

Building the sophomore float be-

came an adventure. They slept on their float one night.

"We didn't sleep on the float for security reasons, but because we wanted to start a tradition. We couldn't fall asleep so we plugged in an alarm clock and listened to 80s music. We ended up getting to sleep in the early morning," sophomore

president Barbara Gryder said.

Bad weather not only affected the parade, but also the game. "The rainy weather probably affected the way the football team played

because it made the ball slippery and the ground muddy. It must have been hard to catch the ball and get good

footing," sophomore Sal Mondello said of the game.

The final score of the game was Woodbridge, 10, James Robinson High School, 14.

By Saturday night the rain had stopped and it was time to dance. "As I was dancing, I must have been dancing too hard, because my arm swung back and my corsage flew off my wrist," said senior Jenny Brondyk.

The homecoming queen, Sarah Izaguirre, was crowned the night before at the game as a burst of fireworks lit the field behind her. At the dance, the crowd cheered as she walked down the aisle.

Limosines were parked outside waiting for students to get out of the dance at 12 a.m. which completed the homecoming festivities.

by Cecilia Riek



"I think our float of a Viking ship was very good, and theme-related. I volunteered, but I didn't feel like a fool."  
Dusty Farmer-9



"Riding on the float was a blast. We got to wave and throw candy...except everyone was laughing at us."  
Jodi Combs-9



# 'if music is the fruit of life, then we must play on' local bands jam to their own tunes and styles

**S**potlights blazed, drums pounded and the music blasted into the audience. People

in the crowd, blinded by their own sweat, threw their arms into the air and screamed. As colored lights shined and flickered, the band began to play its opening number.

By coming together to form bands, students took their love of music a step further from simply listening to music, to creating it.

Finding a place to play, or "getting a gig," was a necessity for student bands. Not only were performances a source of income for the group, they were also a source of recognition.

People had to be exposed to the

bands so that they would know of them and listen to their music.

Once the band decided where they wanted to play, they had to convince the owners of the establishments to let them use the locations. "Gigs usually just happen.

Like, the night before, usually a friend will call up [the establishment]

and ask if we can play," junior Mike Miliken, bass guitarist, said.

Once the gig was set, practice was important in order to prepare for upcoming performances. Bands prac-

ticed several days a week to make sure they were ready.

"We were in the middle of a song.

Things were going just fine, but suddenly our lead guitarist's pick broke and the main music for the song stopped. We'd practiced a lot, though, so we played it off really well, and I don't think anyone even noticed," sophomore Kevin Fahy said. Fahy was the rhythm guitarist for the band Edged.

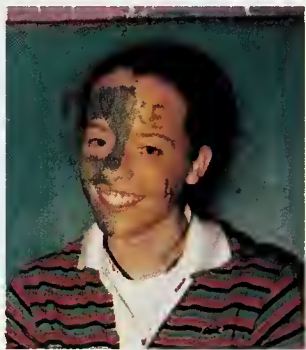
Bands accumulated fans through word of mouth. Fans told other people about their favorite bands. "Jet Bead will change the face of music as we know it. Their music is cool because they play a lot of weird things together," said sophomore Alex Taylor, fan of the band Jet Bead.

Student bands experimented with names. Local student bands included Salted Amphibians, Cycle, 39th Parallel and Sorp.

by Bill Grandy

## COME RAIN OR SHINE

*Music comes from the Greek word "Mousike," meaning the art of the Muse. In Greek mythology, the Muse was one of nine daughters of the king of gods, Zeus. The Muse gave artistic inspiration to men and women.*



*"I walked into the Psychedelic Tunnel Monkeys' practice once, they were so into the music, no one even noticed me."  
Carolyn Phillips-12*

**I**n a garage studio senior Kevin O'Brien practices with his band Cycle. The band released the CD *Fall of the Demigod* on the Outback Records label. The band's music was hard core.



Seth Lowery

Bridgit Kelly





**T**hirty-ninth Parallel lead singer senior Jeremy Lind wails a number. The band considered themselves straight-edge. They voluntarily refrained from using drugs and alcohol.

**G**ar-Field senior Brian Dehinden and junior Regan Warren practice the song "Apathetic Minds." The lead singer, Jeremy Lind wrote the song for 39th Parallel.



Bridgit Kelly



Barbara Gryder

**D**own in the basement, John Butcher of Jet Bead plays melody on an electric guitar. Butcher combined his musical talents both singing and playing alternative pop.



In her cosmetology class, senior Shalonda Patterson applies eyeliner. The cosmetology department provided natural make-up products for its customers and students.



Seth Lowery

After gym class freshman Wendy Hickok reads the label on Bath and Body Works aloe vera lip balm. She read the label to make sure it only contained natural ingredients.



Olinda Fuentes



Bridgit Kelly

As she looks into her bathroom mirror, junior Krysta Relyea rubs Biotera Moisturizing Lotion on her face. Relyea used this product each day before she went to school.

In her bedroom, junior Lisa Hale considers using her mother's face mask cream. Hale decided that although it smelled nice, the product was just too odd to use.



Olinda Fuentes





Bridgit Kelly

In the morning, junior Joy Justice makes that she takes her daily vitamin before going to school. Justice took the daily vitamin supplement in order to stay healthy.

# daily routines include a splash of water, a wipe and a scrub down 'au natural' saving environment

As Kate Skeele walked into the store, she knew where she was headed. Admisting all the rows of cosmetics there were shampoo bottles of all different shapes, sizes, and colors. Kate spotted what she wanted and raced towards the bottle of Papaya Plus Shampoo, picked it up and put it in her basket.

Students found natural products cleansing. "I use White Rain Shampoo and conditioner. I've tried others shampoos and conditioners, but they don't make my hair as soft and shiny as the coconut does in this shampoo," sophomore Kelly Gray said.

Natural ingredients in products meant deeper cleaning. "I use natural products. I started using them because I saw the Apricot Elder Scrub by St. Ives in Drug Emporium and I just wanted it. The apricot in the exfoliant makes my skin softer than man-made ingredients do. I feel like all

the natural products really help," sophomore Melissa Derr said.

Not all students saw the benefits of using natural products. "I don't use natural products because I feel they do nothing for you. It's just one big waste of time worrying about putting something made from sand or whatever on your skin," junior Elizabeth Eldreth

said in doubt.

Students learned about natural products from television advertisements. "I've always heard that natural products are better for your hair than manufactured ingredients. I guess you could say that they are like preservatives for your hair," junior Christina Cone said.

Friends also recommended natural products. "I use a mud mask with rose petals in it by

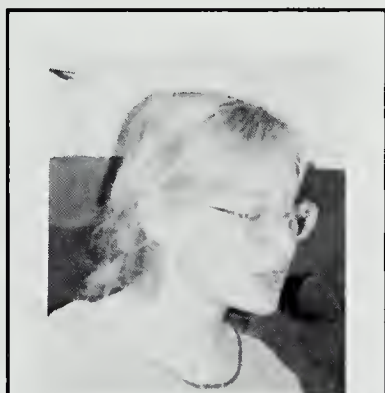
Naturessence. It dries my skin to make my skin smoother. My friends use it and told me about it and how well it worked, so I tried it, and now I am hooked." sophomore Carrie Holder said.

Students used natural products to help improve their environment and because natural products were not tested on animals.

by Meggan Curtin



"I use natural products because they are good for the environment. I am against animal testing and that is also why I use natural products."  
Missy Metzler-10



"I bought some face mask with natural preservatives in it. I was allergic to it. My face had a rash and peeled."  
Katie Woodside-11



**A**fter a night of cheering, juniors Danielle Eure and Amanda Boyle sprinted out to their cars, in the student lot. Athletes had to brave the occasions of an unexpected afternoon downpour.



Sean Tracey



Julie Foxworthy

**W**ater fight! Junior Stefanie Kam flings water at, already drenched, junior Jason Gillespie. Up to two inches covered the street in certain ditches, creating spots for splashing and playing.

**U**nder the cover of his poncho, sophomore Richard Alexander protects his marching band uniform from the rain. Despite bad weather conditions, the band still had to perform.



Barbara Gryder



# faced with the flow of changing weather conditions, students cope with relentless downpour

**P**link, and plink, and plink, and plunk. A steady rhythm of rain beat down on the

roof in the darkness. The rain trickled down the gutter on the side of the house. Sophomore Kim Fisher rested in bed, listening to the rain. "Sleeping during the rain is peaceful because the rhythm helps me fall asleep, and I wake up refreshed," Fisher said.

Rainy days were an alternative to everyday life. "After Vikette practice when it's raining, I take off my shoes and splash around in the puddles. After being all sweaty at practice, it feels good," sophomore Julie Burns said.

Heavy rainfall made puddles

where students were able to play. The rain was not only for playing in, but to watch while inside. "I like to be in the car when it rains. I especially enjoy watching the windshield wipers and the patterns that the rain makes on the windows," sophomore Sara Vins said.



"My mom makes me walk my dog in the rain. I don't wear a raincoat, and just walk it very fast." Kristina Abadir-9

As temperatures dropped, students received unexpected breaks. Two-hour delays and snow days were the results of inclement weather.

Students planned for snow days. "One time I remember that everyone was saying a big snow storm was coming that night. The weathermen on TV and radio said it. I figured we

wouldn't have school the next day, so I didn't bother to do my homework.

When I woke up the next morning nothing had happened and we still had to go to school. I ended up doing my homework in first period," senior Danny Reese said. Being unprepared put students in awkward positions.

In January, the Blizzard of '96 hit Woodbridge. Because of the snow, school was closed for one week, and two-hour delays followed for everyday of the next week. "I didn't do anything during the break but shovel my driveway and sidewalk," freshman Tony Jaloway said.

Students were faced with changing weather. While rain occurred at any time, snow only occurred during the cold winter season.

by Kimberly Reese

## COME RAIN OR SHINE

*Rain droplets of water, formed in a rain cloud, are shaped like a perfect sphere. These drops join together to make larger drops, which actually fall from the sky in a storm. As the droplets fall through the air, the pressure causes them to flatten out, making them more hamburger bun shaped, unlike the common notion of being shaped like pears.*



Seth Lowery

**A**s he tries to avoid getting wet, junior Dan Lowe jumps into his car. On days forecasted to be rainy, students parked closer to the building, in hopes of ensuring dry travel to the building.



**A**fter reaching her friend's house, junior Anitra Budd tells her parents that she is sleeping over. Friday and Saturday nights were the only time students were able to stay overnight.



Barbara Heritage

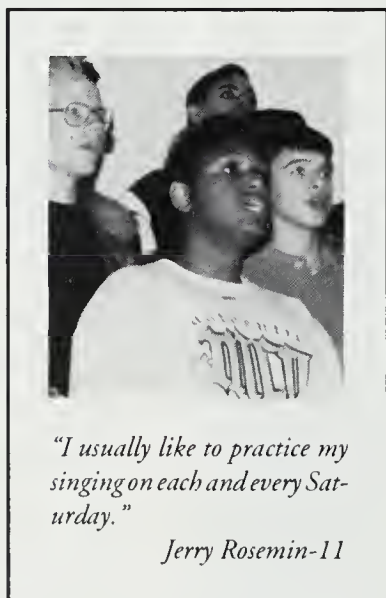
# planned or not, Saturdays offered students a break from the strong currents of the school week

**S**aturdays only come once a week. After five long days of school, students

needed a break from the hustle and bustle of the school week. Just what students did on Saturdays was the question. With over 3,000 students came over 3,000 ways to spend a Saturday.

Saturdays were a day students used to catch up on rest. "I try to make up for all the hours of sleep I missed during the school week doing school work," senior Amit Gupta said. Students sacrificed much needed sleep to stay on top of their course load throughout the week.

Not all students spent their Saturdays indoors sleeping. "Sometimes I like to go surfing on Saturday's. I get up around 2:00 am and go with a friend of mine to this place at Indian Head. The waves are usually really great," junior Joshua Lattin said.



*"I usually like to practice my singing on each and every Saturday."*

*Jerry Rosemin-11*

Students with jobs found work tak-

ing up their Saturdays. "On Saturday's I have morning crew practice at 8 am in the winter. I get up a half an hour before practice starts then I go to practice for about two hours. I

come home eat, shower, and get ready for work. I work at Potomac Mills mall and have to be there around

noon. I get home usually around 8:00 pm. I try to work on my homework for about an hour before I go out with my friends. We usually hang out till around midnight. It's a constant routine," senior Stacey Christopher said.

Before the Saturday really began, students first had to do chores around the house. "Before I do anything else on Saturdays I first do my chores. I have to do

all my chores before I can do anything else. After I finish my chores, I go running and then I make plans for Saturday night," freshmen Chuck DuBois said. Chores to be finished for students who wanted to go out on Saturday nights.

From jobs to just hanging out students found a variety of different ways to spend their Saturdays.

*by Elizabeth Heisey*



*"My Saturdays are usually filled with work or school activity like band or ROTC."*  
*Allison Leckrone-12*

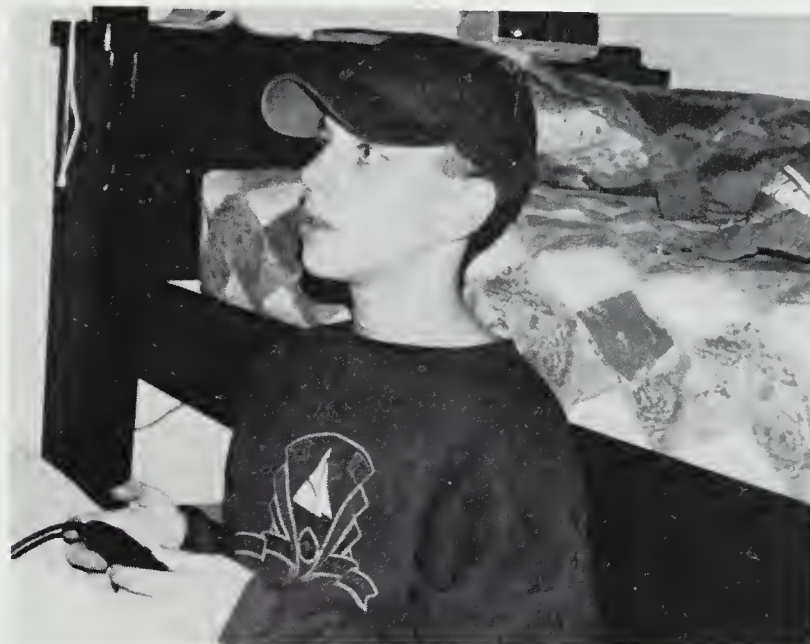




Barbara Heritage

**A**lthough some keys are broken, junior Linda Pak copes with her piano until she can buy a new one. Saturdays provided the time that students needed to unwind and practice.

**W**hile leaning against his bed, freshman, Scott Watkins plays a game of NHL '94 on his Sega. After a long week of school, video games were a good way for students to relax.



Tony Nguyen



Barbara Gryder

**O**n his basement couch, sophomore Matt Howell spends his Saturdays reclining while watching television and chowing down on gummy worms. Saturdays were used to just to relax.



TENSE WITH ANTICIPATION, sophomore Jared Tullo pulls back in preparation for his swing. Against North Stafford, Tullo got a hit which brought Matt Johnston in for a run. Teamwork played a role in the strategy for the game.

STRIKE 3, YOU'RE OUT! Senior Dennis Emison delivers a pitch that strikes out a batter from Osbourn Park. The varsity baseball team had five pitchers besides Emison pitched in first districts and Billy Gorman pitched in second.



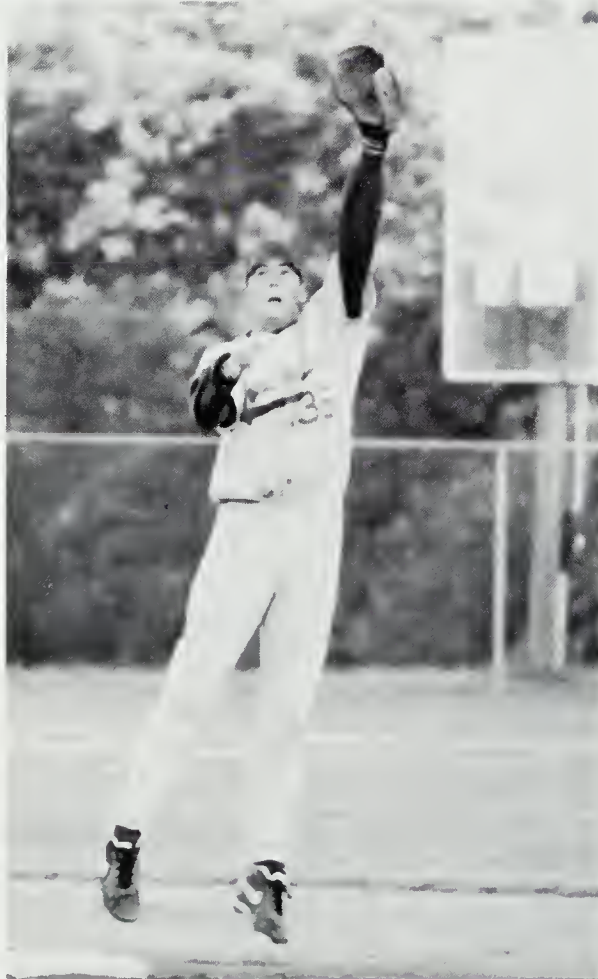
Roberto Santiago



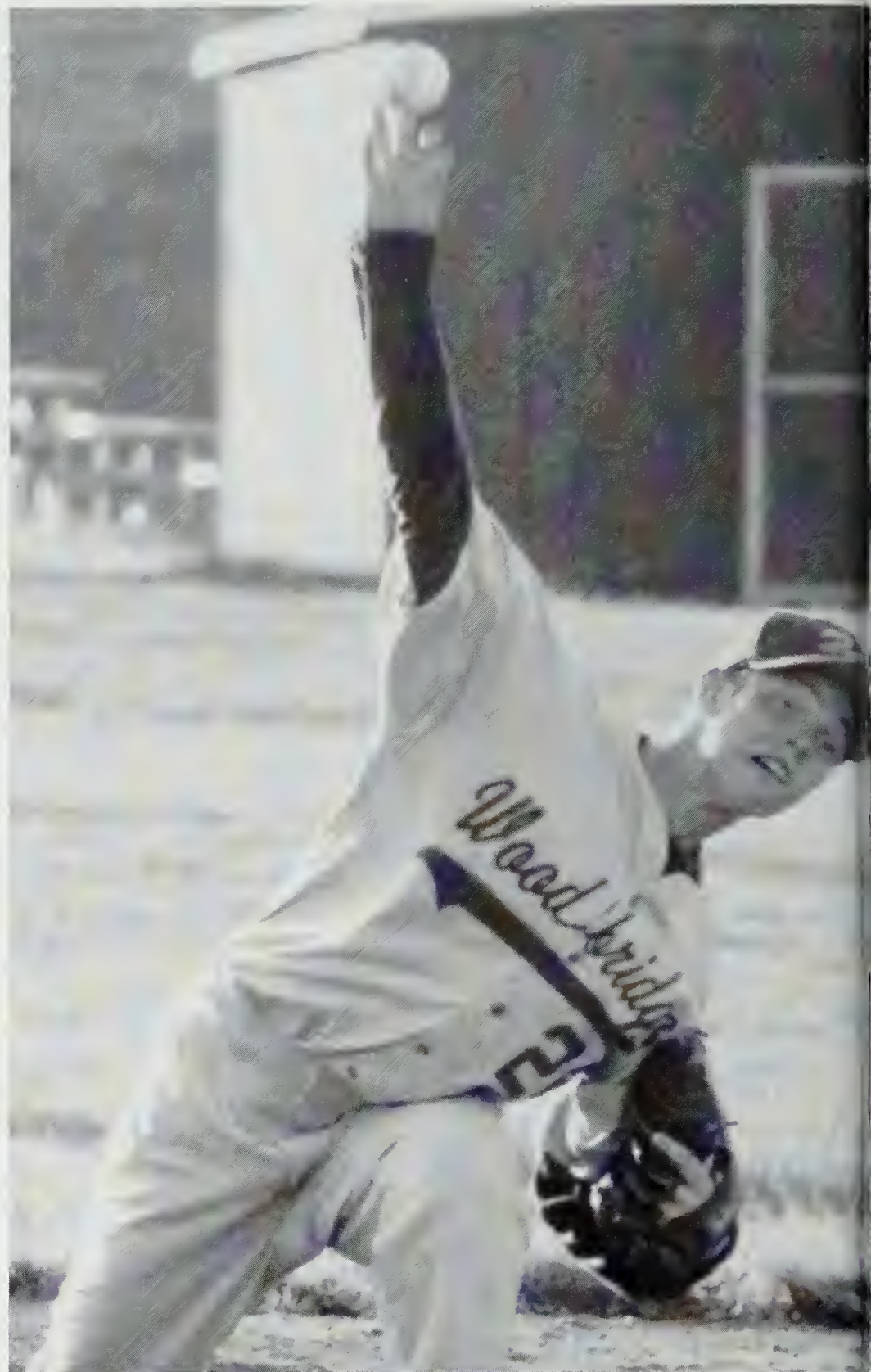
Roberto Santiago

ALMOST HOME! SOPHOMORE JV player Lynn Robbins rounds third base as he sprints towards home after freshman Will Flannagan hit a double. Players usually hit for accuracy to bring in runners, not for power.

IT'S OUTTA HERE! SOPHOMORE Chris Bennett leaps off of third base to catch a ball hit by a player of the Hylton baseball team. Bennett managed to snatch the ball and the batter was out automatically. Woodbridge beat Hylton 4 to 2.



Roberto Santiago



Roberto Santiago

VARSITY			JUNIOR VARSITY		
OPPONENT	W	— O	OPPONENT	W	— O
Hylton	4	9	Hylton	5	4
Osbourn Park	4	5	Osbourn Park	3	1
Stonewall	2	4	Stonewall	9	5
Potomac	4	7	Potomac	0	6
Brooke Point	7	1	Brooke Point	0	9
Annandale	0	10	Annandale	10	5
W. T. Woodson	3	2	N. Stafford	6	5
N. Stafford	6	5	Stafford	10	7
Stafford	13	3	Gar-Field	8	13
Gar-Field	3	14	Hylton	5	2
Hylton	4	2	Osbourn Park	20	17
Osbourn Park	2	1	Potomac	6	10
Stonewall	1	5	Brooke Point	7	6
Potomac	5	7	Stonewall	9	3
Brooke Point	7	4	N. Stafford	5	9
N. Stafford	14	1	Stafford	4	3
Stafford	21	2	Gar-Field	17	16
Gar-Field	0	1	Record	12	5
Brooke Point	5	7			
Record	9	10			



# Strike 3, You're Out

*With Increased Practice Time,  
Teams Prepare for Gar-Field*

It's the bottom of the ninth. With a runner on second and third and Woodbridge down by one run, Senior Barry Gauch steps up to the plate. SLAM! Gauch hits the ball into deep right field, allowing the runners on second and third to run home. Woodbridge wins the game against Osbourn Park.

Gar-Field was the team's biggest contender. "Our last game this season will be against Gar-Field.

Since we lost to them our last game, we really want to win this one. Gar-Field is our biggest rival because some of the guys know players from the other team. It's more personal, so the older guys try to pump us up," freshman Randy Eyler said. The second time the J. V. baseball team played Gar-Field, they won by one run.

The J.V. and Varsity baseball teams recieved increased practice time. "We have improved every

game and have gotten stronger as the season progressed. One reason we're so good is because we practice so much. We practice fielding and ground balls and pop-flies everyday so we can stay on top of things," freshman Will Flannagan said.

Varsity catcher Barry Gauch recieved a scholarship to college for baseball and his coach awarded him with Most Valuable Player.

*by Kim Fisher*



Varsity Baseball *Front row:* Andy Tullo, Jared Tullo, Sean Humbarger, Eric Kennedy, Bryan Gauch, Matt Ttotta; *Middle row:* Dennis Emison, Shaun Greer, Barry Gauch, Matt Johnston, Jason Moss, Aaron Rogozinski; *Back row:* Mr. Richard Hilleary, Justin Husar, Chris Bennett, Reggie Craft, Billy Gorman, John Husar, Mr. Lou Lepore.



J.V. Baseball *Front row:* Cortez Quarles, Brian Krach, Jorge Varutia, Nick Bland, Masa Abe; *Middle row:* Randy Eyler, Jeff Sipes, Lynn Robbins, Nick Leon, Bobby Ferguson, Josh Salzet; *Back row:* Coach Timothy Healy, Billy Gautreau, Kevin Shanahan, David Sigmund, Tom Finn, Will Flannagan, Justin May.



*"We were playing Osbourn Park and I was at third base*

*when a guy hit a hard grounder at me. I dove and caught the ball. On my knees I threw the ball over to first to get the out. That throw prevented O.P. from winning the game."*

*Andy Tullo-9*



AS SHE WAITS FOR THE PITCHER TO throw the ball, junior Macy Price crouches into position and concentrates. After Price waited patiently for the pitch, she hit a single to right field, bringing in a runner on third base. The team batting average was .283.

WITH THE SUN SHINING DIRECT- ly in their eyes, senior Rebecca Murphy and freshman Melissa Bennet try to see the batter through the glare. The setting sun was a problem for the field- ers when they had a 4:00 game after school. Hats and sun- glasses solved the problem.



Roberto Santiago



Roberto Santiago

EYES INTENT ON HER TARGET, SOPH- omore Erin Van Gorder winds up to pitch the ball. Pitchers practiced precise timing in or- der to perfect each throw. They had three main pitches: fastball, curve, and slider. Van Gorder was the only pitcher on the JV team.



Tony Nguyen

VARSITY			
OPPONENT	W	—	O
Potomac	4		1
Hylton	10		2
Osborn Park	8		2
Stonewall	1		0
Mount Vernon	1		0
Brooke Point	3		0
Langley	3		3
Madison	8		1
Jefferson	1		0
N. Stafford	15		0
Stafford	20		1
Gar-Field	5		1
Hylton	1		4
Osborn Park	5		4
Stonewall	4		1
Potomac	9		4
Brooke Point	6		2
Potomac	14		2
N. Stafford	3		2
Stafford	11		1
Gar-Field	2		3
N. Stafford	2		1
Stonewall	1		4
Hylton	4		2
Cave Springs	6		5
Gar-Field	10		4
Centreville	4		1
Record	18		2

JUNIOR VARSITY			
OPPONENT	W	—	O
Osborn Park	8		3
Stonewall	2		7
N. Stafford	6		1
Stafford	16		5
Gar-Field	2		0
Potomac	3		2
Hylton	10		6
Brooke Point	9		11
Osborn Park	4		11
Stonewall	3		1
N. Stafford	12		13
Stafford	5		4
Gar-Field	4		1
Potomac	4		9
Hylton	20		3
Brooke Point	1		0
Record	11		5



# Striking Gold

*Teams Gain Experience Playing on Newly Manicured Fields*

Junior Michelle Matthews stood in the pitching circle and looked at the score, 6-5 Woodbridge. Cave Spring was at bat and had two outs left, so Matthews knew the next pitch had to stop Cave Spring. She pitched the ball and the batter hit a line drive to right field. The fielder caught the ball as the runner left for home. The throw was on target and the runner was out. The game was saved.

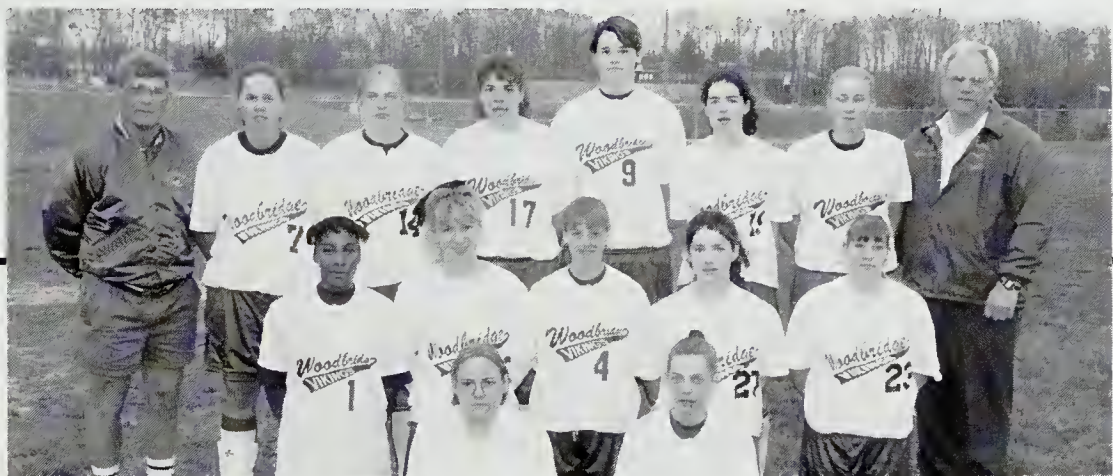
With the recognition that the softball program earned from going to the last two state tournaments, attention was drawn to the quality of their field and equipment. A new field was paid for by the school and the Athletic Boosters. "We just got a new field. We have been needing one for a long time. The texture of the field makes it easier to field ground balls," sophomore Katy Murphy said.

The JV softball team

got a new coach, Mrs. Charlene Owens, who stressed technique and precision. "This year Mrs. Owens has helped me greatly with my hitting by watching me and commenting on my technique. She is very precise in her explanation of what you are doing wrong," freshman Allie Solomon said.

With a score of 6-5, Woodbridge beat Cave Spring and advanced to the State Tournament.

*by Jenny Williamson*



Varsity Softball *Front row:* Rebecca Peavyhouse, Tami Howard, *Middle row:* Nikki Jones, Andrea Lozinak, Melissa Bennet, Katy Murphy, Brandee White; *Back row:* Coach Bill Hurst, Macy Price, Talia Lake, Michelle Matthews, Marty Kaufhold, Rebecca Murphy, Amanda Lewis, Coach Jim Edwards; (not pictured: Stephanie Humbarger)



JV Softball *Front row:* Jill Camuti, Jenny Williamson, Morgan Lynn, Heather Ley, *Middle row:* Julia Wright, Becky Ludwig, Heather Perkins, Allie Solomon, Melissa Milligan, Ellen Stevens; *Back row:* Coach Mrs. Charlene Owens, Erin Van Gorder, Kristen Wolfenden, Tera Lerch, Chrissie Hanson, Jennifer Budney

*"Tryouts were very difficult with the long and tedious ground*

*ball drills and outfield fly balls, and to add to it there were almost forty girls trying out."*

*Morgan Lynn-10*



# Keep Keel

## *New Erg Testing Adds Different Focus to Season*

"Power 10!" yelled freshman Kim Fisher. Grunts and groans were heard from the freshman girls eight but this was a common scene at crew practice. The boats did race pieces to help prepare them to row in regattas.

The aches and pains came from rowing on the water and from testing the rower's strength. An ergometer is a machine that allows rowers to work on technique and power off the water. It tested the

team's aerobic capacity. "Erg testing makes everyone cry. It is 2000 meters of rowing and for the last 500, you can't see straight. They say it is as hard as childbirth, and everybody dreads it. You make a boat based on what your time is, so there is a lot of pressure to do well. We have these tests every two or three weeks," freshman Mary McWilliams said.

The team traveled to Philadelphia for the Stotesbury Cup; the mens

lightweight eight finished in third, and the womans freshman eight placed fourth. They also traveled to New Jersey to race in Nationals.

The final race of the season was NOVAS. The mens crew finished in first, as it's heavy's finished fourth, JV placed first, and the freshmen crew finished third. The womans crew had the freshman eight finishing second.

*by Hilary Hansen*



Girls Crew *Front row:* Laura Williams, Lauren Woodcock, Heather Welsh, Shannon Olguin, Ann Palmer, Jill Houges, Kimmy Reese, Crystal Clarke; *Second row:* Sarah Cole, Sara Vins, Jenni Gray, Leslie Lenyi, Tracee Cook, Cassandra Waddel, Kim Fisher, Erin Lyga, Melanie White, Sarah Falcona, Dawn Wanzer, Katie Erlandsen, Katie Lyng; *Third row:* Elizabeth Heisey, Kerstin Heffner, Heather Johnson, Jennifer Walawender, Sherri Giasson, Stacey Christopher, Mary McWilliams, Emily Jackson, Stephanie Glad, Tara Brennan, Amy Kosiek, Christina Paz (captain), Amy Majewski, Elizabeth Eldreth, Shannon Sing, April Thurber, Jamie Holliday, Sara Lyng, Mary Varrier, Jodie, Reish, Caritta Lee; *Back row:* Elizabeth Bowden, Kelly Ames, Leslieanne Swanson, Lisa Swanson, Rachel Rogozinski, Hilary Hansen, Kristen Danials, Lisa Bellamy, Jessica Buhidar, Jessica Nees, Summar Stewart, Rebecca Woodcock.



Boys Crew *Front row:* Jeremy Urban, Chris Najjum, Mark Delcourt, Mike McGraw, Tony Cantolupo, Ryan Turner, Nick Lamb, Chris Sagers, Matt Smith (captain); *Second row:* Robert Johnson, Jeff Mackinnon, Jim Cowardin, Peter Smith, John Sparks, Rob Varner, Chris Rose, Mitchell Johnson, Robert Karhnak, Sam Gammon, Jim Grube, Chris Esterline; *Third row:* Matt Wesley, Justin Wills, Richard Granger, Danny Wittmann, David Sammuhel, Anthony Bello, Andy Harned, Nick Zizzo, Chris Clay, Tom Huntington, Tom Youngbluth, Charles Gallion, Alexandr Zharinov, Jeff Bass, Mike Saure, Daniel Cleary, Chris Meadows, Scott Jequays, Josh Mayne, Mads Hansen (captain), Dan Brinson, Tom Bishop; *Back row:* Brian Winters, Chris Recla, Danny Reese, Blilly Foshay, Anthony Cerullo, Doug Quaderer, Dustin Farmer, Brodie Freer, Jeff Cuellar, Jeremy McDonlad, Loren Coulter, James Degenova, Alexander Chemerys.

Dawn Moulen



*"It's hard to raise the team's morale when the boat isn't doing too well. It's tough being the team captain because sometimes I have to do the unpopular thing for the benefit of the team. When I tell the girls to take out the chase boat most of them don't listen to me."*

*Christina Paz-11*





WHILE CATCHING HER BREATH, junior Amy Majewski collects her thoughts after placing fifth at NOVAS. Light weight rowers were selected by their weight and small body frame. Rowers that were selected couldn't weigh more than 120 pounds.

AFTER THE WOMENS FRESHMAN eight race at Sandy Run for NOVAS, Head coach Tom Moulen and Coach Michael Heisey discuss strategy and the outcome of the race. More experienced coaches gave advise and compliments on races.



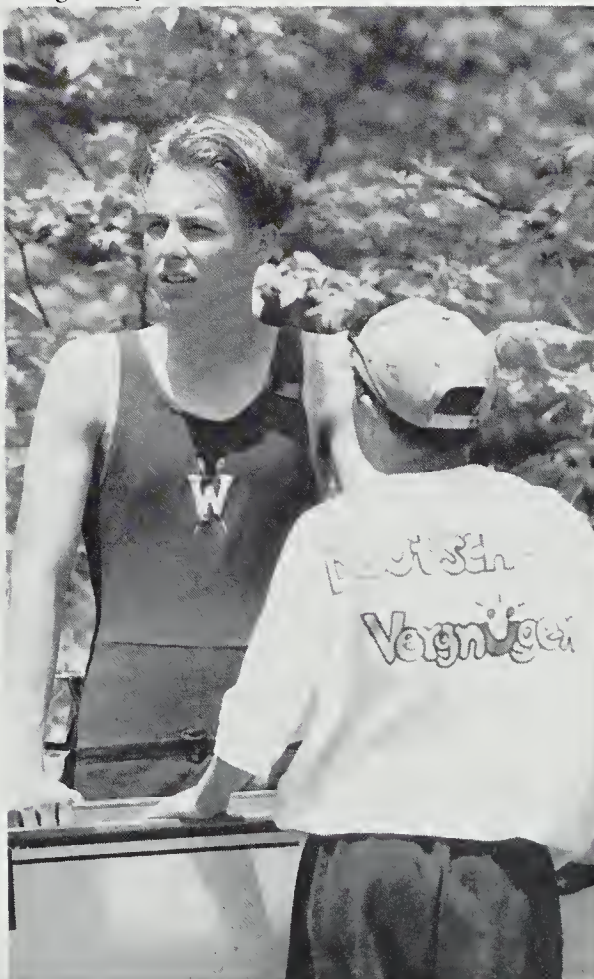
Nellie Enriquez



Bridgit Kelly

<u>Girls</u>	V8/QD	LTW	JV8/4	F8
Cherry Blossom	--	1st	2nd	2nd
GW Invitational	--	4th	4th	--
Sandy Run	3rd	1st	5th	1st
Darrell Winslow	4th	--	6th	2nd
NOVAS	--	5th	3rd/H	2nd
Stotesbury	--	--	5th/S	4th
Nationals	3rd	--	3rd/H	4th

<u>Boys</u>	V8/QD	LTW	JV8/4	F8
Cherry Blossom	1st	2nd	1st	2nd
GW Invitational	4th	1st	2nd	--
Sandy Run	1st	1st	1st	1st
Darrell Winslow	3rd	1st	3rd	1st
NOVAS	4th	1st	1st	3rd
Stotesbury	4th/H	3rd	--	5th/H
Nationals	5th/H	disq.	--	3rd/S



Dawn Moulen

AFTER SCHOOL, THE MENS HEAVY weights try to improve their times. After a warm up, the mens varsity practiced drills such as rowing with their eyes closed and the "pause drill" where they would stop during different parts of the recovery.

AS JUNIOR CHRIS MEADOWS PREPARES for a race at the Darrell Winslow Regatta he helps his teammates make final adjustments to their boat. Some repairs included moving foot stretchers, oiling seats, and moving riggers.



SHIELDING THE BALL IN A scrimmage, sophomore Scott Buchanan runs to the back of the field. He attempted to shield the ball from a defender. The scrimmage was after a warm-up of running sprints and stretching sore muscles.

DURING PRACTICE IN MAY, senior Steve Gress picks up a ground ball while practicing shooting goals. Players were required to practice daily for an hour. They went through 24 balls in a practice. White balls were used in games.



Barbara Gryder



Roberto Santiago



Roberto Santiago

AS THE JV TEAM scrimages, junior Chong Lee shields the ball from freshman David Kaplan while attempting to pass it. Ball control was important in lacrosse, so working to improve it was a priority for players.

VARSITY				JUNIOR VARSITY			
OPPONENT	W	—	O	OPPONENT	W	—	O
Hayfield	17		3	Hayfield	7		6
Stonewall	13		3	Bishop Ireton	5		2
Gar-Field	7		6	West Springfield	3		9
Springfield	5		6	Hylton	9		4
Vinton LC	21		2	Bishop Ireton	1		6
Brooke Point	17		1	Hylton	8		2
Hylton	6		2	Annandale	5		5
Louden LC	27		0	Albermarle	4		2
Gar-Field	11		7	Record	5		2
Osborn Park	21		2				
Albermarle	8		12				
Stonewall	15		0				
Gar-Field	17		4				
Rock Bridge	9		4				
Albermarle	7		8				
Hylton	2		8				
Record	12		4				





# Rock the Cradle

## *Second Place Finish with new Freshmen Tops off Season*

Bodies collide and sticks bang together as players scramble to gain possession of the ball.

Varsity lacrosse ended their season in second place in their division. "The biggest disappointment I had this season was in the final game of the season, against Albermale. We lost and now we are #2 instead of #1. We were emotionally drained after losing the last game," senior Sheraz Choudry said.

Varsity lacrosse concen-

trated on working together as a team. "We have matured a lot on and off the field. We ran the offense better as we got to know each other more," junior Mike Sands said.

Ten of the eighteen JV players were freshman. "I, like most of the other rookies, learned my skills from the Lake Ridge Lacrosse League," freshman John Crutchley said.

The JV players who had not previously played credited their coaching

staff for teaching the team. "Coach Clark and Coach DePalma are not the type of coaches who yell and scream to get their point across. They talk to me on my level to help me understand my mistakes and improve," sophomore Carter Elmore said.

Varsity placed five players on the 1995 ILC All-Star Team, three on the Second Team, and four players earned honorable mentions.

*by Jennifer Sikorski*

**Varsity Lacrosse:** Jonathan Adams, Marc Barriteau, Matt Burton, Chris Choudry, Sheraz Choudry, Scott Claiborne, Brian Cunningham, Earl Ercoline, Jeff Giasson, Steve Gress, Andrew Harrison, Daniel Harrison, Mike Hawk, Christian Johnson, Rusty Johnson, Brent Kincade, Jeremy Lind, Mike Luley, Bradely Nance, Mike Sands, John Weaver, Chris Wilson, Zach Young, John Zarkarskas, Ryan Zell.

**JV Lacrosse:** Kirk Baugher, Scott Buchanan, John Crutchley, Carter Elmore, Chris Ford, Jim Gallagher, Joe Gallagher, Clinton Johnson, David Kaplan, Chong Lee, Damian Lewis, Sal Mondello, Jeremy Seeley, Patrick Sweedock, Chris Thai, Ian Tracy, Reagan Warren, Mike Williams.



*"I wish the school gave us a little more support as a*

*team. We work just as hard as the other teams but we still have to pay \$125 just to be able to play."*

*Chris Thai-11*



DURING THE 4X400 RELAY AT the North Stafford Dual meet, sophomore Alysia Barton passes the baton to sophomore Nicole Miranda. The team had special drills at practice to teach the timing and rhythm needed for a good exchange.

WHILE AT PRACTICE, SOPHOMORE Alysia Barton, freshman Shirley Andorful, and senior Lauren Bayliss, are stretching their quads by doing skips. Drills helped to loosen the runners up so they did not pull anything during practice.



Roberto Santiago



Roberto Santiago

OUT IN THE LEAD, SOPHOMORE Robbie James sprints the first leg of the 400 at the North Stafford meet. Runners started in different positions on the track due to the length of each individual lane. During the race the lanes balanced out.

ON THE WOODBRIDGE TRACK, senior Kennedy Frederick stretches senior Evany Harvey at practice. Runners stretched their legs to prevent soreness and pulled muscles. The team stretched in pairs to get a better and stronger stretch.



Bridgit Kelly



Bridgit Kelly

OPPONENT	G	—	B
Rappahannock Relays	1st		1st
N. Stafford Relays	1st		1st
Stafford Relays	3rd		2nd
Battle Ground Invitational	2nd		1st
Robert E. Lee Invitational	1st		2nd
Districts	1st		1st
Regionals	2nd		4th
States	10th		5th



# IN STRIDE

## *Students Brave Practice and Coach Change for New Season*

The sun slowly disappeared and the moon moved its way through the night sky. "My favorite meet was the Stafford Relays. It was at night and we ran under the lights. Running under the lights was a totally different experience. It made the race seem professional," sophomore Nicole Miranda said. Going to meets, provided the team with the opportunity to experience different racing conditions.

To prepare for meets, runners practiced every-

day after school at 2:45 p.m. "We used to have practice at 2:30 but now it's at 2:45. That gives us time to go home and change or, like we usually do, stand outside the locker room and socialize," sophomore Steve Arnold said. Practice lasted for 2-3 hours on the track.

Since the coaches had different areas of expertise, they rotated work with the athletes that shared their specialty areas. "Even though Coach Rodgers is

our coach, we work with Coach Little and Gojekian. They teach us how to throw our best, two areas that Coach Rodgers can't show us as well," senior Heather Thorstad said. Junior Duane Brown, senior Chris Loucks, sophomore Susan Gibson, freshman Dawn Cleary, and junior Jennifer Isherwood earned coaches awards, finishing the year off in high rankings.

*by Beth Via*



*"We really have improved a lot since last season, mainly*

*because we have a coach that knows how to train us and can relate to us. Plus we are willing to work. We put a lot of time in at practice and run on the weekends to stay in shape."*

*John Simmons-11*



Girls Outdoor Track **Front Row:** Evelyn Stone, Melissa Hunt, Meghan Anderson, Mamie Pekanyande, Deshay Jones Rachel Diaz, Jill Ingram, Debbie Rothlein; **Second Row:** Katie Woodside, Cheryl Heffner, Deanna Thorstad, Caritta Towns, Jennifer McNamara, Lauren Bayley, Heather Thorstad, Fatima Aniteye, Daielle Eure; **Third Row:** E-Manita Dewitt, Shannon Bailey, Lisa Hantjis, Dawn Cleary, Cecila Riek, Amanda Schroeder, Susan Gibson, Melissa Bernacki, Katie McAllister, Cora Webb, Jennifer Isherwood, Autumn Baltimore; **Back Row:** Coach Jim Rodgers, Ernestine Kamanda, Amber Wright, Nicole Miranda, Andrea Littig, Shirley Andorful, Heather Herman, Elizabeth Cowardin, Dominique McLaurin, Alicia Barton, Kerry Daley, Lisa Greiling, Coach Jim Little.



Boys Outdoor Track **Front Row:** Namdi Martin, Mark Davis, Taino Esanison, Delvon McCormick, Jared Stroup, Pat Blake, Evay Harvey; **Second Row:** Kelly Carter, Kevin Libby, Boyd Gunnel, Chris Moisek, Andrew McCary, BJ Lowery, David Lowery, Chris Davis, Doug Windland, Mike Simms, Tony Medaglia, Quincy Donnor; **Third Row:** Leroy Young, Kinsley Menza, Kenny Frederick, CJ Harrell, Robbie James, Vaughn Harrell, Kodi Smith, Frank Suldoni; **Back Row:** Coach Jeff Custer, Pat Todd, John Simmons, Chris Carlsen, Steve Jones, Mike Small, John Simmons, Matt Lehr, Mike Milliken, Chris Louckks, George Jonson, Coach Jim Little.



KEEP YOUR EYE ON THE BALL.. Sophomore Chris Levesque passes another Stafford player as he races towards the goal. Players were taught to keep their eye on the ball instead of the goal so they wouldn't get it stolen. Woodbridge won the game 1-0.

WITH LONG STRIDES FRESH-man Josh Whitham crosses the ball to his far wing man in an attempt to score. Early crosses allowed enough time for oncoming players to shoot the ball without a defender. This allowed a clear shot at the goal.



Roberto Santiago



Roberto Santiago



Olinda Fuentes

AFTER HIS SHOE CAME untied, junior Taly Goode stops in the middle of practice to tie it. It was important for players to make sure that their shoes were tied tight to prevent them from falling or twisting their ankle during practice.

VARSITY				JUNIOR VARSITY			
OPPONENT	W	—	O	OPPONENT	W	—	O
Clover Hill	1		0	Osborn Park	6		1
Manchester	1		2	N. Stafford	4		0
Frank Cox	1		2	Brooke Point	1		1
JEB Stuart	4		0	Herndon	1		1
Osborn Park	0		1	Stafford	1		0
N. Stafford	2		3	Chantilly	3		0
Lake Braddock	1		2	Stonewall	6		0
Stafford	2		1	Osborn Park	1		1
Gar-Field	3		2	Potomac	6		1
Stafford	5		1	Hylton	3		0
Chantilly	2		1	Hayfield	0		0
Stonewall	0		0	Record	7		4
Hylton	1		2				
Potomac	4		1				
Brooke Point	5		0				
Hayfield	4		1				
N. Stafford	3		0				
Osborn Park	0		1				
Record	10		2				



# OFFSIDES

## *Boys JV and Varsity Soccer Teams Score with a new Coach*

The ball flew down the field as freshman Josh Whitham chased after it. A Herndon defender hurled the ball into the air as Whitham jumped up and did a diving header. The ball soared into the goal. The game ended in a 1-1 tie.

The J.V. boys soccer team got a new coach, Mr. Mike Yeatts. "I don't see much of a difference in the way last year's coach Mr. Piepke, and this year's coach, Mr. Yeatts instructs

us. We're a strong team. I think it's the team that makes the difference, not the coach," sophomore Brent Dickens said.

Both on and off the field problems occurred. "In an away game against Stafford one of our student managers senior Shelli Jendrossek developed a sharp pain in her side and had to be taken away in an ambulance. It was pretty exciting. There were lights and sirens everywhere. She turned out to be okay

though," senior Matt Henry said.

Players had special rituals that they did during games. Varsity player sophomore Jay Brinson dropped dimes at the corner flags and at the center of the field. Even though it was illegal, he did this for good luck.

The J.V. boys ended the regular season undefeated and varsity's record was 10-7-2.

*by Elizabeth Bowden*



Boy's Varsity Soccer *Front Row:* Jason Kent, Adam Soos, Ryan Cummins, Aaron Barrett (captain), Jimmy Dutrow Rob Callender; *Middle Row:* Brian Turner, Rowland Iheme, Brian Blackburn, Steve Finney, Jason Helling, John Mumley; *Back Row:* Coach Bill Lanza, Taly Goode, Andy Pillifant, Matt Henry (captain), Ariel Ruejas, Darrell Hoffmann, Jay Brinson, Pat Richardson, Dan Flaherty, Coach Mike Yeatts.



Boy's JV Soccer *Front Row:* Matt Roach, Ben Freer, Kevin Kleinman, Nathan Moorleghen, Chris Levesque, Jeremy Parcels, Brent Dickinson, Kevin McChesney, Coach Mike Yeatts; *Middle Row:* Mitch Lewis, Matt Skeele, Matt Berran; *Back Row:* Hamayon Nazarie (manager), Matthew Van Leeuwe, Errol McEachron, Joshua Mayo, Josh Whitham, B.J. Plummer, Andy Shaw, Spencer Jones, Justin Worrirow.

*"Our toughest test was against Hylton and we look*

*forward to meeting them again this year. The game was extremely difficult but we feel better prepared."*

*Jimmy Dutrow-11*



# Kickin' It

## *Girl's Soccer Dribbles, Shoots, and Scores to a Winning Season.*

A victory shout roared across the field. After 110 minutes, Woodbridge defeated Gar-Field to advance in the state tournament. The Varsity team encountered two forty minute halves, two five minute overtimes and penalty kicks before beating Gar-Field 1-0.

Both JV and Varsity ran everyday in practice to work on cardiovascular endurance. At the end of the year JV ran a total of 35 hills. "The 10 hills we do

on conditioning days are very painful, but it keeps our stamina up so we can stay in the game longer," sophomore Lindsey Rial said.

At the beginning of the season new white jerseys arrived for the varsity team. "The new T-shirts we received are really weird. When we first put them on they fit very well, but once they were washed the neck became huge. Then the shirts seemed to expand, which made it

very hard to keep them tucked in," senior Brandy Stevens said.

The season began with a two game tournament. "The trip to Virginia Beach was a good chance for us to play teams we wouldn't play until states," sophomore Laurie Samuels said.

Using endurance, JV ended the season with 8 wins and 1 loss, and Varsity won 12 games and lost 5.

*by Meggan Curtin*



Girl's Varsity Soccer *Front row:* Jennifer Mosakewicz, Brandy Stevens, Terri Greer, Jeannett Ostergaard, Kim Newell, Alexa Raimondi; *Middle row:* Angie Santiago, Rene Fox, Allison Keehan, Joy Justice, Laurie Samuels, Kelly Gray; *Back Row:* Coach Rob Benson, Page Henry, Shannon Farrell, Susan Lutes, Michelle Couch, Kelley Curtin, Beth Portell, Jena Moorleghen, Coach Mark Chmelko.



Girl's JV Soccer *Front row:* Allison Sautkulis, Laurie Watson, Stacy Slonaker, Brooke Parker, Lynley Intellini; *Middle Row:* Kim Nevitt, Alicia Johnson, Kristen Nicosia, Nicole Whitfield, Carrie Forgas, Casey Powell, Connie Foster; *Back Row:* Coach Rob Loftus, Sara McCrary, Beth Pedigo, Lindsey Rial, Shae Northrup, Jennifer Looney.



Bridgit Kelly



*"My worst game this season was the game against*

*Hylton. The girls were bigger than us and they played very dirty. They cheated a lot and won unfairly."*

*Kristin Nicosia-9*



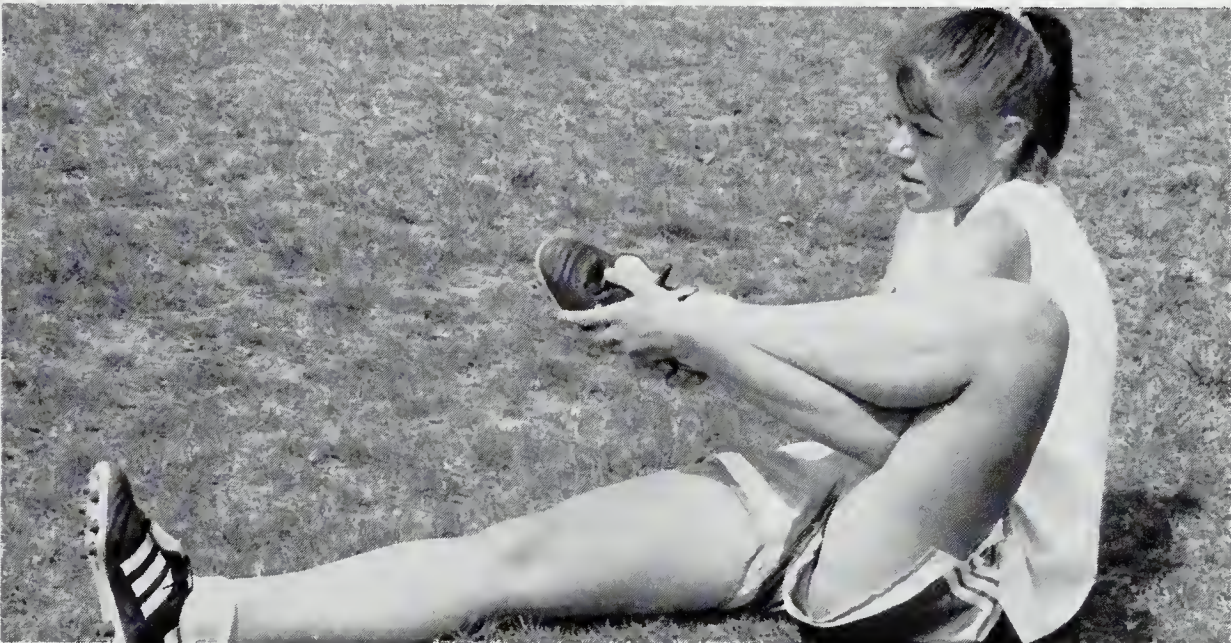


AS THE BALL IS PASSED TO HER, sophomore Alexa Raimondi swings her leg back in preparation to kick it. Players swung their legs back to help them put more force on the ball and helped it propel forward to a farther distance.



AS THE BALL SAILS TOWARDS HER, freshman Stacy Slonaker prepares to catch the ball. Goalies had to bend their knees to get better height when catching the ball. Practicing goal keeping ensured steadiness during the games.

Bridgit Kelly



Bridgit Kelly

#### VARSITY

OPPONENT	W	—	O
Kempsville	2		0
First Colonial	5		0
Osborne Park	2		2
N. Stafford	4		0
Hylton	2		0
Osborne Park	2		3
Stafford	8		1
Gar-Field	2		3
Stonewall Jackson	12		1
Annandale	1		1
Hylton	1		3
Gar-Field	3		3
Potomac	9		1
Brooke Point	5		0
Stonewall Jackson	4		0
Stafford	4		0
E. C. Glass	12		1
Gar-Field	1		0
Hylton	1		2
Cox	0		1
Record	12		6

#### JUNIOR VARSITY

OPPONENT	W	—	O
Lake Braddock	3		0
Osborne Park	6		2
N. Stafford	5		0
Brooke Point	2		0
Stafford	4		1
Stonewall	11		0
Osbourne Park	2		0
Annandale	1		0
Gar-Field	2		0
Hylton	1		3
Record	8		1

S-T-R-E-T-C-H! SOPHOMORE Page Henry grabs her foot to begin stretching. Stretching ensured players of a less chance of hurting themselves during games or practices. Coaches advised players to stretch before any competition.



# Rack Up Points

*With New Spectators, Boys Tennis Serves up Another District Title*

"Pop... pop... pop..." went the sound of the tennis ball as it was smacked back and forth across the court. Eyes shifted from left to right, fixed on it. The match had begun.

Each player on average used nine different balls in one match and about thirty six in a game. The team lost over fifty balls last year alone. "A lot of people don't play tennis because of the price factor that is involved. Between court fees, about fifteen

dollars an hour, buying a racket, around a hundred dollars, and shoes also are about a hundred dollars," junior David Terill said.

To support the team, spectators watched the matches. "The funniest thing about tennis is watching the parents watching their kids play because their heads keep going back and forth," junior Matt Trotta said.

Boys tennis gained awards for their playing. They were number one in

the district undefeated and second in the state. Junior David Terill was the number one player. "Normally a tennis team will have a few great players who pull the team through. But we have several good players that compliment each other like Jason Nevitt and Jeff Gotherman, who make the perfect doubles team," senior Derrick Wafford said.

The team finished with a record of 8-2.

*by Bill Grandy*



Boys Tennis *Front row:* Jason Wild, Jeff Gotherman, Derrick Wafford, David Terill, Jason Newitt, John Deaton; *Back row:* Coach Lewis Forrest, Tommy Parker, Rutherford Berry, Tom Huisking, Billie Camuti, Ben Erdtmann



Roberto Santiago



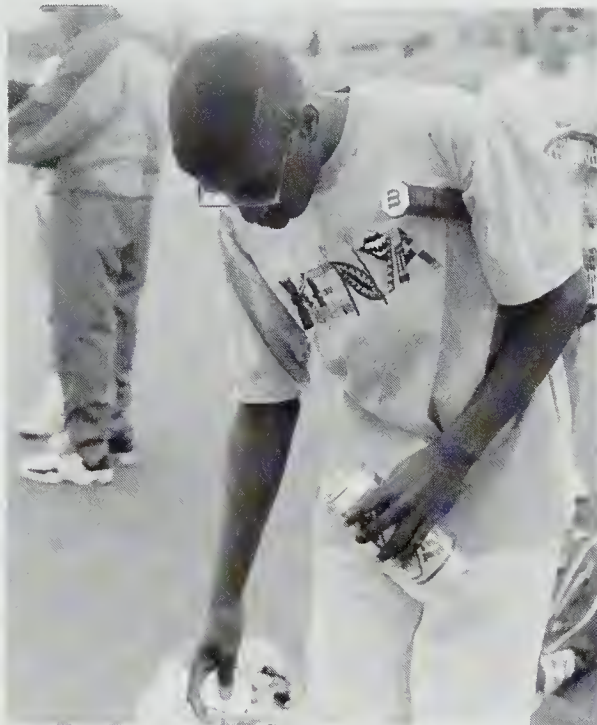
*"It's too bad that people usually don't go to tennis games much, but if you go to regionals or states, the competition gets really good. It's really exciting to watch."*

*Heather Danforth-11*





WITH A RACKET IN HAND, junior Jeff Gotherman practices his forehand stroke. During practice, team players hit over five hundred strokes and used at least two rackets for each match in case one broke.



BEFORE PRACTICE STARTS, SENIOR Derrick Wafford reaches down to get a tennis ball so that he can start playing. Tennis balls were frequently lost. Each player used nine different balls in one match and about thirty six in one game.

Roberto Santiago



Roberto Santiago

OPPONENT	W	—	O
Stafford	7		2
Brooke Point	4		3
Gar-Field	6		3
Hylton	6		3
Potomac	5		4
Stafford	6		3
Brooke Point	7		2
Gar-Field	7		2
Hylton	4		5
Potomac	4		5
Record	8		2



Roberto Santiago

WITH AN UPCOMING MATCH against Hylton, junior Jason Wild puts practice time on the courts to make sure that he is ready for his game. Practice was essential in order for the team to keep their record of undefeated in the district.

"ALL WORK AND NO PLAY.." A tennis ball on the other side of the net, junior Jason Newitt is fooling around during practice. Having fun on the courts relieved stress and let the players take a break from their practicing.



# Ne Mangez Pas Trop

## Crepe Parties Attract Members

**M**embers of the French Club and French Honor Society attended "cultural experiences" where they prepared and ate crepes.

Crepes were thin pancakes topped with fruit and ice cream. They were then rolled into triangles. "At the last meeting, we had a bouche de noel. It's a dessert made with chocolate and it's very rich. That party was fun because a lot of people were there," senior

Krissy Tonnesen said.

Students attended the parties to eat and experience the French culture. "There was a lot of food and it was good. We have fun speaking French. Somebody took a picture of Mme. McDow taking a huge bite of bread. It was so funny, I almost wet my pants," junior Claire Johnson said.

The French Club was open to all students taking French, but the Honor Society recognized students who ex-

celled in the language.

"I was very surprised when I found out I'd made it into the French Honor Society. It made me happy because I'm a French freak and since I'm a senior it looks good on college applications," senior Claudia Vargas said.

The purpose of the club and the honor society was to learn more about the French culture. "It is fun because you can get together and experience different elements of the

French culture. It's better than French class because you have more time to practice and exercise what you learn," senior Chrissy Smith said. "The club is not as formal as class and you get to meet people from all different grade levels that you've never met before," junior Chris St. Germain said.

The French Club and Honor Society tied in fun with learning by watching movies and having parties.

*by Kim Tupper*



Barbara Heritage

**I**t doesn't get better than this! Junior Steffany Yamada adds powdered sugar to blueberries on her crepe. The French Club made crepes to encourage new membership.



Tony Nguyen

## It's Elementary



French Club President, Senior Jamie Kutchman had her hands full. Her duties included planning activities, keeping club records and dues, and planning crepe parties. Kutchman had been taking French since her eighth grade year.





Looking up, junior Ruth Wilshire pauses a minute as she began to butter her roll. One of the activities of the French Club was to eat lunch at Cafe Rochambeau in Occoquan.

Left hands reach toward the red circle on Twister. Sophomore Mike Kutchman and juniors Chris McGuire and Claire Johnson wait in anticipation for the next move.



## Culture Shock

The French Club provided an opportunity for students to experience French culture. Members met after school to participate in crepe parties and watch movies. Students in French III with an A average in French and a 3.0 G.P.A were invited to join the French Honor Society.



French Honor Society *Front Row*: Chrissy Smith, Colleen Karnas, *Middle Row*: Jennifer-Anne Isherwood, Megan Rossi, John Blair, Kevin Bull, Amelia Vernon, *Back Row*: Claudia Vargas, Stephanie Yamada, Stephen Brown, Doris Kolovos, Tirzah Schaefer



French Club *Front Row*: Nicole Whitfield, Vatchara Vajirapinyo, Chris St. Germain, Ashley Rinehart, *Second Row*: Lisa Hale, Caryn Stroup, Claudia Vargas, Chrissy Smith, John Blair, Kevin Bull, Amelia Vernon, Holly Baker(Secretary), *Third Row*: David Kaplan, Robert Kutchman, Scott Baker(Vice- President), Huma Zaidi, Jamie Kutchman(President), Tricia Dooley, Leighann Holmes, Thomas Polon, Baisakhi Roy, Judi Marshall, Tanya Polon, *Back Row*: Joseph Rodriguez, Erica Selavka, Chris Maguire, Stephanie Yamada, Stephen Brown, Shannon Lynn Bailey, Lucie Durand, Julie Foxworthy, Nicole Towle



**F**reshman Becky Sluys pours the powdered sugar as sophomore Dawn Cleary mixes the icing. Herr Jon Rose provided the icing ingredients and students signed up to bring candies.

**A**fter school, junior Terri Greer and senior Sicely McCants join the German club to plan Valentine candy sales. They charged 75 cents for a blow pop, a chocolate heart, a handful of kisses, and a card.



Bridgit Kelly



Bridgit Kelly



Jon Rose

**T**he German club crowds around the food table at Locust Shade Park. They feasted on Brotwursts and other german cuisine at the Oktoberfest after school.



*"At the Oktoberfest we had a large picnic. I really liked the Brotwurst because it tasted like sausage, but more spicy."*

*Daniel Barger-11*

## Sticky Fingers

The German Club focused on activities which included many participants. The Oktoberfest at Locust Shade Park had a one and a half mile hike, the Volkesmarch, and a Brotwursts dinner. Previous to the holidays, members built Gingerbread houses. All funds were raised through the sale of Advent calendars and candy.



# Sprechen Sie Deutsch

## Members Immerse in Culture

**S**tepping back to admire her gingerbread house, made of candy, gooey white icing and graham crackers, sophomore Heather McConnell decides where to put the finishing touches. The German club sponsored activities that any German students could participate in.

The Oktoberfest was held at Locust Shade Park on October 24. "At Oktoberfest, there was volleyball, German

singing, a Volkes march and Brotwurst. I went because I wanted to give my support to the club. Oktoberfest is a widely celebrated German holiday. We won the Oktoberfest for the first time in four years this year," senior Chris Plummer said.

The German club participated in fundraising. "We sold candy to pay for our trips and Oktoberfest. We sold candy and advent calendars for Christmas, and helped organize ex-

change programs with Germany in the spring," junior Sicely McCants said.

Eligible students could also be in the German Honor Society. "Service work is a prerequisite to the honor society. They must have a G.P.A. of 3.0 and present certification of at least 10 hours of pre-approved community service. This could include tutoring other German students," Herr Jon Rose said.

The Vogues Convention was held in March at Parkview High School in Sterling, Virginia. "We attended workshops about German culture. The instructors taught us how to make potato pancakes and waltz. We played games in the Olympische Kunst Gallerie," sophomore Paul Medaglia said.

The German Club allowed students to learn more about German culture.

*by Jennette Schorsch*

### It's Elementary



Sophomore Becky Ludwig won the Gingerbread House competition. Her masterpiece was built with gingerbread, icing, and candies. Ludwig actively participated in the Oktoberfest and volunteered to bring items for activities.

### German Club Members

Alexiea Agee  
William Bacon  
James Bailey  
Daniel Barger  
Tommy Bishop  
Elizabeth Bowden  
Monique Brown  
John Butcher  
Taneisha Chisolm  
Dawn Cleary  
Aaron Erkkinen  
Leah Erkkinen  
Dion Freeborn  
Terri Greer

Thomas Higham  
Clinton Johnston  
Victoria Kalmus  
Caroline Kent  
Pamela Kent  
Kimberly Kuhn  
Rebecca Ludwig  
Sicely McCants  
Heather McConnell  
Shaun McDonald  
Nicole Miranda  
Sandy Motyleski  
Hamayon Nazarei  
Christopher Plummer

Douglas Quaderer  
Sara Roach  
Nicole Sames  
Deanna Seward  
Trevor Sexton  
Katherine Skeelee  
Becky Sluys  
Joel Sluys  
Bradley Sorrel  
Erin Wendorf  
Justin Wills  
Candice Zeitz  
Herr Jon Rose,  
Sponsor





Spanish Honor Society *Front Row:* Stephanie Zerkow, Jocelyn Park, Kristin Buckstad, Jill Inskeep, Casey Powell, Joy Justice, Katy Murphy, Chris James, Rebecca Greenberg, Maggie Piczak, Kristin Legore, Sean Urban; *Second Row:* Tara Brennan, Nancy Rosenow, Angie Gress, Jenni Gray, Cristina Bull, Rebekah Donahue, Lindsay Northup, Kim Newell, Lili Castilla, Jessica Maddox, Jim McCharen; *Third Row:* Colleen Gray, Amanda Schroeder, Suzanne Stewart, Christine bohannon, Todd Yoho, Chris Johnson, Sara Dail, James Cyphers, Kui Trease Lafaxe, Derek Luther; *Back Row:* Crystal Clarke, Qasim, Cheema, Emily Anne Jackson, Sara Lyng, Claire Fontenot, Andy Pillifant, Brian Richards, Gerardo Portela, Heather Herman, Mike Millikin, Jeff Giasson, Kym White, Benjamin King.



Spanish Club *Front Row:* Jessica Maddox, Darrell Thomas, Erick Salmeron, Mayte Santamaria, Ena Marquez, Griselda Pena; *Middle row:* Susan Burdett, Kanna Yamada, Shannon Stocks, Jennifer Newell, Megan Simpson, Heather Herman, Claudia Padilla, Mrs. Kate Dail; *Back Row:* Sandra Zepeda, Cheryl Char, Tiffani Harris, Rick Windsor, Rugas Ariel, Fabricio Gallo.

## Doin' Hard Time

The Spanish Honor Society tutored once a week in FL09 to Spanish students of lower levels. Students had to meet academic standards to be accepted. The Spanish Club met once a month to have parties, watch movies, and learn about different countries. Membership was available to all students, regardless of what foreign language they were taking.

Once a week, Senior Kurtrease LaFate and other Spanish Honor Society members meet to tutor spanish students. LaFate tutored sophomore Ryan Turner on Tuesdays.



Barbara Gryder



# Enseñando a otros

## Advanced Members Tutor Fellow Students

**J**unior Cristinia Bull throws her bookbag to the floor of FL09 as she sits to tutor Spanish students. This occurred once a week as she took time out to help fellow students. Bull's day after school had begun.

The main focus of the Spanish Honor Society was tutoring. "While it's nice to have recognition for something, there isn't much purpose to being a member of any honor society if you're not do-

ing anything with that knowledge. This is why tutoring is so important. It only takes about 45 minutes a week, so it's not much of a hassle," junior Jill Inskeep said. Tutoring was available students in Spanish I and II on Tuesdays and Thursdays after school.

Honor Society members tutored to help prepare them for graduation and college admission. "I tutor so that I can get my cord for graduation and it looks

good for college. It's good to be able to help someone out," junior Jocelyn Park said.

The Spanish Club discussed Spanish culture. "At our meetings, we learn about different countries and their beliefs. It's cool to learn about different cultures and their customs," junior Jenni Gray said.

Any student could join the Spanish Club whether they took the academic class or not. To join the Spanish Honor Society, stu-

dents had to maintain a 3.0 G.P.A and at least one A as a final grade in Spanish. Honor Society hopefuls were required to pledge the studied progression of Spanish.

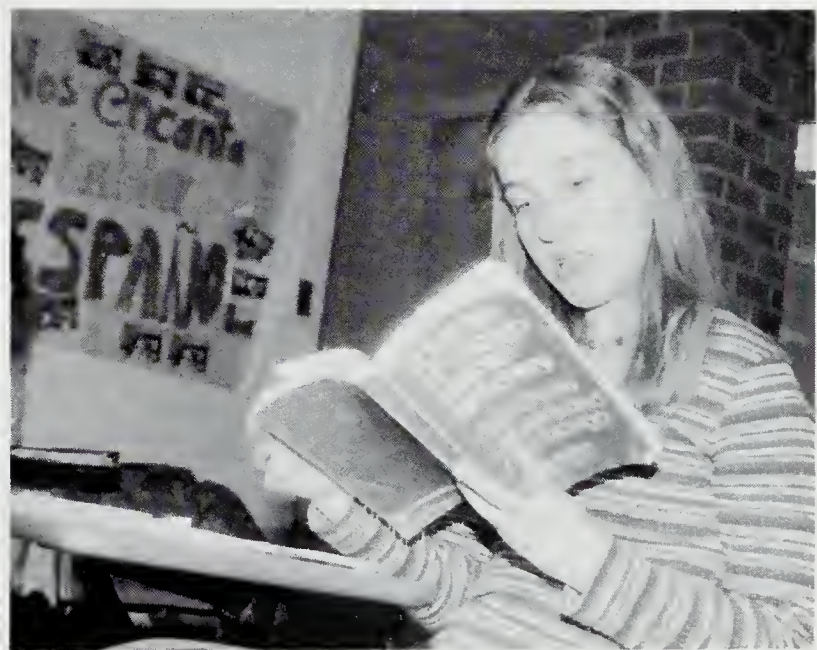
The Spanish Club had parties and cultural experiences throughout the year where students made Spanish dishes.

Spanish Honor Society and Spanish Club students took time out to learn and comprehend another language.

*by Brad Leiby*



Barbara Gryder



Barbara Gryder

**A**fter school, senior Sarah Lyng gives Freshman Kathleen Davis help during Spanish tutorial. An activity bus was available for those students who needed a ride after studying.

**T**o obtain a graduation chord, Spanish Honor Society student, junior Kara Artz must tutor at least five times a year. Spanish tutorial helped those struggling with the language.





Black Ink Society *Front Row*: Peter Graham, Brad Nance, Richard Freer, Katrina Bielefeldt, Heather Herman; *Second Row*: Jason Moss, Matt Trotta, Aukna Helling, Kim Newell, Lindsay Northup, Andrea Littig, Jim Outrow, Matt Hicks; *Third Row*: Meredith Weaver, Jeremy Lind, Sean Urban, Laura Harris, Noah Peery, Jamie Kutchman, Kym White, Danielle Rubbernecky, Karden Kelly, Melanie White, Lauren Woodcock; *Back Row*: Andy Pilifant, Tom Youngbluth, Sam Gammon, Chris Meadows, Alison Keehon, Kevin Fanagan, Nicholas Zizzo, Michelle Looney, Jeff Giasson, Rob Callender

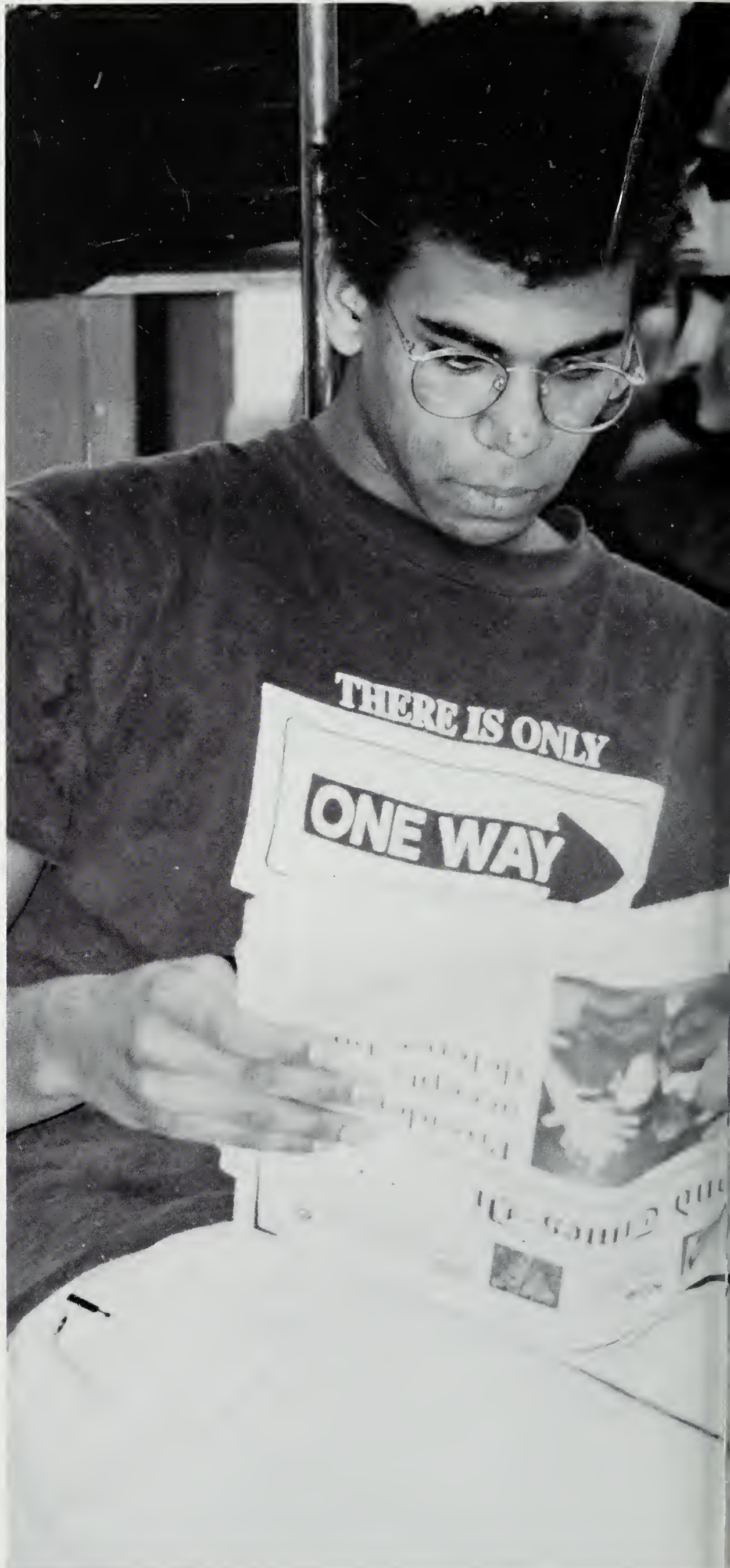
## International Club Members

Edina Adam	Nikolai Konunuchenko
Matt Crane	Lydia Mobika
Mekhla Darshan	Ena Marquez
Lucie Durand	Ariel Ruejas
Miguel Guerrero	Anne Christine Starbaek
Lucius Kahng	Darrell Thomas
Stella Kalinind	

## Stay Tuned

Black Ink Society met Mondays after school and discussed current events, sponsored by Mr. Bud Hearne. The International Club met Thursdays and talked of foreign cultures and affairs.

**I**ntently studying articles found in the Richmond Times-Dispatch, senior Jason Weddington reads up on world affairs. Members of the Black Ink Society discussed current events.



Barbara Heritage



# Smudgy Fingers

## Interested Parties Sift Through Information

**S**team was looming in the air as the students crowd about inside the cluttered room. Each student tossed ideas into the discussion of events during the meetings of the Black Ink Society and the International Club.

Black Ink Society and the International Club welcomed new members. The two organizations had separate functions but were similar to each other.

The goal of the Black

Ink Society was to broaden students viewpoints on controversial topics. The members discussed world wide current events. Using sources such as television and newspapers, members talked about their own personal views on certain topics. "The Black Ink Society is not supposed to be just a formal way of socializing. It is intended to provoke thought in the individuals and not to promote any single view," junior Sean Ur-

ban said.

The International Club congregated on Thursdays after school. The organization met to converse on affairs and cultures of the world. The majority of the club was made up of foreign students but was open to all. The members talked about issues having to do with other countries. The idea behind the club is to enlighten students of foreign culture and ideals. "I joined the International Club because I

thought it would be a good experience to improve my sense of tolerance, respect, and patience for other countries and cultures," senior Lucie Durand said.

The clubs focused on open conversation to stimulate thinking by discussing events and issues presented to us in today's society. The Black Ink Society and International Club both had meetings to share ideas and to discuss them.

*by Bill Grandy*



Barbara Heritage



Harry Miller

**W**ith information in hand, senior Laura Harris shares her paper with senior Kym White. The two Black Ink Society members mulled over ideas portrayed in the article after school.

**A**ttention! Seniors Lucie Durand and Kanna Yamada introduced themselves to the first meeting of the International Club. The Club welcomed all students to join.



# Wet 'n Wild

## Beauticians Win With Style

**L**ocks of hair fell to the floor as senior Jen Schuller gave her customer a trim. Cosmetology students offered services to students, faculty, and residents of Lake Ridge.

The Cosmetology department trained students to become licensed cosmetologists.

In the fall, students attended a Vocational Industrial Clubs of America competition in Richmond, Virginia. The team of seniors

Latisha Rowe, model, Jennifer Schuller, makeup, and Shalonda Patterson, hair stylist, placed tenth in the Live Model Contest.

"I modeled makeup done by Jen Schuller and hair done by Shalonda Patterson. We came in tenth place out of 22 schools," senior Latisha Rowe said.

Junior Carol Mai placed second in the Mannequin Styling Contest. Senior Jennifer Gross took fourth place and juniors

Michelle Houchins and Kellie Smith took sixth and seventh places respectively. Cosmetology students from Virginia competed in hair and makeup categories.

The Cosmetology department offered students a chance to get experience for future careers in the field. "I'd love to pursue cosmetology. I strive to make people beautiful and it's something I enjoy doing," senior Shianne Elliott said.

Cosmetology gave

students a chance to be creative with hairstyles.

"I get ideas for hairstyles in magazines and then I alter the styles and add my own personal touches to make it unique," senior Alisha Sowells said. Students used mannequins to experiment with the different elements of beauty.

Students learned skills and techniques to professionally apply makeup and to produce modern hairstyles.

*by Kim Fisher*

Dawn Moulen



Cosmetology *Front Row:* Hamida Shafiq, Carol Mai, Melody Merrill, Monica Bernea, LaPorshia Washington, Netosha Wilson, Mrs. Debra Myles(Sponsor); *Middle Row:* Kellie Smith, Latisha Rowe, Alisha Sowells, Sarah Wilson, Jennifer Gross, Shalonda Patterson, Cheryl Heffner, Eva Javins, Susan Lopez; *Back Row:* Attilah Jenkins, Tammy Kelly, Kristi Franker, Colleen Barry, Shameka Williams, Tia Harris, Kriszy Carter, Jennifer Wimple.

## It's Elementary



Cosmetology I student, junior Carol Mai, won second place in Every Day Wear at the V.I.C.A. contest. Cosmetology I and Cosmetology II students attended. Mai eventually expects to earn her license in cosmetology.





**S**trike a pose. Senior Jen Schuller applies a line of brown eyeliner to senior Latisha Rowe's upper eyelid. Shuller chose a color which would compliment Rowe's brown eyes.

**T**ake a little off the top. Junior Sarah Wilson practices a new style as she trims the wet hair of a mannequin. Learning how to cut hair was a focus for cosmetologists



Dawn Moulén

## Hairy Situations

Cosmetology was a three-period class. It taught students how to cut, color and perm hair; how to apply manicures and facials; the science of skin care; and retail and salon management skills. Cosmetology students took appointments Monday through Friday from 8 a.m. to 2 p.m.



*I like to style hair and be creative.*

*Cosmetology lets me be unique.*

*We usually style mannequin's hair, but it's fun to style real hair.*

*Jennifer Wimble-10*



Bridgit Kelly

**A**nd pull! Senior Jennifer Gross uses a circular brush to straighten her mannequin's hair. Brushing while blow drying helped to make curly hair a little straighter.



**A** loud crack echoes through Fair Lanes Bowling Alley. Junior Melanie Agosta signed, "Yes!" as her pins fell. The Club met for Silent Bowling November 30.

**A**fter school November 30, junior April Davis and Ms. Jill Burns sign about a mutual acquaintance. The club met to practice Christmas carols signed for elementary schools.



Sean Tracy



Sean Tracy



Sean Tracy

**W**ith her hands in constant motion, club sponsor Ms. Jill Burns encourages members to keep signing. While Silent Bowling, students used their hands, not their voices.



*"At our Silent Suppers, only signing or using pen and paper is allowed. If we use our voice at all, we have to pay a dime."*

*Ryan Pick-12*

## Bridging the Gap

The Sign Language Club aimed to make people more aware of the hearing-impaired. They acted as interpreters and attended programs and performances to educate them about the language. Silent activities allowed club members to put their skills to use and also interact with the hearing-impaired in Lake Ridge.



# Silence is Golden

## Interaction Connects Worlds

**S**ilence engulfed the room. Fingers and hands flew rapidly into a series of gestures. Members relayed their experiences to the Sign Language Club...without speaking a word.

Interaction with the hearing-impaired community in Lake Ridge helped to get club members involved with society. "I go two days a week to local elementary schools and teach kids sign language. I'm working as an

interpreter for *Sleeping Beauty*, a play at the Pied Piper Theater in November," senior Kristen Legore said.

At meetings, club members put their signing skills to the test. "Mrs. Burns, our new sponsor, is hearing-impaired. It's different than learning from a hearing teacher. There's a struggle to communicate. When we talk to her, we sign. This especially gives new people experience and helps them feel more com-

fortable out in the community," senior Michelle Dowdy said.

Not only did the club interpret performances, they watched them as well. "We went to a dance performance on Galladet Campus. There was dancing and singing with sign language," junior Nikki St. Germain said.

In May, music filled the hallway outside the cafeteria. "For the past two years the Sign Language Club has partici-

pated in Deaf Awareness Week and we have signed songs in the upper lobby during lunch," senior Stephanie Feindt said. Feindt increased student awareness of the hearing-impaired by acting as an interpreter in the school.

Learning sign language allowed club members to communicate with people in the community with whom they normally would not be able to interact.

*by Jennette Schorsch*

## It's Elementary



Junior Kim Walker conducted Sign Language Club meetings and contributed to every activity in which the club participated. Since Walker is hearing-impaired, club members were able to put what they learned to practical use.



Sign Language Club *Front Row:* Chrissie Hansen, Julie Baker, Roger Stewart, Ryan Pick, Renee Brown; *Second Row:* Nicole Garing, Amanda Boyle, Jen Gray, Liz Cowardin, Nikki St. Germain, Melanie Agosta, Alicia Brown, Shannon Stocks; *Third Row:* Ms. Burns(sponsor), Shannon Farrell, Melinda Sykes, Melissa Ritenour, Sabrina Rude, Scott Baker, Shannon Bailey, Kim Whitlock, Kimberly Walker, Lisa Mitchem, Tara Boudreaux; *Back Row:* April Davis, Kara Belcher, Katy Murphy, Ashley McKelvy, JJ Parker, Kristen Woolfenden, Liz Underwood, Mandy Nelson, Frank SalDana, Tanaisa Rainey



# Busy Bodies

## Artists Combine Talents

Scarlet, pine, taupe, and carnation pink. Crayons were scattered all over the table. Art Club members colored waxy pictures and painted over them to create a layered effect.

To be a member of the Art Club, a student did not have to be taking an art class. Students joined art club because they were inter-

ested in creativity.

Working with the Drama Club, members completed scenery for plays and a float for Homecoming. "The Art Club constructs the backdrops for the plays, such as *Get Witch Quick*. It's fun because we sometimes have parties after we have achieved a major accomplishment," junior Brian Crowley said.

"The banners, back-

drops, and posters reflect our hard work together. My favorite part of the Art Club is being able to work together and the pride I have after I have put forth my best creative effort," junior April Thurber said.

Decorations were made to celebrate upcoming holidays. "The Art Club works on projects for Christmas. We made hand-

stitched ornaments made of fabric. We are assigned a specific project for each week. I'm not a very good artist to begin with, but I have fun," junior Eddie Alexander said.

"The students in Art Club usually do a project using the materials the art students had used in class that day," sponsor Mrs. Cheryl Sagers said.

by Casey Powell

Dawn Moulen



Art Club *Front Row:* Helen Peeler, Steve Brown, Ed Grimm, Brian Crowley, Neal Hobson, Mrs. Sagers; *Back Row:* Michelle Lohr, Beth Tomchek, April Thurber, Brian Karnbach, Laila Grimm, Lena Burke, Stephanie Gleichsner.

## It's Elementary



Junior Billy Lindsey invested his time in the Art Club. Lindsey attended meetings on a regular basis. He designed a mural and a poster for the play *Get Witch Quick*. Lindsey created flats, posters, and banners.





**W**hat next? Junior Ed Grimm speculates which color to use for his artwork. Members of the Art Club stayed after school to put their ideas down on paper.

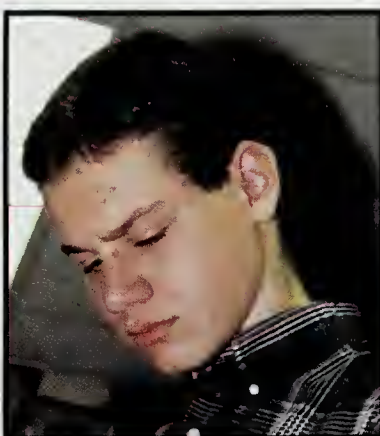
**S**wish. As his brush sweeps over the backdrop board, sophomore Jeff Knapper creates a scene for *Get Witch Quick*. Members created advertising for school activities.



Dawn Moulen

## Expand the Spectrum

The Art Club, sponsored by Mrs. Cheryl Sagers, provided opportunities for creative individuals. The club made back drops for plays and aided in the design of the Homecoming floats. They were assigned a specific duty each week and were allotted time to complete the project. The Art Club focused on group effort.



*"The Art Club has made posters for the Drama Club. We do free paintings, where we choose an object and draw it."*

Steve Brown-11



Dawn Moulen

**I**n the art room on a Tuesday afternoon, sophomores Leila Grimm and Beth Tomchek put the finishing touches on their artwork. They applied paint on top of crayon.



Senior Elizabeth Heisey tightens the nuts on the cropper. Pictures were cropped to indicate the right shape and size to fit layouts. As People Editor, Heisey assisted staff members with pictures.



Barbara Gryder

## Staff Designs Chronicle of Year

The room buzzed as people ran around completing layouts. Frequent deadlines meant rushes of activity for staff members. With only four experienced staff members, the yearbook staff included 34 new faces.

Over the summer, 22 staff members went to camp in Gettysburg for

five days to learn yearbook basics. "The coolest thing about camp was Chelsea Clinton. The staff got together and took a picture of us on top of the secret service car," junior Brad Leiby said.

The addition of two computers and submission of copy-ready materials allowed the staff

to see the finished product. However, problems arose with the use of new equipment. "The first deadline was hectic because only one computer worked and the printer took forever," junior Kara Artz said. Yearbook members were at school working until two in the morning trying to meet

the first deadline.

Working to produce the yearbook was a learning experience for the students involved. "I've never taken any publications class before, so it was very eye-opening to see the work that goes behind the finished product," junior Olinda Fuentes said.

*by Kim Tupper*

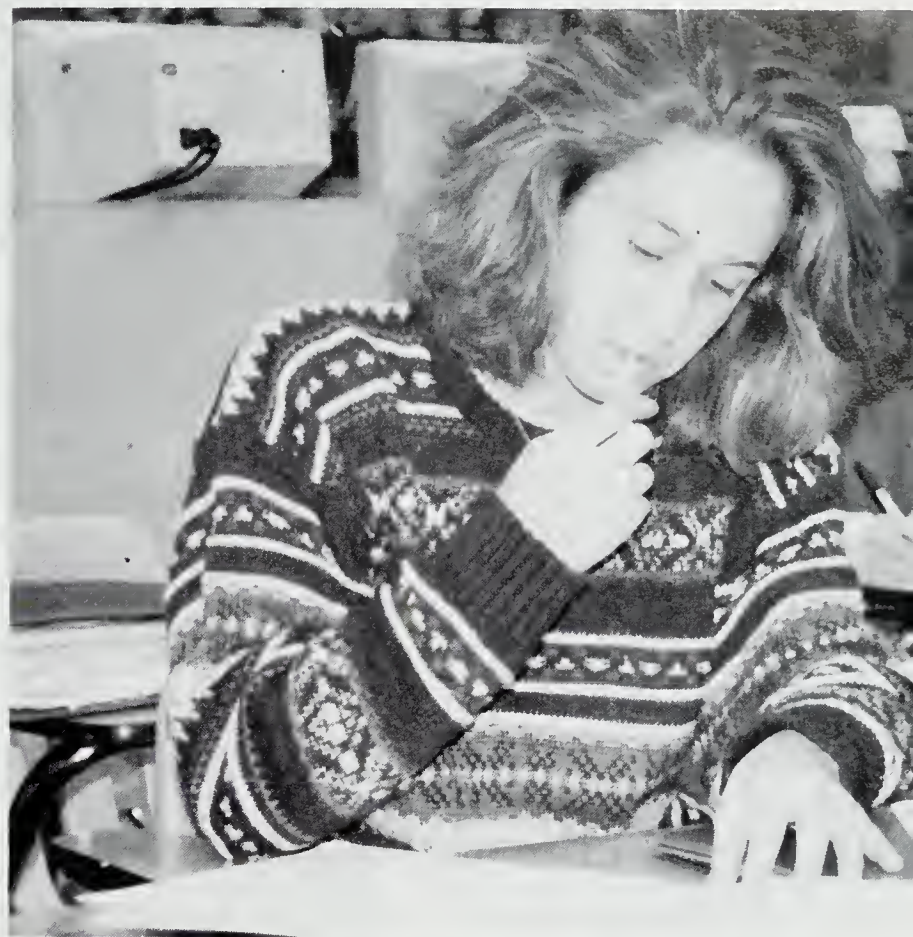




Tony Nguyen

As she begins her copy outline on varsity football, senior Jessica Nees consults fellow staff members for ideas. Staff members brainstormed together to take advantage of each other's strengths.

After school in the yearbook room, sophomore Jeanette Schorsch works on her copy for the Sign Language Club layout. Staff members often stayed after school to finish last minute details before the deadline.



Tony Nguyen



Yearbook *Front Row* Elizabeth Heisey (*People Editor*), Kimberly Reese (*Type Manager*), Meggan Curtin, Kim Fisher, Julie Foxworthy (*Editor-in-Chief*), Jenny Williamson, Beth Via, Dawn Cleary; *Second Row* Tirzah Schaefer (*Academics Editor*), Nicole Lapp (*Organizations Editor*), Cheryl Greenway, Kim Tupper, Kara Artz (*Editor-in-Chief*), DeAnna Thorstad (*Business Manager*), Barbara Gryder (*Photography Editor*), Bridgit Kelly (*Photography Editor*), Olinda Fuentes, Jill Inskeep (*Student Life Editor*), Mrs. Dawn L. Moulen (*Adviser*), Mr. Andrew Stanley (*Assistant Adviser*); *Third Row* Harry Miller, Tony Nguyen, Barbara Heritage, Casey Powell, Hilary Hansen, Mary Gilhooly, Shannon Olguin, Cecilia Riek, Jennifer Sikorski (*Type Manager*); *Back Row* Loren Coulter, Chris Blok, Sean Tracy, Bill Grandy, Elizabeth Bowden, Seth Lowery, Brad Leiby (*Sports Editor*), Jennette Schorsch, Katie McAllister, Jessica Nees; Not pictured: Lisa Bellamy (*People Editor*).

## AWARDS

*Virginia High School League*

1st Place;

Savage Award

*National Scholastic Press Association*

All American, 4 Marks  
of Distinction

*Southern Interscholastic Press Association*

All Southern

*Columbia Scholastic Press Association*

Not returned by Judge

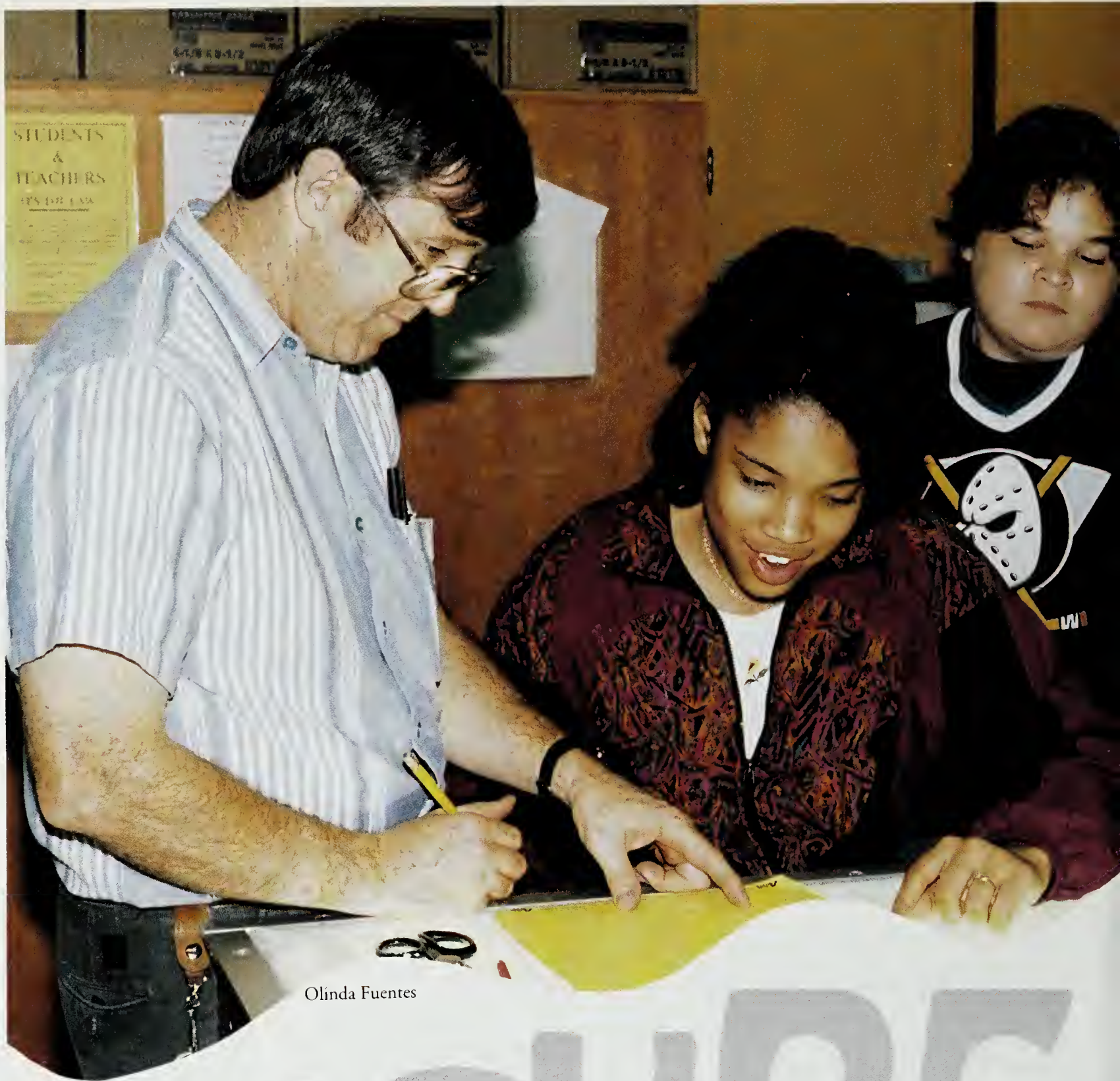


Tony Nguyen

Black and white film. Junior Barbara Heritage fills out information on a film bag. Pictures were sent to Segall Majestic by Lifetouch for developing. Photographers filled out a form with their name, date, and type of film in order to match pictures and layouts.



Graphics Communications teacher Mr. Allen Main explains the process of flat-making to freshman Ashley Taylor. Flats were negatives designed to be printed onto paper. Students also printed pictures.



Olinda Fuentes

## Computers Bring Change to Design Classes

sounds of computer keys clicking and scissors snipping filled the room. Students designed geometric shapes on the computer. They put them together to see the results of their work first-hand.

"I took drafting because I took technical drawing last year and was pretty good at it.

We get to work on computers, so we don't have to do any work by hand," junior Marti Kaufhold said.

As a twist on traditional design, drafting students used a new computer-assisted-design laboratory, or CAD, to complete their assignments. "This is the first year we have

had a CAD lab. We are now capable of incorporating traditional table-drafting with the advanced capabilities of CAD," Mr. Mike Pallo, drafting teacher, said.

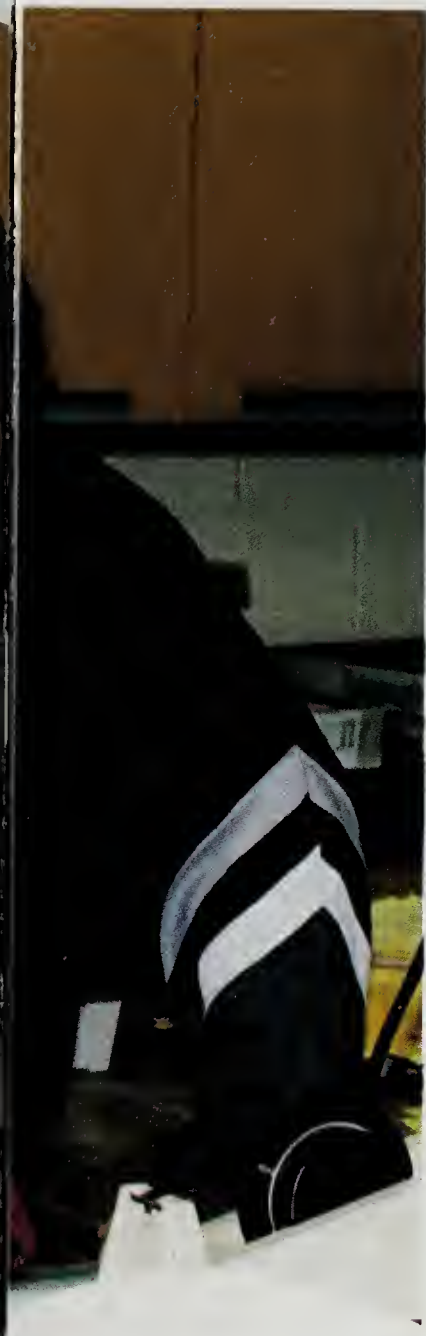
Students in Mr. Pallo's class worked together with Mrs. Rose Lee's interior design class to build and furnish the Foundation

House. This house in Manassas was built by students from around the county.

Students from interior design used the information they learned in class to help them pick out furnishings for the house, which was put on the market and sold when it was ready.

*by Jenny Williamson*





Tony Nguyen

Graphics Communications teacher Mr. Allen Main explains the process of flat-making to freshman Ashley Taylor. Flats were negatives designed to be printed onto paper. Students also printed pictures.

Main floor, 1000 square feet. Senior Donald Brown organizes his thoughts for a design project in Mr. Mike Pallo's fourth and fifth period Drafting II class. Computers assisted students with their designs.



Bridgit Kelly

*"In Graphics Communications we learn to use the McPaint and McDraw programs on Apple Computers. We also process film in the dark-room. We make flats, which are negatives which we use to print on paper."*

*Lisa Bond-11*

*"We're working with the Prince William Education Foundation to furnish the 'Foundation House.' We pick out carpeting, tile, kitchen cabinets, lighting, and all furnishings. Then it is put on the market and sold."*

*Ms. Rose Lee*



Bridgit Kelly

Senior Chris Ferguson uses the computer to design his drafting project in Mr. Mike Pallo's Drafting II class fourth and fifth period. The assignment was to design his dream house using the new Computer Assisted Design program known as CAD.





While waiting for the printer, senior Huma Zaidi tries to finish her reading assignment, but doesn't get far. Sleeping time was sacrificed to prepare each issue. One average 40-60 hours were spent completing layouts for each paper.

Sean Tracy

# WRITE ON

## Staff Pulls All-Nighters, Wins Awards

The staff sat impatiently among the students at Virginia High School League. "Mrs. Webster" projected through the room and shouts erupted from the staff. Mrs. Anne Webster, adviser of *The Valkyrie*, received the Jefferson Award for her dedication to journalism.

*The Valkyrie* staff de-

creased by 16 members. As a result, each staff member had additional responsibilities.

The staff spent hours after school to meet impending deadlines. "It was the night before the October issue and at the last minute staff members brought two ads for me to lay out. I was up until midnight doing

them," junior Andrea Flanagan said.

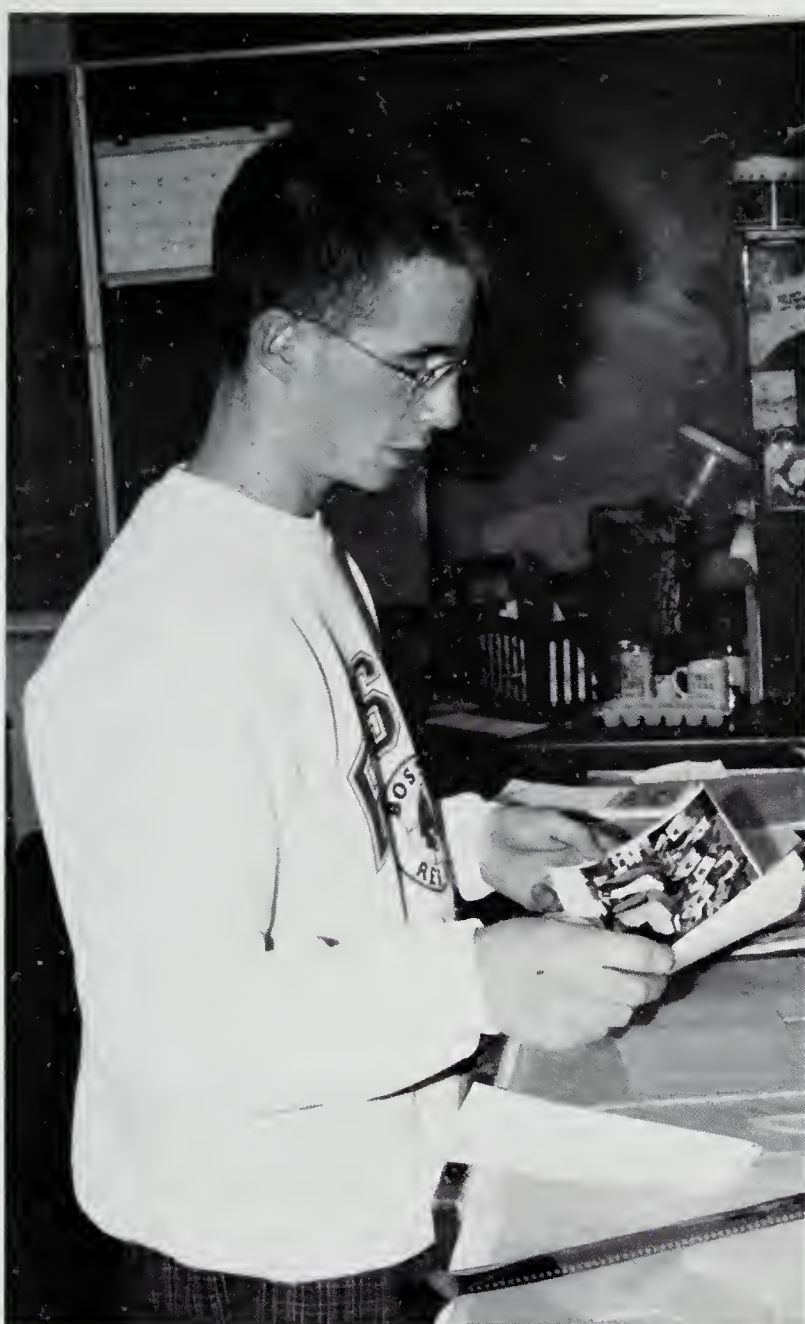
Editors used the centerfolds to expose students to issues which impacted society. "Since October was Domestic Violence Awareness Month, our centerfold was about domestic violence. The staff handed out purple ribbons with every

newspaper," senior Jamie Kutchman said.

They received treats for their work. "After a hard day's work we are all very ravenous, and thanks to Katy Murphy, Monday nights during layouts we get free pizza from Papa John's," junior Lindsay Northup said.

by Beth Via





Sean Tracy

Examining two pictures of choir students, senior Jonathan Zarkauskas decides which one to use for the November issue. As co-editor of photography, Zarkauskas took, developed, processed and printed pictures for each issue.

Typing away on the computer, senior Michelle Looney settles in as she edits the features for the September issue. *The Valkyrie* had eight Macintosh computers, but only one printer which caused a back up for every deadline.



Sean Tracy



Newspaper *Front Row*: Jonathan Zarkauskas (*Photo Editor*), Christian Wilson (*Sports Editor*), Andrea Flanagan (*Advertising Manager and Paste-up Editor*), Lindsay Northup (*Copy Editor*), Kara Belcher (*Arts and Entertainment Editor*), Ashley McKelvy (*Photo Editor*); *Middle Row*: Huma Zaidi (*Editor-in-Chief*), Jamie Kutchman (*News Editor*), Michelle Looney (*Feature Editor*), Katie Murphy (*Feature Editor*), Khilia Robinson (*Circulation Manager*), Mrs. Anne Webster (*Adviser*); *Back Row*: Knute Broady (*Editorial-Opinion Editor*), Steve Finney (*Business Manager*), David Alvarey (*Sports Editor*), Brian Richards (*Editor-in-Chief*), Nicholas Zizzo (*Managing Editor*).

## AWARDS

Virginia High School League  
National Scholastic Press Association  
Southern Interscholastic Press Association  
Columbia Scholastic Press Association  
Quill and Scroll

Trophy Class  
All American  
All Southern  
Gold Medalist  
George H. Gallup



Barbara Gryder

With the story idea deadline approaching, seniors Jamie Kutchman and Brian Richards, junior Knute Broady, and senior Kara Belcher brainstorm for topic ideas to use for the December issue of *The Valkyrie*. Staff looked for original ideas.



# HANDY

## Experience Provides Practice

As students looked through goggles at the instruments in front of them, the directions for the hands-on lab were nearby. Precise calculations and following procedures were essential for accurate results.

Instructors required students to wear goggles during labs for protection. "When you follow directions, you will get correct results and will not get hurt because usually the directions have safety precautions," sophomore Sharon Cetel said.

No matter how careful students were, accidents occurred in labs. "While working on an organic compound lab,

I spilled some buret reagent on my hand and I was worried that it would corrode my hand. I ran to the sink to wash it off. My lab partners, Jamila and Stephen were laughing," sophomore Beth Schu said.

Art and drawing classes required students to master tactile skills to convey expressions. "In drawing, you have to be exact more than creative. In fine arts, you have to be able to make drawings look realistic," sophomore Aubrey Poe said.

Automotive mechanics gave students a historical view of the automobile, its basic construction, operation

and regulations. Shop safety was introduced, including how to use and take care of the tools. "I like to work on brakes because it's easy. We take them apart and put them back together," sophomore Joe Canavan said.

Students received hands-on experience as hair stylists in the cosmetology salon, using the skills they learned in class. "I like to blow dry and curl because it's easier. Most of the time, we fix manequins' hair," sophomore Kiszzy Carter said.

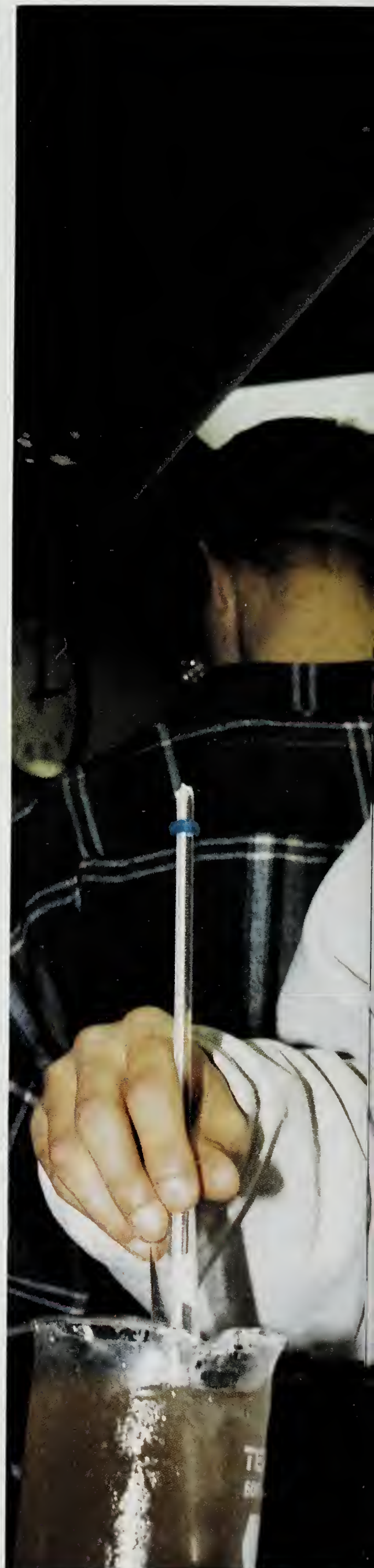
Hands-on activities gave students practical experience.

*by Cheryl Greenway*

In the Auto Lab, junior Jeff Sipes remembers to wear his safety glasses as he removes a tire from the lab truck. Students were required to wear their safety glasses for protection. He removed the tire to rebuild the caliper for the brakes.



Dawn Moulen



Olinda Fuentes





To find the freezing point and boiling point was one of the objectives for the chemistry lab sophomore Shaun Brown was completing. He measured the temperature of the substance to find the freezing and the boiling points.

During Mr. Walter Piepke's seventh period art class, junior Amanda Bowles uses pastels to draw a portrait of a man for her assignment. She blended natural colors of brown, yellow, and green together in her drawing.



Olinda Fuentes



Dawn Moulen

While rollersetting a mannequin's hair, senior Humida Shafiq picks up a hair pin from the counter of the cosmetology salon during sixth and seventh periods. Hands-on practice in the salon gave students styling experience.



# IMAGINE

## Publication Displays Creativity

The sound of tapping filled the room as pens pressed down on paper. The occasional grind of a pencil sharpener rattled the air. The *Eddas* staff worked to get writings, music, and artwork ready for publication in the calendar and literary magazine.

The *Eddas* staff met every Thursday after school. Members reviewed each piece of work students submitted. "I like that *Eddas* is solely student-organized. It's a lot less formatted than other publications," junior Kristine Curran said.

"To prepare artwork, for publication, stu-

dents photograph it on slide film. The images are scanned to a photo CD. They are then processed using *Adobe Photoshop*. The computer files are run on a Linotronic directly to film and then from film to printing plates. By doing that, we skipped the printer's halftone process which is expensive," Mrs. Cathy Hailey, adviser, said.

"When I do a piece of work, I do it more for myself than anyone else, but every now and then it's so special that I can't help but share my feelings," junior Noah Peery said. Peery submitted poetry.

Publications were sent to state and national press associations to be judged. The judges evaluated magazines on writing, design, art, and photography. "The competition is stiff, we worked hard and it paid off," junior Anitra Budd said.

*Eddas* won All American from National Scholastic Press; an All Southern from Southern Interscholastic Press; Silver Medalist from Columbia Scholastic Press; First Place from Virginia High School League; and Merlin's Pen Bronze Award.

by Bill Grandy

Barbara Heritage



Bridgit Kelly

In the library, sophomore Jocelyn Park and junior Barbara Heritage spend extra time after school working on layouts. These layouts were for the *Eddas* calendar.

Around the light table, seniors Aneesah Cooper, Jim Grube, Mickey Fong and Morgan Pace review slides of artwork to place in the *Eddas* calendar. Fong was Editor-in-Chief.

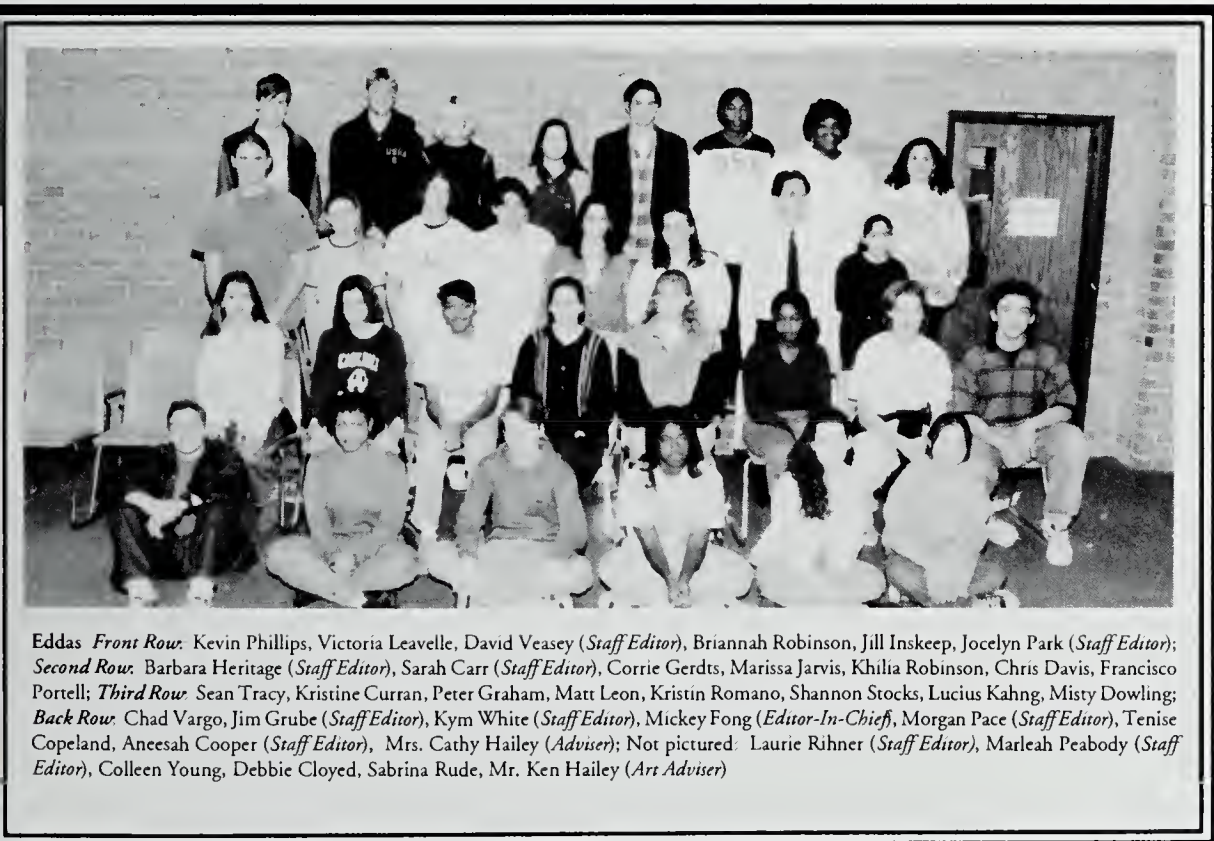


Barbara Heritage





Here is that green marker? Senior Aneesah Cooper searches for a marker to finish her poster. It advertised for students to create and submit art for publication. Staff members created their own advertising materials for contests and submissions.



**Eddas** *Front Row:* Kevin Phillips, Victoria Leavelle, David Veasey (*Staff Editor*), Briannah Robinson, Jill Inskip, Jocelyn Park (*Staff Editor*); *Second Row:* Barbara Heritage (*Staff Editor*), Sarah Carr (*Staff Editor*), Corrie Gerds, Marissa Jarvis, Khilia Robinson, Chris Davis, Francisco Portell; *Third Row:* Sean Tracy, Kristine Curran, Peter Graham, Matt Leon, Kristin Romano, Shannon Stocks, Lucius Kahng, Misty Dowling; *Back Row:* Chad Vargo, Jim Grube (*Staff Editor*), Kym White (*Staff Editor*), Mickey Fong (*Editor-In-Chief*), Morgan Pace (*Staff Editor*), Tenise Copeland, Aneesah Cooper (*Staff Editor*), Mrs. Cathy Hailey (*Adviser*); Not pictured: Laurie Rühner (*Staff Editor*), Marleah Peabody (*Staff Editor*), Colleen Young, Debbie Cloyed, Sabrina Rude, Mr. Ken Hailey (*Art Adviser*)



## Up

**T**he smell of sulfur seeped into the hallway during lunch signaling a trash can fire by the weight room. The fire was extinguished quietly with no damage done. Administrators sounded the fire alarm once a month. Students braved the elements to participate in the routine fire drills.

November 16, students were detained in third period for 90 minutes when Prince William County Police brought in K-9 teams to search the school and parking lots for weapons and illegal substances. A small amount of marijuana was recovered from a student's locker.

In a heated race, Democrats took possession of the Virginia House of Delegates while Republicans tried to take over the Senate.

Tempers flared when Brentsville's baseball team drew a sign called "The Well" in the opposing team's batter-box. They did this for superstitious reasons. The symbol was later found to be racist. The assistant coach Mr. Matt Ondrof, who allegedly knew the meaning, was suspended one year without pay and was unable to return to Brentsville.

When the smoke settled April 19 on the Federal Building in Oklahoma City, over 1,000 people were injured and 169 died. The bomb, fired from a yellow Ryder Rental Van, reduced nine floors on the north side of the building to rubble. Police continued to investigate while rescue workers searched for victims.



John B. King





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#### SPARKS FLYING

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Her crown glistening with light from the fireworks, senior Sarah Izaguirre hugs Bobby Lowery, a family friend after the announcer gave her name as Homecoming Queen. Despite the rain, fans still attended the October 20 game. According to schedule, the addition of fireworks at half-time sparked new spirit in the festivities. The six fireworks fountains on the field were set up by Mr. Albert Smith. Mr. Smith got his experience working with wiring and fireworks at Sea World in Texas. There, he helped assemble the fireworks show that took place every night. His expertise added to the total presentation.

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# I N A FLASH

---

A

nticipation of a new schedule for their final year caused juniors to get fired up. Guidance counselors prepared them to plan for the change. Four by four scheduling meant students would have eight classes instead of seven throughout the year. Students would take four classes each semester. Students scheduled for classes in February.

Juniors were not all teamed for American Studies I and English. The scheduling had caused computer conflicts.

Juniors went to guidance in November to get information about college, SAT's and an outline for the year ahead. Juniors attended college night at Gar-Field on October 24 after taking PSAT's that morning.

Due to the construction of a new elementary school at the edge of school grounds,

parking became a commodity. Only juniors on athletic teams could get parking permits, so students carpooled with friends.

Students worked at local fast food restaurants, shops, businesses and stores in Potomac Mills Mall to help pay for gas and car insurance. Juniors took weekend jobs so they would not interfere with school work, clubs and sports practices.

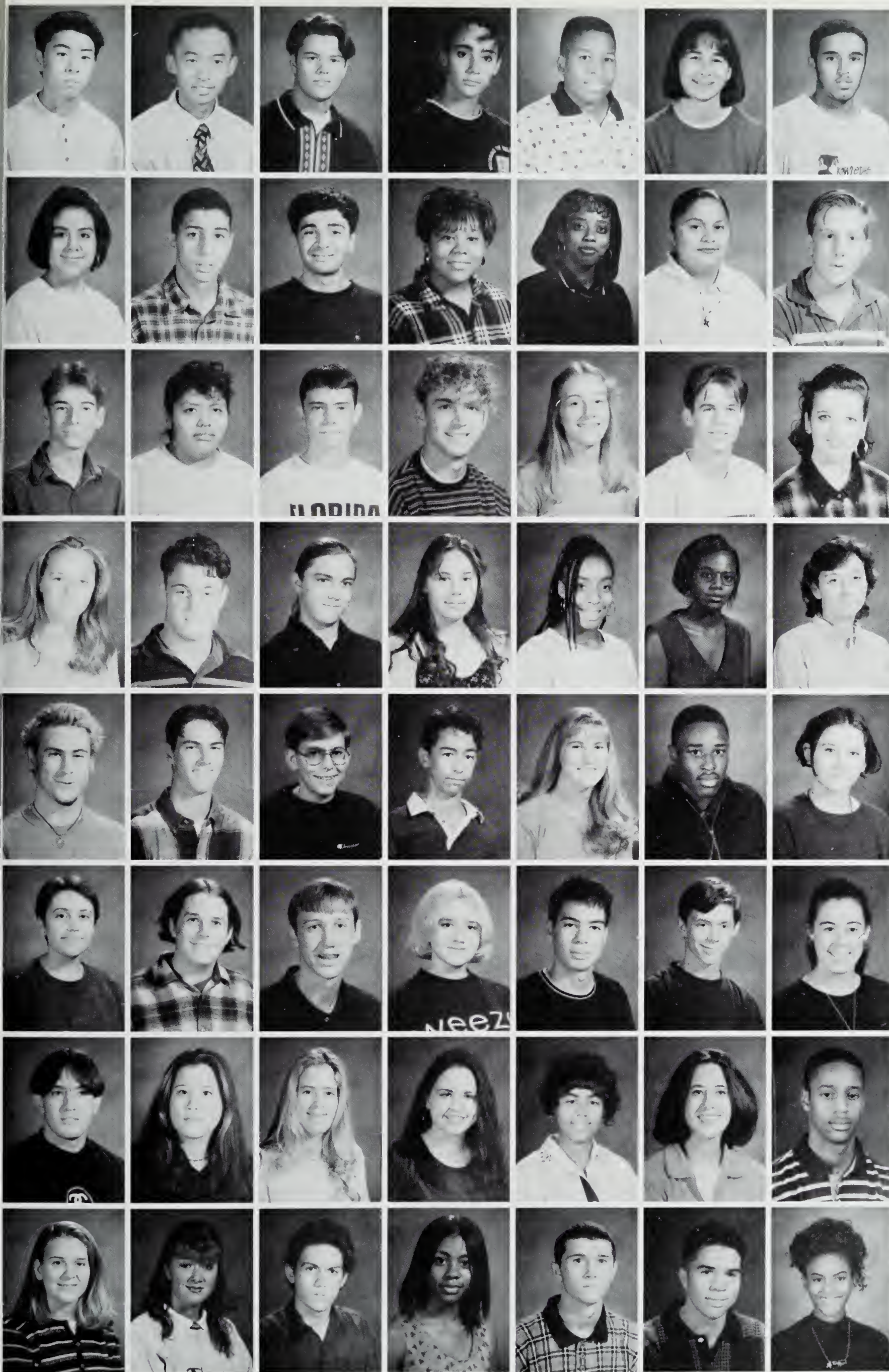
Juniors built their class float two nights before Homecoming. They finished the float in a parking lot across from Giant.

Turning seventeen meant juniors were legally allowed to attend R-rated movies without a parent or guardian accompanying them. Attending Prom without a senior escort was an added incentive for juniors who sponsored the Prom.



Junior Class Officers Angie Gress (*President*), Jenni Gray (*Vice President*), Kim Newell (*Treasure*), Kristin Buckstad (*Secretary*), Not Pictured: Will Giandoni (*Historian*).





Masa Abe  
Leonard Acuesta  
Jonathan Adams  
Melanie Agosta  
Dewayne Allen  
Jennifer Alltop  
Mohammed Al--Otaibi

Evelyn Alvarez  
Ali Amini  
Meer Amani  
Christi Anderson  
Nicolle Anderson  
Elizabeth Andon  
Philip Andrus

Ladis Arany  
Alma Arias  
Milton Arnett  
Steven Arnold  
Kara Artz  
Michael Atkinson  
Jamie Bailey

Julie Baker  
Jason Ballentine  
Daniel Barger  
Jennifer Barnett  
Alysia Barton  
Qiana Battle  
Olivia Bauman

Anthony Bello  
Christopher Bennett  
Joshua Bennett  
Jeffrey Bepko  
Melissa Bernacki  
Rutherford Berry  
Katrina Bielefeldt

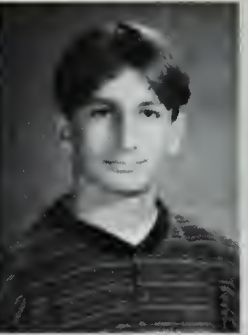
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William Black  
Brian Blackburn  
Peggy Blackmon  
Patrick Blake  
Don Blanton  
Christine Bohannon

Jeff Bombick  
Lisa Bond  
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Sara Borey  
Tara Boudreaux  
Elizabeth Bowden  
Umar Bowers

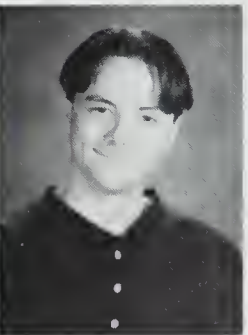
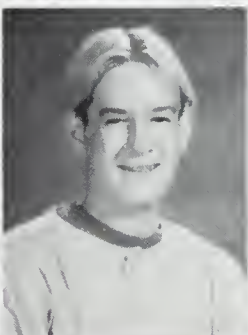
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Christina Branham  
Ricardo Bravo  
Michelle Brebnor  
Jay Brinson  
Jason Brown  
Monique Brown



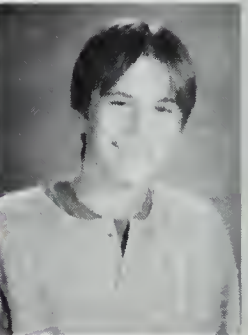
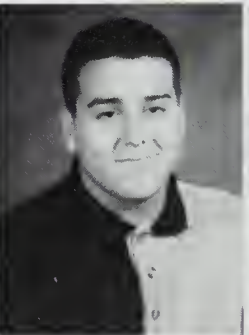
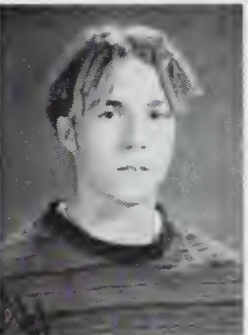
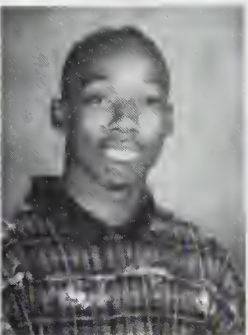
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 Stephen Brown  
 Kristin Buckstad  
 Anitra Budd  
 Cristina Bull  
 Matthew Burton  
 Crystal Bush  
 Latisha Bush  
 Michael Bush



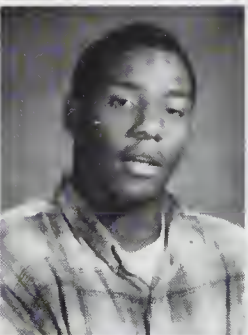
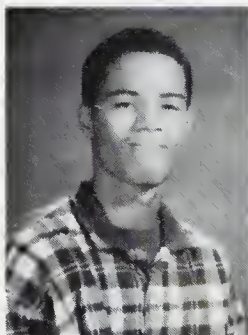
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 Sarah Carr  
 Michael Carter  
 Rachel Carter  
 Steven Carwile  
 Melanie Casassa  
 Paul Cascio, Jr.  
 Leonin Castaneda



Michael Chan  
 Anthony Chaney, Jr.  
 Alonzo Charity  
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 Brian Childress  
 Joseph Claudio  
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 Deborah Cloyed  
 Nicholas Clyburn



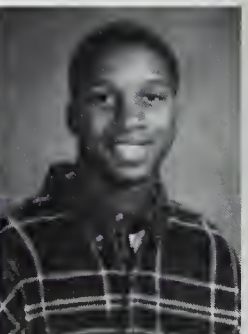
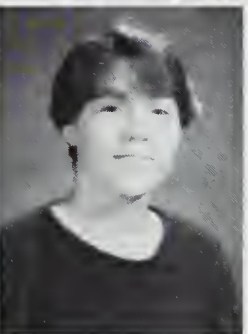
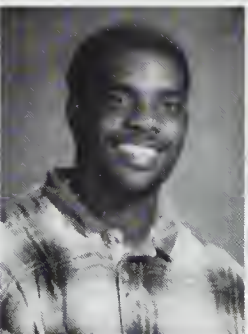
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 Christina Cone  
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 Amanda Cooper  
 Cory Covington  
 Christopher Cramer



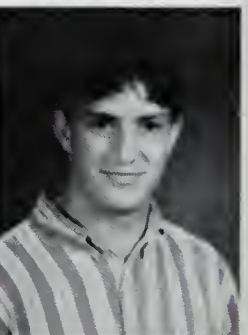
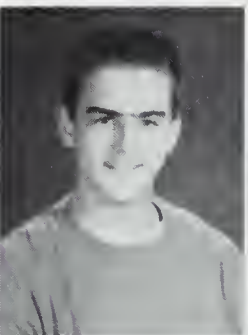
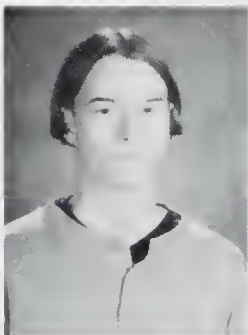
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 Danielle Cunningham  
 Regina Cunningham  
 Kristine Curran  
 Mercedes Cutte  
 Sara Dail



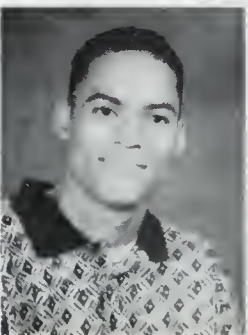
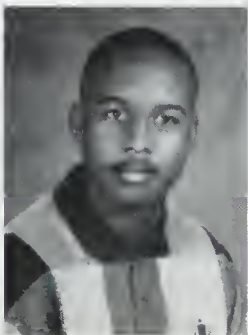
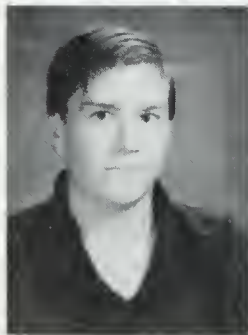
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 Jean Dauphin  
 April Davis  
 Christopher Davis  
 Marques Davis  
 John Deaton  
 Thomas Deem  
 Angelica Delboy



Suzanne Dellinger  
 Robert Demott  
 Angela Dennie  
 Patrick Derr  
 Emanita Dewitt  
 Brent Dickinson  
 Paul Dittamo  
 Benjamin Dobbs  
 Rebekah Donahue  
 Misty Dowling



Jason Drake  
 Omar Drammeh  
 Justin Dudley  
 Travis Dunn  
 Daniel Dupuis  
 Briana Eads  
 Christopher Early  
 Monica Edwards  
 Elizabeth Eldreth  
 Carter Elmore







# T WILIGHT ZONE

## Projects, Tests Result in Long Hours

Drooping eyes and cramped fingers, junior Jesse Harris fought back a big yawn. "Writing major essays at the last minute is extremely stressful. Just the idea of typing up eight to nine pages at one in the morning is straining enough. Making it a successful essay is another story," Harris said.

Juniors put off reports and projects and

had to stay up all night to finish. "I usually procrastinate on projects and reports so when one comes around, I'm up until 4 a.m. I'm dead

*"The idea of typing up eight to nine pages at one in the morning is straining enough. Making it a successful essay is another story."*

the next day and just feel like saying 'Leave me alone!,'" junior Alicia Massey said.

Another aspect about all-nighters was the

sleepiness and fatigue it brought on the next day. "You never know how much you appreciate sleep 'til you pull an all-nighter. I've pulled

many of them. By the end of the week I'm dragging," junior Michael

Carter said.

Pulling all-nighters made it difficult to finish the week with any energy at all.

by Shannon Olguin

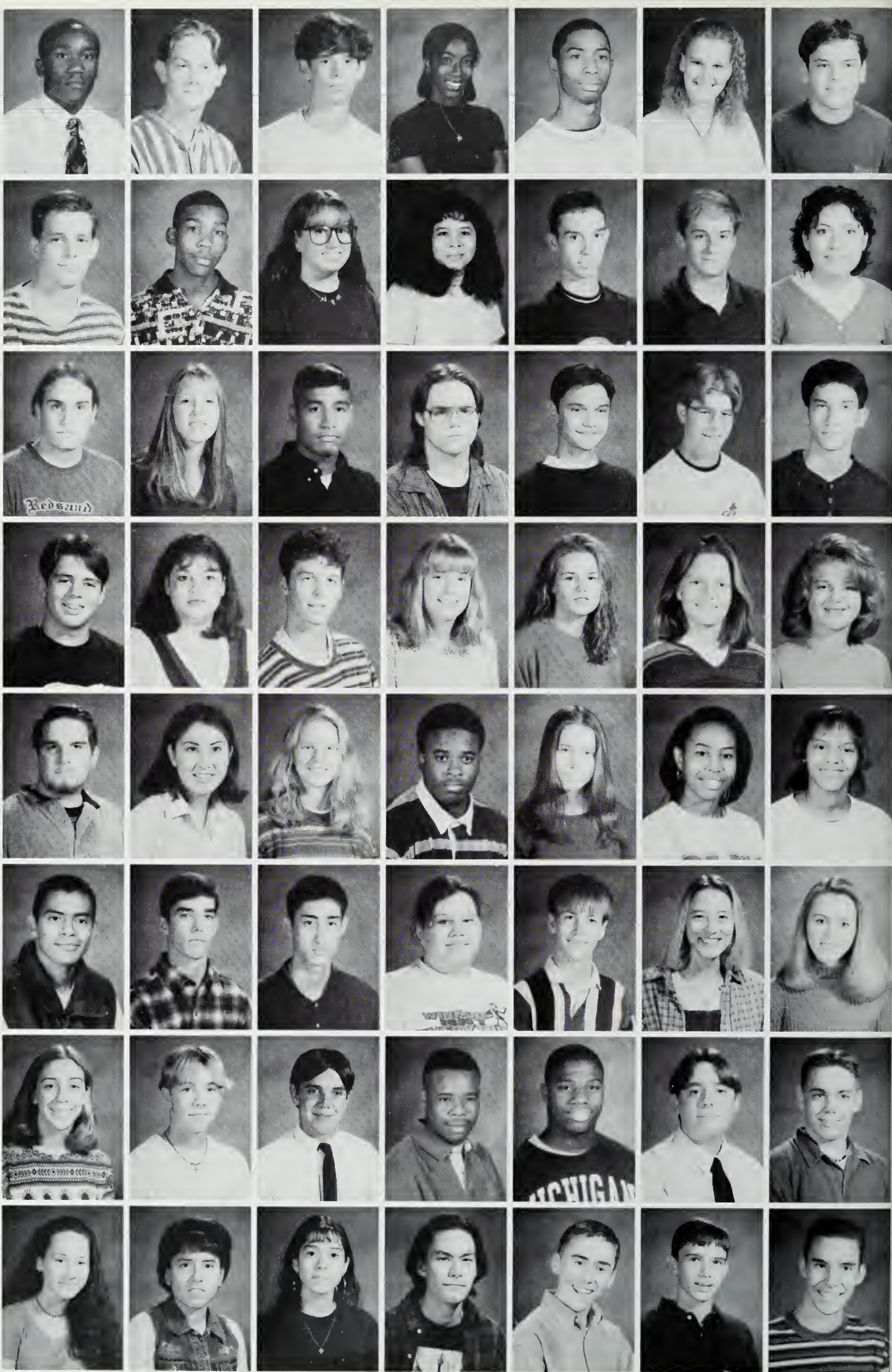


Seth Lowery

**WHILE SHE SITS AND** relaxes on her bed, junior Laurie Samuels continues on into the night with her Chemistry homework. Students often pulled all-nighters as a means to keep up with school work or to finish projects that were put off to the last minute. Involvement in extracurricular activities also took time away from afternoon study and led to all nighters.



Hindolo Entin  
 Joel Erkkinen  
 Christopher Esterline  
 Danielle Eure  
 Romeriss Evans  
 Nicole Faulds  
 Eric Fay  
 Tiffanie Feimster  
 Andrea Flanagan  
 Jasmine Fletcher  
 Bradley Flowers  
 George Flynn  
 Cedric Ford  
 Julianne Foxworthy  
 Reina Franco  
 Dion Freeborn  
 Benjamin Freer  
 Olinda Fuentes  
 Donald Fuller  
 Matthew Gaeta  
 James Gallagher  
 Fabricio Gallo  
 Ryan Gardiner  
 Kristin Gartner  
 Erik Gavidia  
 Carl George  
 William Giandoni  
 Matthew Giannini  
 Jason Gibson  
 Nathaniel Gibson  
 Susan Gibson  
 Jason Gillespie  
 Elizabeth Gleaton  
 Joshua Gomez  
 Jessica Gonzalez  
 William Gorman  
 Colleen Gray  
 Jennifer Gray  
 Terri Greer  
 Angela Gress  
 Nathan Groom  
 Samantha Gross  
 Carlos Guevara  
 Brenda Guzman  
 Randall Gygi  
 Lisa Hale  
 Christina Hansen  
 Clarence Harrell  
 Jessie Harris  
 Veronica Harsley  
 Megan Haskins  
 Romanno Head  
 Leighann Hendrickson  
 Page Henry  
 Barbara Heritage  
 Jose Hernandez  
 Andrew Hewlett  
 Damon Hess  
 Corinne Hicks  
 Michael Hicks  
 Jessica Hieronymus  
 Eileen Higham  
 Justin Hoertz  
 Jesse Hoffman  
 Valerie Hogan  
 Jessica Hoge  
 Cobie Hollar  
 Jason Halloway  
 Ronald Hood  
 Carlos Howard  
 Ernest Hubbard  
 Edward Huffman  
 J.R. Huling  
 Matthew Hunt  
 Jennifer Hurley  
 Joshua Ingerski  
 Adrienne Ingram  
 Gillian Inskeep  
 Susana Iturregui  
 Johanna Izaguirre  
 David Jacobson  
 Christopher James  
 Robert James  
 John Jankowski  
 Latrice Jenkins  
 Adrian Johnson  
 Christopher Johnson  
 Claire Johnson







AS SHE PINS HER NAME tag to her red and white striped uniform, junior Laurie Rhiner prepares to go to Potomac hospital for her volunteer job as a candystriper. Students volunteered time and effort in order to help other people. The personal experience students had enabled them to donate a part of themselves to someone else.



Bridgit Kelly

# FREE TIME

## Volunteers Give of Selves

Instead of sleeping in on her Saturday mornings, junior Angie Gress jumps into the pool as she prepares to teach swimming lessons. "I learned how to be patient and how to not take life for granted."

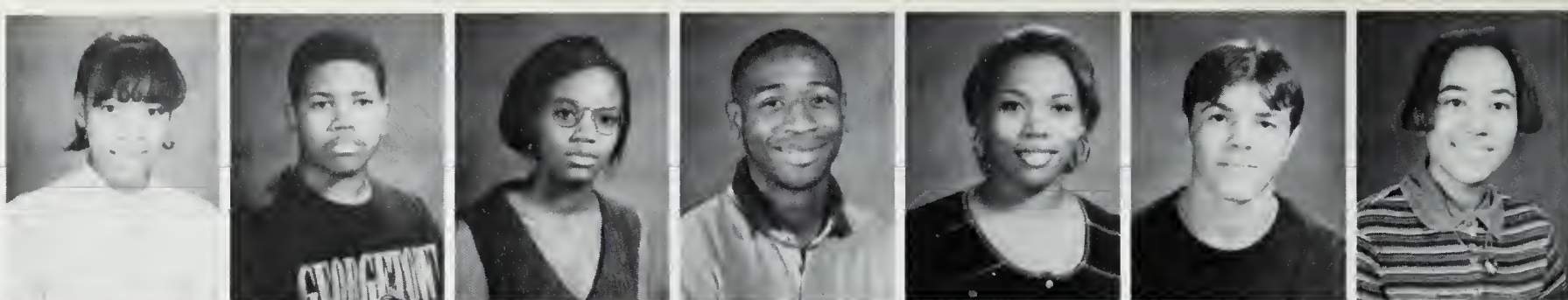
for two months. I learned how to be patient and how not to take life for granted," junior Angie

Gress said. Students volunteered to help less fortunate people. "I take food over to the homeless shelter on most of the nights I work. Seeing all of the people there look happy and hear them thank you is a self-happiness that cannot be taken from you," junior Jasmine Fletcher said. Volunteering enabled them to donate a part of themselves to someone else.

by Casey Powell



Krestel Johnson  
 Laban Johnson  
 Michelle Johnson  
 Quentin Johnson  
 Regina Johnson  
 Russell Johnson  
 Shamika Johnson  
 Troy Johnson  
 George Johnson II  
 Clinton Johnston



Brian Jolley  
 Sonia Jolly  
 Anna Jones  
 Jennifer Jones  
 Geri Jones  
 Joy Justice  
 Masuda Kaiken  
 Victoria Kalnus  
 Stefanie Kam  
 Brian Kane



Mondul Kao  
 Martha Kaufhold  
 Bridgit Kelly  
 Sara Kennedy  
 Jason Kent  
 Arianne Killen  
 Brent Kincade  
 Melissa King  
 Shannon Kirby  
 Doris Kolovos



Melissa Kooyoomjian  
 Colin Kreutzer  
 Maximilian Kruschka  
 Matthew Krycinski  
 Chris Kubela  
 Kimberly Kuhn  
 Arthur Lambros  
 Toshia Laport  
 Joshua Lattin  
 Victoria Leavelle



Chong Lee  
 Chong Lee  
 Christopher Lee  
 Eric Lee  
 Matthew Lehr  
 Bradford Leiby  
 Nicholas Leon  
 Tera Lerch  
 Amanda Lewis  
 Candice Lighthall



William Lindsey  
 Brittany Lipinski  
 Theresa Livan  
 Amber Lockhart  
 Christian Lopez  
 Gwendy Lopez  
 Susan Lopez  
 Damien Lowery  
 Kendra Lowery  
 Michael Luley



Romina Lulushi  
 Derek Luther  
 Morgan Lynn  
 Jeffrey Madden  
 Christopher Maguire  
 Lara Mahony  
 Linh Mai  
 William Majors  
 Shaista Malik  
 Guarionex Malave-Lopez



Nathan Marsh  
 Cherre Marshall  
 Kimberly Marshall  
 Scott Marshall  
 Elizabeth Martin  
 Alicia Massey  
 James Mastros  
 Phillip McAllister  
 Mike McCaffrey  
 Martiene McCalla







# SCHOOL DAZE

## Prospective Schools Offer Information

The hallway was filled with a multitude of bright slogans, each display silently competing for attention. Students milled around, visiting booths, collecting information on prospective colleges.

Going to an instate college was the only way some juniors could afford school. College Night was a way for these juniors to get information. "I

went to find out my options for colleges that I may want to attend. I'm looking into Virginia Tech, JMU, and Hampton," junior

*"I did get brochures and talk to representatives who told me what I could do to be a better candidate for their college."*

Alexis Tompkins said.

Other juniors looked to leave the area. "I went because now that I'm a junior I need to start thinking about college.

I wanted to learn more about MIT, which is where I hope to go if I get accepted," junior Stefanie Kam said.

"There were lots of people there and it was really hard to get around. I did get brochures and talk to representatives who told me what I could do to be a better candidate for their college," junior Brittany Lipinski said.

*by Jenny Williamson*



Tony Nguyen

AS A COLLEGE REPRESENTATIVE hands junior Anthony Bello brochures, junior Rob Varner listens to his information. The College Fair was held at Gar-Field high School October 24. The purpose of the fair was to obtain information about schools in which juniors were interested. The fair was open to students from all county schools.



# H

## ALF-N-HALF

### Locker Sharing Results in Conflict

29-30-15. The dial on the locker spun around. Liz Gleaton pulled the knob to open her locker. It jammed. *"Before we open it, we kick it three or four times to get it unjammed."*

Gleaton kicked it. She pulled the knob one last time; the locker flew open. "My locker is so cramped. Both my locker partner and I have bags that we have to shove in there. Sometimes we

have to share sides. Before we open it, we kick it three or four times to get it unjammed, it's the biggest pain," Gleaton said.

"My locker partner spilled gasoline all over himself and then changed clothes and put the stinky ones in our locker, it was really gross," junior Nicole Whitfield said.

As the result of having 2,850 students and 1,460 lockers, students were forced to share.

by Elizabeth Bowden



Bridgit Kelly

YES! FINALLY AFTER A struggle to get her locker door shut, junior Jenny Williamson accomplishes her task. Students had limited space because they had to share lockers with one other person. The lockers were split down the middle so students had problems fitting winter jackets and backpacks into them. With books for seven classes, space became a commodity.







Mark McCann  
Sicely McCants  
Delvon McCormick  
James McCormick  
Michael McCoy  
Christina McDonald  
Heather McIntosh  
Ben McKelvy  
Jennifer McNamara  
Brian McNeal  
Cortez McNeil

Monika McNeil  
David McPhillips  
Blaire McVeigh  
Jesus Medina  
Jason Mehaffey  
Claudia Mejia  
Jennifer Melendez  
Rae Melvin  
Eric Merck  
Melody Merrill  
Brent Mickey

Corey Miller  
Linda Miller  
Michael Milliken  
James Mills  
Nicole Miranda  
Marilynn Monroe  
Stephen Moon  
Patrick Morgan  
Robert Morrison  
Sandy Motyleski  
Franklin Moyer

Jason Mullen  
Jared Murphy  
Kathryn Murphy  
Terance Murray  
Vesta Narrey  
Mandy Nelson  
Brian Nelson  
Jennifer Newell  
Kimberlee Newell  
Joann Newhauser  
Duong Tony Nguyen

Amanda Nicholson  
Nana Nkrumah  
Desiree Noel  
Lindsay Northup  
Matthew Nowlan  
Shawn Oakes  
Kevin O'Brien  
Lance O'Byrne  
Shannon Olguin  
William Olmsted  
Nathan Osburn

Lindsay Owens  
Joan Owusu  
Nicholas Paciejewski  
Mijin Pak  
Jennifer Parker  
Jeremy Parsels  
Rufus Patterson IV  
Allen Pedigo  
Helen Peeler  
Michael Peirce  
Noah Peery

Mamie Pekanyande  
Damon Pelletier  
Heather Perkins  
James Perry  
Meghann Peterlin  
Shane Peterman  
Greg Peters  
Haywood Pettigrew  
Shannon Peverill  
Jennifer Pfaff  
Kevin Phillips

Dorie Pi  
Steven Pittman  
Roberto Pitty Williams  
Luis Ponce  
Nicole Podolak  
Thomas Polon Jr.  
Francisco Portell  
Casey Powell  
Lee Prather  
Mark Pratt  
Jason Pugh



# HABITUAL OFFENDER

## Unconscious Habits Annoy Students

Snap, crackle, pop. Mercedes Cutte turned and glared at her classmate as the popping of gum drew her attention. "One of my friends chews her gum really loud.

She does it in class all the time. I just want to kill her," Cutte complained.

Students found other people's obsessive habits grated on their nerves. "My brother constantly drums on the table. One day I felt like killing him because he did

it for an hour straight. It really annoys me," junior Regina Cunningham said.

"I really hate it when people run their nails down the chalkboard.

*"I have a bad habit of leaving my homework to the last minute. It gets me in trouble sometimes. I wish I could stop."*

It really hurts my ears," junior Paul Thalacker said.

Students recognized their own bad habits and had to decide whether or not to cor-

rect them. "I have a bad habit of getting up late. But at least that doesn't annoy other people like people who talk all the time or bite their fingernails," junior Mike McCaffrey said.

"I have a bad habit of leaving my homework to the last minute. It gets me in trouble sometimes. I wish I could stop because it's the worst habit I have," junior Hector Cerda said.

by Kim Tupper



Barbara Heritage

WHILE LISTENING ATTENTIVELY, junior Stefanie Kam bites at her nails while junior Kara Artz tugs at her necklace. Kam and Artz attended an orchestra assembly that featured a student from the University of West Virginia playing an electric violin. Students were caught unaware when their bad habits crept up on them.







Douglas Quaderer  
Leslie Quinn  
Alexa Raimondi  
Tanaia Rainey  
Michael Ranck  
Maria Raofi  
Jean-Michel Rebeilleau  
Thurman Reid  
Eric Reifsnyder  
Benjamin Rickard

Aaron Rigney  
Laurie Rihner  
Sara Roach  
Latricia Robertson  
Khilia Robinson  
Gabe Rodriguez  
Christopher Rose  
Jerry Rosemin  
Nancy Rosenow  
Diana Roshandel

Deborah Rothlein  
Jessica Ruiz  
Michael Rush  
David Russell  
Peter Rustan  
Brandy Rutledge  
Jessica Ryset  
Christopher Sahami  
Frank Saldana  
Evelyn Sales

Jonathan Salisbury  
Lindsay Salter  
Laurie Samuels  
Silver Sanders  
Robert Sane  
Ada Santamaria  
Matthew Saucerman  
Amanda Schroeder  
Jeremy Seeley  
Erica Selavka

Christopher Sepkowski  
Raleigh Sepkowski  
Melody Seward  
Kevin Shanahan  
Andrew Shaw  
Valeri Sewell  
Falvasha Shafiq  
Marie Sherman  
Tom Shin  
Keith Shrader

Edwin Siguenza  
John Simmons  
Summer Simpson  
Jeffrey Sipes  
Crystal Sirk  
Emily Skaggs  
Matthew Skeele  
Joel Sluys  
Paul Smart  
April Smith

Jennifer Smith  
Kellie Smith  
Kodi Smith  
Jason Sosa  
Andrew Spalding  
Eric Spickelmier  
Chris St. Germain  
Nicole St. Germain  
Dana Stamilio  
Robert Stanford

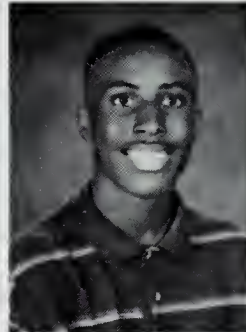
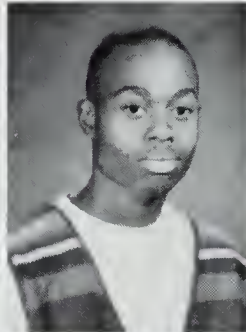
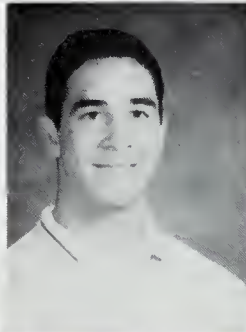
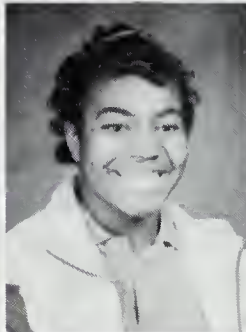
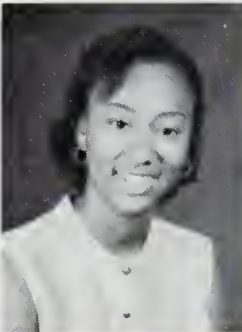
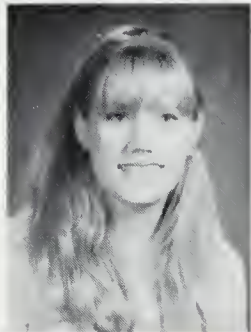
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Amy Stedman  
Carolyn Stegon  
Roger Stewart  
Suzanne Stewart  
Corinna Struckholz  
Andrew Sutphin  
Christine Sutphin  
Janelle Sutton



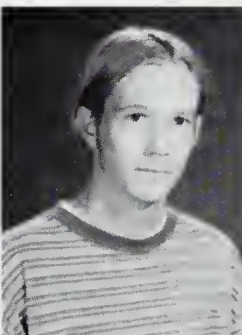
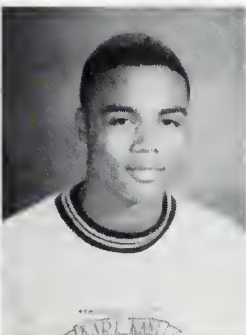
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Melinda Sykes  
Rima Talhame  
Rebecca Tamez  
Kenichi Tataru  
David Terrill  
Chanel Thomas  
April Thurber



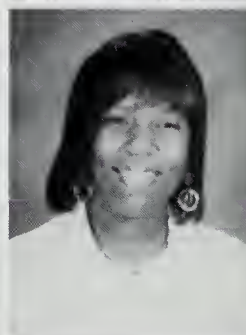
Devon Tice  
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Leslie Toler  
Alexis Tompkins  
Pedro Torres  
Robin Towns Jr.  
Byron Traylor  
Renee Trimbur  
Justin Trinkes  
Lakota Trivett



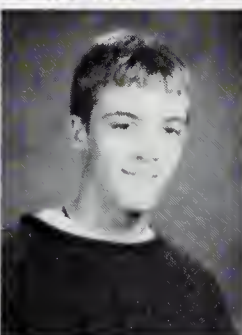
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Brian Underwood  
Elizabeth Underwood  
Erin VanGorder  
Sarah VanWinkle  
Robert Varner III  
David Veasey  
Amelia Vernon



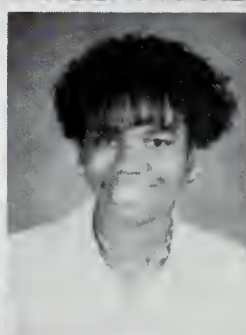
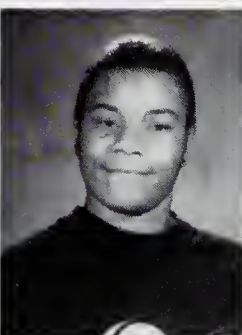
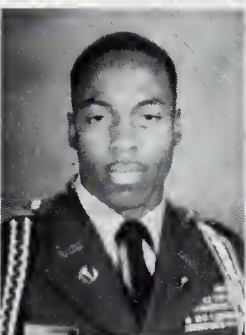
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Mario Viveros  
Michael Voss  
Kimberly Walker  
Hope Ward  
Candice Ware  
Tonya Warner  
Regan Warren  
David Waters



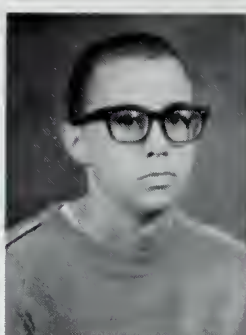
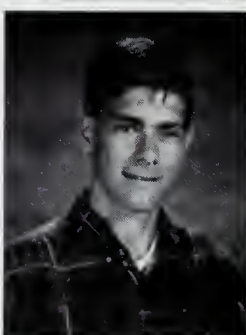
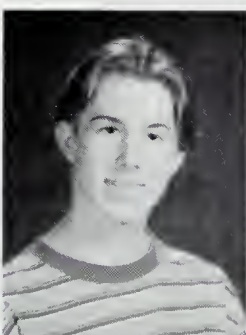
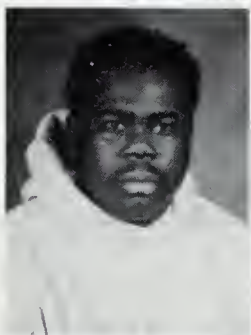
Joseph Watson  
Erin Wendorf  
Matthew Wesley  
David Westgate  
Michael Wheby  
Nicole Whitfield  
Scott Whitlock  
Chawnta Whitney  
Charlie Wilkinson  
Dominic Willenbring



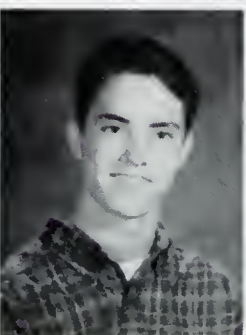
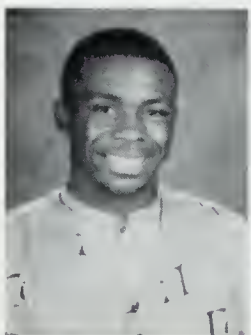
Paul Williams  
Sedric Williams  
Shameka Williams  
Shawana Williams  
Jennifer Williamson  
Ruth Wilshire  
Shena Wilson  
Sarah Wilt  
Brian Windland  
Danny Wittmann



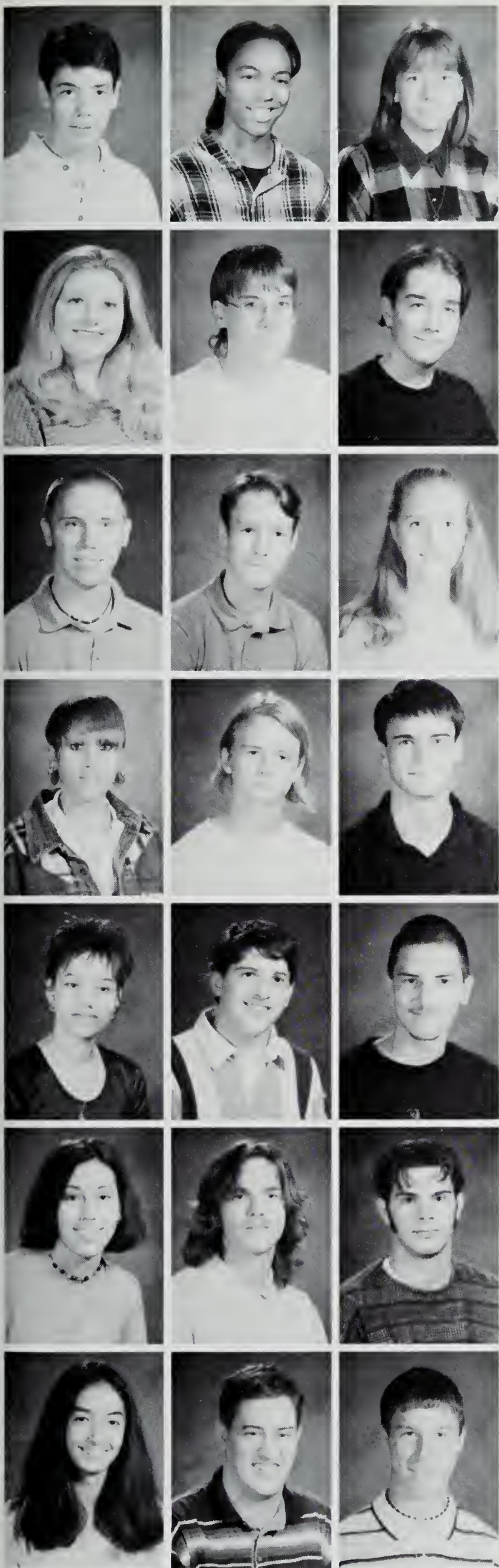
Wesley Wood  
Katie Woodside  
Kristen Woolfenden  
Evan Wooten  
Justin Worrilow  
Julia Wright  
Brian Wurster  
Steffany Yamada  
Todd Yoho  
Douglas Yopp



Leroy Young, Jr.  
Ryan Zell  
Stephanie Zerkow  
Gregory Zumbrook







# C RAMMIN'

## Limits Restrict Lunch Activities

At the chime of the bells, swarms of students entered the cafeteria searching for a place amongst the mass of lines. When 2850 students had to eat, lunch areas were crowded.

Students had to enter one set of doors into the cafeteria. "Once I was holding the door open for someone and then everyone else started walking in. I was standing there with the

door for fifteen minutes," junior Steven Pittman said.

Students ate in the downstairs lobby area and outside because

*"I was holding the door open for someone and then everyone else started walking in. I was standing there for fifteen minutes."*

there was not enough room in the cafeterias.

Each lunch shift lasted 20 minutes. Socializing with friends, finishing homework,

and eating was much to do in only 20 minutes.

"I was trying to finish up my Physics homework and eat my sandwich at the same time. I

ended up spilling my lunch all over the work," junior Brooke Taylor said.

Students had fifteen minute study halls during 5th period so they tried to finish work then instead of using lunch.

*by Jill Inskeep*



Barbara Gryder

**NEXT TO THE DOWN-** stairs concession stand, junior Chrissie Hansen eats her sandwich in B lunch while visiting with friends. B Lunch lasted from 11:05 to 11:35. A senior lounge upstairs sold a la carte items and had a salad bar. A n a la carte bar was also on the downstairs level near the bus tunnel. Students could grab a sandwich and chips there.



# spirit ignites with the ecstatic buzz of roaring fans fueled by cheering, rambunctious mascots

With flailing arms, the rowdy crowd screamed and cheerleaders jumped across the court urging the audience to support their team. She clasped her hands together, as she began to shout out the next cheer, as loud as she could. "Go Vikings, go Vikings!" "Being a cheerleader, I show my spirit at all the games and pep rallies just trying to get the crowd involved at all of the events. Even if no one does, I have to keep on smiling and showing my spirit no matter what," sophomore Logan Garretson said.

Students did not realize what sort of affect showing a little bit of spirit could have on the players. Yelling and clapping boosted

their esteem, both on the court and field. "Nobody in our school seems like they have spirit. They're all fair weather fans. When I walked out on the field for football it was raining and nobody was there. People just go to the games to socialize, not to show spirit," junior

Carlos Coleman said. Despite certain opinion, devout fans did exist. During the Homecoming game an unexpected downpour occurred. Regardless of the rain, the stadium was full of fans.

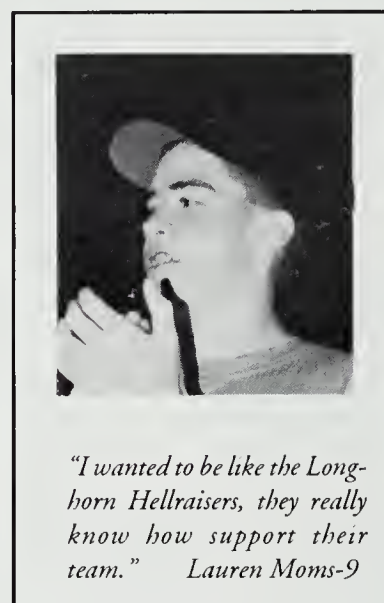
Students' viewpoints differed with regard to having school spirit. "I believe in school spirit because it's important to keep up the

students' spirit. I'm personally involved in the school and I participate in all functions by cheering along," junior Christy McDonald said. Other students felt differently. "I'm not very involved with school. I don't think that one of the most important things about our school is spirit. I like the ideas of pep-rallies, but they are not that much fun, because nobody gets involved,"

junior Erin Wendorf said. Despite some views on pep rallies, there were still numerous cheers, dances, chants and songs to help fire up the crowd.

The February 23 pep rally for winter sports teams was an example of persistent spirit. It took three attempts to hold it due to cancellations and delayed openings because of the snowy weather.

by Elizabeth Bowden and Chris Blok



"I wanted to be like the Longhorn Hellraisers, they really know how support their team." Lauren Moms-9



"Spirit at the first freshman game was good. The crowd was involved, making cheering easier." Kate Ragsdale-9

A perfect spot for a nap. Crouching down, sophomore Barbara Gryder secures her spot on the float. The sophomores slept on their float the night before Homecoming to guard it.



Nichole Ford

Barbara Gryder

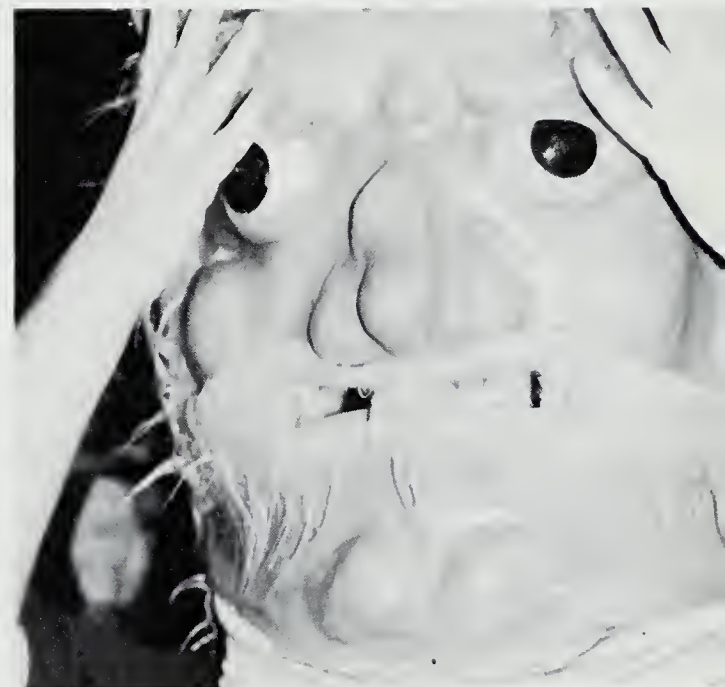




**A** little praying couldn't hurt. Junior Corinne Hicks stares intently at the game. Even though their uniforms offered little protection from cold, guard members were present at every home game.



Tony Nguyen



Bridgit Kelly

**O**H NO! The Viking mascot expresses his disbelief at the referees call on the previous play. The Viking ran up and down in front of the bleachers during games to help rev up the crowd.

**W**HS: Where even the freshmen have chest hair. At a pep rally, the seniors get into the excitement of the moment. Seniors took it upon themselves to show underclassmen what spirit was all about.



# blasting through the refrigerator, and thrashing around the cupboards, vegetarians see green everywhere

While watching her mother prepare hamburgers and hot dogs for dinner, senior Tirzah

Schaefer shudders in disgust. "Even though my parents support my decision to not eat meat, they don't prepare anything vegetarian for me. They only support me as long as I am careful about getting the nutrition I need from other foods. I usually make myself a meal of salad, rice, or beans," Schaefer said.

Vegetarianism is the choice to not eat meat. There are different types of vegetarians. Vegans, lacto-ovo, and ethical are some examples.

Vegans choose to eat no animal products at all. This includes even not

chewing gum because it contains the animal bones.

Lacto-ovos are people who don't eat meat, but still consume dairy and fish products, and ethical vegetarians are those who are against the killing of animals. "I don't eat meat because humans don't need it, and it is just unnecessary

killing," freshman Lizzy Gillespie said.

Nutrition and health are also reasons for being a vegetarian. "It makes me feel good to know that I can get all the vitamins and minerals

that I need, without having to take the life of an animal," junior Seth Lowery said.

Not everybody had had wonderful experiences being a vegetarian. "I have been a vegetarian for many years and cannot stand the taste of meat," senior Stackin Rosario said, "When I was at my friend's house, he put a piece of beef in my breakfast. After I noticed, it was too late, I already ate it and threw up!"

Not everyone's opinion on vegetarianism was always for it. "I

think that vegetarians are stupid because it's just the food chain. We all have animal instincts and animals do not seem to mind eating each other," sophomore Andrew Wahlquist said.

Whether students had decided to eat meat or not to, the option existed to be a vegetarian out of ethical reasons, or simply based upon what tasted better to them.

by Jessica Nees



*"Vegetarianism has to be looked at objectively, and respect others' beliefs and perspectives." Peter Graham-12*



*"My roommate is a vegetarian. It's an odd lifestyle. She eats meat substitutes, like veggie dogs." Dan Vitug-12*

In the morning, junior Stephanie Lee purchases a bagel and orange juice from the cafeteria. Lee decided to become a vegetarian after realizing that killing an animal was a waste of life.



Barbara Heritage

Seth Lowery





While senior Kori Rose takes a break, she eats a Falafel at Quick Pita in Georgetown. Kori liked Falafels because they contain no animal products. She was a vegan and tried to eat healthy.



Barbara Heritage



h Lowery

eat does not appeal to junior Heather Danforth. She eats oranges for lunch, and in the evening, she prepares her own meals-which are usually stir fry, beans, or rice.

um! Senior Jeff Bernard gets ready to finish his pretzel from Auntie Annes. Bernard often got a pretzel to snack on and then ate it at the Van's store while talking to friends.



B

efore indoor track practice, junior Mamie Pekanyande helps junior Amanda Schroeder. The team met on weekdays at 2:30 after school, for practice, and their meets were held on Saturdays



Bridgit Kelly

year in, and year out, winding the months away,  
practice, practice, practice to stay  
in their tip top conditions

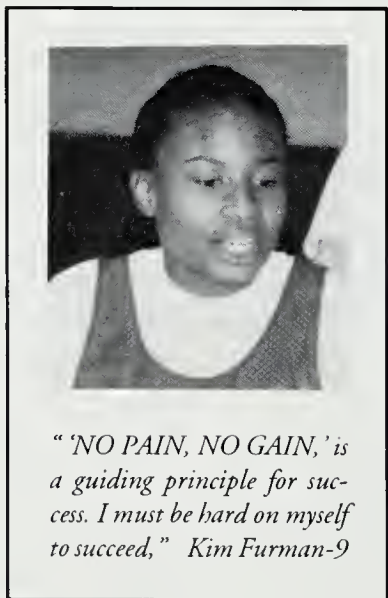
Journeying to Chinn everyday, except on Sundays, sophomore Jennifer Opsud

practices for swim team. She participates in the school's team and a team outside of school as well. "I do it all for the exercise, and it is also fun because I get to meet new people. I am hoping that all of my hard work and dedication will pay off in a scholarship for college," Opsud said.

Practices and games caused a drop back in school work. "I wrestle, and then during the off season, I go and work out, for conditioning. Sometimes my grades have slipped due to extended practices," senior Shannon Pyktel said. Students found that their grades

dropped because of excessive involvement in sports.

Students planned their schedules around their games. "I just come home, and then go to practice. It just kind of goes around my schedule. Sometimes, my plans have been ruined because I had a soccer game or practice," junior Page Henry said.



"NO PAIN, NO GAIN," is a guiding principle for success. I must be hard on myself to succeed," Kim Furman-9

stay in good shape. "Soccer is almost an everyday thing. I would not want to be doing anything else, so there is

no burden at all," sophomore Jennifer Mosakewicz said. Students worked sports around their schedules.

In addition to being time-consuming, sports also became expensive. "Soccer is an all year proposition. During the fall and spring, we practice outdoors four times a week, plus play games on the weekends. In winter, it's indoor, with games twice a week, but no practices.

All summer is four practices a week, plus an indoor tactical session. Per year, it costs me somewhere between \$800- 1000. We have to pay for cleats, shin guards, jerseys, tournament fees, hotel rooms, and for your trainer," junior Brad Leiby said.

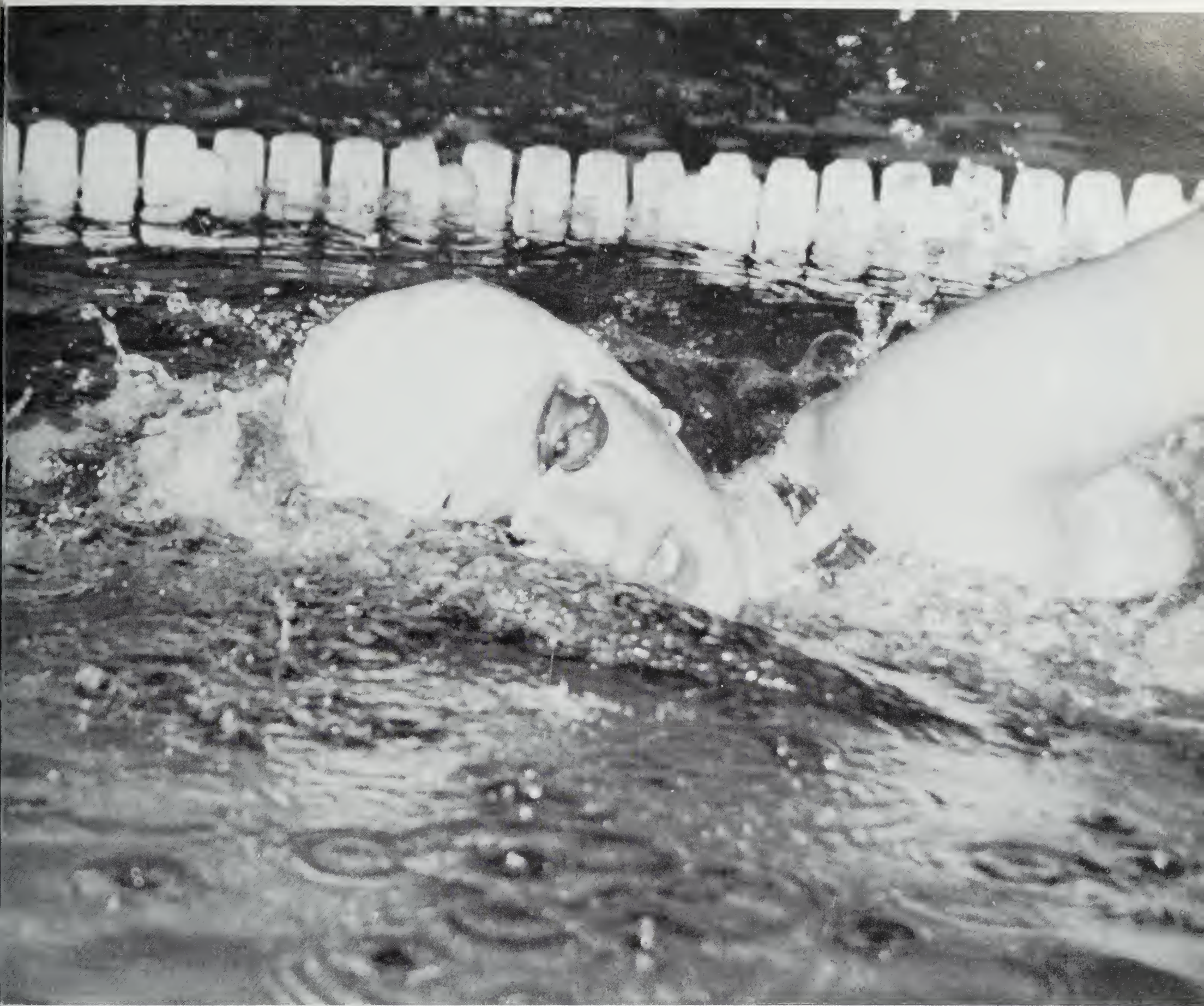
While year round sports took time out of students' social lives, they were still devoted.

by Mary Gilhooly

#### LIGHTNING STRIKES

Aspiring athletes work hard in hopes of reaching it to the Olympic Games, which were being held in Atlanta, Georgia in the summer of 1996. The event, occurring every four years, had a long range of statistics. A record number of 172 nations competed in the summer games of 1992, and in 1994 1884 athletes participated from sixty-seven different countries.





**S**plash! Sophomore Bethany Lindberg works on her freestyle stroke for her upcoming meet on Friday at Chinn Aquatics Center. The swim team practiced from 3 to 5 weekdays.

**A**lright, one more. Come on! Junior Matt Lehr lifts weights in the school's weight room for track downstairs, after school. They met on Tuesdays and Thursdays to condition.



# freezing rain, snow flurries and strong winds send students huddling next to crackling fires

**A**s Christina Cone stepped outside, a shiver went down her spine. She put her earmuffs and

gloves on to ensure warmth on the walk to the bus stop. During the winter, students took measures to keep warm.

To keep warm inside their houses, students and their families huddled around the fireplace. "My family starts to use the fireplace after my dad cleans it, which is usually during the middle of November. It's not actually a fireplace, but a wood burning stove. Whenever I come in from

playing in the snow I sit in front of the stove with some hot chocolate. I like watching and listening to the fire,"

sophomore Kimmy Reese said.

Another method of keeping warm but without the fire is a portable heater. "I have a portable heater in my room because it's the coldest room in the house. I turn it on everynight after November. It really keeps my room warm."



*"It's a pain cheering outside. During a football game my lips froze to the megaphone." Bo Young-10*

sophomore Jeff Mackinnon said.

When going outside students used garments to protect themselves from the cold. "When it's cold outside I wear my trench coat over T-shirts and jeans. My trenchcoat is really

warm, so only my hands get cold, so I have to wear gloves," junior Daniel Barger said.

Blankets were needed when crawling into bed during the winter. "I have two blankets on my bed to keep me warm. My room is already warm, but I like having blankets on my bed for a sense of security," senior Sandra Zepeda said.

Electric blankets were another item for students to keep warm. "I've had my electric blanket for a few months. I use it every

night. My room is colder than the rest of the house so I need more heat. It's better than a regular blanket because my feet stay warmer and because you can adjust how hot it gets." freshman Tonya Nolan said.

Students used items like blankets, heaters, and fire places to keep from freezing during the cold winter months.

by Meggan Curtin



*"When I'm sitting around the house, I put a blanket around me, or put on extra clothes." Sicely McCants-11*

**B**rr! Junior Tad Sutton bundles up with two blankets while he sits on his bed. Blankets were at times used by students when trying to keep warm when they were at home.

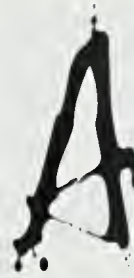


Bridgit Kelly





Seth Lowery



As he rubs his hands together for warmth, sophomore Seann Mobley shivers while he stands in the bus tunnel. Students had to be ready for sudden weather changes.



Seth Lowery



Seth Lowery



With a knitted hat on, senior Reggie Davis looks for his bus after school. Hats kept students warm by containing body heat. 60 percent of body heat was lost through the head and feet.



While walking home from school, sophomores Lindsey Kreutz and Allison Sautkulis keep warm by wearing coats and hats. Students used these items to keep warm.



While filling a prescription, junior Marty Kaufhold makes sure not to spill any pills. Because of different orders, prescriptions were filled by hand to prevent any errors.



Seth Lowery



Seth Lowery

While on duty, senior Ben Chapman organizes medicine on the shelf at "CVS." Employees made sure that the bottles were easy to reach for customers' convenience.

At work during his shift at "Bently's Luggage," senior Matt Crane moves suitcases for inventory. Crane had to keep new luggage closer to the front so customers could see it easier.



Loren Coulter



clad in uniform of the work place, students ask 'Hello may I help you?' and smile as they work to earn money

**B**ig Macs, cheeseburgers, and McNuggets fill the McDonald's bag as senior Brad

Edwards delivers it to a customer at his work. He carefully counts every penny as he hands the change back. His day at work had begun.

To pay for different activities, students took jobs for extra cash. "My allowance isn't enough to hang out with my friends and party, so I sell subscriptions for the *Washington Post* for the extra money I need to have fun," junior Angie Delboy said. Another phone sales job was "Nationwide Telemarketing" in Tackett's Mill. They raised money for different police organizations in the state.

Since school took up most of the day, students had to balance their job with their homework. "McDonalds isn't the most glamorous job but it's the only place I could find that I could work with my schedule so I could get my homework done and play lacrosse at the

s a m e time," senior Mike S a n d s s a i d .

McDonalds allowed it's employees to schedule their own hours to prevent any confusion.

Besides fast food, students took weekend jobs to prepare for the future. "Every other

Sunday, I babysit at my church during the services. It's an easy way to make some money and it looks good

for college," senior Beth Clifton said.

Students who worked in restaurants also got a discount on food. "When I first starting working, I always ate the food but now it's so tired that I'm sick of it," senior Jason Heil said. Employees were given up to a fifty percent discount on their meals while they worked.

For waitresses and waiters, their salary was \$2.13 an hour but they

also received tips for their service. Students had to report their tips so that taxes could be removed. Minimum wage in Virginia was \$4.25 an hour. Phone sales jobs offered commission in addition to an hourly wage.

Whether telemarketing or fast food, students found that a job paid the way for fun.

by Brad Leiby



"I love working weekends at Weis. I get paid more because it is the biggest shopping day"  
Britt Lipinski-11



"I needed to work to pay off my car. Sitting at a register can be incredibly boring"  
Loren Coulter-12



Seth Lowery

**W**ith a smile on her face, senior Danielle Lubrecki stands behind the counter. She hands the change back to a customer, who had just ordered popcorn at the AMC Potomac Mills Theater.



During Christmas break, freshman Toby Jones, chooses a second movie from Video World. Students had to pick out more than just one movie to keep them occupied for hours at a time.

After finishing his homework, sophomore Mitch Johnson, pops a new release, *Dolores Claiborne*, into his VCR. Students watched rented movies to relax after a long day of school.



SeanTracy

Decisions. Decisions. Junior Summer Simpson debates on whether to rent a drama or comedy. While Simpson looked around, her friend bought candy for the two of them to share during the movie.



Olinda Fuentes



Sean Tracy



# 'while you were sleeping' the world turns 'snow white' leaving students to watch movies from 'dusk til dawn'

**A**s she snuggled in her favorite chair with her pajamas on, sophomore Carrie Holder sat

back and relaxed as the title appeared on the screen. Holder munched on her popcorn as she began watching *Ace Ventura: Pet Detective*. She had rented this Jim Carrey movie from Video World at Tackett's Mill shopping center.

Students rented movies with their parents and siblings as a family tradition. "Usually my family picks out a movie from Blockbuster that the whole family will enjoy. When we get home my mom pops popcorn; my mom and dad always sit in the same place on the couch while we watch the movie,"

sophomore Jennifer Kesner said. Students and their families spent their spare time viewing movies together.

Students watched movies with friends, on the weekends as a defense against stress. "My friend Kristen Babis and I rented *Mad Love* and we watched it at her

house while we painted our nails," freshman Sarah Fram said.

Students rented movies to allude crowded theaters their ticket prices. Renting movies allowed students to rewind and fast forward; socialize, move around and get comfortable. "I usually rent movies instead of going to the theater because my friends and

I can watch it as many times as we want and be loud," sophomore Sean Azzarano said. By viewing movies at home students obtained privacy and freedom.

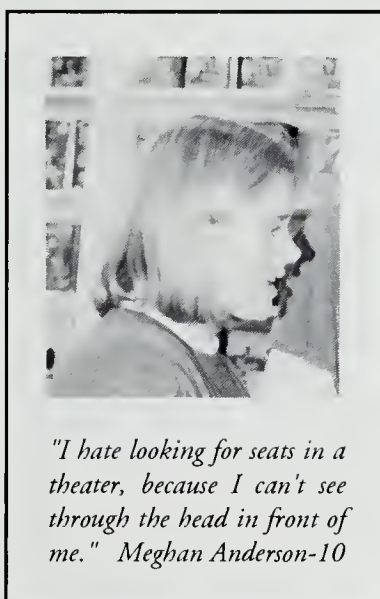
Renting movies provided a less expensive way for students to spend time together. Holiday breaks often left students with free time. Renting movies was a way to make the time pass quickly.

"During Thanksgiving Break my friend, Susan Katzberck and I, rented the whole *Friday the 13th* series. One of the scenes was really gory and it ruined our appetite for the Papa John's pizza we had ordered," sophomore Heather Ley said. Depending on their moods students rented different types of movies, such as horror, drama, action adventure and comedy.

by Beth Via

## LIGHTENING STRIKES

*During the Blizzard of 1996, which lasted from the sixth until the thirteenth of January, completely burying Woodbridge in three feet of snow, the Forbes Video Store at Mapledale Plaza, in Dale City reported that they rented out exactly four thousand, two hundred and twenty-eight video cassettes.*



"I hate looking for seats in a theater, because I can't see through the head in front of me." Meghan Anderson-10



Bridgit Kelly

**A** night with the hitman, the wolf, and her boyfriend, Jim Carney. After searching Blockbuster shelves, junior Angie Gress decides on renting the Quentin Tarantino movie, *Pulp Fiction*.



What time is it? After crashing from staying out late, sophomore Meghan Moore shuts off her alarm clock. One result of partying late at night was the exhaustion in the next morning.



Barbara Gryder

Go Vikes, go! With only ten more fateful seconds in the game, senior Jennifer Briere cheers for the home team. Football games lasted into the darkness of 9:30 p.m. at night.



Bridgit Kelly



Barbara Heritage

As sophomore Cheryl Greenway turns the key, the door lets itself open. Students kept house keys with them when they went out at night so that their parents did not have to stay up to let them in.

Br! It's cold. Careful not to slip on the ice, freshman Melody Thorstad walks down the street at 10 p.m., after playing in the snow left over from the Blizzard of '96 with her friends.



Barbara Gryder





Sean Tracy

**W**hat was the assignment for English again? Juniors Steve Pittman and Tom Shin discuss last-minute details for their work. Students pulled all-nighters to clear up unfinished homework.

# from the darkness of midnight, until the pale pastels of morning, shadowy figures lurk 'til the morning hours of dawn

**D**ing! Ding! Ding! Ding! The last bell chimed and students poured out of the school building. Friday finally arrived, and with it, an opportunity to stay out late at night.

Since there was no school the following day, students took advantage of staying out late on Friday and Saturday nights. "I like staying out late on weekends because Friday and Saturday nights are the only time when I can party and get into trouble and I still have a day to recuperate. Staying out late is a certain kind of freedom for a teenager," sophomore Erin Lyga said.

Students had a day of rest on weekends. "When I stay out late, I usually

go to a friend's house and we just hang out, watching television and talking on the phone. It's more relaxed and no one has their license or a car to drive anyway," sophomore Jennifer Mosakewicz said.

If students didn't have a car, they relied on parents and friends to drive them places. "On weekends,

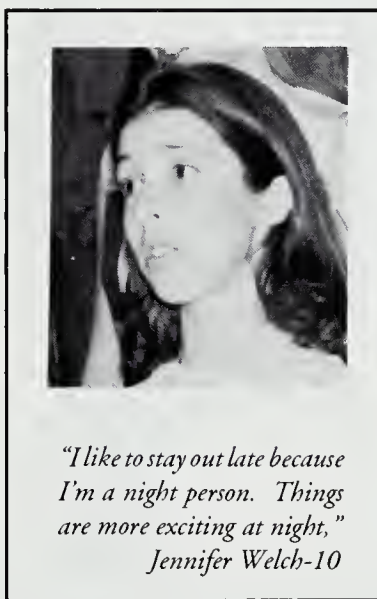
I go to Taco Bell or another restaurant and my friends and I hang out there until early in the morning. We talk and eat and loiter there until the employees throw us out," junior Jessica Ruiz

said. Students who had access to a car and had their licenses had more of a variety of places to go.

Staying out late had repercussions. "I went to a party on Saturday night once and didn't go home until three in the morning. I slept the whole day Sunday and didn't get any of my homework done," freshman David Bishop said. Getting in trouble and being tired the next day were the consequences students payed when they stayed out late.

The meaning of "staying out late" was interpreted differently by students. While some stayed out until eleven or twelve, other students didn't return home until one, two or three in the morning. Curfews set by parents played a part on how late students were allowed to stay out. From dusk until dawn, students took advantage of the weekends and stayed out late.

by Kim Fisher



*"I like to stay out late because I'm a night person. Things are more exciting at night,"*  
Jennifer Welch-10



*"I stayed out until 3 a.m. and I was so tired the next day that I slept until 2 p.m."*  
Sarah Fram-9



**B**efore the bell rings , sophomore Tanya Kawosaki and senior Redonna Rudy join hands for prayer with the FCS. Also, members dicussed concerns about their coming day each morning.



Barbara Heritage

**O**utside St. Matthew's Luthern Church, sophomore Mike Kutchman offers to give his friend, James Badger, a ride to youth group meeting, taking place later that evening.

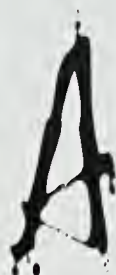


Barbara Gryder





Barbara Heritage



fter attending services at the church of St. Elizabeth Anne Seaton, freshman Kelly Gallio and her father discuss their interpretations of a sermon given to them that morning.

## *'keep the faith' - the passion of students' youth groups stress spiritual commitment and aide to their neighbor*

**H**and in hand, with their heads bowed, a ring of students forms upstairs, in the cafeteria before school for Fellowship of Christian Students. "We try to get a big outreach and show people that just because we're Christians, we don't have to be rigid. We bring a lot of people together to pray and start the day off with a bang," junior Evan Wooten, Vice President, said.

Old Bridge United Methodist Church helped the homeless in the community. "We hand out blankets in Washington D.C. and go gleaning. We pick leftover fruits and vegetables off the ground and

then can them. Then, they are taken to food shelters," freshman Emmy Hewitt said.

Students got involved in the church services. "Lake Ridge Baptist Church has youth Sundays. The youth show responsibility and involvement by taking charge. This year

I sang in the youth choir and read scriptures," sophomore Desi Dietlein said.

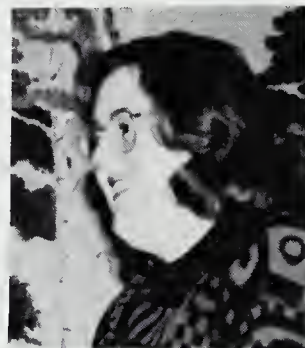
Service is a part of the Mormon religion. "Once we got together to shovel driveways. At 5:00 a.m., the shovels fell off the car in the road. We had to drop guys off to pick them up," junior Chris James said.

Saint Elizabeth Anne Seton taught others about generosity. "My youth group did a skit for the Senior Catholic Youth Ministry. It was about a homeless person living on the streets at Thanksgiving time. It stressed giving what you have to someone who doesn't have as much," sophomore Keith Bevins said.

Muslims can only show their feet, hands and face. "We went swimming at the Dale City Rec Center. We had to put things up at the windows so no one would see us in our bathing suits. One of the covers fell down. Some boys looked in to see what was going on and we had to jump in the pool," junior Masuda Kaisken said.

Youth groups offered additional friendships and support that couldn't be found from everyday friends.

*by Jennette Schorsch*



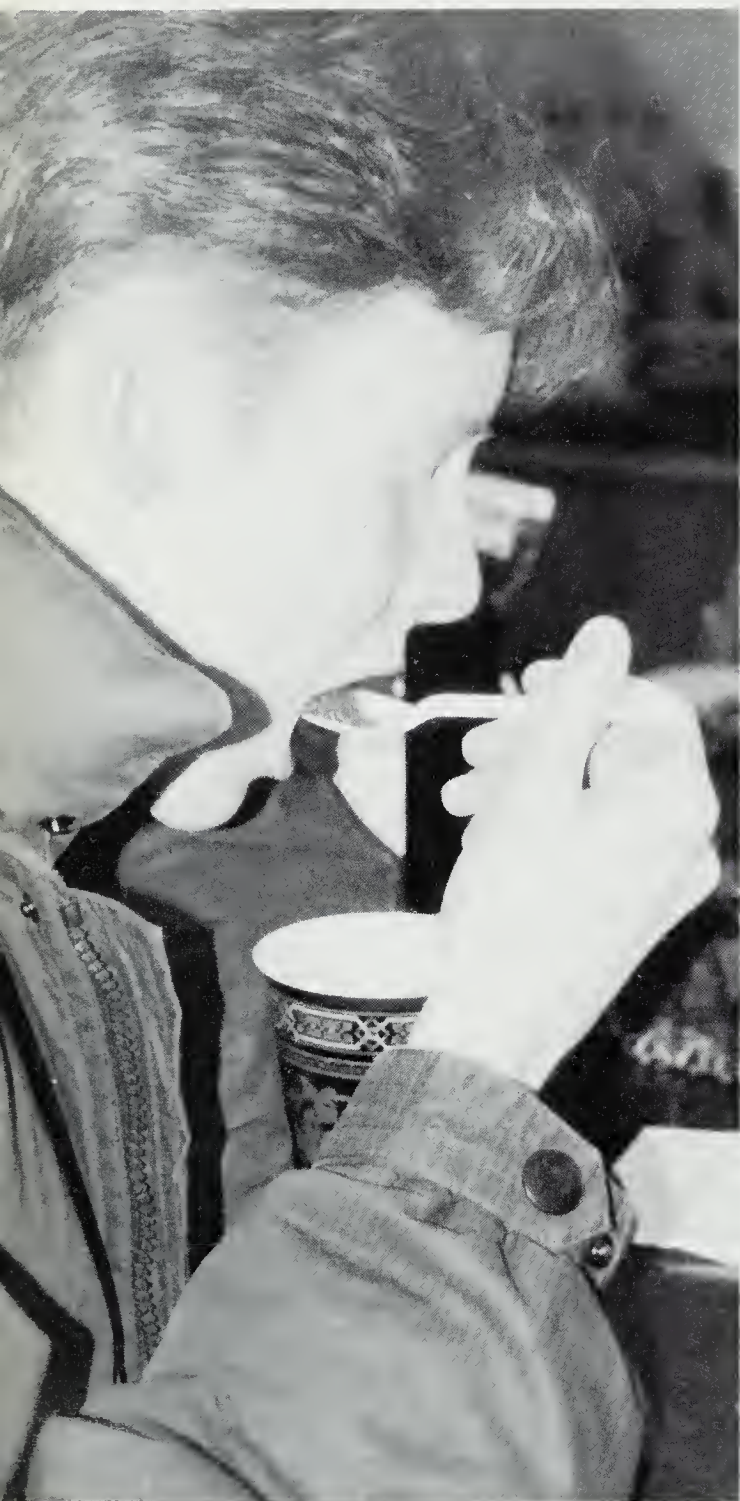
*"The Assembly of God churches had an arts festival. I sang a solo, and wrote a poem." Valiere Sewell-11*



*"While our youth choir was at Eagle Eryie, my brother and I had a high kick competition," Holly Baker-10*



**M**mm...tacos! Junior Andy Olmsted watches in amazement as junior Matt Burton fits an entire soft taco into his mouth. Taco Bell provided low cost meals for students with little cash.



Tony Nguyen



Barbara Gryder

**T**he new cafe, Joe Mugs, beside Books-A-Million in Potomac Mills Mall provides senior Michael Tomlinson with a place to relax and eat a slushee. The cafe offered drinks and pastries.

**T**hank you and have a nice day!" Senior Krissy Tonneson stopped by at the Chesapeake Bagel Bakery in Tackett's Mill to get a quick, but healthy, snack after the school day.



Bridgit Kelly



# when hunger pains strike, students race to the restaurants with friends to fill grumbling stomachs

Soft sounding music played into the background. The low murmur of people socializing

blended with the music as people patiently waited for their food. This was the atmosphere that surrounded students while they ate out at restaurants. Not wanting to cook their meals for themselves, having extra money to spend, and special occasions to celebrate were some reasons why students ate out, rather than in the kitchens of their own homes.

Students used dinnetime as a chance to get out of the house and hang out with their friends for a couple of hours. "Once my friends and I went to the Outback and

bought two large orders of cheese fries. We just sat around for a couple of hours, talking, until the fries were all gone," junior Corrina Struckholz said. Going with friends to restaurants was an escape from the daily pressures of life, and an opportunity to relax in the good

company of their peers.

While students

went to expensive restaurants, others chose cheaper fast food joints. Time and lack of money were factors in deciding where to eat. "When I get hungry and don't have a lot of money or time, I go to Taco Bell or McDonald's. I normally go with my friends when we get bored on the

weekends," junior Matt Skeele said.

Tradition was also a factor in choosing fast food over expensive restaurants. "Whenever we go to Taco Bell, we sit in the same seats every time. Even when someone isn't there, we leave their seat empty as if they were," junior Jason Gillespie said. Whether they wanted fast food or to go elsewhere was a choice that students had to make each time they

went out.

Students ate out during the weekends to spend time with friends or family, and to get rid of their hunger. The choice to eat out was made depending on how much money students had or what they were in the mood to eat. Whether they chose fast food or a nicer restaurant, students found time for eating out.

by Jenny Williamson



"After debate tournaments we eat at Pizza Hut, and talk about the tournament."

Brian Bowes-9



"My sister was making funny faces at people when we were eating out."

Billy Boulia-9

The Chesapeake Bagel Bakery is the place where junior Evan Lyons goes to get a bite to eat late at night to satisfy his hunger. The bakery served different types of bagels for different tastes.



Seth Lowery



# the explosive sound of the alarms disturb students' mornings causing them to try to catch some z's whenever they can

With groggy eyes, junior LeVar Sykes rolled off his bed. Feeling refreshed from

his afternoon nap, he went to find friends for a game of pick up football.

Taking naps was necessary in order to catch up on lost sleep. "I nap about twice a day. Usually my naps lasts about an hour. My napping makes me less tired and more energetic from a long day at school," junior LeVar Sykes said. Students were released from school at 2:02, which gave them an entire afternoon to nap, work, or go to a practice.

After a six and a half hour school day, students found miscellaneous places to nap. "My favorite place to

sleep is on my couch. I like it because the lighting is good to read, and you can sink down into it. You can also find loose change!" senior Tenise Copeland said.

Weekends served as time to sleep for a longer amount of time. Despite this, time could be spent otherwise. "On

the weekends, I usually get only four hours of

sleep because I have a job and I like to party. I also have homework that needs to be completed," junior Danny Brock said.

Students slept when there was nothing to do.

"On Fridays, I come in really late, but have to wake up early Saturday morning to play basketball with my

friends. Then on Sundays, I sleep in until about four in the afternoon and

only get up to watch the football games," junior Justin Dudley said. Students found activities that served as incentives to get up on the weekends.

Despite the constant comotion of siblings, music, or televisions, students continued to find ways to fall asleep. "I'll turn on the radio or television to help me fall

asleep. At first, I can hear all the voices and sound, but gradually as I relax, the words become murmurs, and I can tell I'm about to fall asleep," senior Harnet Meresie said.

Whether floors, or couches, students found the time and place to sleep, nap, or go to bed early.

by Katie McAllister

## LIGHTNING STRIKES

Approximately ninety minutes after falling asleep, the person enters a dream period, also known as REM sleep. REM sleep, which stands for Rapid Eye Movement, possesses the characteristics of both the waking and sleeping states of sleep. Usually, the dream period last over a period of about five to ten minutes.



"I was so tired, I didn't wake up for a Scottish Band of musicians."

Adrianna Zuk-12

A

fter school naps were popular with junior Damon Pelletier and Huey, Duey and Luey. Students who relaxed in the afternoon ended up fighting a case of insomnia that night.



Bridgit Kelly





Barbara Gryder

**G**oing, Going, Gone. At last sophomore DeAnna Thorstad falls asleep under her flower patterned covers for her afternoon nap. Naps provided a rest after long nights of studying.



Sean Tracy

**L**ost... Senior Steve Gress seemed lost in a dream as he slept the night away. Students slept in knit hats like Steve's to keep their heads warm while they slept during the harsh cold of winter.



**O**h! Senior Ahmad Dorsett collapses in front of the English pod to take a load off after a strenuous day of school.. The carpeted hallways became a place to get some shut eye to students after school.

Bridgit Kelly



FAST AND DARINGLY FRESHMAN CHRIS Stiles leaps over a manhole on a suburban street. Balance and timing were two requirements that played an enormous part in basic rollerblading skills and techniques. These helped him in any other twist, turn, or jump that was attempted.



Barbara Gryder



Barbara Gryder

WHILE STOPPING TO REST ON THE side of the road, sophomore Ben Clark detaches his water bottle from his bicycle to take a drink. Staying hydrated was important for bikers in the summer to avoid becoming too hot and tired by the heat.

AS SOPHOMORE JEFFREY SCHARF takes off on his skateboard at a skate spot called Woodbridge ditch, he slides his front foot up to keep control over his board while ollieing across a handicap ramp. Foot placement helped support his feet.



Sean Tracy





*"I like every little detail about skateboarding. I mainly do it because most parents, teachers, and police officers despise anything that has to do with it. "*

*Samuel McIntyre-10*

# ROLLIN' ON

## *World of Wheels Provide Challenges for Amateur Athletes*

The six stairs wait for sophomore Pat Berran to come along and attempt to conquer the obstacle by landing a varial kickflip after riding off. With high speed Berran rolls towards the peak of the stairs. He grasped the board in mid-air and landed on the ground in perfect position.

"Skateboarding is one of my favorite sports. I skate as much as possible, mainly on the weekends. Many tricks I come across are as challenging as they are for other skaters. The

one thing that frustrates me is doing flip tricks off stairs and high drops. I practice daily but there is still much more to be learned," Berran said.

Besides skateboarding, rollerblading provided a chance for tricks. "I rollerblade because I feel like I am testing myself. When I go out I am constantly trying to improve my skills. I try not to do anything too difficult or a trick I don't think I am ready for. I rollerblade with my friends or my

brother. It's great for physical exercise," sophomore Danny Maurer said.

Students also rode bicycles offroad and to jump off of dirt ramps at local sights such as "the jumps" at Dillingham Square. "I mountain bike offroad frequently. We jump over logs which is very challenging," junior Jeremy Seeley said.

Whether skateboarding or biking, students found ways for fun on wheels.

*by Chris W. Blok*

### GETTING DOWN TO BASICS

*Fakie:* riding forward switchstance, tapping on the nose, and sliding the back foot immediately after.

*Frontside:* tapping the tail and turnig the board clockwise at an 180 degree angle, while riding forward.

*Kickflip-* riding in switchstance position and then fakieing while turning the board 180 degrees counterclockwise.

*Heelflip:* ollieing while rolling forward and kicking out with your front foot allowing the board to flip downward.

*Kickflip:* ollying while rolling foward and tapping your front foot downward allowing the board to flip in midair.



# GHETTO GAMES

## *In the Community, Students Commit to Unorganized Sports*

Concentration was the key as sophomore Sean Arrazano hacky sacks on break at work. He is immovable from his stance as he awaits the next time the hack kicks his way. His day of sports had begun.

Playing after school sports proved to be dangerous and not always just fun and games. "Whenever we have any spare time my friends and I play football. One time while we were playing, a guy on the opposite team was

tackled, and he broke his leg," junior Valentin Sanchez said.

Besides school sports, students played in recreation leagues. "I like playing on my church basketball league because it unites me with my fellow parish members," junior Danny Wittmann said. Not all students could committ the time needed to play on a school team, so other teams were an alternative solution.

Students paricipated in

unorganized sports. "Sometimes my neighbors and I get together to play 500 in the pool. To add excitement we play it while flipping off the diving board," senior David Alvarey said.

A popular outdoor sport was 21. In 21, the object was to score 21 points without going over.

Whether basketball or hacky sack, students found ways to have fun after the bell.

by Jessica Nees

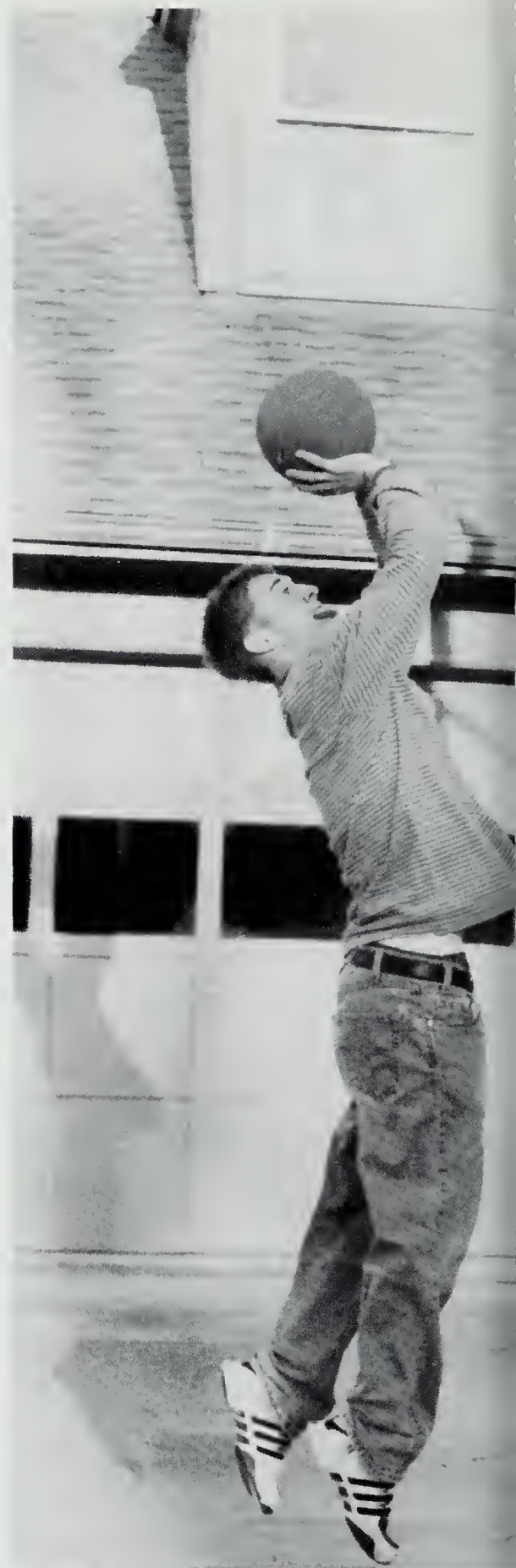
## GETTING DOWN TO BASICS

*Horse:* Basketball game where 2 or more players take shots and try to have other players miss shots to spell "Horse."

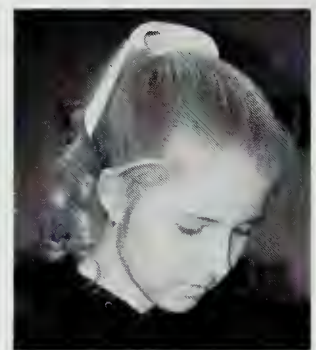
*Around the World:* Points are set up around a basketball court and players must make a shot from each point to win.

*Knockout:* Players begin shooting at the foul line and try to make a shot before the person behind them does.

*Hack:* When all players in a hack circle touch the hack



Jessica Nees



*"It's a lot of fun to just go outdoors and do something athletic. Sometimes my friends and I go out to play basketball, just to get away from it all."*

Amelia Vernon-11





CAUGHT IN THE MID-flight senior Matt Sova jumps to take a shot. Sova kept his tongue out in hope to be like Mike. Driveway basketball was a convenient way for players to work on their game without spending money going to the gym.



PRACTICE MAKES PERFECT. FRESH-man Matt Howell practices his hacking skills in the living room of his house. Students practiced different tricks and moves at their home to show to their friends in the hack circle.

Barbara Gryder



Barbara Heritage



WITH STRICT CONCENTRATION, sophomore Josh Vinney practices his hacking skills in the bus tunnel after school. Students hacked outside during lunch instead of eating. Hand sewn hacky saks cost between five and ten dollars.

BEFORE SOCCER PRACTICE, sophomore Nathan Creech takes his ball from his garage. Teams required players to bring their own soccer balls to practice, so they could work individually on juggling and dribbling. This improved coordination.

ean Tracey



**A**ttention! Freshman Antwon Neloms stands at attention as senior Elliott Jackson reviews the commands. The Male Drill Team practiced the drills with rifles in the bus tunnel.

**F**emale Drill Team member, senior Susan Kim fights her way to the top. Kim battled it out while trying her luck on an obstacle course last summer at camp at Ft. Belvoir.



Seth Lowery



Tony Nguyen



Male Drill Team *Front Row*: Sedric Williams, Paul Thalacker, Lee Prather, Steven Lim, Joe Souvanaratana, Joseph Claudio, Edwin Alicia; *Middle Row*: E.J. Jackson, Valentine Sanchez, Leo Acuesta, Carlos Fernandez, Josh Hoertz, Jason Gomez, Robert Albrecht, Atif Khaliq, Anton Nellons; *Back Row*: David Leckrone, Ferron Camp, Sean Murphy, Anthony Pereira, Scott Kelley, Mike Rush.



Female Drill Team *Front Row*: Latoya William, Tanea Mitchell, Jennifer Tossas, Lycia Mabika, Jennifer Sanchious, Crystal Dillon, Megan Haskins, Olga DeJesus; *Middle Row*: Lorenda Baldwin, DeAnna Seward, Jessica Jackson, Elizabeth Thurber, Wendy Waggy, Melonie Ratcliffe, Susan Kim, Christine Custodio, Myzsa Pennell; *Back Row*: Latrice Jenkins, Angie Davis, Angela Mullins, Eliana Tailele, Monique Farquharson, Myriam Vasquez, Tonisha Moore.



# About Face

## Cadets Synchronize Steps

**W**ith his chest heaving and arms pumping, Raiders' junior Steve Dockery sprints around the track to complete his two mile run.

"To make the Raiders you have to pass a physical requirement. You must do a certain amount of push-ups, sit-ups, and pull-ups in two minutes and a timed two mile run," Dockery said.

Dockery continued, "There's no set amount

of people who can make it, it just depends on how many people pass the test." The male and female drill team practiced drills and exercises to prepare themselves for competitions.

"I'm on the female drill team and one of the drills we do for practice is called the knockout drill," sophomore Wendy Waggy said.

Waggy continued, "Everyone gets in formation and the commander gives commands. Who ever

messes up is out."

Drill team competitions consisted of two categories, regulation and free style. JROTC competed in the regulation drill following the regulations specified in the FM22-5 book.

The JROTC Color Guard was in charge of bringing out the flags during the national anthem at football games.

"We practice to present the colors at basketball games, football games, and competitions. We practice

doing wheels, which are when four men turn at the same time. I joined The Color Guard because they are the most represented in JROTC," senior Jason Casazza said.

The Rifle Team learned how to safely handle weapons. They used unloaded pellet rifles, which are one size up from a BB gun. They were given lessons on gun theories and knowledge.

*by Jennifer Sikorski  
and Kimmy Reese*



**Raiders** *Front Row* Steve Dockery, Justin Lee, Ron Grayson, Jamie Porter, Ryan Kelley, Angela Santiago, Amanda Lewis; *Middle Row* Michael Rush, Donald Hoffman, Anthony Pereira, Michael Barnett, Michael Avenick, Carlos Fernandez, Sean Kelley; *Back Row* Jo Souvanaratana, Jason Caradine, Valentine Sanchez, Nathaniel Bonaparte, Scott Kelley, Edwin Alicea.



**Color Guard and Rifle Team** *Front Row* Jason Casazza, Steve Bowman, Ron Grayson, Justin Lee, Terry Butler, Mike Barnett, Stasha Weaven, Justin Hoertz, Charles Bind, Phinix Lewis; *Back Row* Thomas Volz, James Mena, Susan Katzbeck, Allison Leckrone, Edwin Alicea, Jason Caradine, Carlos Fernandez, Mathew Borsack.



While keeping the rhythm senior Latisha Rowe, claps along and with the other members. Steppers not only had to learn the routines but also how to work as a group.

During a practice session in the upstairs cafeteria, sophomore Michelle Brebnor and senior Laura Montoya concentrate on following Mrs. Cheryl Robinson.



Seth Lowery



Seth Lowery



Seth Lowery

In perfect formation, seniors Natasha Williams and Sarah Izaguirre practiced the movement of their hands and heads to the precise position for their routine.



*"When we practice we work hard and have to concentrate and stay focussed to have an exceptional performance."*

*Lakisha Braxton-12*

## *Steppin' Out*

The Step Team began their second year with twenty six members. They practiced after school and performed at basketball games. Members of the team were invited to perform in a competition at Rippon Elementary in honor of Martin Luther King, Jr. The theme for the competition was "Freedom."



# One Step at a Time

## Members Step To a Different Beat

While coach Mrs. Benita Spears showed the step team moves, sophomore Michelle Grady pounded out rhythms and followed along.

The step team practiced twice a week for one to two hours. They learned routines.

Stepping is similar to dancing, but is based more on rhythms. "We do not use music, we make our own songs and rhythms. Stepping is harder than dancing

because we have to keep our own beat. Everyone has to be thinking the exact same number at the exact same time in order to be together," Grady said. Steppers expressed their creativity at the pep rallies and home basketball games.

"When I am standing and waiting to perform I get really nervous, but as soon as I start to perform, I feel completely at ease and the time passes quickly," senior Sarah Izaguirre said. Standing in front of

cheering crowds affected steppers and their concentration.

On performance days, members mentally and physically prepared by going over specific areas and concentrating on things that affected their routine.

"To have a really good performance we must concentrate and be determined not to get distracted. Facial expressions are the most important," senior Alicia Tisdale said. Members focused on step-

ping and the other elements that made up a performance.

Confusion settled in when their performances were not announced. "I think that the office should announce when the step team is going to perform. They also should preform at more home and away games," freshman Melissa Bentancourt said.

New uniforms contributed to attracting school attention.

by Jessica Nees

## It's Elementary



As she picked up her steps, sophomore Tinika Montgomery concentrated on school work as well as extra curricular activities. She maintained a 4.0 GPA and helped other members learn steps needed.



Step Team *Front Row:* Starkisha Williams, Kellie Smith, Candice Randall, Raynelle Dorifourt, Chequena Morris, Michelle McGrady, Tonna Robertson, Sherece Brogen; *Middle Row:* Benita Spears(sponsor), Laura Montoya, Erika Gutierrez, Alicia Tisdale, Lakisha Braxton, Kareen Babb, Monique Quarles, Sarah Izaguirre, Ronetta Reid, Tinika Montgomery, Jamila Gooden, Cheryl Robinson(sponsor); *Back Row:* April Goss, Latisha Rowe, Monique Atoy Brown, Michelle Brebnor, Tenise Copeland, Reggie Hallard, Tiffani Harris, Ernestine Kamanda, Aleta Sims.



# Village People

## Clubs Serve Community

**T**he annual fashion show, held at Woodbridge Senior High School was sponsored by DECA, the association of marketing students.

DECA included 20 members, five of which were officers. The officers were expected to run the meetings and various activities sponsored by the club. "I'm the president of DECA this year. The officers went through a ceremony when I was sworn into office. I thought being

president would be easier than it actually is. I have many responsibilities, such as running the meetings and planning activities--which is more than I had imagined," senior Kyeisha Richardson said.

Involved in the community, DECA was the sponsor of many fundraisers and other community projects. "We have done community service, such as the 'Holiday Warmings' project, where we collected toys for the

homeless," junior Renee Trimbur said.

Work & Family Studies was an after school activity where students learned about family and the community. "In Work & Family Studies, we learn how to take care of children and families. I joined it because my friends were in it and since it's my first year in high school, I wanted to try new things," freshman J.C. Quinn said.

Members of Work & Family Studies

served the community.

"This is my first year in high school and I wanted to get involved in activities. In Work & Family Studies, we have had meetings after school. We fixed up one of the dollhouses made in interior design and donated it to a homeless shelter," freshman Carrie Witheral said.

DECA and Work & Family Studies served society by aiding the ACTS shelter when service was in demand.

*by DeAnna Thorstad*



Sean Tracy

**A**s she prepares for homecoming, sophomore Kristy Bland makes masks for Work & Family Studies. Clubs showed spirit by participating in the homecoming parade.

**A**t a DECA meeting, senior Erika Gutierrez, historian of DECA, works on their scrapbook. Scrapbooks were one way students in clubs could keep track of events.



Sean Tracy

Sean Tracy





DECA *Front Row:* Geoff Sarmack, Robert Sane, Stacey Campbell, Susan Peters, Kim Johnson, Lisa Michem; *Back Row:* Jamila Gooden, Eddie Gomez, Martiene McCalla, Redonna Rudy, Lynda Boone, Dennis Dorsey, Ms. Kirsten Cheatham



Work & Family Studies *Front Row:* Kristy Bland, Lena Burkett, Michelle Lohr, Monica Fercovic; *Back Row:* Carrie Witheral, Larry Fletcher, J.C. Quinn, Jennifer Kesner, Mrs. Emert

## *Inquiring Minds*

DECA is a co-curricular activity that deals with leadership development. This organization holds an annual fashion show in early March. Work & Family Studies involve students in their community as well as service projects. It is a co-curricular club, which meets after school.

**P**ictures from the last fashion show were the center of junior Martiene McCalla's attention. DECA members planned their annual fashion show by reviewing the last one.



**T**o get a closer look, senior Timothy Vincent, examines the inside of a computer hard drive. Recycling old computer parts provided an inexpensive way to increase supplies.



Seth Lowery



Seth Lowery

**S**taring at his Apple IIgs computer monitor, sophomore Mark Christensen, takes time out from serious discussion and work to play a game at his computer terminal.

### *Explore Technology*

The Computer Club was involved with computers and aspects of their operation. The Club used pieces from a surplus government computer to assemble new computers. Members set up a bulletin board on an IBM model 70 computer, in which all students could access upgraded software and the internet.



# Members Blaze Through Web

With his eyes glued to the computer monitor sophomore Josh Venie, sat tapping away at the various buttons on the keyboard. "You can learn from these people, or be working for them in twenty years," Venie said. Students found computers facilitated processes in today's society.

Members diagnosed and configured an IBM model 70 computer to use as a Bulletin Board

Software (BBS) server. This server allowed students to obtain certain information to use on their home computers.

Members struggled to figure out new and important things about different types of computers and their uses. Students spent time discussing computers and programs during the meetings that were held weekly on Friday afternoons. "We like to sit and just talk about computers. We are in the process of basically fig-

uring things out to see if they work or not," junior Jason Drake said.

Computer club was offered to all students that were interested in acquiring knowledge about computers, technology, and the changing field. "At first I thought I wouldn't fit in with the club, but now I'm learning a lot of new things about computers and I don't mind being the only girl," sophomore Sherri Giasson said. Members took time to tutor stu-

dents taking AP Computer Science I and II.

Members received a surplus of government computers that they repaired and diagnosed. The club used the pieces that were in working condition to piece together computers. The club encountered headers for top secret documents on one of the government hard drives. Members made contributions to the progress in the computer field.

*by Beth Via*

## It's Elementary



Computer Club's President, junior Kevin O'Brien organized the club after the threat of not having one. O'Brien organized weekly meetings in which he educated students on the use and importance of computers.



Computer Club *Front Row:* Kevin O'Brien, Larry Leventhal, Tim Vincent, Jason Drake, Sherri Giasson, *Back Row:* Ryan Turner, Josh Venie, Jeffery Giasson.





TV Management *Front Row* Jennifer Barnett, Nathan Creech, Steve Carwile, Nikki Anderson; *Back Row*: Mr. Jensen, Eric Fallah, Brian Forsyth, Dave Stewart, Liz Sigmund.



Exploring TV *Front Row* Liz Olin, Adrienne Ingram, Nikki Feimster, Michael Brokenburr, Pat Betran; *Second Row* Sifrona Bailey, Leila Grimm, April Dann, Lindsey Eaves, April Chervenka, Tiffany Malcolm, Laban Johnson, Joey Gallagher; *Third Row* Liam Shields, Eric Spickelmiet, Antigone Ambrose, Josh Coder, Brian Ingram, Keith Shrader, Leon Pinchik, Steve Feuchtwagnet, Latisha Meade, Mt. Datin Jensen; *Back Row* P.K. Casio, Monica Bonner, Margaret Simpson, Sean Azzarano, Kim Payne, Nathan Creech, Bob Johnson, Mark Naegle, Tim Azzarano.



TV Productions *Front Row* Tracy Clemons, Jennifer Barnett, Peggy Blackmon; *Second Row* Nathan Creech, Mohammed Al-Otobi, Brent Logan, Liz Sigmund, Amy Cyphers, Max Evry, Dave McPhillips; *Third Row* Mt. Jensen, Brian Forsyth, Eric Fallah, Sam McIntyre, Steve Carwile, Nikki Anderson, Nathan Marsh, Heather McConnel, Sara McCrary; *Back Row*: Art Lambtos, Dave Stewart, Jonathan Adams, Milton Arnett, Aisha Scriber, Mike Atkinson, Louis Nomandin.

## Lights Please

TV Productions ran Viking Television Channel 49. The students handled all aspects of production including lighting, sound filming and editing.

**A**s she studies what is being recorded, junior Jennifer Barnett concentrates on her steadiness. Productions relied on the quality of the filming during a broadcasting.



Dawn L. Moulen



# Camera Action

## Crews Cover Field of Events

Screams roared from the bleachers and the field. The marching band began playing as the team and fans rejoiced. The varsity football team had just scored a touchdown.

Behind the scenes the television production crew scurried to shoot footage. They focused on players and action.

"When I am in TV Productions I get to see how real productions occur through filming games for school or

helping out on *Open Line*," freshman Lee Allison said. The audio, video, and switchboard sections were prepared for coverage on cable television Channel 49.

To make sure a clear sound would be produced, freshman Brent Logan adjusted sound devices for balance. "Through TV productions I get a chance to learn skills in audio controls. I help in the audio field when I go to shoots," Logan said.

The class provided

students experience in all steps in broadcasting. "TV is my favorite class. I learn special skills in working cameras and making school programs," sophomore Nathan Creech said.

He continued, "These programs that are broadcasted are a team effort. A career in this could require these skills," Creech said.

If their jobs were not done correctly, problems arose and affected the shoot. "During team videos if batteries

fail or a camera man moves from position too soon, then a complete shot could be lost. We depend on every little section to do their job right," junior Mike Atkinson said.

After the game was completed the crew remained. They picked up cords and excess equipment after recording the victory by the varsity football team.

by Chris Blok

## It's Elementary



Production Director junior Steve Carwile handled directing, audio and scheduling duties. He arranged crews to film sporting events, concerts, meetings and other special events which took place around the school.



Seth Lowery

Stormy weather. TV crew members senior Brian Forsyth and sophomore Bob Johnson film the rainy homecoming. TV Productions filmed all home athletic events.



# Witches At School

## Performers Cast Spell

On her way to the auditorium after school, sophomore Brandi McLair, stopped to grab a soda and snack. She worked on designing props for the play *Get Witch Quick* throughout the afternoon. "We usually stay late after school practicing and preparing for the play. It takes a lot of time to make sure that everything runs smoothly,"

McLair said.

The Drama Club was responsible for technical aspects of the plays. Under the supervision of advisers Mr. Albert Smith and Mr. Bill Bimber, the backstage crew was responsible for lighting, props, make-up, and special effects.

When not working on a play, the club met monthly to discuss upcoming events and to audition. Mr. Smith took groups of students

to Washington D.C. to see plays at Arena Stage. They saw *Plow in the Stars*, *Matchmaker*, *Coming of the Hurricane*, and *Candide*.

Students interested in becoming Thespians earned points working on, or starring in plays. Students needed ten points to be inducted.

"I worked on costume crew for *The Boyfriend*. Then my sophomore year I worked props for *Horror High*

and I was in *I Never Saw Another Butterfly*. In the fall of my junior year, I worked on set crew for *Frankenstein*. Then I had enough points to become a Thespian," senior Shannon Bailey said.

"Drama set me off in a whole new direction. I know I would like to do something with theater," junior Chalmers Hood said.

by Lisa Bellamy and Elizabeth Heisey

Barbara Gryder

*Exit  
Stage  
Left*

The Drama Club welcomed all students interested in any part of stage production and performance. The club ran all back and onstage aspects of theatre performance. The club also provided special effects and lighting for home varsity basketball games and the Homecoming football game.



Thespians *Front Row:* Mickey Fong, Scott Baker, John Dooley, Kristina Welch, Brittany Lipinski, Don Copeland, Carly Jarvis; *Back Row:* Mr. Albert Smith (Sponsor), Leslie Crane, Peter Graham, Shannon Bailey, Chalmers Hood, Amy Panek.



Drama Club *Front Row:* Dustin Farmer, Kristin Bland, Ben Rickard, Evan Wooten, Kristin Thurnher, Don Blanton, Laur. Lynn Smith, Brittany Lipinski, Leslie Crane, Niki St. Germain, Lucy Risso, Jenna Giandoni, Becca Reibling; *Second Row:* Kevin Philips, Shannon Bailey, Scott Baker, John Dooley, Kristina Welch, Karden Kelly, Peter Graham, Louie Durand, Christin Zeranski, Carly Jarvis, Katherine Callahan; *Third Row:* Tamarisk Cardwell, Monique Brown, Meghann Peterlin, Heather Webber, Mickey Fong, Lisa Greiling, Barbara Heritage, Elizabeth Martin, Brandi McLain, Amanda Johnson, Courtney Christman, Gina Cox, Shannon Baily, Mr. Albert Smith; *Back Row:* Blair Lockamy, James McCormick, Steffani Yamada, Sean Tracy, Chalmers Hood, Bill Grandy, Noah Peery, Derek Luther, Suzanne Stewart, Anitra Budd, Amy Panek.





**L**adies, Ladies, settle down. Today you will get a new *normal* male teacher," freshman Gina Cox, Mrs. Blackwell in the play *Get Witch Quick* says to her class.

**M**agic is in the air. Junior Nikki St. Germain watched senior Kristina Welch, a witch, change the color of her scarf from yellow to blue. The play was two hours long.



Bridgit Kelly

## It's Elementary



Senior Peter Graham joined drama his sophomore year. He helped advertise plays and took roles in productions. Graham was inducted into the Thespian Society his junior year.



Barbara Gryder

**B**e careful not to poke me in the eye. Junior Barbara Heritage applied stage make up to sophomore Amy Panek, Mother Heckett in *Get Witch Quick*.



# At Ease Soldiers

## Cadets Endure Basic Training

**T**he door to room JROTC1 flung open and a flood of olive green streamed into the hallway. The Junior Reserve Officer Training Corps students wore their green uniforms every Thursday.

The 242 cadets, an 11 percent increase from previous year, were broken down into three companies: Alpha, Bravo, and Charlie. In the fall, enrolled students were randomly placed into

these companies. Each company was self-sufficient with its own staff. The companies conducted their own meetings and events.

Within each company, a commanding staff was in charge. The company commander and first sergeant worked with cadets, while the executive officer did administrative work. "Every day after school I work on the Personnel Staff as junior assistant. We take care of the cadet records

and personnel files for classes," sophomore Jill Camuti said.

Three teachers taught the nine JROTC classes. "I learn about leadership, types of flags, branches of the military, and customs," freshman Johanna Barcinas said.

In October, they held a fundraiser. One hundred seventy-nine cadets participated in the selling of candy to benefit the program. They made \$11,000 profit, a total of 3, 205

items sold.

Members used their training in preparation for future plans. "I wanted something that would condition me for the army, because basic training starts six days after graduation in June," senior Donald Hoffman said.

The students of JROTC found that being divided into different companies was an effective means of organization.

*by Kimberly Reese  
and Jennifer Sikorski*



Dawn Moulen



Alpha Company *Front Row:* Angie Davis, Richard Hackley, Angela Mullins, Joseph Kovac, Lee Prather, Courtney Christman, John Moore, Elicia Weaver; *Second Row:* Bridgit Carter, Olga DeJesus, Carl Pearsal, Sedric Williams, Anthony Pereira, Latrice Jenkins, Monique Farquharson, Megan Haskins, Steven Lim, Eddie Alexander, Jason Howe; *Third Row:* Christine Custodio, Eduardo Gomez, Amy Stockwell, Isabela Jones, Tonya Nolen, Doug Quaderer, Phinix Lewis, Matthew Barrack, Wendy Waggy, Donald Lynch, Micheal Nazionale, Benny Johnson, Franklin Quiros; *Fourth Row:* Carole Collins, Jessica Ruiz, Suzan Kim, James Mena, Kratel Ruiz, Eliana Taillele, Lashanta Roquemore, Melonie Ratcliffe, Myzsa Pennell; *Back Row:* Christin Custodio, Alicia Cobb, Scott Kelley, Michael Avenick, Tom Muhammand, William Berket, Christopher Overby, Daniel Thompson, Rinaldo Williams, Jason Casazza, Chase Honaker



Bravo Company *Front Row:* Pedro Adam, Thomas Volz, Tony Cerrulo, Preston Abshire, Justin Lee, Elliot Jackso, Amanda Lewis, Joann Newhauser, Patrick Bonneville, Antwon Neloms, Delonte Craig, Crystal Dillon; *Second Row:* Paul Thalacker, Deanna Seward, Stasha Weaver, Iraida DePauly, Lydia Mabike, Ebony Smith, Melissa Betancourt, Johanna Barcinas, Elizabeth Thurber, Jason Gomez, Joshua Hoertz, Lorenda Baldwin, Jason Gibson, Julie Brandywein, Darrel Horne; *Third Row:* Thomas Fields, Vernae Avery, Monica Fercovic, Myriam Vasquez, Tiffany Malcolm, Starkisha Williams, Craig Hicks, Erin Stringer, Carlos Fernandez, David Lekrone, Michael Stemmerman, Sedric Williams; *Back Row:* Ryan Kelley, Ronald Grayson, Anthony Iheme, David Salisbury, Andrew Wood, Sean Murphy, Werner Luebke, John Doe, Bradley Sorrel, Norwood Hughes





Upon receiving the shipment of candy sold in their fundraiser sophomore Sam Orr, freshman Latoya Williams, and sophomore Jo Souvanaratana sort items.

Tuesday during class, junior Paul Thalacker and senior Robert Albrecht step out into the hallway. They discussed the activities for that afternoon's male drill team practice.



Tony Nguyen



Charlie Company *Front Row:* Joseph Johns, Ryan Montgomery, Daniel Barge, Christopher Kodsí, Nakisha Goal, Jose Castano, Aaron Walters, Stephanie Daniels, Whitney Lynn, Lamika Reed; *Second Row:* Marquis Williams, Mark Delcort, Jennifer Sanchious, Christopher Cramer, Valentin Sanchez, Joseph Claudio, Leo Acuesta, Paul Knick, Jamie Bolick, Merideth Trohanov, Jason Caradine, Mike Custodio, Carla Tomlin; *Third Row:* James Harris, Kim Stephens, Nathan Bonaparte, Ferron Lamp, Tanisha Moore, Mary Maton, Robert Albrecht, Edwin Alicea, James Bailey, Richard Embrey, Charlie Bind, Steven euchtwanger; *Back Row:* Reggie Davis, Jason Wilder, Ebony Johnson, Michelle McGrady, Jennifer Tossas, Kristy Close, Latoya Williams, Tania Mitchell, David Strubble, Justin Hoertz



Commanding Staff *Front Row:* Angela Santiago, Alison Leckrone, Michael Barnett, Heather Ley, Angelique Christman, Jill Camuti, Heidi Ley, Susan Katzbeck; *Back Row:* Gwendy Lopez, Scott Kelley, Steven Bowman, Michael Rush, Michael Avenick, Steven Lim, Morgan Lynn, Sandra Zepeda, Jeri Longino, Ana Acosta, Terry Butler





Barbara Gryder

With a firm grip on the steering wheel, sophomore Stephen Trinkes follows Mr. James Sorrell's instructions on the car radio. Students could hear, but not respond.



*"The drivers education cars are really big and old. Also, they're scary because I'm really short."*

*Peggy Blackmon-11 on my own time."*



*"I decided to take private instruction drivers education because I didn't want to miss P.E. and have to do a five-page report. It was easier to do it*

*Alex Taylor-10*





## Drivers Crunch Cones

As she turned the key of her car's ignition, sophomore Nichole Ford grimaced. VRRM! The car started with no problems. As she placed her foot on the brake, the car stalled.

"My most memorable drivers education experience was on the range. It was my first day of driving in those big cars. When it was my turn, I was backing up and ran over a cone, and right up on the curb," Ford said.

Students took part in behind-the-wheel instruction which cost \$175.00. Instruction took place on the range in the student parking

lot, and on the local roads. Drivers Education was offered to tenth graders through physical education.

"Drivers ed is useful, but the content that they teach you in the classroom doesn't actually pay off while you are driving," sophomore Erin Bulger said.

"The cars are big and white and are like driving boats at first. They are ancient. They have a big number on top. Mine was nine, and my teacher always called my number and yelled at me," sophomore Jenn Myers said.

Road and range experience was available

through private instruction also. Some students chose this route rather than having to make up class assignments from taking time out for behind the wheel instruction.

"I decided to take private instruction for driving so I wouldn't have to miss classroom and make up all the work. For me, it was convenient to have road and range after track practice because Coach Custer was also my teacher," junior Melissa Bernacki said.

In order for students to get licenses, they had to pass the course.

*by Katie McAllister*



Barbara Gryder



Barbara Gryder

OPS! Sophomore Jenny Opsut gets out of her car to stand her cone. Obstacles were framed by cones. Students were only allowed to knock over a specific cone and pass the range test.

After easing her car out of the figure eight in the middle of the course, sophomore Mary Gilhooly moves on to angle parking. Students had to maneuver five driving obstacles.



# ARTICLES

## Calculators Expand Knowledge, Entertain

confused junior Chris Clay gazed down at the gray screen. Multiple buttons that he did not know how to operate, stared back at him.

"I use half the buttons, the rest are just like decorations and sit pretty. I'm always having other people show me what all the buttons do, but half the time I never remember what they said," Clay said.

Students paid between 80 and 100 dollars for these calculators. Students used the graphing calculators in Algebra II/Trig, Physics, Functions Trigonometry and Calculus.

Students created programs to use for classes. Senior Joey Card passed on a program called "Physics 4." The program solved for velocity, distance, acceleration and time.

Less expensive calculators had less options and functions to learn. "It's too complicated and you can't function it as easily as the scientific calculators," senior Crystal Majors said.

Games could be programmed into the calculators as a source of entertainment. Two games students played

on the calculators were "NBA Jam" and "Ski."

In "NBA Jam" O's, +s and ^s combined to make people. The opponent had a "V" for a head. The game player was always on offense and bounced another "O" for a ball. Students could have their player dunk, dribble and hit three-point shots.

"Ski" had the multiplication sign slalom down through a course of O's. The player controlled the skier's motion using arrow keys.

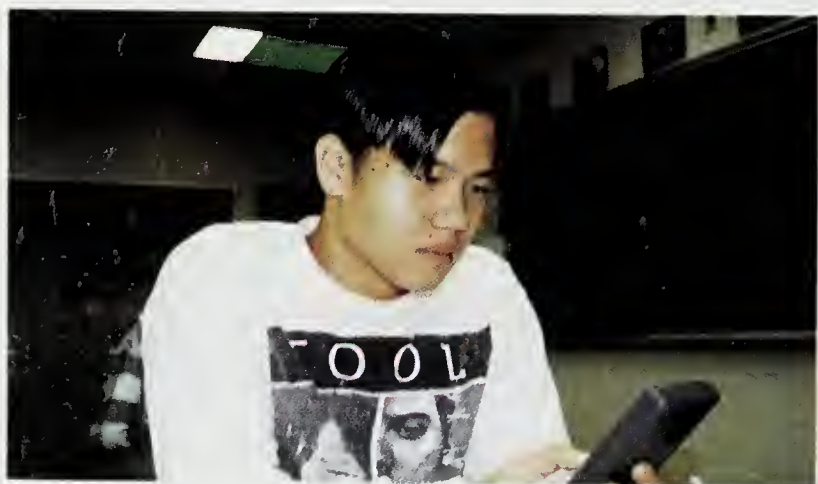
"When you go in to take your SAT, they erase all your games. I

had "NBA Jam" and "Ski" on my calculator and they wiped them out. I also had programs in my calculator for Algebra II and Chemistry classes and they took them out too," junior Brian Blackburn said.

"I think it's comical that people actually have games on these calculators. I always thought of calculators as a work tool not an entertainment source," sophomore Melissa Pillifant said.

The calculators were manufactured by Texas Instruments.

*by Mary Gilhooly*



Tony Nguyen

When he finally finishes his data entry and depresses the enter button on his graphing calculator, junior Tom Shin arrives at the answer to his standard deviation problem. In his Probability and Statistics class, he used his graphing calculator to solve complex problems quickly.

After plugging data into their calculators, juniors Kristen Buckstad and Stephanie Daniels graph on their calculators. In their Functions Analytical Geometry class, one project was a social security polynomial project. They were to turn social security numbers into polynomials.



Tony Nguyen





Tony Nguyen

With fingers flying, senior Richard Granger inserts lists of numbers into his graphing calculator. He worked to find the standard deviation for the problem on which he was working in his Probability and Statistics class. Mrs. Julie Hicks taught the class.

*It does graphing you can't do by yourself. I use it for Physics and Functions class. We use it mostly to find out more about standard graphs.*

*Ruth Wilshire-11*



*When I don't have anything to do in my study hall or classes are boring, I take my graphing calculator out and play one of the games, like ping-pong.*

*Sumit Gupta-10*





Government should only protect individuals' rights. Juniors Matthew Giannini and Don Blanton discuss the duties of government. Junior Greg Zumbrook consults his notes to look for a rebuttal to Giannini's comment.

Barbara Heritage

## Student Opinions Direct Lessons

"Does a stick represent a woman?" junior Nancy Rosanow asked.

Students sat with their desks in a circle. In seminars, students learned through open discussion, rather than teacher lectures.

"I was having difficulty understanding the book *Flatlands*. It was about a two dimen-

sional world, where each geometric character represented a different kind of person. Having the book explained to me by my classmates helped," Rosanow said.

Seminars were held every two weeks in the gifted program. "Seminars are designed to be an extension of the aca-

demic curriculum. Students learn to think and express themselves," Mrs. Marjorie Meyerle, English teacher, said.

Other teachers adopted seminars in their classes. "We read the play *The Crucible* by Arthur Miller. Before we had to write anything, the class just sat around and talked

about the book. Anyone who wanted to, could ask a question. Then another student would try to answer it instead of the teacher," junior Sarah Wilt said.

Seminars gave students the opportunity to run a class discussion based on their own knowledge.

by Jill Inskeep





Tony Nguyen

With his guitar, senior Sean Urban communicates through music. In his seventh period GEMS class, Urban watched his fellow classmates demonstrate how art and music act as forms of language.

What should I say to a French aristocrat? Junior Bridgit Kelly listens to seminar students discuss the culture of eighteenth century United States. The group discussed differences between the two countries.



Barbara Heritage

*I remember once, my facilitator got mad at everyone because none of us ever agreed with her. She jumped up and started yelling at all of us! No one ever talked after that.*

*Matthew Giannini-11*

*In my seminar, personalities range from aggressive to shy, diplomatic to eclectic. Despite this, none of us really disagree, but build on each other's ideas and delve deeper into issues.*

*Lisa Hale-11*



Barbara Gryder

In Gifted Education Multi-Disciplinary Seminars class, senior Kristen Tonneson listens as senior Kevin Bull speaks about language. GEMS classes talked about subjects which ranged from metaphysics to philosophy.



# CLUSTERS

## Styles Reflect Individual Preferences

As the minutes on the clock ticked away, the noise level in the open foreign language classroom echoed with voices of students practicing their language with class partners. When working individually didn't help a student, working in groups helped students gain a better understanding of the subject.

At times students became distracted and socialized, but group discussions helped in the end. "After working in groups I understand the concept better. In English this year, we had group discussions about the book *Night*. I un-

derstood it better and got a good grade on the test," sophomore Marianela Enriquez said.

Students chose to take advantage of groups to get out of work. "I like to work in a group because I can usually just sit back, relax, and watch others do the work, and I still get credit. I feel guilty sometimes, thinking I should help, but I'm too lazy," senior Joe Mustachio said.

Students chose to work in groups to avoid getting off the required topic. "I like to work in a group better than working alone. Usually

when I work by myself, my mind side-tracks and I start to day-dream about Dave Navarro from the Red Hot Chili Peppers," junior Laura Walsh said.

When given options, some students chose to work individually over group work. "I like to work individually over working in a group because when I work in a group, we usually start talking about other subjects. Also, it's really bad when other people in your group don't do their share and you're stuck with extra work," sophomore Rachel Rogozinski said.

by DeAnna Thorstad



Bridgit Kelly



Olinda Fuentes

After passing out a survey to her class, Dr. Karen McPherson read the survey aloud as senior Jeff Gotherman read it silently. Teachers read directions so students understood what was expected of them.

After consulting *Cliff's* on *The Scarlet Letter*, juniors Eric Reifsnnyder, Alysia Barton, and Melody Seward discuss the characters. Mrs. Dawn Moulen's English 11 class worked in groups to comprehend the book.



Bridgit Kelly



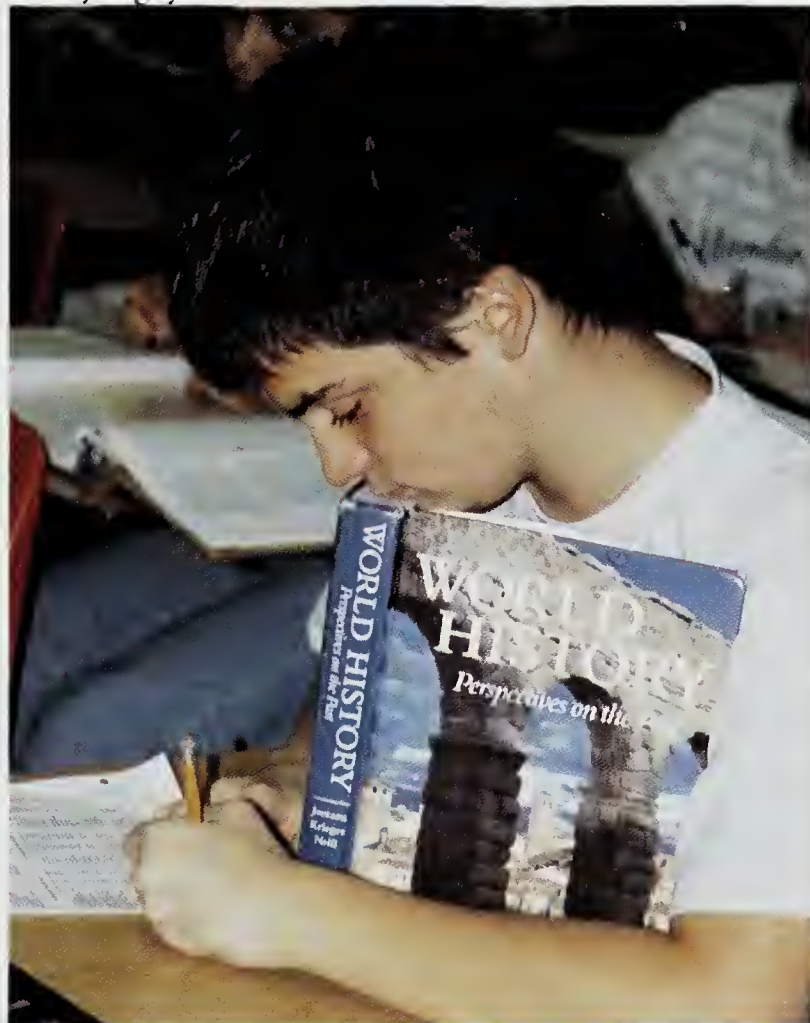


In Mrs. Dawn Moulen's fourth period English 11 class, juniors Joel Sluys and Shawn Cheeseman define vocabulary, write summary frames, and answer questions for quality thinking based on *The Scarlet Letter* by Hawthorne.

Ecoute! While in Madame Josephine Volzer's French III class, sophomore Vatchara Vajirapinyo follows along in her book as the teacher reads about Paris. Reading aloud in class helped students understand subjects better.



Tony Nguyen



Tony Nguyen

More notes? While in Mrs. Joyce Sustar's World Studies I class, freshman John Jenkins takes notes as the class has a discussion about geography. Group discussions in classes helped students prepare for upcoming tests.



*"I like to work by myself because its harder to get my ideas out so that the group understands what I mean."*

Lori Kam-12



*"I like to work by myself because I get more accomplished and I can take credit for all the work."*

Rachel Carter-11



# JAMM

## Environment Influences Learning

As she pushed her way through the mass of student desks and chairs, junior Andrea Flanagan squeezed into her chair just as the last bell rang.

"In my English class, there is hardly any room to move around. It's a major effort on a student's part to get up for any reason. So many rows are crammed in the room and there is only a foot or two of space between them," junior Andrea Flanagan said.

Classroom set-up contributed to the atmosphere and function of the learning environment. "In my English class, the atmosphere is

very casual and keeps everyone's attention. This makes it so everyone wants to be there, and that's why it's so different and so much better," junior Jenni Gray said.

In some classrooms, space was limited and the arrangement of the desks was constricted. "The setting of this room, the fact that we are smashed together 'like sardines' as Mrs. Lehto says, makes the concentration and learning difficult. There is hardly any space to put our things and to sit comfortably. Some room to ease concentration and learning is very

important, especially in a class as hard as Latin II," Freshman Lidia Niecko said.

For some students, having to share work space with other students was constricting. "In my Biology II class we share lab tables. Being left-handed makes it difficult to write, especially when sitting by a right-hander," senior Kristy Close said.

Two thousand eight hundred and fifty students and 225 staff members limited space in the building. The addition of six trailers outside did little to alleviate crowded conditions.

*by Elizabeth Bowden*



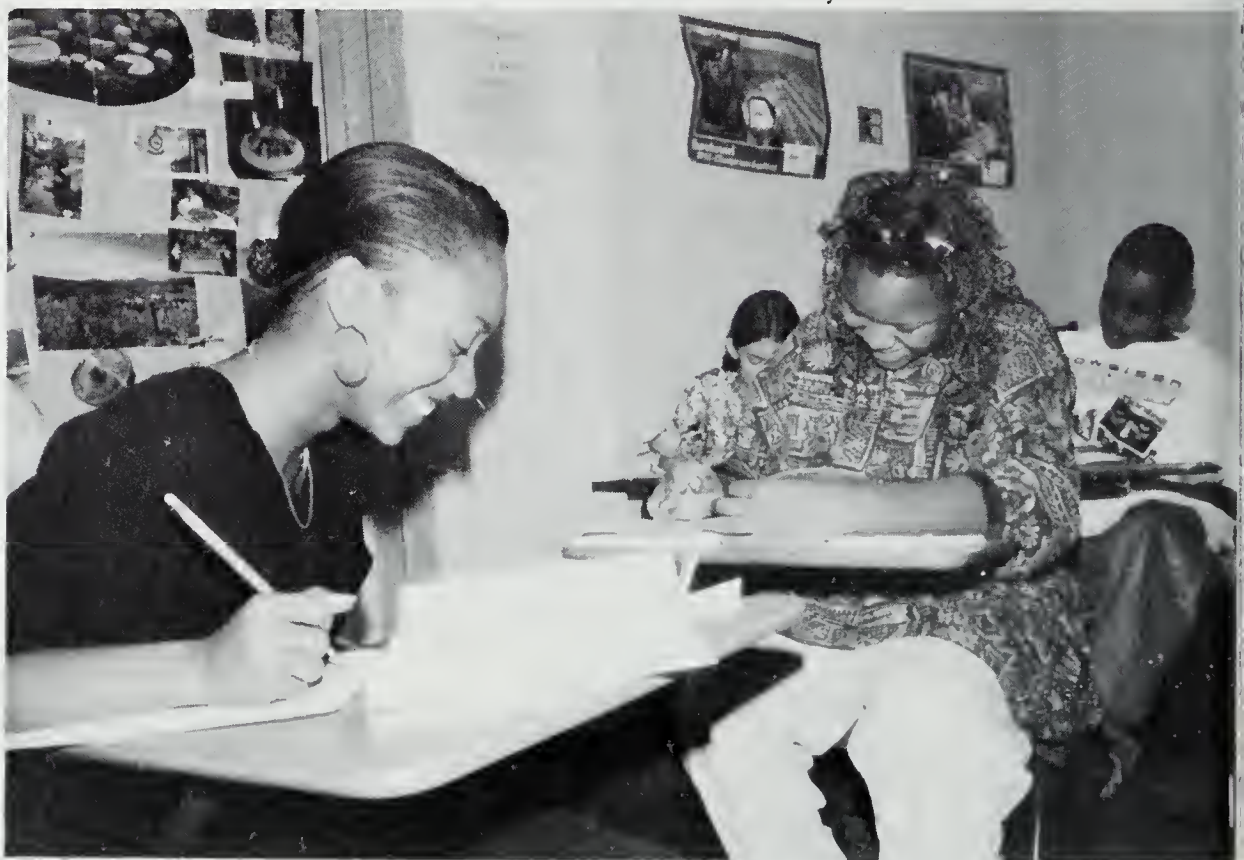
Barbara Gryder



Seth Lowery

While studying for their Spanish test, senior Rosemary Shields and freshman Stephanie Trinidad push their desks together. Personal space was limited in small rooms.

As they study for their Spanish II test, freshmen Lakresha Etheredge and Tonna Robertson push their desks together so they could hear better in the open classroom.



Seth Lowery





*"We have a lot of room in my Computer Science class. It makes learning a lot easier. I feel comfortable in that class."*

*Eric Fay-11*

*"Any chance I get to leave my biology class I do, because it is so cramped. Small and cramped classes bother me."*

*Kate Skeelee-10*

*I*n Ms. Susan Mealeia's seventh period chemistry class, junior Amanda Nicholson jots down a few notes from the lecture. The classroom was arranged in two "E" shapes facing each other to provide for the optimum seating.



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## GREEN THUMBS

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The sun set slowly in the October sky, while senior No and sophomore Jo Souvanaratana take advantage of the cool weather to tend to their garden. Squash, peppers, and Oriental herbs were among the plants grown in the Souvanaratana family garden. The oncoming cold weather forced students to visit gardens daily in order to ensure a successful and productive growing season. Families kept gardens to cut down on grocery store expenses, get vegetables that cannot be found in the local grocery stores and to ensure fresh home-grown quality foods. Herbs were grown to add special flavoring when cooking meals.

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Tony Nguyen





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## D O W N • T O

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# Earth

The earth shook as 5690 feet navigated their way through newly laid mulch and planted trees. A multitude of students wound around fences to get to their first period classes at 7:30 a.m. September 5. The fences protected the new landscaping that Mr. Alan Ross had worked on during the final weeks of August.

All teaching ground to a halt during sixth period, October 9 when the verdict in the O.J. Simpson case was aired. Every major network competed to be the first to announce the decision. The jury found him not-guilty of murdering his former wife, Nicole Brown Simpson and Ronald Goldman.

An idea that took root last spring came through with the addition of two Bradford Pear trees outside the back entrance to the school. A plaque placed between them honored Chris Redmon and Erin Doughty, two former students who were killed in a freak accident.

When the football team went onto the field for their first game in the end of August they found the muddy pit covering the ten yards between the 45 yard lines gone. Mr. Wes Bergazzi, Athletics Director, had new sod put down on the football and soccer fields. This addition didn't just help the athletic teams. Less mud on the field meant the marching band could cut down on shoe cleaning and polishing by half.



# B RANCHING OUT

Leaving their freshman year behind sophomores were no longer beginners in high school. They had to adapt to new roles and new challenges.

Starting off the new year with a new driving law, fifteen-year-olds could now get driving permits instead of waiting until the age of 15 and eight months. Through drivers education class, road and range cost \$175.

Sophomores could no longer obtain parking permits due to over crowding. They had to carpool with upperclassman friends or ride to school on the bus.

For the first time the sophomore class had its own newsletter, initiated by the class officers. *The Sophomore Informer*, written by sophomores, provided information about

class events and clubs and a special feature called the "Sophomore Spotlight" which featured outstanding sophomores.

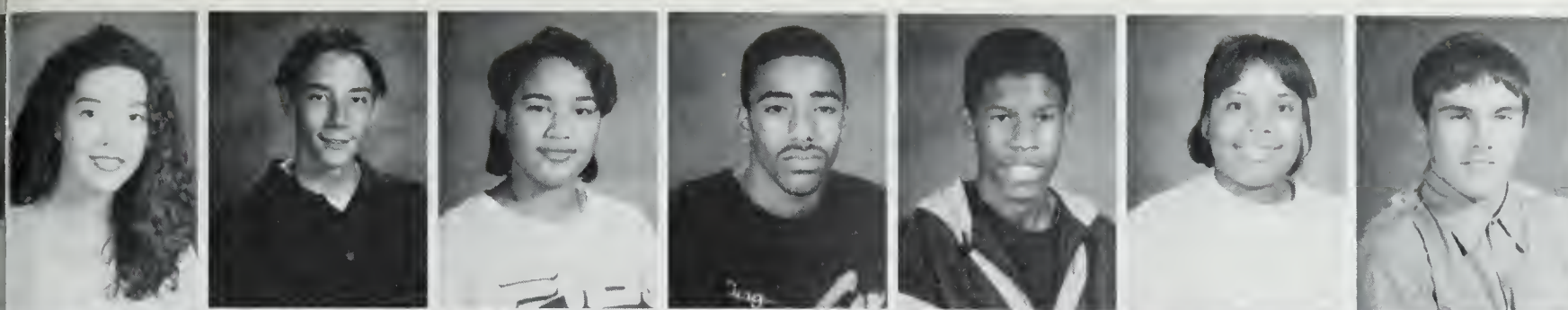
For the Mardi Gras homecoming, the class made a float entitled "98 is Spazzed By Jazz." Sophomores slept on the float the night before the homecoming parade to protect it from vandalism. Through the rain and a generator malfunction the float suffered, but sophomores continued to march despite the problems. Herff Jones greeted the members of the class for the first time to sell them class rings.

The class administrator, Mr. Rob Benson, left the school to take a job as assistant principal at Stonewall Jackson High School. Ms. Benita Spears moved over from the freshman class to replace him.



Sophomore Class Officers Elizabeth Roque (*Historian*), Barbara Gryder (*President*), Evelyn Stone (*Vice President*), Nichole Ford (*Treasurer*), Meggan Curtin (*Secretary*).

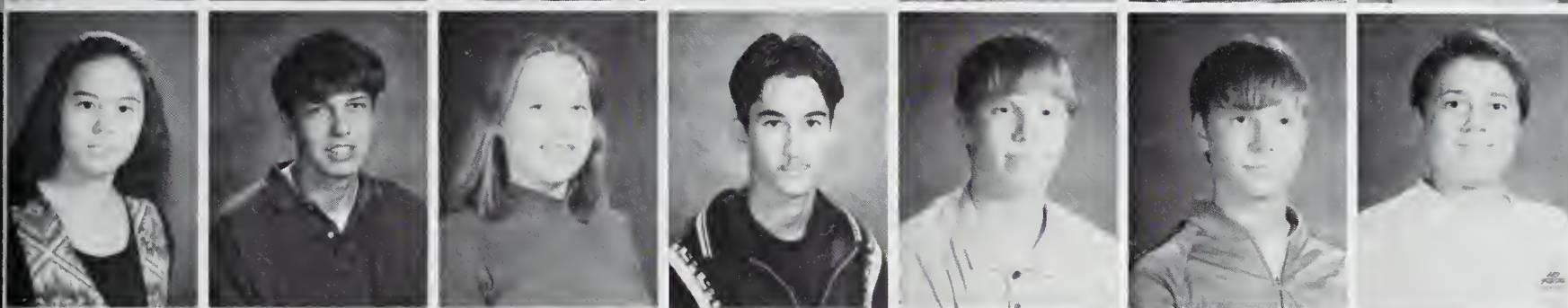




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Jason Alexander  
Ricardo Alexander  
Krishawn Allen  
Sean Allen



Iris Alvarez  
Ronald Alvarez  
Kristin Ambery  
Antigone Ambrose  
Aletia Anderson  
Meghan Anderson  
Shirley Andorful



Angela Anniballi  
Dan Avenick  
Melissa Ayers  
Sulliman Azizi  
Sean Azzarano  
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James Bailey



Shannon Baily  
Heather Baker  
Holly Baker  
Kevin Bako  
Lorenda Baldwin  
Simon Baldwin  
Autumn Baltimore



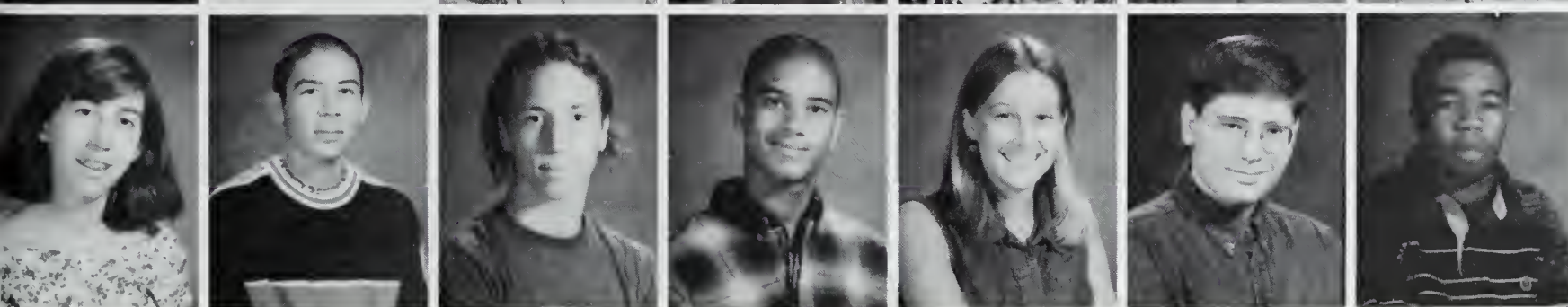
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Carly Barbour  
Alicia Barboza  
Michael Barnes  
Shane Barnett  
Rachel Bartley



Andrew Bass  
Rabia Beg  
Melissa Bennett  
Michael Bergazzi  
Monica Bermea  
Maren Berney  
Patrick Berran



Anthony Bertrand  
Keith Bevins  
Sean Bies  
Laura Bibbee  
Jason Bing Grant  
Eli Bischoff  
Tommy Bishop



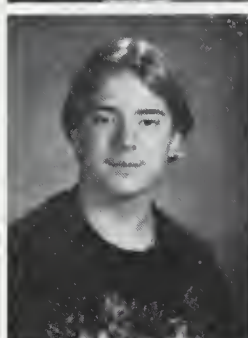
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Nicholas Bland  
Christopher Blok  
Nathan Bonapart  
Monica Bonner  
Patrick Bonneville  
Alfred Bookman



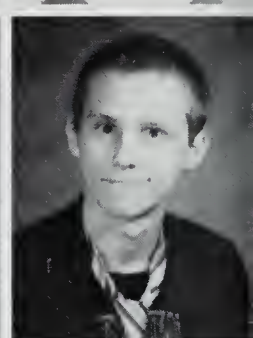
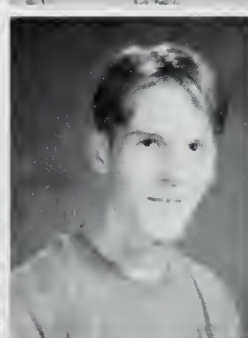
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Christina Briceland  
Melissa Broadus  
Michael Brokenhurr  
Erynne Brotherton  
Shannon Brown



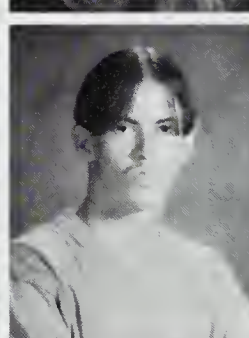
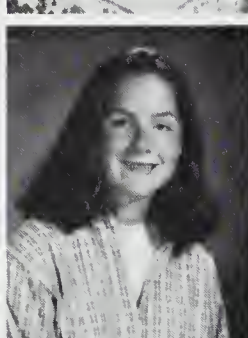
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Sean Bruck  
James Buchanan  
Scott Buchanan  
Sandra Buckley  
Patrice Buckmon  
Jennifer Budney  
Erin Bulger



Ferron Camp  
Johnnie Bunkley  
Lena Burkett  
William Burkett  
Julie Burns  
Derek Burrows  
John Butcher  
Lamarr Caldwell  
Katherine Callahan  
Carrie Calvin



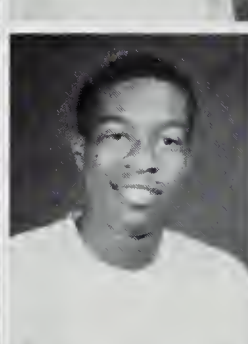
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Tinia Campbell  
Jillian Camuti  
Joesph Canavan  
Anthony Cantolupo  
Tamarisk Cardwell  
Terrence Carr  
Darryl Carter  
Sharron Cawthorne



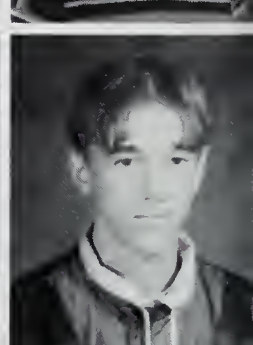
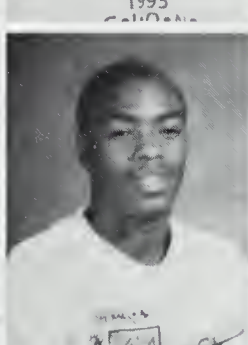
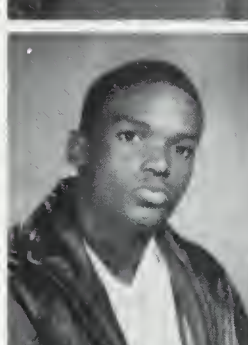
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Charles Chapin  
Angela Chapman  
Yeny Chavarria  
Jason Cheeks  
Raza Cheema  
George Chiasson  
Karon Choates



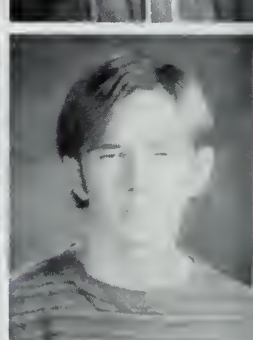
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Courtney Christman  
Benjamin Clark  
Jose Claros  
Jamal Clay  
Dawn Cleary  
Marlena Clemons  
Tracy Clemons  
Laura Clifton



Derek Cluhbs  
Tyrone Coates  
Alicia Cobh  
Karen Cochran  
Sarah Beth Cole  
Elizabeth Collado  
Jason Combest  
Michael Compton  
Paul Conti  
Ryan Cook



Tracee Cook  
Jennifer Cooper  
Kimberly Cooper  
Sandra Corvera  
Louis Jim Cowardin  
Charleen Cox  
Richard Craddock  
Lesslie Crane  
Nathan Creech  
Brian Crisler







# N EWS FLASH

## Interruptions Yield Information

Waving arms and kicking legs was Lauri Watson's reaction, as news flashes interrupted her afternoon soap opera.

Interruptions about winter weather and President Clinton's reports on Bosnia, disturbed sophomores' television watching.

"The media angers me when the news casters cut into my soaps

and stay on for half an hour. I hate watching the President instead of *General Hospital*," sophomore Lauri Watson said.

*"The media is good because it is how we find out about things in the world. It helps us make decisions about our lives."*

The government shut-down produced a multitude of mid-day news flashes.

Israel's Prime Minister Itzak Rabin's assassi-

nation put news casters in a flurry over international airwaves. "I think the media is good because it is how we find out about things in the

world. It helps us make decisions about our lives," sophomore Kristie Duerr said.

A steady flurry of weather reports helped students make plans for drastic temperature changes.

*by Hilary Hansen*



Seth Lowery

**POLICE BRUTALITY WAS** an issue that concerned sophomore Andrew Weatherby so he used The Washington Post as a source of information concerning this issue. Sophomores were required to keep up with current events in classes such as Introduction to Business, biology, chemistry, World Studies II, Government and journalism.



# 'NIGHT SWEETHEART

## Sleepy Heads Doze Off in Classes

As the lecture progressed, Missy Ayers' eyes drooped and blinked and finally fell shut. Though sophomores tried to stay awake, staying up all night to finish homework took its toll. Sometimes they fell asleep.

A night full of homework and a lack of entertainment led to sleeping in classes.

"I can't stay awake because the night before I had too much work to do and the teacher can't

keep my attention. Most of the time I'm just bored with class," sophomore Patrick Ahern said.

Dozing students had to pay the price of hu-

*"I heard my teacher calling my name and saying 'Autumn, this video is very important. Plus you have slobber on your desk.'"*

miliation for napping in class. "In Biology I was watching a movie and I figured that it wasn't going to be important, so I fell asleep. I heard my teacher calling my

name and saying, 'Autumn, this video is very important. Plus you have slobber on your desk,'" sophomore Autumn Baltimore said.

"In my English class my friend always falls asleep. I always have to wake her up," sophomore Kate Skeele said.

Braving the elements of extreme temperature changes from one room to another led sophomores to take cat naps in class.

by Meggan Curtin



Barbara Gryder

WHILE PRETENDING TO read, sophomore Terry Butler takes a nap in class. Butler used the 20 minutes of silent reading time at the beginning of his fifth period English class to sleep. In Mrs. Goode's tenth grade English class students received ten points each day for silent reading, if they stayed awake. Students also used the 15 minutes of study hall for short naps.







Kevin Crockett  
Matthew Cronin  
Ronald Cruces  
John Crutchley  
Juan Cruz  
Hugo Cubias  
Jeffrey Cuellar  
Jennifer Cundiff  
Casey Cunningham  
Meggan Curtin

Christine Custodio  
Amy Cyphers  
Darlene Dadras  
Kerry Daley  
Andrew Dean  
Rose Deaso  
Shelley Decrane  
Susan DeLaCruz  
Mark Delcourt  
Philip DeLeon

Melissa Derr  
William Deshazer  
Kiernan Diamond  
Marvin Diaz  
Kathryn Diehl  
Desirea Dietlein  
Ashley Dofner  
Ofelia Dominguez  
Michelle Dotson  
Carl Drummond

Wesley Dudding  
Christine Duke  
Sharrod Dumas  
Dawn Dunn  
Jennifer Dunn  
Jennifer Dunn  
Holly Eberle  
Jeanette Egeland  
Tyree Ellisson  
Richard Embrey

Marianela Enriquez  
Juan Escobar  
Laini Evans  
Randy Eyer, Jr.  
Kevin Fahy  
Nina Faison  
Sarah Falcona  
Kathleen Farley  
Monique Farquharson  
Megan Farrell

Bobby Ferguson  
Carlos Fernandez  
Jonathan Ferris  
Thomas Fields  
Maggie Finley  
Thomas Finn  
Kimberly Fisher  
William Flannagan  
Lorenzo Fletcher  
Nancy Flores

Yovani Flores  
Nikki Floris  
Nichole Ford  
Carrie Forgas  
William Forshay  
Connie Foster  
Valerie Fowler  
Allison Fox  
Peter Franco  
Cory Frasier

Brodie Freer  
Eric Fridenstine  
Jennifer Fuger  
Robert Fulkerson  
Joseph Gallagher  
Freddie Garcia  
Qiana Gardner  
Nicole Garing  
Logan Garretson  
Antoine Garrett



# H O O K E D U P

## Computers Link Students to World

Surf the Net. Get on the Information Superhighway. Computers all over the world joined together to communicate.

In Chat Rooms, students met new people and kept in touch with them. "The best part of America On-line is the

Chat Rooms because you get to talk to people that you do not know and have never talked with before. You could be talking to a millionaire and not even know

it," sophomore Nashunda Harper said.

Sophomores met new people through correspondence. "I like to talk to people that I have never met before.

*"I like to talk to people that I have never met before. We are not limited to physical restrictions."*

We are not limited to physical restrictions," sophomore Bill Grandy said.

Games on the Internet gave students the ability to play

against other people, not just the computerized opponents video games had.

Besides games, the Internet also offered students information for projects, reports, and seminars. "We were doing research for a seminar in Mrs.

Turner's English class. It was really helpful when finding basic information and important details," sophomore Julie Nelson said.

*by Cheryl Greenway*



Barbara Gryder

**AFTER SCHOOL IN THE** computer lab, sophomore Connie Foster types on the internet searching for the information she needs. Students were allowed on-line privileges in the school library to find information for their projects and reports. The media lab had Macintosh computers with CD roms, scanners and access to the internet.







Robert Gerard  
Jenna Giandoni  
Sherri Giasson  
Mary Gilhooly  
Ben Gilli  
Derek Glassman  
Erick Gomez  
William Grandy  
Abby Grant  
Kelly Gray

Cheryl Greenway  
Michael Gregory  
Lisa Greiling  
Avery Griffin  
Edward Grimm  
Leila Grimm  
Barbara Gryder  
Boyd Gunnell  
Sumit Gupta  
Barbara Gutridge

Rachel Haines  
Edward Hamilton  
Christina Hamrick  
Melissa Handy  
Hilary Hansen  
Lisa Hantjis  
Nashunda Harper  
Vaughn Harrell  
Andrew Harrington  
Carrie Harris

Monique Harris  
Tia Harris  
Andrew Harrison  
Rodney Harvey  
Cheryl Heffner  
Elizabeth Hein  
Juana Hernandez  
Olga Hernandez  
Wesley Hibbard  
Craig Hicks

Neal Hobson  
Christopher Hockman  
Joshua Hoertz  
Carrie Holder  
Chase Honaker  
Laura Hoppe  
Darell Horton  
Laura Hottle  
Matthew Howell  
Frank Hudoba

Timothy Hudson  
Norwood Hughes  
Sean Humbarger  
Patricia Hwang  
Perry Iguel  
Jill Ingram  
Lynley Intellini  
David Isherwood  
Coridale Jackson  
Jessica Jackson

Timothy Jackson  
Cynthia James  
Kristyn James  
Michael Janicki  
John Jarrell  
Carly Jarvis  
Ryan Jennings  
Brian Jewell  
John Jenifer  
Alicia Johnson

Amanda Johnson  
Bennie Johnson  
Carrie Johnson  
Derrick Johnson  
Ebony Johnson  
James Johnson  
Mitchell Johnson  
Wayne Johnson  
Winnifred Johnson  
Joseph Jones



# O N THE CLOCK

## Jobs Provide Spending Money

At 2:02 the bell rang; school finished for the day. Some sophomores headed straight to jobs.

*"I work because I love music and enjoy talking to people who share my interest."*

S o p h o - more Mike Kutchman worked at Music & Arts Centers. "I work during the rental season, the busiest time of the year. I don't work because I need a job, I work because I love music and enjoy talking to people

who share my interest," Kutchman said.

Sophomores worked in family businesses. Tom Finn worked with his father at Finn Auto. "It's a little weird working with my dad. I don't know if he'll be easy or hard on me, but I'd rather work with him than a total stranger," Finn said.

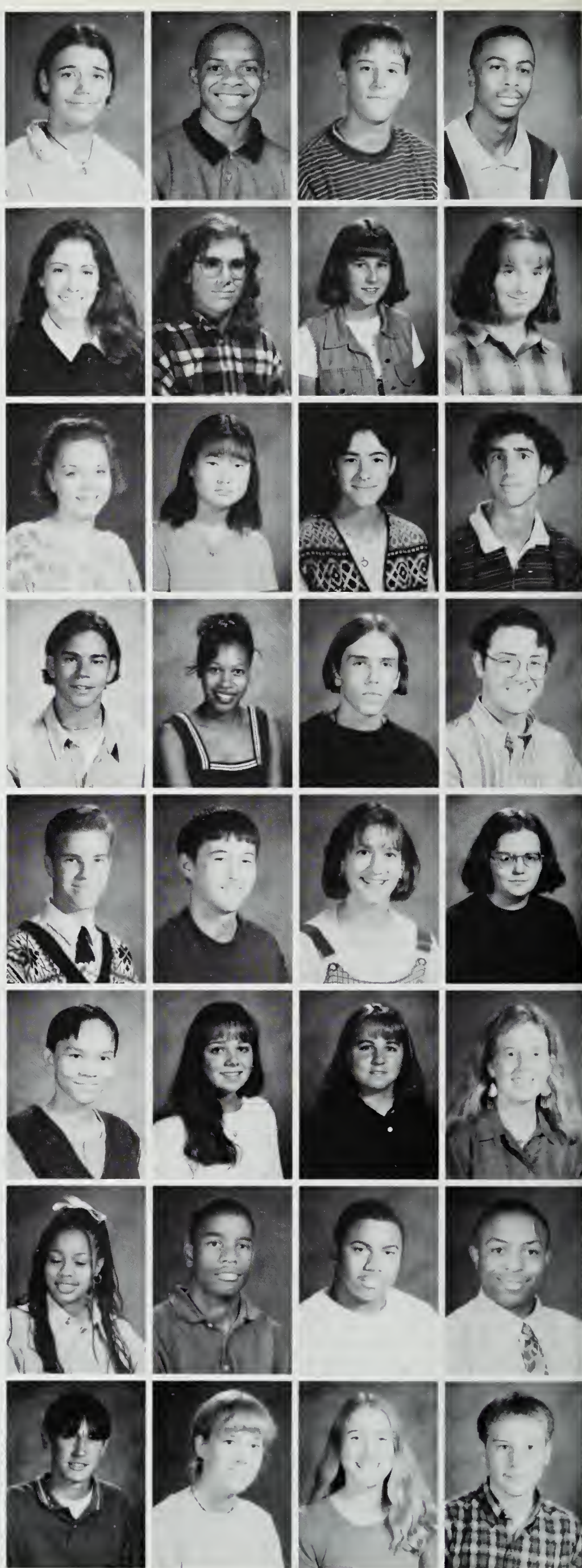
Students who were not 15 had to apply for work permits. These required information from students' parents.

*by Bill Grandy*



Sean Tracy

**A MARINA ATTENDANT** for Lake Ridge Parks and Recreation Authority, sophomore Jim Cowardin secures a rented rowboat to the dock. Cowardin worked in Lake Ridge Park during late spring, summer and early fall. As a member of the crew team, Cowardin was familiar with this territory which shared space with the Oxford Boathouse.



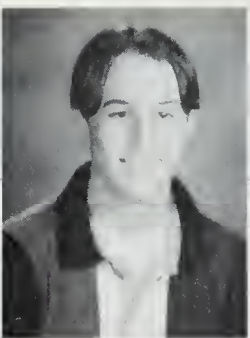
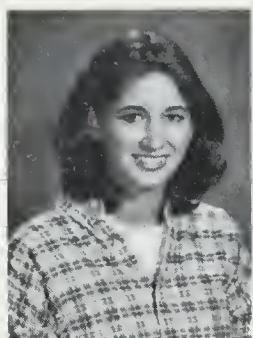




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 Spencer Jones  
 Terrell Jones  
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 Cadmus Kahng  
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 Rebecca Ludwig  
 Erin Lyga  
 Erin Lyle  
 Donald Lynch  
 Roberta Lyne  
 Sean Lyng  
 Robert Macfarlane  
 Jeffrey Mackinnon  
 Greg Maedl  
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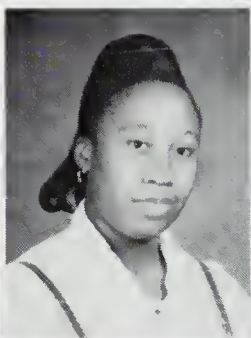
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Harry Miller



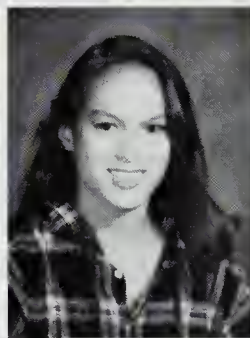
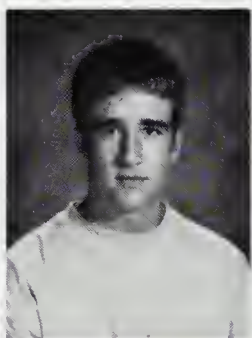
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Reginald Moore



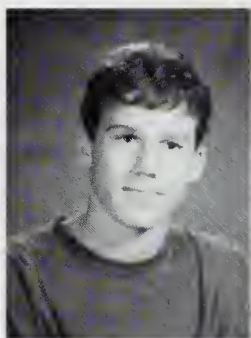
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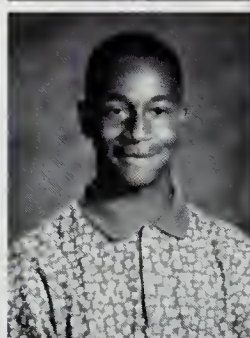
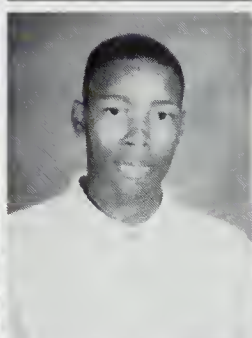
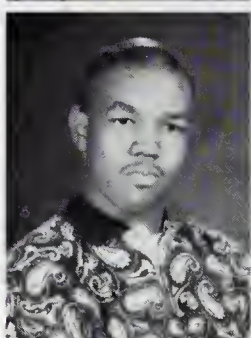
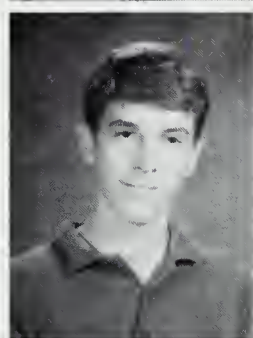
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Kimberly Nevitt



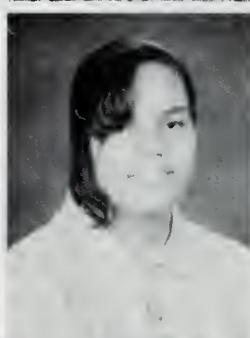
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Louis Normandin  
Mary Northup  
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Jason Oiler  
Elizabeth Olin



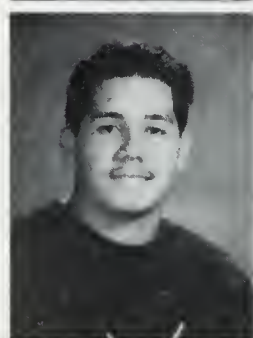
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Jennifer Opsut  
James Osburn  
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Sam Orr  
Jeremy Owens  
Amy Panek  
Jocelyn Park  
Vicki Park  
Sarah Parker



Chassity Patnode  
Steven Patten  
Antonia Patterson  
Jennifer Patullo  
Lindsey Paul  
Kimberli Payne  
Kathy Paz  
Beth Pedigo  
Cinidie Perdomo  
Anthony Pereira



Angelo Perez  
Karla Perez  
Lee Pettey  
Michelle Pettus  
Daniel Phillips  
Shannon Phillips  
Jessica Pierce  
Melissa Pillifant  
Shayan Pirnahad  
Benjamin Plummer







# KICK THE HABIT

## Alternative Games Occupy Sophomores

Back and forth, here to there, off a foot, down a back, off a head. Hacky Sack was a game which involved a bean-filled ball and required quick reflexes and good hand-eye coordination.

"I like to hack. It's a social activity where you can relax and talk and not have to worry about a coach pressuring you," sophomore Matt Howell said.

Sophomores played

games not offered through school sports.

Hacky Sack, Devil Sticks, a juggling game involving three sticks, Dungeons and Drag-

*"Devil Sticks improves my coordination, it's challenging to play and you can always learn new tricks."*

ons, and Magic were four of the games sophomores played.

"Devil Sticks improves my coordination, it's challenging to play and

you can always learn new tricks," sophomore Andrew Wahlquist said.

"Magic is a card game based on luck of the draw. The object is to kill your opponent based on what creature is pictured on the card," sophomore Sean Oakley said.

Dungeons and Dragons was a game in which characters pretended to fight enemies.

*by Kim Fisher*

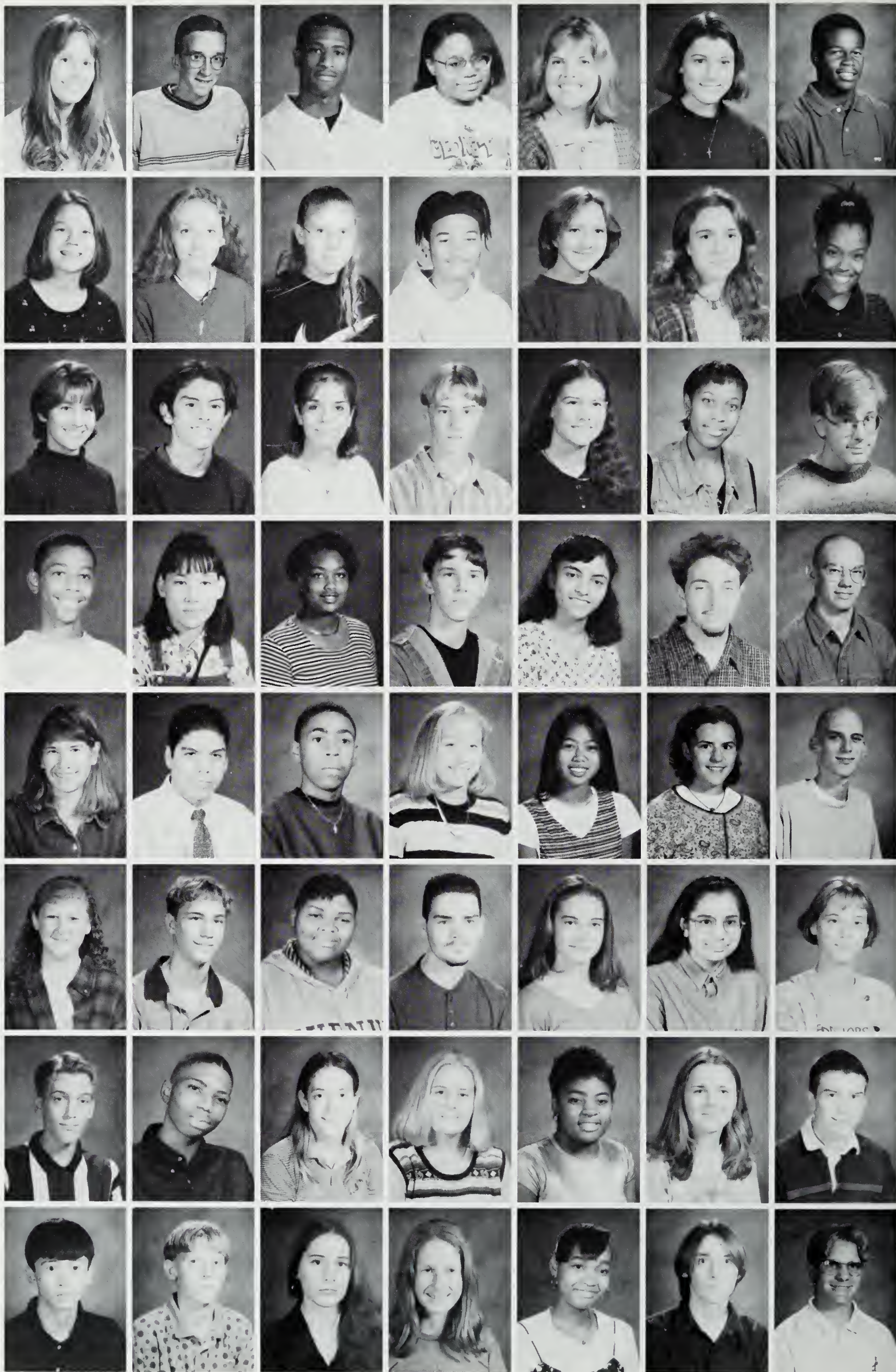


Seth Lowery

**POETRY IN MOTION.** During B lunch, sophomore Chris Hockman keeps an eye on his hacky sack as he plays it off his foot. Since it required little equipment, hacky sack could be played in any environment. In lieu of sports and clubs, sophomores played different games, such as hacky sack, Devil Sticks, Dungeons and Dragons, and a game called Magic.



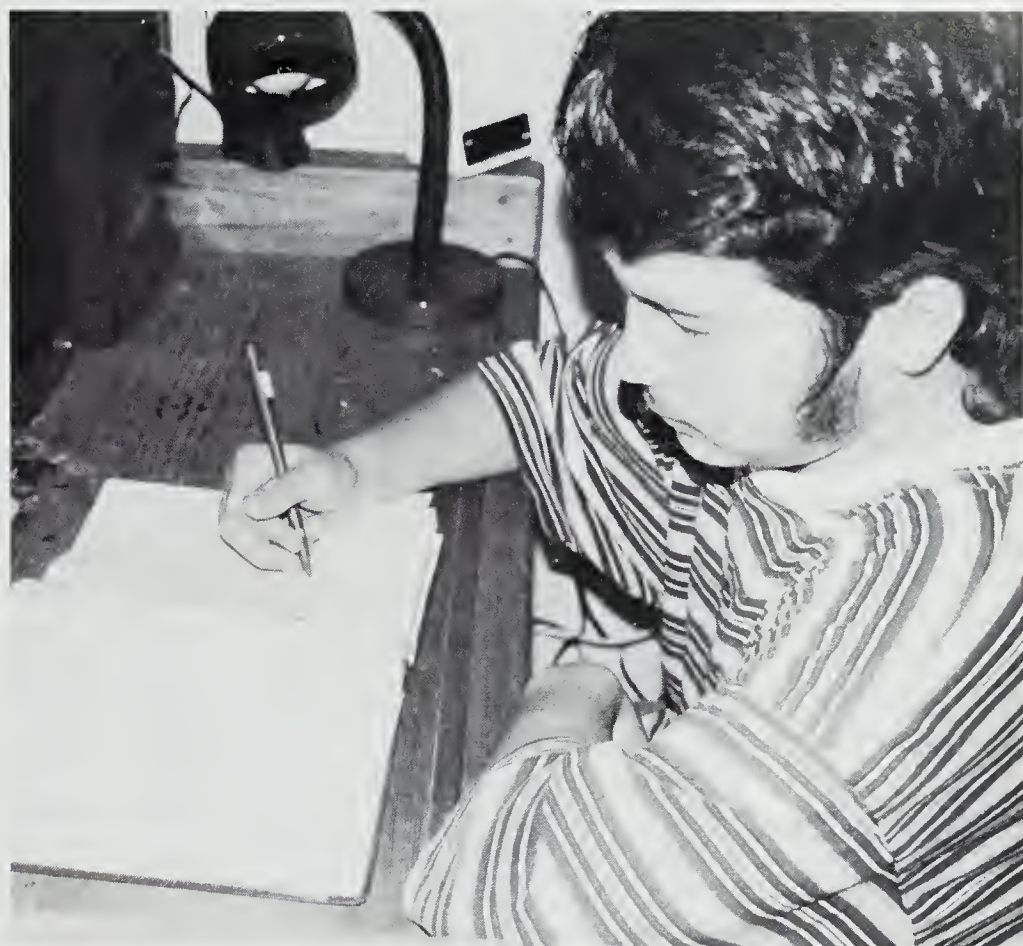
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 Joseph Quinlan  
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 Wambaki Reel  
 Kimberly Reese  
 Rebecca Reibling  
 Anna Rexrode  
 Pierre Reynolds  
 Jeanette Richardson  
 Marisha Richardson  
 Nicole Richardson  
 Michael Ridley  
 Cecilia Riek  
 Lucy Risso  
 Melissa Ritenour  
 Elizabeth Rivera  
 Jeffrey Rivera  
 Julie Roach  
 Matthew Roach  
 Emily Robbins  
 Nicole Robinson  
 Scott Rodkey  
 Dusti Rodriguez  
 Nelson Rodriguez  
 DaShawn Rodriguez  
 Rachel Rogozinski  
 Melton Roper  
 Elizabeth Roque  
 Chanise Ross  
 John Rowe  
 Baisakhi Roy  
 Derrick Ruff  
 Christopher Saggars  
 Freddy Salazar  
 Rosa Sales  
 Henry Salice III  
 Joshua Salzer  
 Sarah Sanchez  
 Valentin Sanchez  
 Shantar Sanders  
 Jaime Sansale  
 Melissa Saure  
 Allison Sautkulis  
 James Sawyer  
 Andrew Scalph  
 Jeffrey Scharf  
 Jennette Schorsch  
 Elizabeth Schu  
 Rebecca Schwartz  
 Peter Sellner  
 DeAnna Seward  
 Michael Sexton  
 Melissa Shank  
 Nidhi Sharma  
 Rebecca Shifflett  
 Adam Shreve  
 Adam Graham-Sievela  
 David Sigmund  
 Jennifer Sikorski  
 John Simmons, Jr.  
 Broderick Sims  
 Katherine Skeele  
 Stacy Slonaker  
 Chanel Smith  
 Meghan Smith  
 Peter Smith  
 Steven Smith  
 Chad Snead  
 Doweitt Snyder  
 Bradley Sorrell  
 Jo Souvanaratana  
 John Sparks  
 Heather Stephens  
 Ellen Stevens  
 Melinda Stewart  
 David Stewart  
 Kevin Stogner  
 Evelyn Stone  
 David Struble  
 Lisa Swanson  
 Patrick Swedock







MUSIC BLARED OUT OF sophomore Tim Jackson's stereo as he completed his homework assignment. Sophomores used background noise to keep focused when studying or doing homework. Some students needed to work in a quiet environment for optimum comprehension. The study environment was dictated by the difficulty of the assignment.



Bridgit Kelly

# B

## UCKLE DOWN

### Assignment Dictates Environment

*"If I'm working on a project, I work in the kitchen because there are no distractions."*

With the remote in hand, sophomore Jenna Giandoni plopped onto the couch. She opened her Geometry book and worked the proofs to the beat on MTV. "I usually study when I'm watching television. I like to have a little background noise," Giandoni said.

Sounds of television and radios kept sophomores alert.

The difficulty of an assignment dictated the study environment. "I either do my homework in my room or at the kitchen table. When I'm in my room I listen to the radio. If I'm working on a project, I work in the kitchen because there are no distractions," sophomore Jennifer Dunn said.

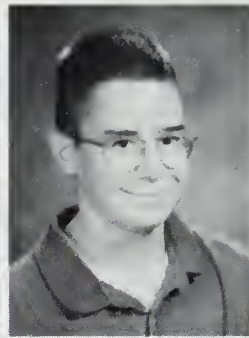
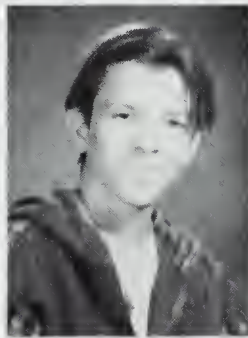
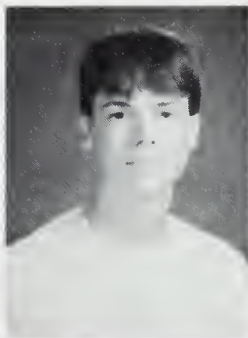
*by Jennifer Sikorski*



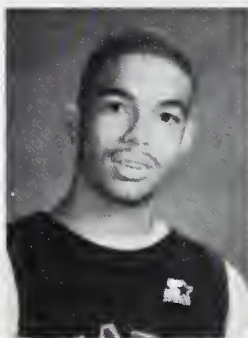
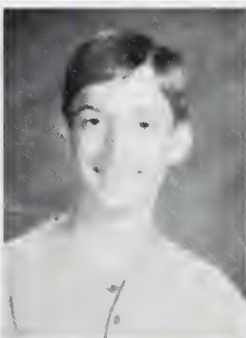
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Shawn Thompson  
DeAnna Thorstad  
Hector Tinajero  
Mae Toia  
Jennifer Tindall  
Stacy Tolliffe



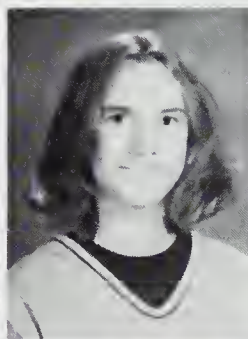
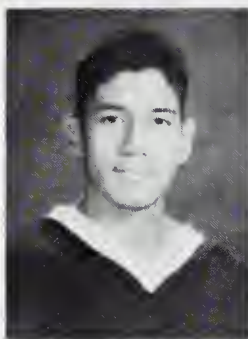
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Meredith Trohanov  
Adam Trott  
Mark Trotta  
Nuatu Tseggai  
Andrew Tullo  
Tony Turchiano  
Jermond Turner



Ryan Turner  
Jeremy Urban  
Russell Urquhart  
Jorge Urrutia  
Vatchara Vajirapinyo  
Heather VanMeter  
Maria Vargas  
Vivian Vargas  
Lisa Vargo  
Joshua Venie



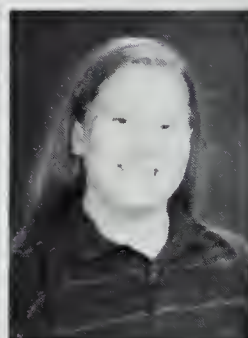
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Amanda Vida  
Kenneth Villagomez  
Sara Vins  
Wendy Waggy  
Michael Waller  
Aaron Walters  
Dawn Wanzer  
Dana Ward



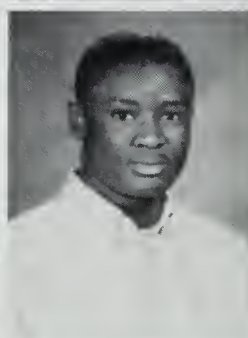
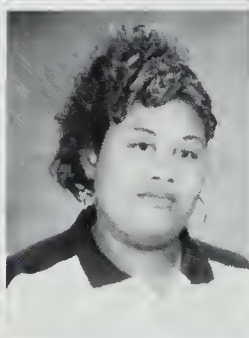
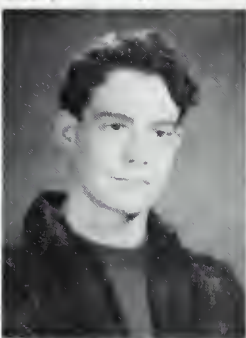
Laporshia Washington  
Lauri Watson  
Kedren Watts  
Heather Webber  
Rodger Webster  
Cassandra Weddel  
Adam Weddington  
Jennifer Welch  
John Welch, Jr.  
Todd Westgate



Melanie White  
Josh Whitham  
Jennifer Whitmore  
Sameerah Whitney  
Crystal Wiles  
Benjamin Wilhite  
Tibethia Willett  
Angel Williams  
Michael Williams  
Michael Williams



Starkisha Williams  
Justin Wills  
Jennifer Wimple  
Tonia Woolbright  
Fred Wright  
Tiffany Yates  
Ossie Yeboah  
Bo Young  
Zachary Young  
Rehan Zaidi



Jackie Zambrano  
Candice Zeitz  
Nuria Zelaya  
Brandon Zell  
Jorge Zepeda  
Christina Zeranski







# 'NEWSIES'

## Sophomores Honor Their Own

The library looked desolate as Meghan Moore looked at her watch. She took a head count; six people, again.

The staff of *The Sophomore Informer* met Tuesdays at 2:15 in the library. "On average, the same six

people show up for every meeting. Members need more participation from the sophomore body to get the newsletter up and run-

ning," sophomore Meghan Moore said.

*The Sophomore Informer* was the first newsletter of its kind.

"*The Sophomore In-*

*"I think since the sophomore class is the largest, it's appropriate that we are the first to have our own paper."*

*former* is for special recognition and to unify all sophomores throughout the school. This is the first year a sophomore newsletter

has gone to press," sophomore Meggan Curtin said.

"I am really excited to read it! The paper sounds really neat, and I

think since the sophomore class is the largest, it's appropriate that we are the first to

have our own paper," sophomore Jennifer Sikorski said.

The first *Informer* was distributed Dec. 18.

by Katie McAllister



Barbara Gryder

**"IT LOOKS GOOD HERE!"**

Sophomore Meggan Curtin exclaims as she glues a border for a picture for the *Sophomore Informer*. All sophomores were invited to attend the meetings which were held in the library. The first publication was available on December 18.



**L**acing up. Junior Paul Bransford ties his black Doc Martens before heading outdoors to face the blizzard. Having boots proved to be an advantage when facing adverse weather conditions.

**W**hich one? Weighing the options, junior Anitra Budd decides on the black pair of shoes to wear when she goes out to dinner with her parents. Students chose their dressier shoes for special nights.



Barbara Heritage



Barbara Heritage

**B**eauty is in the eye of the beholder. For sophomore Ian Tracy holes in his pair of Vans didn't stop him from wearing them. By placing tape over the hole he was able to wear them during rain and snow.



Bridgit Kelly





Sean Tracy

Original styles are popular amongst students as senior Kym White shows as she picks out her favorite pair. Old or new, students went for shoes that expressed their personality.

# WHEN IT COMES DOWN TO THE NITTY-GRITTY, STUDENTS' SHOES PROVIDE PROTECTION

A pair of Asics running shoes hurried down the hall among pairs of Doc Martens,

Nikes, Vans, Chucks and Adidas. The gleaming white of the brand new Asics made them stand out in the psychedelic array of shoes. Students wore bright and colorful shoes to attract people's attention.

Shoes came with velcro, shoe laces, buckles, zippers, tassels and tags. Students wore sneakers, loafers, sandals, boots, flip-flops, clogs, hightops and platforms. Whatever the season, weather or occasion, students had something to wear on their feet.

"I love to buy wacky shoes. I have a pair of green ones that I haven't seen

on anyone else. They're pretty cool!" junior Nicole Whitfield said. Students purchased shoes they thought would best express their sense of individuality.

Small shoe sizes created problems when looking for shoes. "I can never find the shoes I want because my feet

are so small that I have to shop in the kiddy

department; they just don't have the selection I'm looking for," sophomore Nikki Floris said.

When it came to choosing and purchasing foot gear, students selected styles based on quality and comfort. "I usually buy Nike or Adidas shoes. I don't go for price, just

as long as they are comfortable and not dorky looking. Then I will buy them," junior Justin Worrilow said.

Students had favorite brands. "I wear my Reebok Princesses everyday because I feel like they are attached to me. They're as comfortable as my bare feet," senior Nicole Lapp said. Students found well-worn shoes the most comfortable.

Shoes were bought for reasons other than necessity. "I collect shoes. Right now I have 206 pairs and I'm really happy because my mom is buying more for Christmas," junior Rob Varner said.

"I have two pairs of flip-flops in my locker even though it's freezing outside. I wore the red pair all the way down so there's hardly any foam left," junior Jill Inskeep said.

by Shannon Olguin

## GRASS ROOTS

*During the Renaissance period, a mark of one's social rank was determined by the length of their shoes. People who were of particularly high social ranking wore shoes that measured up to two and a half feet long from the heel to toe. These so-called "classy" shoes had to be held up by connecting the tips to the knees of the person's pants with metal chains.*



"I can tell what kind of a person someone is by the shoes they wear. Converse is my choice." Dawn Miller, 11



# SPLITTING MIRROR IMAGES REFLECT, ON THE OUTSIDE, ONE OF THE SAME, YET TWO OF A KIND

While he shuffles through closet hangers, junior Raleigh Sepkowski looks

for his green T-shirt. He turns around, realizing that his twin brother Chris is wearing it, and returns to the closet to find something else to wear. "We share practically everything that we have, so it doesn't matter whose room it goes in because we wear each other's stuff anyway," junior Raleigh Sepkowski said.

Teachers and twins found that there were disadvantages to having twins in the same class. "Our whole eighth grade year, Jason and I were in the same classes together, and I didn't like it. Our skills were compared and

we would start bickering about house conflicts in class, and get on each other's nerves," junior Susan Gibson said. Situations from home were carried over into school.

Living together, provided more time to spend with one another.

"My sister and I are not only sisters, but also best friends. We hang

out together and have the same friends, and are always there when one of us need each other. We have the same taste in almost everything, except music. I listen to rap, and Pam prefers country," freshmen Caroline Kent said.

Events such as mixed up names

and determining who was who, happened. "When my brother, Makubani and I were in the same math class, the teacher would always get our names mixed up. During spirit week, the Valkyrie newspaper printed his name out as homecoming princess, instead of mine," sophomore Whambaki Reel said.

When birthdays rolled around there was the option of having the

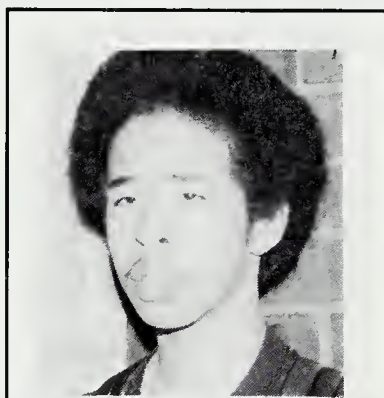
party on same or separate days. "We have our party's on separate days, because we have different friends. We always got different presents, since we are fraternal twins," freshmen Melissa Feindt said.

Although twins were born on the same day and shared physical qualities, their personalities were not always the same.

by Dawn Cleary

## GRASS ROOTS

*Upon extensive scientific research, it has been discovered that identical twins, also termed monozygotic twins, occur at a more constant rate, of 1 in 240 births, than expected. Odd data in genetics have shown that there are more of more frequent occurrences of identical than fraternal, or dizygotic twins, in Asian populations.*



"I'd like to have an identical twin, because we'd get along better and be able to share stuff." Makubani Reel-10

Before an assembly at school, seniors Josh and Jacob Dakon sit down by one another to chat. Twins were found walking down the halls and talking together, about their friends and school.



Olinda Fuentes

Barbara Gryd





Waiting for roll call in second period gym, sophomores Sean and Scott Kelly sit side by side making it difficult to tell them apart. Having twins in the same class created confusion for teachers.

Same difference. Sophomores Carrie and Katie Calvin share clothes, but wear them differently. In addition they shared clothes found at the Merry-Go-Round and at the NoName stores.



Barbara Gryder



Barbara Gryder

As they touch their fingertips together, sophomores Elizabeth and Tom Olin try to see if they have a physic connection. Being fraternal, friends don't suspect any relation between the twins.



# 'TO EVERYTHING TURN-TURN-TURN' SOCIETAL CHANGES MAKE THEIR IMPRESSION

**G**reen hair and pierced body parts tumbled through halls. Students' appear-

ances were reasoning for their being labeled. Students had opinions about the label their generation received: 'Generation X.'

"I don't think it's fair that we're labeled even though some people do stand out in our generation with different body piercings and hair color. I think everybody has some sort of purpose in life, as some people have direction to be different. I think it's good to be a part of 'Generation X' because even though others may not understand us, we know what we want," junior Joy Justice said.

Students were concerned with be-

ing the only generation without a name. "It seems that the people that give generations names thought that our generation hasn't done anything spectacular or original enough to have our own name. They decided to give us sort of a place filler until we do something that satisfies

getting a name. I guess we'll probably have to

clean up the environment or stop nuclear weapons in order to get a name. Who knows, we might be known for the generation to first encounter aliens, or colonize the oceans to solve the over population problems," senior Sam Gammon said.

Students voiced their opinions about having an unfair reputation. "I

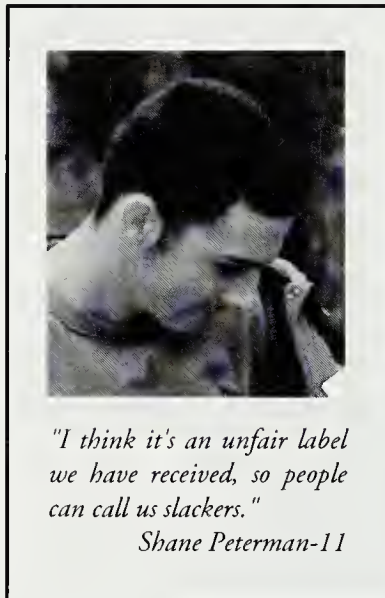
think that 'Generation X' has a false reputation that is bad because we are thought of as being oblivious to problems of the world, when we are just as aware as everyone else, if not more," junior Victoria Leavelle said.

Temporary styles and ways of life contributed to the known label of 'Generation X.' "I think 'Generation X' is unnecessary, degrading and very unfair. I think

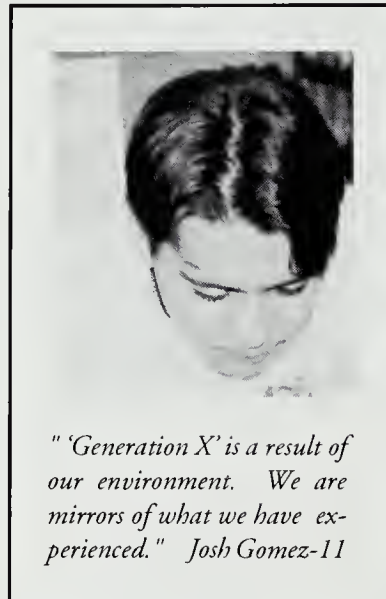
who ever started labeling us doesn't know about 'Generation X' or what we stand for. I think it has a lot to do with the standards of clothing, music and the morals of the youth," freshman Kate Youngbluth said.

The stereotype of 'Generation X' remained to be undefined amongst those it represented.

*by Casey Powell*



*"I think it's an unfair label we have received, so people can call us slackers."*  
Shane Peterman-11



*"'Generation X' is a result of our environment. We are mirrors of what we have experienced."* Josh Gomez-11

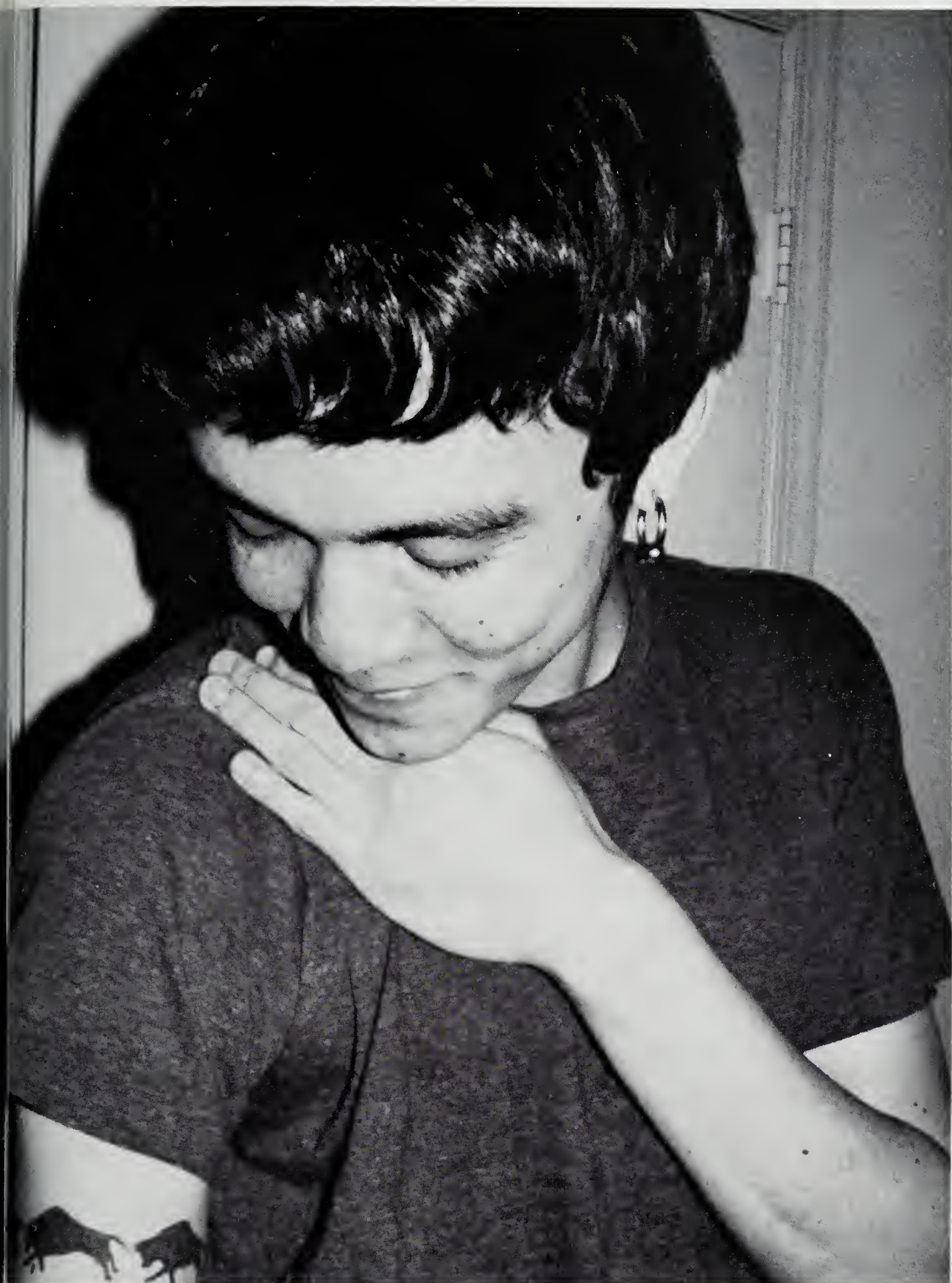
**P**EEK-A-BOO! Sophomore Derik Burrows, in a flashy multi-colored shirt, lifts his two lensed sunglasses, while waiting for the last couple of minutes of his seventh period Spanish class to end.



Barbara Gryder

Bridgit Kelly





Just under his sleeve, senior Sean Harrington shows his band of bulls. He went to Absolute Art, in Richmond, Virginia to receive his tattoo. Students went there for tattoos and piercings.



Sean Tracy

As he puts his sweatshirt on, junior Seth Lowery's nose ring shines in the light. In addition to his nose ring, Lowery had ear rings, two tongue rings, along with other obscure body parts.

Occupied by her Spanish teacher's lecture, freshman Bailey Sautkulis finds time in her unfamiliar high school schedule to color her hair green and paint her nails black.



Barbara Gryder



# TREMORS OF COMMUNICATION ROOT THROUGH THE RADIO WAVES TO MAKE CONNECTIONS

**O**n her way out the door, senior Lili Castilla, grabs the cellular phone from the kitchen

counter, and stuffs it into her bag. "I use my family's cellular phone so that my parents can reach me if they need to, because I am always busy somewhere outside the house. It also serves as a kind of upgraded pager because you can talk to the person directly without having to find a phone," Castilla said.

Cellular phones and car phones were used for reasons of convenience and safety. "A cellular phone or car phone is more convenient than a pay phone because it is easier to use and

you have more privacy. It is safer because you can stay in your car and avoid using outdoor phones, especially at night," freshman Vanesa Besa said.

Problems tended to arise with cellular and car phones. The lines of communication were inclined to get muffled with other conversations from different phones.



"My parents gave me a car phone on my birthday in case of emergencies."

Julie Foxworthy-11

"Once I was talking to a friend on my cellular phone and all of a sudden I could not hear his voice, but I could hear a conversation kind of in the distance. This guy was telling a girl that he wanted to break up. After about thirty seconds my friend's voice came back on. It was kind of strange. I only

wonder if people have listened in on my conversations," senior Adam Boudreau said. Another problem owners faced was driving out of service range. Cellular and car phones did not work everywhere so they weren't always reliable. "My mom and I were driving and we were talking to my dad. The phone [stopped working] on this country road because they don't have service in the

Boonies," freshman Robb Jankura said.

Students on the run found car/cell phones to be an easy way to communicate with their friends and family.. "I got my car phone from my family so they could keep up with my busy schedule, and so I would be able to call home if I needed to," senior Morgan Pace said.

By Lisa Bellamy

Loren Coulter

**C**ar trouble does not stop senior Sean Tracy from going rock climbing. After calling a repair shop on his car phone, he learned how to fix his engine. Car phones helped students in emergencies.



Barbara Heritage





Bridgit Kelly

**S**itting in her car, senior Tara Brennan gets directions for a Friday night party. Many students depended on cellular phones to keep contact with parents and friends when away from home.

**W**hy isn't there a dial tone? Senior Lisa Bellamy chats on her fake cellular phone. It was given to her by Mr. Stanley as a gag gift for Christmas. Cellular phones were popular gifts, real or fake.



Bridgit Kelly



Barbara Heritage

**A**fter arriving at McDonalds seniors Missy Baker, Tracy Watson and Heather Herman call their friends to come join them. Cellular phones made it easy to get in touch with friends while away.

**H**ello?! Junior Dawn Miller answers to the first ring of her very new cellular phone, in response to her friends call. Cellular phones were popular Christmas requests of the year.



Black snakes hold the attention of sophomores Lee Petty, Lucy Risso and junior Allen Pedigo as they await the fourth of July fireworks. During summer, students had more time to see each other.



Barbara Gryder

# WEEKDAY GOSSIP, WEEKEND PLANS, FRIENDS COME TOGETHER, FOR QUICK CHATS

Amid the loud noises of the halls, sophomore Douglas Merino stopped by the

stairs to talk to friends. He met with his friends every day between fourth and fifth period on his way out to the trailers, as a way of catching up with what was going on in their lives. Walking to class together was a common way that students found time during a busy day to communicate. Students met each other throughout the school day to share experiences.

Writing notes was another way that students communicated throughout the day. "I write notes to my friends. They don't write me back because they don't like to write notes

but we do meet every night. We gossip and talk about guy things and our weekend plans," senior Jon Olin said.

Writing, reading and sharing notes during and between classes kept students up to date with the latest happenings. Students got together out of school to talk about the latest news.

As a way to get together students hung out at other people's houses or went to places where they could see new and old friends. "After school, my friends and I get together. We go to

someone's house; eat, talk, and listen to music. Sometimes we go watch people ride their bikes at the jumps

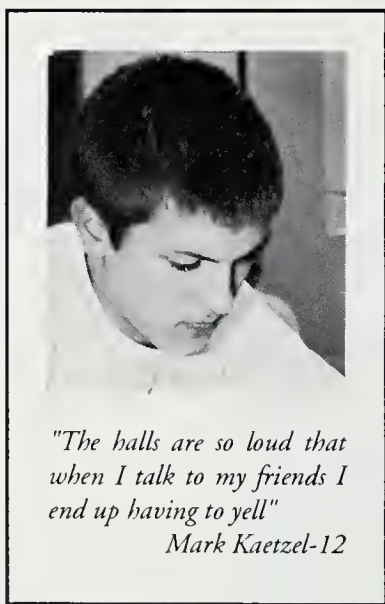
next to Giant," freshman Colin Stewart said.

Night was also a time for students to get together. This allowed students to have a worry-free night after getting homework done in the afternoon. There was a different atmosphere once the sun went down. "I go to Traxx every night. My friends and I dance, socialize, and get into the whole club scene. I live

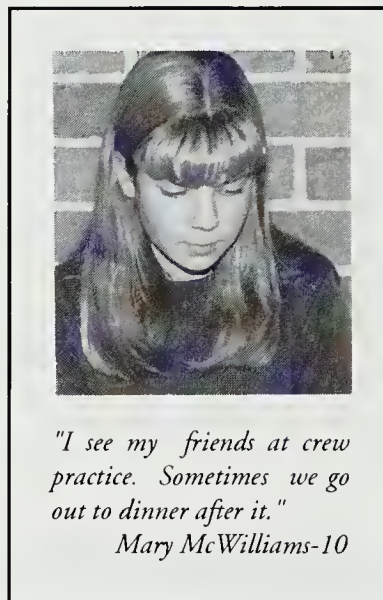
for these nights," senior Scott McKeown said.

Staying up to date in their friends' lives proved to be difficult during the regular school week, but when the Blizzard of '96 hit students were forced to brave the snowy conditions for days. With three feet of snow covering the roadways students found creative ways to KIT.

by Kim Tupper



"The halls are so loud that when I talk to my friends I end up having to yell"  
Mark Kaetzel-12



"I see my friends at crew practice. Sometimes we go out to dinner after it."  
Mary McWilliams-10





Roberto Santiago

Senior Rebecca Greenberg looks up while listening to a friend talk during lunch. Topics discussed at lunch range from going through the college process to which movie to go to.

As they stop in the halls, junior Sam Gross, and freshman Lee Allison and Lydia Murrillo catch up in between classes. Students had six minutes between bells to get to class and socialize.



Roberto Santiago



Tony Nguyen



Sean Tracey

Phone-in-hand, senior Tommy Huntington sits and talks to his college friends after a full day of school. Telephones were a common type of communication because of their convenience.

Frigid cold winds plague the season's football games. Bad weather was not enough to keep sophomores Kara Legore and Liani Evans from sharing a laugh together.



Sitting on the library after school, senior Lindsay Conrad chooses a book to check out. In order to check out books, students were required to present their student ID numbers to check out.

With his book in his lap, sophomore James Bailey takes time out from lunch to catch up on his last night's homework reading. Students used lunch and study hall to finish up unfinished work.



Tony Nguyen

Group discussion between juniors Katrina Bielefeldt, Brent Kincade, and Carmine Colagrande on the *The Scarlet Letter* leads Colagrande to search the book for examples.



Tony Nguyen



Bridgit Kelly



# SWEEPING THROUGH, PAGE AFTER PAGE POPULAR BOOKS AND AUTHORS CAPTIVATE AUDIENCES

**S**nuggling into her bed, freshman Kate Westling pulled out a book marker in her

book, *A Tree Grows in Brooklyn*, to read for ten minutes before she falls asleep. "I enjoyed *A Tree Grows in Brooklyn*. It is a story about the hardships of a family. I like it because I feel for the characters and their situations. The book is very emotional," Westling said.

Students were able to identify with characters in the books they read.

Mystery and suspense books were constantly being checked out of the library. "One of my favorite books is *A Woman's Place* by Linda Grant. I enjoyed it because it is an intriguing mystery

with a bit of satire. I like to read mystery books because they have good plots and surprise endings," freshman Briannah Robinson said.

Amongst the top selling authors were Michael Crichton, John Grisham, and Amy Tan. "My favorite

book is *The Joy Luck Club*. I

thought it

was very realistic for our times. It dealt with issues that are relevant to today's society," junior Jennifer McNamara said.

All four grade levels were required to read certain books in their English classes. "We read *A Tale of Two Cities*. It was difficult to read at first because of the

writing style. There was a lot of description and symbolism," sophomore Melissa Ayers said. Teachers aided students with challenging novels they had assigned.

Books served as a source of inspiration to students. "My favorite book is *Black Boy* by Richard Wright. When Wright was a kid, his friends and teachers laughed at him when he said he wanted to be a

writer. *Black Boy* made me realize that no one can tell you what your future will be," sophomore John Sparks said.

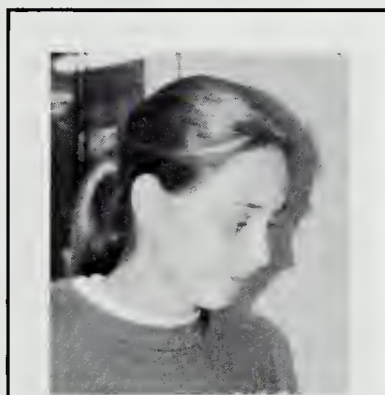
Books changed students points of view. They offered an escape from reality and were read for both pleasure and work by students. They were a relief of boredom and as sources of reference.

*by Jennifer Sikorski*

## GRASS ROOTS

*The most frequently reported checked out author from the Chinn Park library was Stephen King, with Pet Semetary being checked out almost twenty-two times each week.*

*Maya Angelou's autobiography, I Know Why the Caged Bird Sings, was the second most checked out book with twenty times.*



*"The best book I've read was about Dr. Ruth. She led an interesting life,"*

*Hilary Hansen-10*



Barbara Heritage

**F**lipping through her literature book, senior Caryn Stroup pauses to read a short story for her English class. Students read from their text books when assigned by teachers.



# DOUBLE TIME

## *Teams Capture District, Regional Titles, Place Two in States*

Runners stood on the line in start position at the regional meet, each one listening for the gun to sound. "Bang!" the gun went off and a stampede of athletes began the race.

It was the first time since 1990 that both the girls and boys teams won regionals. "I am proud to be on the cross country team that brought back the regional championship title," sophomore Mary Gilhooly said.

Injuries plagued the team throughout the sea-

son. They included sore muscles and shin splints.

"I should have taken time off at the beginning of the season when I started to get shin splints, but I didn't. I ended up being injured when it mattered the most. I couldn't do the workouts and it finally caught up because I wasn't racing as well as I wanted to," senior Sara Lyng said.

Junior Steve Arnold's back pain caused him to miss a race. Senior Matt Smith had shin splints,

and senior Steve Jones had knee problems.

At the state meet, the forecast called for rain and wind. "We weren't used to running in the cold wind and it was really strong which forced us to push ourselves to keep up the pace," senior Jennifer-Anne Isherwood said.

The girls won districts. Both teams finished eighth in the state. Sophomore Dawn Cleary and junior Steve Arnold were both All State runners.

*by Cecilia Riek*



Cross Country *Front Row:* Nichole Miranda, Jennifer-Anne Isherwood (*Captain*), Andrew McCarry, Rob James, Hilary Hansen, Katie McAllister, *Second Row:* Susan Gibson, Dannie Kanous, Chris Davis, Dan Reese, Spencer Jones, Justin Worriow, Cecilia Riek, Andrea Glover, *Third Row:* Cristin Frederick, Samantha Levy, Katie Woodside, Jennifer McNamara, DeAnna Thorstad, Dawn Cleary, Jill Hodges, Melissa Bernacki, *Back Row:* Kari Daley, Doug Windland, Matt Smith, Chris Esterline, Darek Burrows, Chris Clay, Steve Jones (*captain*), Alysia Barton.

## GETTING DOWN TO BASICS

*All District:* Dawn Cleary, Katie McAllister, Jennifer-Anne Isherwood, Kim Furman, Cecilia Riek, Steve Arnold, Doug Windland, Chris Davis, Andrew McCary, Matt Smith

*All Region:* Dawn Cleary, Katie McAllister, Jennifer-Anne Isherwood, Steve Arnold, Chris Davis



Katie McAllister



*"This year cross country required more strength*

*and dedication because our team had a lot of depth and talent. We knew we would be powerful if we kept our goals high."*

*Katie McAllister-10*





WITH THE WIND IN HIS FACE, JUNIOR Steve Arnold passes another runner with 100 meters to go in the Regional race. Runners saved their last bit of energy for the end of the race when they sprinted past their opponents to the finish of the race.



Dawn Cleary

AFTER HIS RACE AT DISTRICTS, junior Doug Windland asks Coach Jim Rodgers for his final time. With the departure of Coach Jeff Custer to Gar-Field, Mr. Rodgers was the only coach for a team of 42 runners. He kept track of each runners' time.



Dawn Cleary

MEET	B	—	G
Lebanon Valley Inv.	1st		2nd
Brooke Point/Stonewall	1st		1st
Briarwood CC Classic	6th		5th
Hylton/Gar-Field	1st		1st
William & Mary Inv.	9th		7th
Stafford/N. Stafford	1st		1st
Albermarle Inv.	2nd		2nd
Georgetown Prep. Classic	6th		6th
Districts	2nd		1st
Regionals	1st		1st
States	9th		8th



Hilary Hansen

IN THEIR NEW, YELLOW UNIFORM tops freshman Danny Fowler and junior Chris Clay sprint the final hill at Districts. This was the first time the boys team ever had yellow jerseys. Athlete participated in fundraisers in order to get new uniforms.

BEFORE THE REGIONAL MEET ON November 21, sophomore Dawn Cleary leads the team in drills. The drills were used to relax the runners' muscles. This helped to prevent any injuries. Cleary ended the season with a 13th place state finish.



QUICK ON HER FEET, FRESHMAN Caroline Kent dashes to intercept the ball. Players could only use the flat side of their hockey sticks to hit the ball. Penalties resulted if they used the rounded side and the opposition was awarded a free hit.

WHILE PULLING BACK TO HIT THE ball, freshman Caroline Roach keeps her eye focused in order to insure an accurate hit. Roach had a free hit following an opponent's penalty. Players had to keep swings below their waists to avoid penalties.



Seth Lowery



Bridgit Kelly

IN AN ATTEMPT TO STEAL THE BALL from a Fauquier player's possession, junior Rae Melvin cuts in front of her. Players had to keep their sticks to the ground to work for possession of the ball. They had to be aggressive during defensive plays.

AFTER FAUQUIER WAS AWARDED A penalty hit, sophomore Carrie Forgas glances over to the referee. The call determined how Forgas would set up for her next play. Offensive positions turned quickly into defense when penalties were announced.



Bridgit Kelly



Seth Lowery

JUNIOR VARSITY			VARSITY		
OPPONENT	W	O	OPPONENT	W	O
Fauquier	0	0	Fauquier	1	0
Liberty	4	0	Liberty	2	0
Stafford	2	2	Stafford	1	3
Fauquier	0	0	Fauquier	0	1
Stafford	0	1	Stafford	1	2
Brooke Point	0	0	Brooke Point	0	4
North Stafford	1	0	North Stafford	1	0
Liberty	1	0	Liberty	5	0
North Stafford	1	0	North Stafford	0	1
Brooke Point	3	0	Brooke Point	0	1
Record	5	4	Record	3	9





# SURE SHOT

*Players Stick It to Opponents,  
Varsity Falls Short in Season*

Face to face with her North Stafford opponent, sophomore Brooke Parker stood and waited for the whistle. She attempted to thrust her stick toward the ball to intercept it and score on the other team.

"I strive to do my best job in helping to get the ball in the circle which can assist the whole team in scoring. At times, when needed, I made adjustments such as falling back to help the defense," Parker said.

The biggest rival for

both teams was the experienced North Stafford. "The best game we played all season was the game against North Stafford. The whole team just clicked. We passed and communicated so well. That game was somewhat of a turning point of our season," junior Casey Powell said.

Practice games provided experience, and relief time. "One time a game was cancelled so we had a scrimmage. It was pouring rain and players

started to fling mud. A humungous mud fight broke out covering players in filth," junior Lindsay Northup said.

During practice, the teams ran around the soft-ball and baseball fields to warm up. Then they did hitting drills and practiced their strategy for the upcoming game.

The JV team finished the season with a record of 4-2-4 and the varsity team lost in districts and finished at 4-6-0.

*by Chris Blok*



*"The  
thing I  
liked best  
about this  
field*

*hockey season was the team  
unity on the field. We all got  
along well and that helped us  
be a better team."*

*Nichole Ford-10*



Varsity Field Hockey *Front Row:* Beth Shu, Pam Kent, Meghan Anderson, Brooke Parker, Lindsay Northup; *Middle Row:* Krista Clearwater, Carrie Forgas, Nicole Whitfield (*Captain*), Casey Powell, Katie Stephens, Meredith Weaver, Rae Melvin (*Captain*); *Back Row:* Coach Robin Woodie, Lisa Hantjris, Jennifer Budney, Sara Dail, Amanda Lewis, Jennifer Dunn, Terri Greer (*Captain*), Coach Denise Budney.



JV Field Hockey *Front Row:* Shannon McQuary, Erin Lyga, Ashley Blair; *Middle Row:* Caroline Roach, Nicole Ford, Heather Ley, Katie Stanley, Liz Olin, Caroline Kent; *Back Row:* Coach Denise Budney, Kate Youngbluth, Carrie Grube, Crissy Hansen, Beth Pedigo, Shannon Brown, Carrie Witherell.



LACES OUT! FRESHMAN CHRIS KODSI holds the ball as freshman kicker Jeff Benson kicks a field goal. Kickers practiced getting the ball off in less than the three-second time limit. The team beat North Stafford by three points, the value of a field goal.

THE FINAL WORD. BEFORE A game, assistant coach Mr. Sam Thomas tells freshman Mike Broom what plays to call in the huddle. Specific plays and plans were given so that every team member knew his responsibility during the game.



Tony Nguyen



Tony Nguyen



Harry Miller

AFTER EXITING THE LOCKER ROOM, Coach Brent Newell delivers a pep talk. Coach Newell gave last minute instructions before the game. Pre-game talks were a way to get players psyched for a game. Coaches also talked to players at half-time.

JUNIOR VARSITY				FRESHMAN			
OPPONENT	W	—	O	OPPONENT	W	—	O
Osbourn Park	24		0	Osbourn Park	Win		Forfeit
N. Stafford	0		13	N. Stafford	9		6
Potomac	0		14	Potomac	14		14
Hylton	6		21	Hylton	0		6
Brooke Point	7		20	Brooke Point	6		12
James Robinson	13		20	James Robinson	6		13
Stafford	6		24	Stafford	40		0
Stonewall	Win		Forfeit	Stonewall	Win		Forfeit
Gar-Field	Canc.		Canc.	Gar-Field	6		0
Record	2		6	Record	5		3



# BLUE 42

## Players Return After Losses and Injuries to Complete Seasons

Caked with mud, the JV football team trudged through the frigid air with heads held high after the 20-13 loss to Robinson. The team lost the game under mysterious circumstances.

The touchdown that would have tied the game was taken away after the referee could not locate the football. The following play was started with a new game ball.

"The game against Robinson made me determined to try harder be-

cause it was such a close game," sophomore Paul McClarren said.

The JV and freshman football teams practiced drills to correct the mistakes they had made in games. "After a loss, we would have to run hills. Other drills we do at practice are stretching, hitting and blocking drills, and hit the sled," freshmen Tyrone Gordon said. Running hills was how the coaches reprimanded team members for the loss of a game.

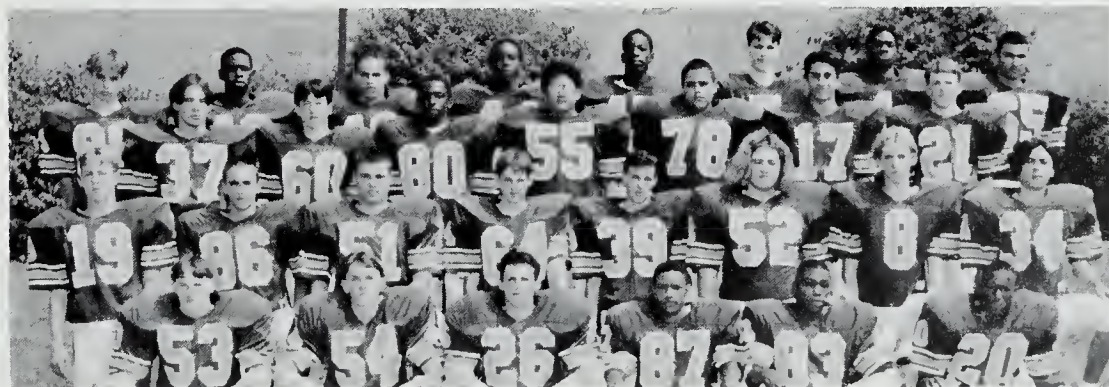
Injuries plagued the JV team. Early in the season, the JV quarterback, James Hottle, was injured in the game against Hylton. "I was looking for a receiver and one of Hylton's linebackers speared me in the back," Hottle said. The injuries contributed to the losing season for the team.

With two forfeits, one against Osbourn Park and the other against Stonewall, the freshman team finished the season with a winning record.

by Kim Fisher



JV Football *Front Row:* Jeff Benson, James Hottle, Darrell Horton, Vaughn Harrell, Joey Gallager, Nuatu Tseggai, Terrell Jones, DeAndre Cotton; *Middle Row:* Andy Rattmen, Scott Buchanan, Jason Bing-Grant, Avery Griffin, David Kaplan, Jim Cowardin, Bob Johnson, Trevor Michealson, Jason Farris, Coridale Jackson; *Back Row:* Nate Bonaparte, Mike Bergazzi, Brad Sorrell, Aaron Walters, Jay Ainsworth, Mike Compton, Paul McClarren, Larry Jones, Michael Brokenburr.



Freshman Football *Front Row:* Russell Sands, Chris Finney, Michael Vroom, Khala Chavis, Jonathan Wright, Aaron Payne; *Second Row:* Bobby Strawderman, Chris Kotsi, Nick Pardi, Patrick Huskins, Robert Vincent, Joey Keith, Eddie Dodson, Jonathan Torres; *Third Row:* Colin Stewart, Richard Bradish, Marcus Cooper, Arturo Guerrero, Andy Panameno, Ahmad Tahir, Steve Feutrwanger; *Back Row:* Jeff Benson, George Richardson, John Wrolsted, Lewis Dixon, Ernest Bannister, Anthony Homer, Nathaniel Harper, Tyrone Gordon.



"A good play I had was in the Brooke Point game. There was 15 seconds

left in the second quarter and I threw a 55 yard bomb to Ernest Bannister in the end zone."

Bobby Strawderman-9



# TAKE TWO

## Team Goes to Regional Finals in Second Game Against Hylton

Tensions were high. The team had earned a wild-card bid into the regional playoffs with a second-place district finish. This was a time of reckoning. The team defeated G.W. Danville 15-8 in the first round of Regionals.

November 24, while people were relaxing from a day of eating turkey, the team marched onto Hylton's field to battle for a chance at a state birth. Although the team defeated Hylton early in the season, the players fell

short the second time.

The football team ended its regular season 8-2. Its only losses were to Brooke Point in overtime and James Robinson on a rainy homecoming.

After the loss by one point to Brooke Point in overtime, Coach Ron Davis directed the players not to talk to the press so that they could stay focused on football and not publicity.

"Our players do not have training to teach them how to deal with the

press like professional and college players have," Davis said.

In the first game of the season, the team defeated Gar-Field 14-0. "It felt great to beat Gar-Field early in the season. We really accomplished a lot by knocking off a top-ranked team. Our rivalry goes back a long time and we never shut them out before," senior John Epperly said. Gar-Field had not been shut out since the 60's.

*by Jessica Nees*



Varsity Football *Front Row:* C. J. Harrell, David Kaplan, Nathan Bonaparte, Robin Hocog, Terrance Murray, James Hottel, Jody Guerrero, Graig Rechkemmer, Jim Cowardin, Jon Salisbury, Nakoa Boyd, Quincy Conner, Jason Ferris, Steve Finney, Pedro Torres, David Salisbury, Eric Gavidia, Jeff Mensah, Joey Gallagher; *Second Row:* Hector Cerda, Chris Sahami, John Epperly, Brad Flowers, Mike McCaffrey, Scott Buchanan, Mike Bergazzi, Brad Sorrell, Aaron Walters, Byron Traylor, Robert Johnson, Trevor Michaelson, Marques Davis, Aaron Rogozinski, Michael Frazier, Art Lambros, Errol McEachron, Jeff Bombick, Nnamdi Martyn, Mario Velez; *Third Row:* Miguel Siguenza, Frank Saldana, Darrell Horton, Willie Jones, Avery Griffen, Andrew Rattman, Jason Bing-Grant, Jeff Scharf, Deandre Cotton, Eric Bell, J.D. Carroll, Vaughn Harrell, Edwin Siguenza, Duane Brown, Cortez Quarles, Tamorre Simpson, Kodi Smith, Nvato Tsegai, Cordale Jackson; *Back Row:* Mike Brokenburr, Chris Ferguson, Jessie Hoffman, David Lowery, Carlos Coleman, Cortez McNeil, Matt Lehr, Mike Voss, Josh Sharp, Eric Merck, John Egeland, Jay Ainsworth, Jason Ballentine, Omar Drammeh, Mike Compton, Paul McClaren, Larry Jones, Daryl Stanton, Travis Cronk.

### GETTING DOWN TO BASICS

*All District*

Matt Lehr

Omar Drammeh

Aaron Rogozinski

Cortez McNeil

Carlos Coleman

J.D. Carroll

David Lowery

Byron Traylor

Jeff Bombick

Gene Dualphin



Seth Lowery



*"During  
t h e  
Brooke  
Point  
game it  
was cold*

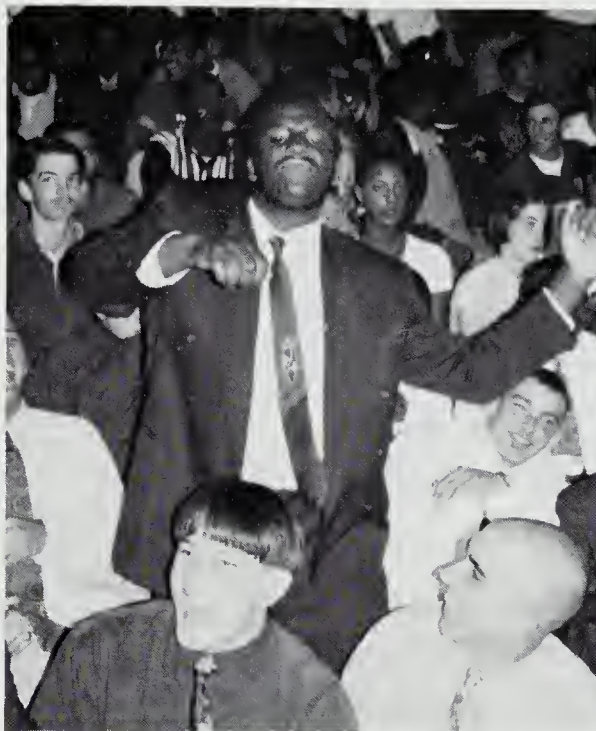
*and very rainy, but I enjoyed  
talking to my friends and  
watching the game, even  
though we lost."*

*Todd Yoho-11*





IN PREPARATION FOR THE Osbourn Park game, junior Kodi Smith warms up his grip. Smith played wide receiver so he needed to be able to get a firm grip on the ball. The receiver's gloves he wore had a sticky surface to ensure a secure catch.



Bridgit Kelly

GO! GO! CARLOS! JUNIOR CARLOS Coleman jams at the first pep rally. Junior Jeff Bombick and senior David Salisbury cheered their fellow teammate on while the Marching Band played the theme song, "The Horse" as a spirit booster.



Harry Miller

OPPONENT	W	—	O
Gar-Field	14		0
Osbourn Park	25		17
N. Stafford	28		7
Potomac	27		17
Hylton	24		13
Brooke Point	40		41
James Robinson	10		14
Stafford	21		14
Stonewall	14		0
Gar-Field	10		0
G.W. Danville	15		8
Hylton	6		21
Record	9		3



Seth Lowery

CAUGHT UP IN THE MOMENT, team members watch a play on the field. Players on the sidelines cheered for team members on the field as they waited for an opportunity to get back into the game to do their part to lead the team to victory.

TAKE A BREAK. JUNIORS ERIK Gavidia and Matt Lehr rest during half-time and grab a drink of water. Half-time gave the coaches time to review the events of the first half and to discuss strategies and plays to be used in the last half of the game.



# IT'S TEE TIME

## *Multiple Tournaments, Opponents Bring Challenges on the Green*

Players squinted in the hot September sun. They watched as the ball flew down the green toward the eighteenth hole. This was the final round and a birdie would put the team in second place.

On opening day, sophomore Sean Murphy arrived at Lake Ridge Park for practice. He looked for familiar faces. Only five members returned. The team practiced on different greens to be prepared for tournament play.

The top players were

sophomores. Nick Bland and Mitch Johnson were the only players to advance to play in the Regional Tournament. Regionals were held October 23, 24, 25 at Evergreen Country Club.

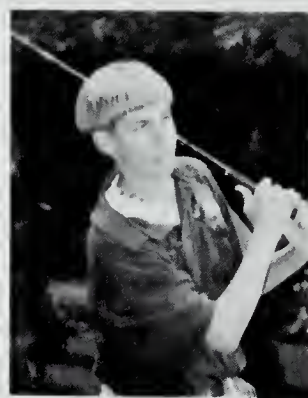
"Even though this season was a disappointment from last year we built on the lack of talent and finished the season third at districts," sophomore Nick Bland said.

The team traveled to Montclair Country Club's golf course for afternoon

practice. "I think it was neat we got to go to different golf courses to practice. When we went to a tournament we were better prepared for different challenges," freshman Danny Bolter said.

A small team allowed players to get to know each other. "There is so much idle time on the green and not a lot to do while waiting for your turn, that's when you make your friends," freshmen Tony Fox said.

*by Hilary Hansen*



*"This season was my first year on a real golf team."*

*The season started off really slow but we progressed and got better. The Gaulet tournament was my best match because my score counted in the top four players for the team score. That match was against Stafford and Brooke Point, Stafford won the match but we came in second place." Chad Snead-10*



Golf *Front Row:* Jim McClaren, Tony Fox, Chad Snead, Nick Bland, Danny Boulter; *Back Row:* Mitch Johnson, Dan Avenick, Brent Perry, Sean Murphy, Coach Lou Lepore.

## GETTING DOWN TO BASICS

Top Scores for 18-Hole Course

Nick Bland 78

Mitch Johnson 92

Sean Murphy 82

Jim McClaren 98

David Alvery 88

Chad Snead 98



Segall Majestic





Segall Majestic

WITH A LONG FOLLOW THROUGH sophomore Sean Murphy chips his ball onto the green. Since the course had a slope, Murphy didn't have to put much force behind the stroke to make it land next to the hole. A slope could be an advantage.



Segall Majestic

WITH EYES FOCUSED, SOPHOMORE Mitch Johnson places his ball and tee in the ground on the first hole in the Montclair Country Club's golf course. Placing of the ball's height affected the spin and the distance the ball traveled.



## OPPONENTS

W

North Stafford/ Stonewall .....	3rd place
Brooke Point/ Stafford .....	2nd place
West Springfield .....	2nd place
Quantico Tournament .....	13th place
Brooke Point/ Stonewall .....	1st place
Mills Godwin/ Hernitage/ Clover Hill .....	3rd place
Mercersburg/ Stonewall/ James Wood .....	2nd place
Stafford/ North Stafford .....	2nd place
Quantico .....	1st place
Lake Braddock .....	1st place
District Tournament .....	3rd place

WACK! SENIOR DAVID ALVERY DRIVES the ball down the third hole of the home course at Montclair Country Club. Alvery helped lead the team to victory against Stonewall Jackson, and Brooke Point. The experienced players guided the younger players with leadership.



# SERVE IT UP

## *New Coach Leads Girls Tennis Team to District Finals*

Sweat dripped down senior Alicia Brown's forehead. One more point and the match would be finished. Seniors Michelle Killik and Alicia Brown anticipated the moment when the ball would sail over the net, and they would finish the match and help the team move one step closer to the commonwealth district finals.

When players returned after summer, they found Mr. William Mangus as their new coach. "Mr.

Mangus helped our team a lot. He gave us team spirit and taught us many new skills," freshman Wendy Hickok said.

To get to district finals, the team had to practice everyday from 2:30 to 4:00 p.m. "In practice Coach Mangus made us do many hitting drills. We had to do forehands, backhands, overheads, and serves. It doesn't seem that hard, but under the hot sun and doing these drills over and over really

tired us out," junior Doris Kolovos said.

The team traveled to Stafford for the District Tournament. "I wasn't surprised that we made it to District Finals. I knew we had the talent all along and as we played the first round of the districts I knew we'd win the semi-finals," senior Michelle Killik said.

The team consisted of only nine members from which to draw talent.

*by Meggan Curtin*



Girl's Tennis *Front Row:* Doris Kolovos, Ellen Stevens, Chrissy Moore, Meggan Curtin; *Back Row:* Coach William Mangus, Christina Hamilton, Michelle Killik (Captain), Alicia Brown, Karla Fuentes (Captain).

## GETTING DOWN TO BASICS

Freshman Christina Hamilton played different ranks in the top six, during the season. Hamilton played number three, four, five, and six.



*"The most fun part of the tennis*

*season, was going to Districts.*

*It was very exciting, and plus*

*we got out of school twice to*

*play our matches."*

*Ellen Stevens-10*



Tony Nguyen

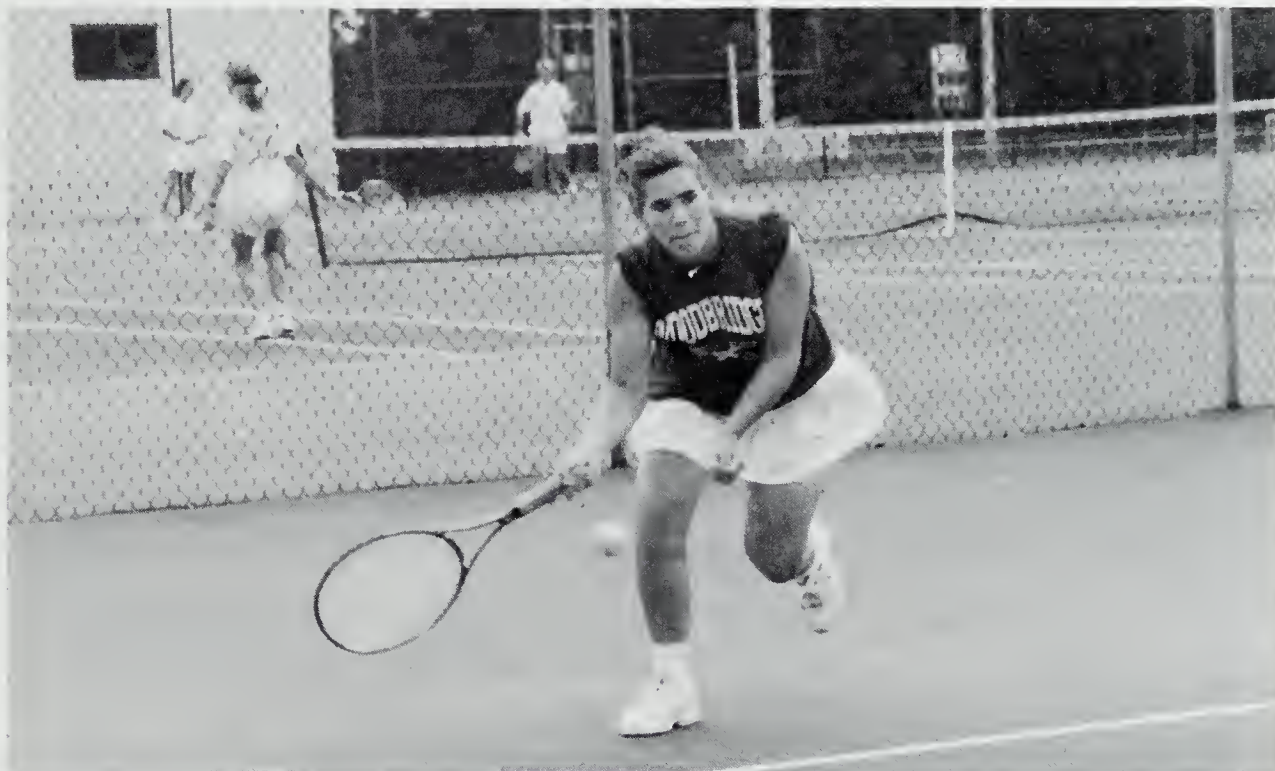




Harry Miller

AFTER FAULTING HER FIRST SERVE, senior Karla Fuentes walks back to the base line, to start her second serve. The rhythmic bouncing of the tennis ball helped Fuentes calm down and concentrate for her next serve. A fault occurred when a player's foot crossed the line.

AS SENIOR ALICIA BROWN BENDS HER knees low, she sends a forehand over the net to her Stonewall Jackson opponent. To get more power, players were taught to put the force of their whole bodies behind the ball instead of just using their arms for the swing.



Tony Nguyen



OPPONENT	W	—	O
Gar-Field	0		7
Stonewall	3		6
Potomac	7		2
Hylton	0		9
Gar-Field	1		8
Osborn Park	1		8
N. Stafford	7		2
Potomac	5		4
Stafford	0		9
Stonewall	4		5
N. Stafford	6		3
Brooke Point	7		2
Stafford	0		9
Brooke Point	6		3
DISTRICTS			
Stonewall	5		4
Stafford	0		9
Record	7		9

WHILE SOPHOMORE CHRISSY MOORE begins warming up with her singles opponent, a ball bounces from the next court onto hers. Since the courts were so close together, players were distracted by balls which bounced into their games from other courts.



"GOOD JOB!" SOPHOMORES DAWN Wanzer and Melissa Broadus congratulate each other for good play as Wanzer leaves the floor. Players were substituted out of games to drink water and rest before they returned to finish the match.

AS FRESHMEN ELIZABETH DITTAMO leaves the game, she tells Coach Surber about a call that the referee missed. Coach Surber gave players additional play instruction during time outs and substitutions. Players always tried to improve play.



Barbara Heritage



Barbara Gryder



Olinda Fuentes

TO BRAKE THE TENSION DURING A game, freshmen Jennifer Waggy and Jessica Hudgins take a minute to rest on the sideline. Players who were not in the current play of the game relieved the tension and supported their teammates on the court.

#### JUNIOR VARSITY

OPPONENT	W	—	O
Paul VI	2		0
Hylton	0		2
Osborn Park	2		0
Gar-Field	2		0
Potomac	2		0
Hylton	2		1
Stonewall	2		0
Osborn Park	2		0
Gar-Field	2		1
Potomac	2		0
Hylton	0		2
Stonewall	2		1
Record	10		2

#### FRESHMAN

OPPONENT	W	—	O
Osborn Park	0		2
Gar-Field	2		0
Potomac	0		2
Hylton	0		2
Stonewall	1		2
Osborn Park	2		0
Gar-Field	2		1
Potomac	0		2
Hylton	0		2
Stonewall	2		0
Record	4		6



# SET TO WIN

## *Teams Bump, Set and Spike Their Way to Victory on the Court*

Teammates stood ready. Sophomore Melissa Bennett crouched into the bump position as her teammate went to the net for a spike.

Teammates talked with each other on the floor. "We are constantly talking and calling out a ball in a game. We have been working on this since the beginning of the season, and there was a big difference. At the beginning no one would call the ball and either we'd run into each

other trying to hit the ball or miss it totally," freshmen Kristen Daniels said.

The freshman and JV teams supported each other off the court as well as on it. "As a team, we have secret buddies who give gifts like cookies, candy, and flowers to each other for good luck before a game. Once I got a plastic bag shaped like a glove. It was full of popcorn with candy corns as the finger nails," sophomore Sarah Falcona said.

The teams had to prepare mentally and physically for each game. "We play motivating and upbeat music that gets us hyped and doesn't make us too nervous either. We go through drills, play one on one, and just get our minds focused and into the game," sophomore Melanie White said.

When the girls beat Hylton, they accomplished the goal of beating their top rival.

*by Dawn Cleary*



JV Volleyball *Front Row:* Melissa Broadus, Melissa Handy, Dawn Wanzer, Melanie White *Back Row:* Christine Bohannon, Melissa Miligan, Amber Lockhart, Melissa Bennett, Melissa Saure, Sara Falcona.



Freshman Volleyball *Front Row:* Mary McKnight, Kristen Arko, Elizabeth Dittamo, Erica Eberwein, Kristen Daniels, Jessica Hudgins, Jennea Waggy, Katie Lutes, Coach Gretchen Surber.



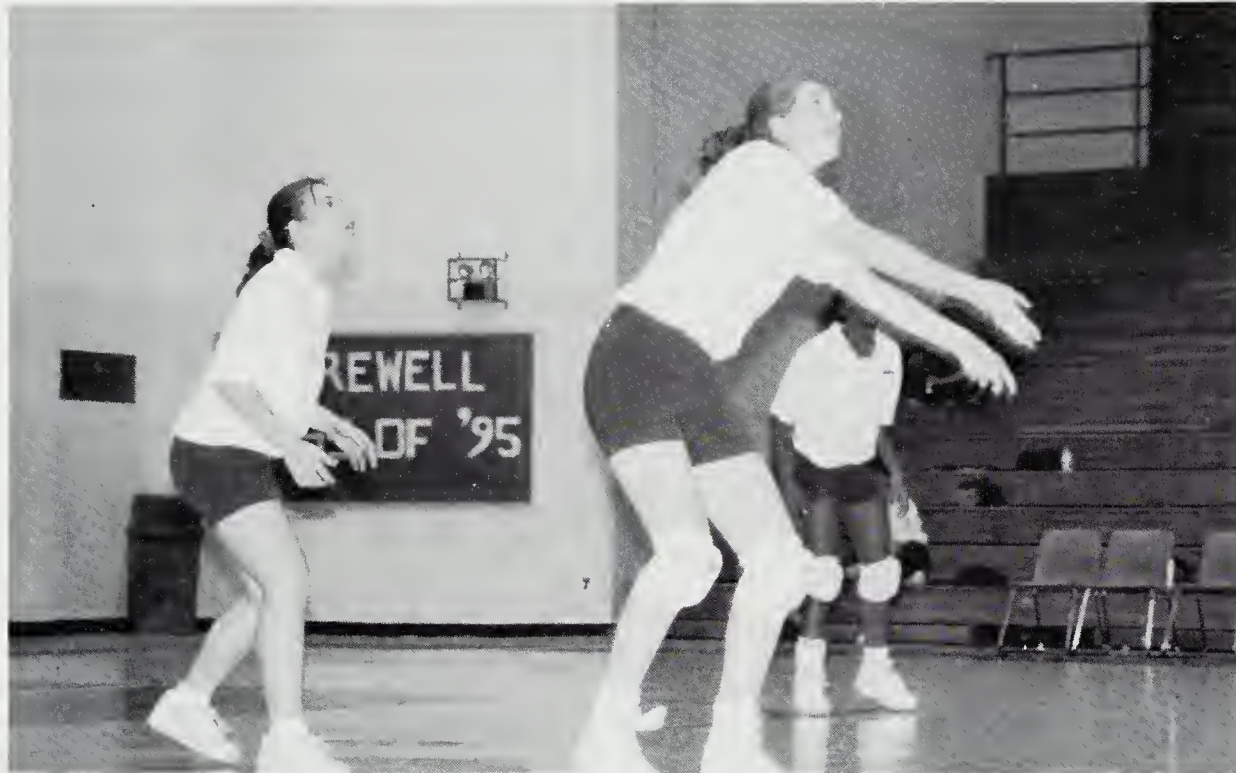
*"This year we had a change in coaches which was an added challenge, but we ended up having the best record out of the three teams. This shows how we really pulled together as a team."*

*Melissa Broadus-10*



HERE IT COMES! BRINGING HER hands together to prepare for a clean bump, junior Stephanie Daniels sets her body and awaits the arrival of the ball. Daniels assumed a defensive position to stop the ball so a teammate could set it for the final hit.

OUCH! IN A FACE-OFF WITH HYLTON, senior Susan Lutes dives for the ball as senior Claire Fontenot stands in position to take the next hit. Players had to make quick decisions to keep the ball in control and in play within court boundaries.



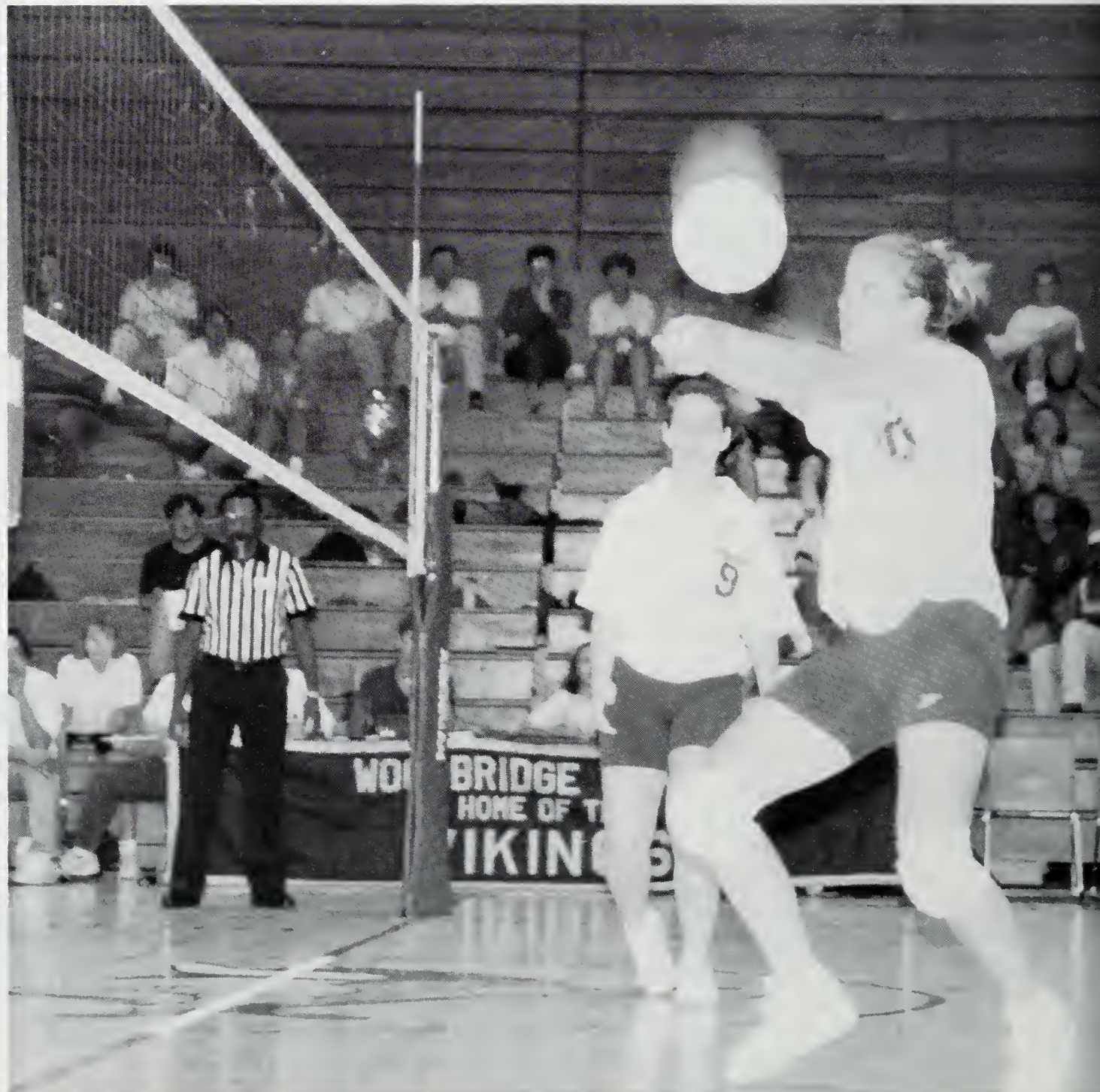
Barbara Gryder



Barbara Gryder

OPPONENT	W	—	O
Clover Hill	2		3
Mills Godwin	2		3
Quince Orchard	2		3
Paul VI	3		0
Hylton	2		3
Indian River	2		1
Western Branch	0		2
Albermarle	1		2
Osborn Park	2		1
Gar-Field	0		2
Potomac	2		0
Hylton	2		0
Stonewall	2		0
Osborn Park	2		1
Gar-Field	2		0
Potomac	2		0
Hylton	2		0
Stonewall	2		0
Stonewall	2		0
Osborn Park	2		0
Hylton	2		1
Patrick Henry	0		2
Record	14		8

WITH HER EYES FOCUSED ENTIRELY on the ball and both hands clenched tight, junior Erin VanGorder executes a pass to senior Nicki Ferguson against Potomac. The team worked to stop the ball in order to set up for clean kills at the net..



Barbara Heritage



"We all held our heads high and kept any



disappointments blocked out. Along with a promising season, we now have memories that will be in our minds and close to our hearts forever."

Susan Lutes-12

# ADD IT UP

## Varsity Adds Districts to Its List of Wins, Takes Second in Regionals

Sweat dripped down senior Niki Ferguson's forehead as she prepared to serve against Hylton. She concentrated on the ball as she held it above her head to aim her shot.

This was the scene set at the Regional semifinals in Roanoke. The team ended its season in second place in the region beating Hylton, but falling short to Patrick Henry.

"Beating Hylton after playing three games with them was extra special to us. We were exhausted,

but went on to play Patrick Henry who had had two hours to rest. We had such high expectations, but lost and were kind of disappointed," sophomore Nashunda Harper said. They lost the final match in two games, 11-15 and 14-16.

In practice, Coach Mike Petock pretended to be their opponent. He challenged the team to a scrimmage to work on defensive skills. Each player shuffled her feet and side-stepped under the net to

work on agility.

In the Regional quarter finals against Osbourn Park, the players allowed a total of twelve points scored in two games. "Osbourn Park's crowd was very intense so when we got a kill it was sweet to say 'Right back at ya,'" senior Claire Fontenot said.

With only three substitutes available, the team had to develop stamina. There weren't players to take their places when they got tired.

by Shannon Olguin



Varsity Volleyball *Front Row:* Niki Ferguson (Captain), Claire Fontenot (Captain), Susan Lutes, Tanya Tilgner; *Back Row:* Sara Kennedy, Jessica Hoge, Stephanie Daniels, Erin VanGorder, Nashunda Harper.





**A**fter school, senior Patrick Murray and senior Rick Windsor collect aluminum cans from bins in the school to recycle. Students spent their spare time helping the environment.

**I**n his classroom after school, sponsor Mr. Pinion shows the members of the Science and Ecology Club samples of the environmental t-shirts which were sold to raise money.



Seth Lowery



Sean Tracy



Dawn L. Moulen

**W**hile carrying a trash bag to each classroom, junior Jennifer Newell and senior Angie Christman empty the paper from the bins to recycle the paper acquired that day.



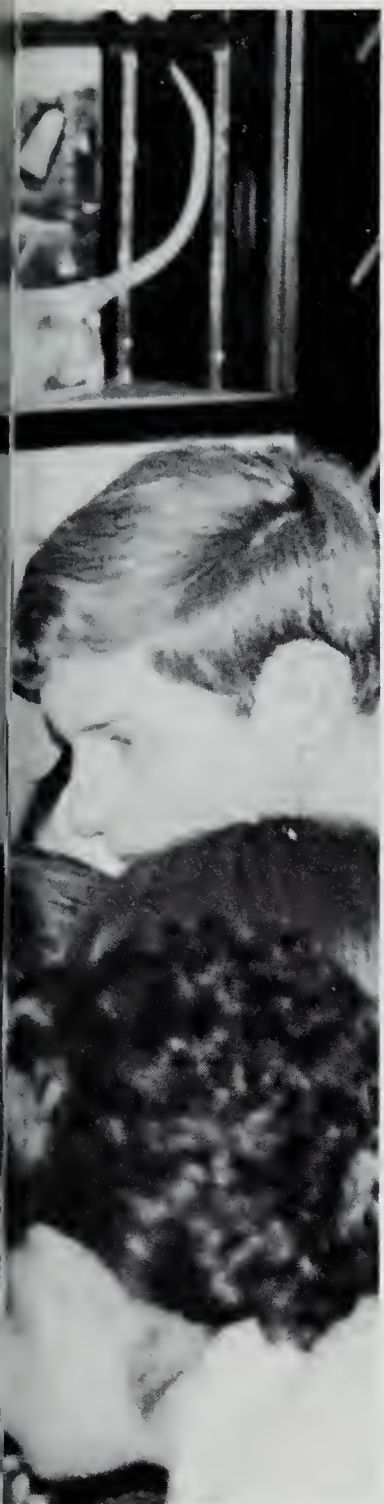
*"I joined the club because I wanted to inform students about the environmental problems that plague our world".*

*Niki Ferguson-12*

## FAR OUT MAN

The Science and Ecology Club consists of members who dedicate their time helping the environment. Members set out recycling bins throughout the hallways to encourage students to participate in recycling. The club sold environmental t-shirts as well as made tie dye T-shirts to raise money for field trips.





# NATURE'S WAY

## Environment Sparks Concern

**A**fter senior Claire Fontenot took time out of her schedule to help the environment, she placed recycling bins throughout the hallways. The bins served as a reminder to students to become involved with improving the environment. The Science and Ecology Club's first priority was help improve their surroundings.

Students helped by recycling. "The Science and Ecology Club does

a lot of recycling, which I feel is necessary. We also sell environmental t-shirts to get positive messages about the environment across to students and raise money. I feel the need to improve the environment," Fontenot said.

Students joined the Science and Ecology Club to help the community. Students made the effort to become educated about their surroundings. "I think it's a really good idea to put out the recycling

bins for students. It encourages students to take part in recycling. The problem about putting out the bins is that people throw away their trash in the bins instead of using the trashcans provided. I have found many soda cans and candy wrappers in the white paper bins," senior Lauren Woodcock said.

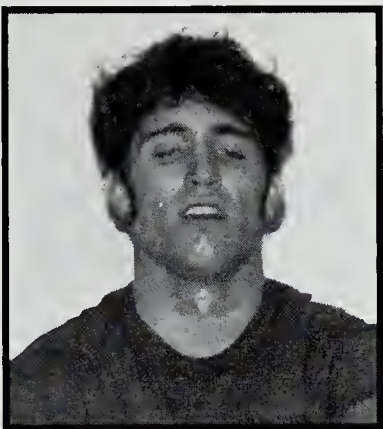
Students took precautions for the future by donating time to improve the environment. "I think it's a good idea

that we have a Science and Ecology Club. It is up to us to change what the world is going to be like in the future. I'm proud to be a part of this club," senior Chris Meadows said.

Students in the Science and Ecology Club helped to keep the community healthy and create a better atmosphere to live in. They did this by providing recycling and other earth saving programs in the school.

*by DeAnna Thorstad  
and Casey Powell*

## It's Elementary



Secretary of the Science and Ecology Club, senior Sam Gammon, contributed time and effort to help the community by placing recycling bins throughout the school. He participated in the club to have an organized way to improve his environment.



Science and Ecology Club *Front Row:* Nery Cruz, Jennifer Newell, Angie Christman, Sabrina Rude, Niki Ferguson, Karden Kelly, Veronica Najjum *Back Row:* Jessica Maddox, Patrick Murray, Blair Lockamy, Claire Fontenot, Lisa Mitchem, Shannon Stocks, April Davis, Mr. Doug Pinion.



# Service Clubs Focus On Community

**T**he hope is that we will be able to prevent the younger students from getting into drugs and alcohol," SADD sponsor Mrs. Mahmood said. The Key Club and Students Against Drunk Driving both helped the community in different ways.

Key Club was involved in the community. "The Key Club seemed to me the best way to get involved in the community. Right now I'm helping put

together a library for the homeless," senior Elizabeth Heisey said.

Helping the community is a key factor when joining the club. "Key Club is all about helping others in the community. I feel a sense of pride helping people, because it makes me feel good knowing I helped someone who needed it," freshman Southita Saikhampon said. SADD taught the importance of staying drug and alcohol free. "SADD is important

because it shows students that you can have fun without the use of drugs and alcohol in your life," sophomore Melissa Ritenour said.

Joining SADD was a way for students to interact with other students who also don't use drugs or alcohol. "I don't drink and I definitely don't do drugs. I joined SADD to find a way to advise other students not to drink or do drugs. I enjoy SADD because we get together as a group and talk

about how we feel about using drugs or alcohol," senior Semret Tseggai said.

Besides making students aware of drug and alcohol abuse, and participating in community service, the Key Club and SADD also did other activities. Key Club tutored for younger students; and SADD worked with the Office of Youth to get students to promise to remain free of drugs and alcohol.

by Meggan Curtin

Seth Lowery



## Just Say No

Key Club was a service organization which provided community service. SADD was a club which encouraged the prevention of the abuse of drugs and alcohol. Both of these clubs existed to improve the community.



Key Club *Front Row:* Lil Keys (sponsor), Lisa Bellamy, Elizabeth Heisey, Tirzah Schaefer, Allison Cowan, Ashley Rinehart; *Middle Row:* Kevin Flanagan, Jessica Carr, Mark Rosenow, Southita Saikhampon, Rebecca Greenberg, Casey Powell, Joy Justice; *Back Row:* Caroline Irick, Teresa Franklin, Mike Favila, Nicholas Zizzo (treasurer), Michelle Dowdy (president), Heather Herman.



SADD *Front Row:* Melissa Ritenour, Tracey Watson, Andrea Littig, Heather Herman, Jamie Kutchman, Lili Castilla, Missy Baker, Brian McNeal; *Middle Row:* Sean Urban, Dennis Dorsey, Semret Tseggai, Rachel Nakamura, Kellie Smith, Jeff Giasson, Kym White; *Back Row:* Blair Lockamy, Monique Brown, Gerardo Portela, Chris Meadows, Cornelius Dixon, Ahmad Dorsett, Kevin Flanagan.





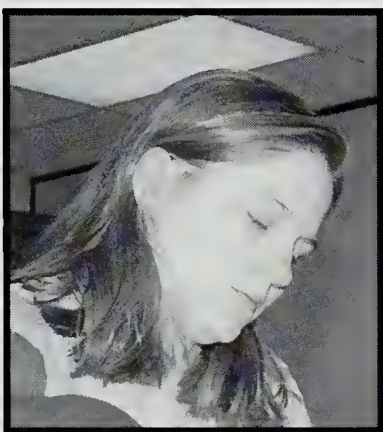
**W**hile senior Shannon Farrell helps junior Delvon McCormick with his Valentine's Day message, senior Tim Fuller makes the Valentines. SADD sponsored the sale of Valentines messages.

**A**ttention please! Vice-president senior Kevin Flanagan and secretary senior Dominique Kanuse call the Key Club meeting to order. Meetings were held every Thursday.



Bridget Kelly

## It's Elementary



Key Club's senior Michelle Dowdy, was an active member as well as the President. She organized meetings and obtained information needed for members. Dowdy was responsible for planning club activities.



Bridgit Kelly

**G**athering around the snack table, seniors Claudia Vargas and Nery Cruz converse during a Key Club meeting. Joining Key Club was a chance to serve the community.



**G**rant my Christmas wish. Junior Rebekah Donahue checks items on her list. Each member was assigned a student at Woodbine Elementary to buy Christmas gifts for.

**N**ow I lay me down to sleep. Senior Adam Soos lies down with his new friend at the Woodbine Preschool Christmas party. The Norsemen spent the day entertaining children.



Andrew Stanley

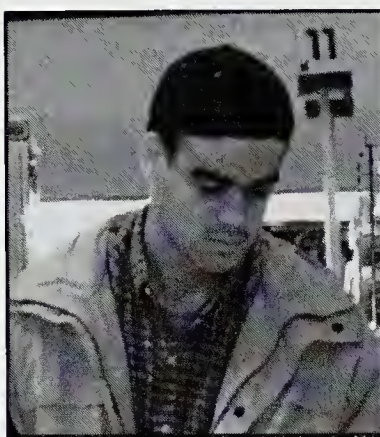


Andrew Stanley



Andrew Stanley

**S**ave a hug for me. Junior Nathan Gibson spends time with his "Little Buddy" at Woodbine Preschool. The Norsemen threw a party for the young children there



*"I played Santa at the Christmas Party we threw for the little kids at Woodbine. It was great to make the kids feel happy."*

Gerardo Portela-12

## LITTLE HELPERS

The Norseman Club was the oldest community activity in the school. The Norsemen helped organize and conduct the annual blood drive. Students had to be 17 in order to participate. The club has won awards over the years for their work with the handicapped. Try-outs or pledges were held to become a Norseman.



# BODY TIME

## Helping Hands Make A Difference

Have you ever wondered what club is behind the yearly in-school blood drive, or who it is wearing those silly outfits in the fall? It's the Norsemen! Norsemen performed services for the community. "Not only does Norsemen give you the chance to give back to the community, but it gives you the chance to be with your friends while doing it," senior Brian Richards said.

Norsemen won various awards for working

with the handicapped. Every Christmas the Norsemen threw a Christmas party for the children at Woodbine School.

Becoming a member of Norsemen brought about opportunities to help in the community and make new friends. "I initially wanted to become a Norsemen, because I had some friends who were Norsemen. They told me how much fun it was and that I should try out, so I did."

sophomore Rachel Rogozinski said.

Norsemen was also a way to get new students involved in school and the community. "Being new to the school, I knew more people since I was in the club. I was able to experience new things, and look forward to helping the community," sophomore Katie Youngbluth said.

The annual blood drive was available for students to "give" a little back to the com-

munity. Students above the age of seventeen were welcomed to leave class and make a charitable donation to the Red Cross. "We organize and run the blood drive and take time away from our own studies to benefit the community," senior Elizabeth Cowardin said.

To become a Norsemen students had to go through a series of try-outs.

*by Lisa Bellamy  
and Elizabeth Heisey*

## It's Elementary



Norseman, senior Michelle Looney was a club member for three years. Looney joined her sophomore year because her friends were Norsemen. She was an active participant and enjoyed helping the community.



Norsemen *Front Row*: Andy Hewlett, Matt Trotta; *Second Row*: Ashley Rinehart, Meredith Weaver, Jason Helling, Kelly Ames, Lili Castilla (Secretary), Rachel Rogozinski, Andrea Littig, Mary Varrieur; *Third Row*: Alison Keehan, Jason Moss, Eric Kennedy, Heather Herman, Susan Lutes, Chris Meadows, Jeff Gotherman, Jen Looney; *Back Row*: Ryan Schnur, Leon Gibsan, Gerardo Portela, Adam Soos (President), Brian Richards (Vice-President), Kym White (Treasurer), Michelle Looney, Rebekah Donahue, Shea Northup, Nate Moorleghan, Jenni Gray.



# BIG BUSINESS

## Community Gains from Club Efforts

The bus engine roared as it pulled away from the school and took Future Business Leaders of America members on a field trip.

"While we were at Belvedere Farm, we played a game with a lifesaver and whipped cream. By the end of the game there was whipped cream all over everyone, whether they played the game or not," said junior Stephanie Zerkow, club vice president. FBLA

members received points by participating in activities.

"FBLA has something called 'Dress for Success' and if we dress up for our business classes we get extra points toward our business letter," freshman Alexa Baer said.

She continued, "I like having the meetings during class because I don't have to stay after school," Baer said.

FBLA members received points by participating in activities.

They ran Operation Turkey in November, a program that donated cans of food to the less fortunate within the community.

"You get points toward a letter when you bring in pink Giant receipts and cans of food. You get one point for every \$50 worth of Giant receipts and one point for every two cans of food," sophomore Lisa Swanson said.

Fund raisers were held not only to support the organization,

but also to help people within the community.

"We had a fund raiser for the Lee Thompson family fund. He developed spinal meningitis. We raised \$200 for hospital bills and other related expenses," senior Geoff Sarmal said.

Students had to be enrolled in a business class and pay an initiation fee of \$10 to become members of FBLA. Students participated in fund raisers to earn extra money for club activities.

*by Cecilia Riek*

## Future Business Leaders of America

Josh Abrams, Ana Acosta, David Adame, Patrick Ahern, Krishawn Allen, Diana Alvarez, Kelly Ames, Shirley Andorful, Blaine Apo, Kristen Arko, Stene Arnold, Alexa Baer, Autumn Baltimore, Alimamy Bangura, Shane Barnett, Marc Barribeau, Alysia Barton, Chris Bennett, Melissa Bennett, Casey Bepko, Jennifer Bergeron, Sabrina Bielefeldt, Sean Bles, Karie Billman, Brian Blackburn, Lynda Boone, David Boubre, Tara Boudreaux, Misti Bowers, Umar Bowers, Mina Bozzelli, Julie Brandwein, Michelle Brebnor, Erynne Brotherton, Alicia Brown, Jason Brown, Lindsay Brown, Parice Buckmon, Candi Busholw, Michelle Butler, Tina Campbell, Bridget Carter, Darryl Carter, Mike Carter, Sharon Cetel, Tiffany Chase, Taneisha Chisolm, Tiffany Chisolm, Karon Choates, Saimia Choudry, Stacey Christopher, Ben Clark, Laura Clifton, Jodi Lynn Combs, Renee Combs, Ryan Cook, Tracee Cook, Wayne Cooke, Kim Cooper, Charleen Cox, David Cramer, Scott Cramer, Jessica Crespo, Todd Crone, Matt Cronin, Danielle Cunningham, Christian Custodio, Christine Custodio, Darlene Dadrus, Angie Davis, Cameron Day, Olga DeJesus, Angela Dennie, Melissa Derr, Keri DeSalvo, Emanita DeWitt, Nicole Difazio, Ahmad Dorsett, Erica Eberwein, Brad Edwards, Christine Edwards, Danielle Eure, Randy Eyler, Monique Farquhargon, Nicole Feimster, Tiffanie Feimster, Joey Feindt, Stephanie Feindt, Maggie Finley, Shemariah Fleming, Nancy Flores, Carrie Forgas, Ben Foster, Nathan Fowler, Cory Frazier, Leslie Gaines, Krista Ganela, Nik Gebhart, Robert Gerard, Kristin Gibson, Tasha Giles, Carol Gill, Stephanie Gleichsner, Josh Goodwin, Emily Gorman, April Goss, Kary Greyson, Vicenta Guevara, Amit Gupta, Sumit Gupta, Baebara Guteidge, Brenda Guzman, Andrew Harrington, Justin Harriott, Veronica Harsley, Jason Helling, Kim Helmandollar, LeighAnn Hendrickson, Heather Herman, Corrine Hicks, Donald Hoffmann, Tiffany Holliday, Jason Holloway, Tim Holsinger, Chase Honaker, Carol Hood, Laura Hoppe, Darrell Horne, Jesse Horneber, Thelma Hottle, Juliet Hoyt, Stephanie Humbarger, Johanna Izaguirre, Sarah Izaguirre, E. J. Jackson, Marvin Jefferson, Allison Jendrossek, Betty Jessee, Amber Johnson, George Johnson, Jimmy Johnson, Kim Johnson, Michelle Jones, Caroline Judy, Mark Kaetzel, Cadmus Kahing, Ernestine Kamada, Brian Kane, Amanda Kelly, Sara Kennedy, Adrienne Killen, Karen Kim, Shannon Kirby, Nikki Kisner, Lisa Knepper, Art Lambros, Eric Lee, Chris LeHockey, Tim LeHockey, Tara Lerch, Kevin Libby, Bethany Lindberg, Amber Lockhart, Jen Looney, Gwendy Lopez, B.J. Lowery, Katie Lutes, Lloyd Lyall, Kevin Marable, Ena Marquez, Cherre Marshall, Tungee Martyn, Lashelle Mason, Lesley McAlphin, Mark McCann, Michael McGraw, Dominique McLaurin, Meghan McLaurin, Janessa McReynolds, Jesus Medina, Harnet Meresie, Ajeenah Miller, Tanea Mitchell, Marilynn Monroe, Annamarie Moore, Chrissy Moore, Chequena Morris, Lamea Morris, Monque Morris, Jennifer

Mosakewicz, Keith Mosier, Sandy Motyleski, Patrick Murray, Charles Myers, Mark Naegle, Dan Najjum, Veronica Najjum, Rachel Nakamura, Mandy Nelson, Jason Nevitt, Paul Nichols, Chris Olds, Jonathan Olin, Tim Olin, Catherine Olszyk, Jennifer Opsut, Nick Paeiejewski, Melanie Park, Amber Parks, Janet Parson, Steven Patten, Rufus Patterson, Anthony Peavyhouse, Rebecca Peavyhouse, Mamie Pekanyande, Davin Peterson, Chris Platt, Daniel Powell, Stefanie Powers, Lee Prather, Rachel Price, Joe Quinlan, Tanaisha Rainey, Wambaki Reel, Ronetta Reid, Jeanette Richardson, Melissa Ritenour, Sara Roach, Joshua Rock, DaShawn Rodriguez, Dusti Rodriguez, Nick Rodriguez, Lashanta Roquemore, Chanise Ross, Andy Rowe, Jennifer Rudolph, Brandy Rutledge, Frank Saldana, Mary Saldana, Jamie Sansale, Jeff Sarmac, Jonathan Saunders, Stacy Scarazzo, Greg Schiro, Becky Schwartz, Carmen Scrive, Guldar Sekhon, Andy Sellner, Raleigh Sepkowski, Falvash Shafig, Nidhi Sharma, Shubh Sharma, Sandi Shumard, Victoria Silguero, Julie Silva, Ebony Smith, Jen Smith, Matt Smith, Meghan Smith, Michael Smith, Steven Smith, John Sparks, Chris St. Germain, Matt Staats, Anne Starbaek, Katie Stephens, Evelyn Stone, Suzanne Stromire, Lisa Swanson, Patick Swedock, Tabitha Swett, LeVar Sykes, Leah Talley, Donetta Thomas, Shawn Thompson, Melody Thorstad, Elizabeth Thurber, Shannon Tierney, Leslie Toler, Semret Tseggai, Ali Turabi, Ricardo Umana, Prashant Uppin, Russell Urquhart, Heather VanMeter, David Via, Mandy Vida, Wendy Waggy, Orion Wake, Jerry Walley, Dana Ward, Katherine Ward, Candice Ware, Sara Watkins, Tracey Watson, Nick Weaver, Michael Weisman, Katie White, Worrdell Whitehead, Josh Whitham, Chawnta Whitney, Sameerah Whitney, Crystal Wiles, Lindsay Williams, Shawana Williams, Marquis Wilson, Shena Wison, Rick Windsor, Danny Wittmann, Wesley Wood, Lauren Woodcock, Kristin Woolfenden, Bryan Worrell, Julia Wright, Marli Wright, Jacqueline Zambrano, Brandon Zell, Alonzo Charity, Brent Dickinson, Nashunda Harper, Stephanie LeBrun, Chris Moteslk, Eddie Alexander, Antigone Ambrose, Adam Boudreau, Duane Brown, Lilly Castilla, Alicia Cobb, Aneesah Cooper, Ryan Cummins, Kerry Daley, Michelle Dotson, Tim Fuller, Kelly Gallion, Melissa Gibbons, Casey Godfrey, Vaughn Harrell, Cobie Hollar, Reginald Hubbard, David Isherwood, Susana Iturregui, Carrie Johnson, Krestel Johnson, Wajiha Kazilbash, Melissa King, Elizabeth Martin, James McClaren, Latisha Meade, Melissas Metzler, Nathan Moorleghan, Chrissy Moser, Beth Nelson, Melissa Ortega, Deborah Ortiz, Jeremy Parsels, Jennifer Proctor, Jessica Quitagua, Kathleen Raneey, Alissa Sanchez, Brian Sipes, Crystal Sirk, Leah Stockham, Rebecca Tamez, Christine Testerman, Chris Thai, Tanya Tilgner, Meliza Villagomez, Cassandra Weddell, Natasha Williams, Sarah Williams, Ryan Zell, Stephanie Zerkow.

Tony Nguyen





**W**hile concentrating, freshman Jodi Combs, works on her timed writings. Students took timed writings, which determined how many words-per-minute they could type.

**B**efore handing in his final paper, freshman Wayne Cooke scans his work for any typing errors. A misspelled word resulted in a grade deduction if the word was not corrected.



Olinda Fuentes



Dawn L. Moulen

**O**ne scoop or two? While at an ice cream social, junior Brandy Rutledge, scoops chocolate ice cream. FBLA used the ice cream social as a way of meeting other members.



In a quiet area, junior Raleigh Sepkowski completes his accounting work. Students found subtle settings enabled them to complete their work. The school library had extended hours, which provided students a place to study.

While studying notes in the hall, sophomore James Osburn adjusts his glasses. Students sat on the floor or benches to complete their homework. Students who arrived early to school studied or completed their unfinished homework



Tony Nguyen



Barbara Gryder

With her head down on the desk, sophomore Monica Bonner reads a book for Mrs. Goode's English class. English classes provided time to read, but there were distractions that disturbed classmates, making it hard to concentrate.



Barbara Gryder





# COMFY

## Relaxed Settings Ease Stress

**P**ropped up against a pillow and surrounded by stuffed animals, senior Jessica Carr began her homework. She had papers and books scattered in various locations on her bed.

"My computer takes up the room on my desk so I do my homework on my bed. There is a lot of space on my bed. Once I fell asleep reading a book for English," Carr said.

Special items in the room provided a familiar environment to get work completed. "I have a really comfortable chair with soft cushions that I always sit in at my desk in my room," sophomore

David Isherwood said.

A common place where students were found figuring out problems and writing reports was at home.

"My room is where I'm most comfortable studying, because I'm able to stretch out and create whatever atmosphere that I want to. I get distracted sometimes by people in the house, but on a whole, once I've decided to study, most things don't bother me," sophomore Kevin Libby said. Students struggled to ignore the distractions that caught their attention in order to get things completed.

Environments that

the students developed, provided the attitude and determination to finish their homework.

"When I'm doing my homework, I like it quiet with no music, no interruptions, and a lot of light. I like a formal setting like our living room which has a big, soft chair," junior Alysia Barton said.

Music or silence was one of the choices that students made when deciding what type of studying environment they preferred. Students created and adapted to the specific area in which they studied or completed their homework.

*by Dawn Cleary*



**W**hile listening to the Beatles, junior Sarah Vanwinkle completes her Functions homework. She found it comfortable to spread her work out and concentrate. Students created a study environment of their choice.

Barbara Heritage



# WORK IT

## Assignments Overwhelm Procrastinators

Piles of books, papers, and notebooks were scattered on the floor around junior Kristin Buckstad. The TV was on mute, but the picture flashed images onto the walls. The Beatles were playing on the CD player. Listening to music, watching TV, or procrastinating were ways that students dealt with homework.

Procrastination was a method used by students to put off homework. "I usually wait awhile after school to do my homework because I procrastinate. But when I do my homework, I like to mute the TV and listen to the

Beatles," junior Kristin Buckstad said. Listening to music or watching the television distracted students from homework.

Students tried to do homework as soon as school was over so they would have time to do other things later. "I try to do my homework as soon as I get home because then I have the rest of the day to whatever I want. Most of the time I fall asleep before I can finish so I don't do it at all," freshman Ian Williamson said. Getting homework out of the way early in the day helped students finish all of their assignments.

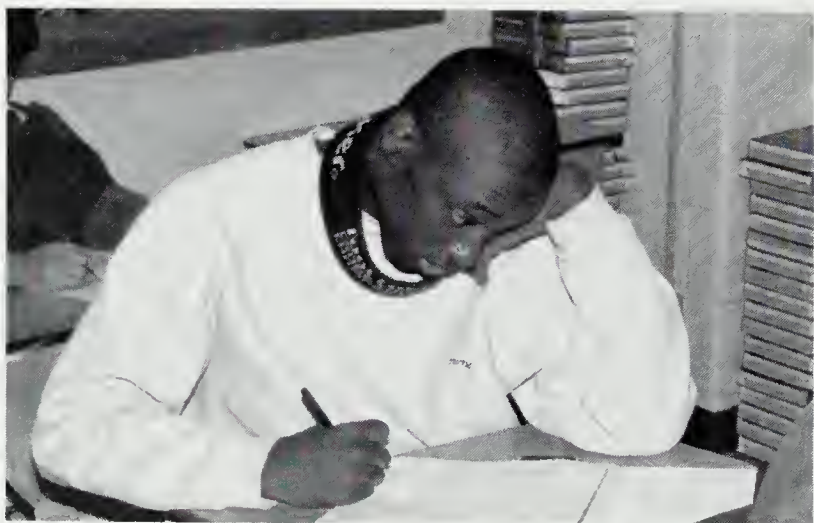
Students put off homework for reasons other than procrastination, such as jobs, family duties, and extracurricular activities. "I start my homework between ten and 11 o'clock, and normally don't finish until one. The reason I start so late is that I have lots of things to do that are more important, so I do them first," senior Jacob Dakon said. Homework ranked differently in importance depending on the student.

Students spent, on average, a total of five to seven hours on homework each night.

*by Jenny Williamson*



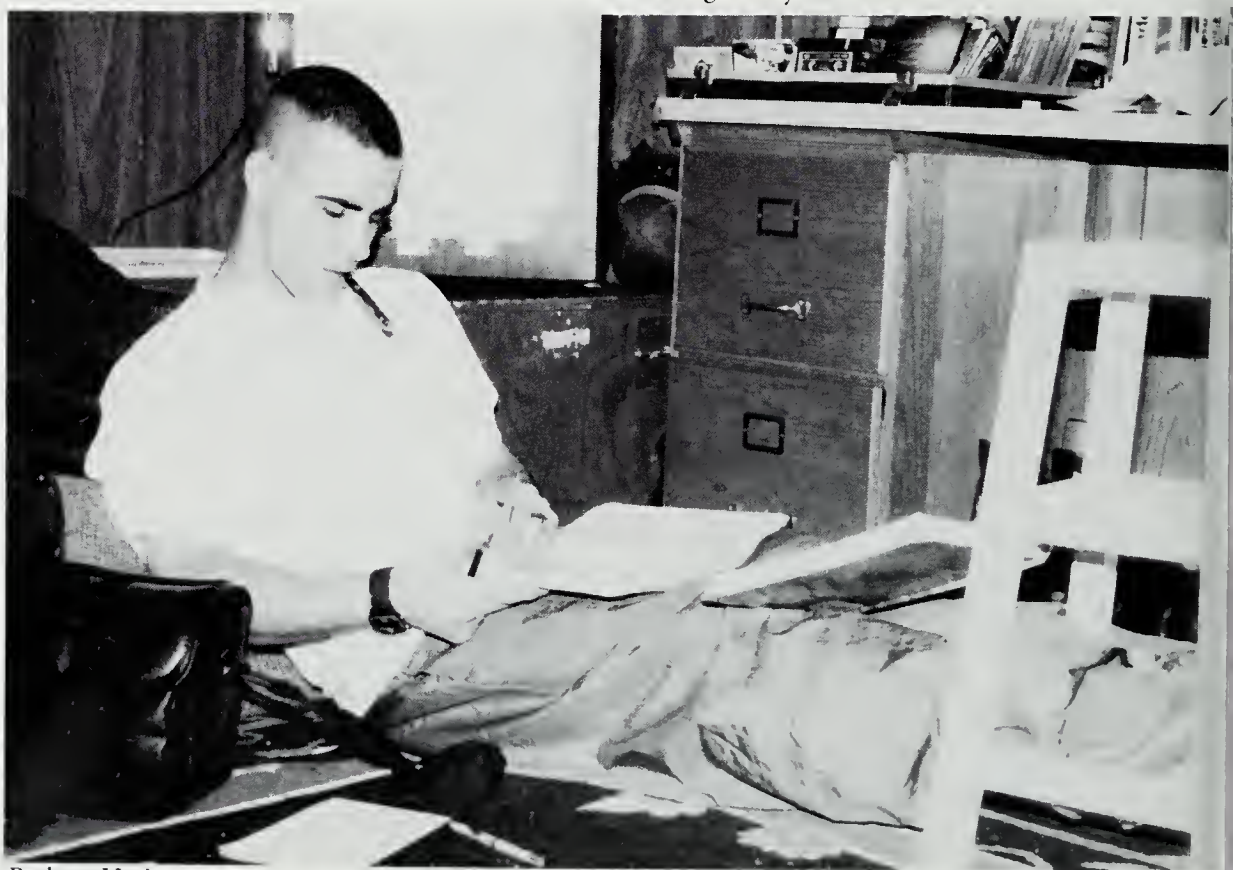
Bridgit Kelly



Roberto Santiago

What number was that? Junior Alonzo Charity wonders as he stares at his English homework. Extra time in class was used to do homework that was due for the next day.

Amid papers and books, senior Gabe Pickard flips through his composition book to get started on his assignment. Stretching out in his room allowed Pickard to concentrate.



Barbara Heritage





*"Usually I have two or three hours of homework per night. My favorite night to do homework is Monday. I can study my French while watching Melrose Place."*

*Shannon Baily-10*

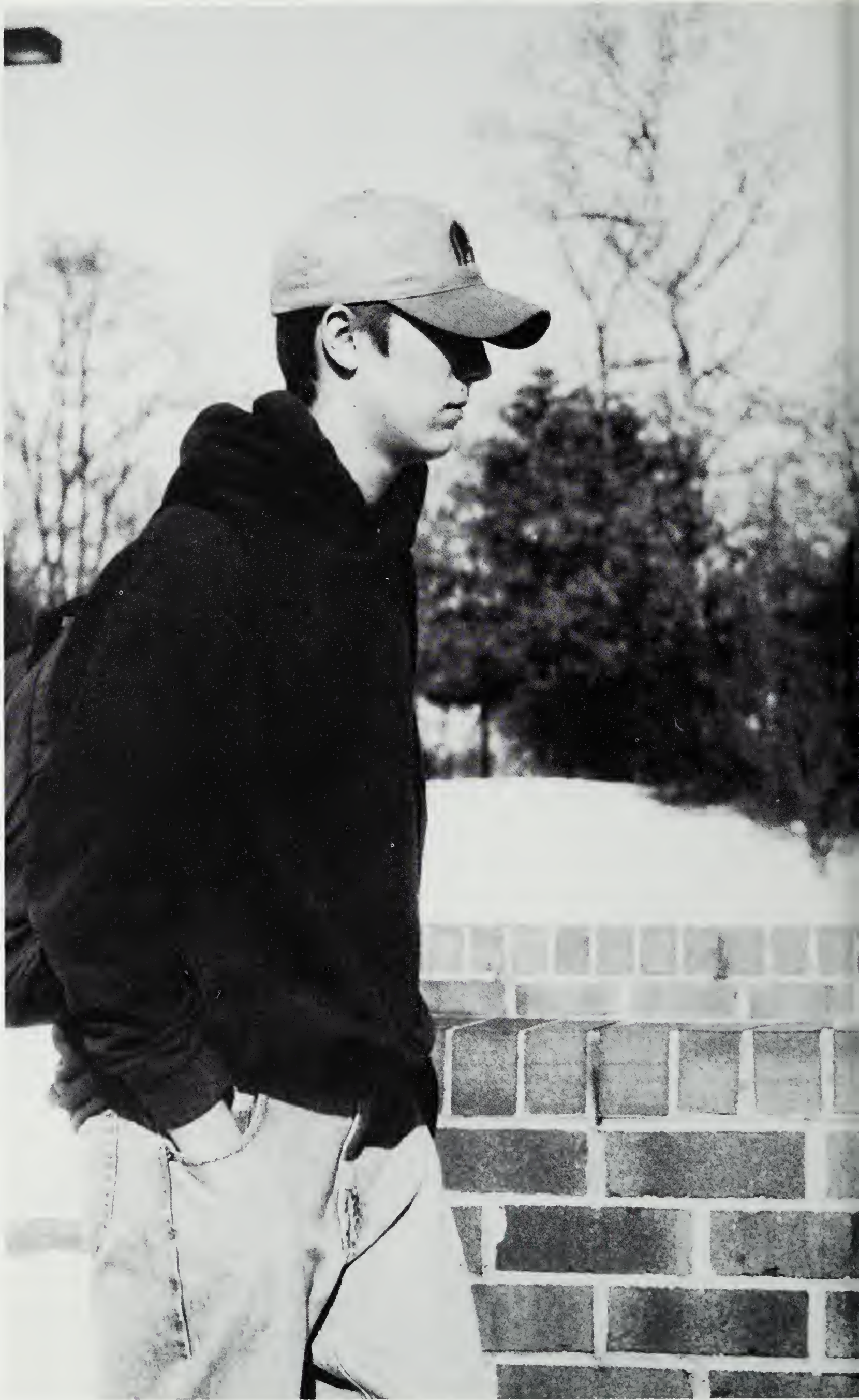


*"I try to do my homework either during school or after school, so I don't get F's in any of my classes. I like to listen to music to help me concentrate."*

*Tim Sidam-11*

**A**fter a long day at school, junior Casey Powell retires to her bedroom to complete her homework. The silence and familiarity of the room helped her to finish her work.





With eyes focused on his car, senior Jason Nugent leaves to go to work. Students were able to take part in a program provided by the school called COE. To be able to participate students were required to fill out an application in February.

Sean Tracy



# REAL WORLD

## Job Experiences Chosen Over Classes

**T**he fifth period bell rang and senior Sara Calvin gathered her belongings to leave class. She entered the hallway, stopping only a few seconds to say good bye to her friends. As her friends headed to sixth period, Calvin left for work.

Students took part in a year long program that allowed them to leave school early to go to work. "My job has

taught me to be more responsible. I have learned how a small business is run and all of the little things that make our services possible. I have been able to apply and practice the accounting I learned in school," senior Sara Calvin said.

To be eligible for Cooperative Office Education, students had to be involved in at

least one business class.

COE was offered as a one or two year course and was restricted to juniors and seniors. COE was a supervised portion of an occupational training program offered in the business department.

"Being in COE has allowed me to learn to use and follow a certain schedule. I can go to work and be home early

enough to do my homework," senior Kim Hellmandollar said.

Prerequisites for the COE program included Programming I and II, Integrated software, Office Administration, Legal and Medicinal Systems, Introduction to Word Processing, Intermediate Accounting, or Advanced Accounting.

*by Katie McAllister*



Sean Tracy



Sean Tracy

**A**ll bundled up and ready for work, senior Krystol Sanchez leaves from school. COE provided students a taste of the corporate world, while receiving an education. Students were permitted to leave school after fifth period with a pass.

**L**et me see this pass!" Senior Kim Hellmandollar presented her pass to Mr. McAllister at the front of the parking lot. Passes helped to identify students who participated in COE and were leaving for the purpose of going to work.



In preparation for the winter concert, senior Collen Young, junior Sarah Dale, and senior Audrey Newcomb become familiar with their arrangements on stage. They spent study hall time learning entrance and exit directions.

In the choir room, senior Redonna Rudy holds senior Scott Baker's mouth shut to keep him from singing. Redonna's boisterous laugh provoked Scott to sing throughout the entire lunch period. There was always time for fun.



Roberto Santiago

# HARMONY

## Voices Blend to Gain Recognition

elody floated in the air as singers for the Madrigal feast warmed-up for their performance. For seniors, it was the last Madrigal performance. "On the last song one of my good friends, who I've been in Woodbridge Singers with for the last three years, began to cry. That's when I realized that I have had the most wonderful time being in that choir," senior Steve Jones said.

Consonance received a new instructor, Erin Breland. "Due to the fact that she is re-

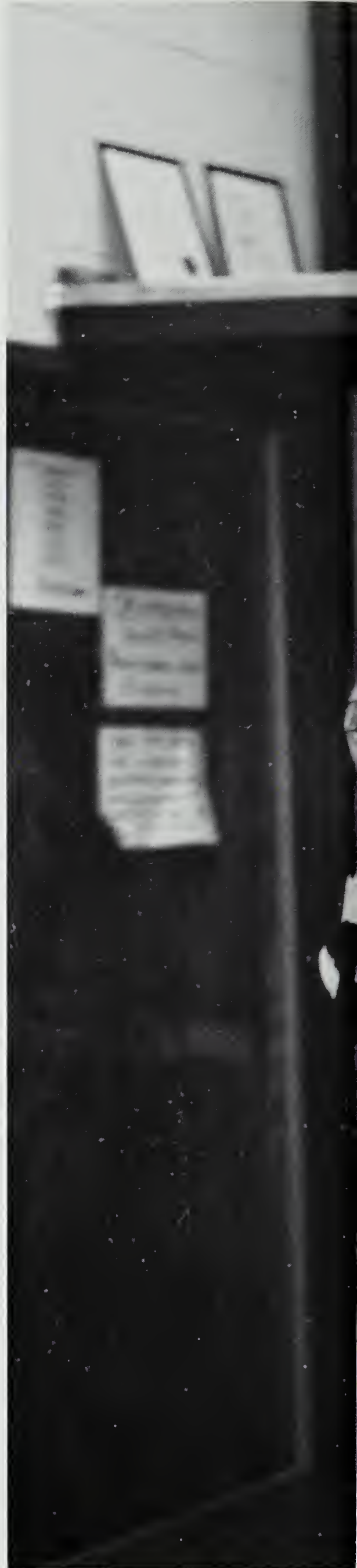
cently out of school, she can relate to the students better. We have to work hard, but she makes the class a lot of fun. She plans activities that make the class interesting. She wants all the girls to get along because she says that to have a good choir, you have to be willing to cooperate with one another," sophomore Elizabeth Rivera said.

Mrs. Lund didn't allow gum chewing in her Women's Concert Choir class and had an eye for detecting it. "No matter how hard someone

tries to hide their gum, Mrs. Lund knows they have it," sophomore Julie Burns said. "If we do well at the concerts, afterwards we have a cultural experience where we bring in lots of food and eat all period. That makes up for not being allowed to chew gum," Burns said.

Other choirs included Concert Choir, Viking Choral, and Varsity Choir. Beginning singers were placed in the Varsity Choir. All the other choirs required tryouts.

*by Cecilia Riek*



Barbara Gryder

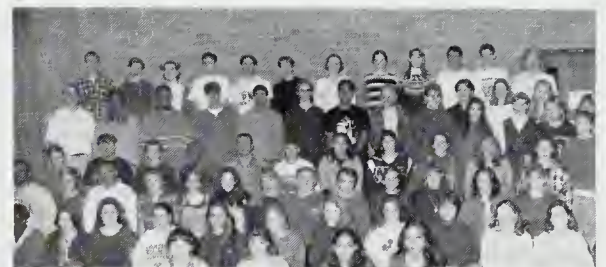




**Woodbridge Singers** *Front Row:* Colleen Young, Kristina Welch, John Dooley, Redonna Rudy, Marleah Peabody; *Middle Row:* Harry Kerns, Gregg Wright, Sara Dail, Jeremy Gillespie, Emily Anne Jackson, Meghann Peterlin; *Back Row:* Steve Jones, Jody Guerrero, Blair Lockany, Pat Blake, Christine Bohannon, S.R. Baker.



**Consonance** *Front Row:* Dana Stamilio, Rebecca Peavyhouse, Kim Fisher, Kareen Babb, Jennifer Welch; *Middle Row:* Kendra Lowery, Marissa Jarvis, Desi Dietlein, Jill Ingram, Erin Lyga, Buffie Pyper; *Back Row:* Melissa Pillefant, Nicole Whitfield, Holly Baker, Tania Kawasaki, Audrey Newcomb, Miss Erin Breland, (Director).



**Concert Choir** *Front Row:* Jessica Ruiz, Laura Rosnyek, Angela Pi, Nery Cruz; *Second Row:* Kareen Babb, Corrie Gerdts, Jessica Maddox, Shannon Stocks, Anne Christine Starback, Brooke Parker, Jill Ingram, Desi Dietlein, Edina Adams, Caryn Stroup, Jennifer Welch; *Third Row:* Timorre Simpson, Ben Freer, Jerry Rosemin, Stephaine Humburger, Buffy Pyper, Tania Kawasaki, Maggie Picak, Ryan Pick, Greg Wright, Marleah Peabody, Marissa Jarvis, Heather Perkins, Kendra Lowery; *Fourth Row:* Keith Bevins, Harry Kerns, Adam Trott, Namdi Martyn, Jody Guerrero, Robbie James, Lucie Durand, Meghann Peterlin, Emily Jackson, Nicole Whitfield, Dana Stamilio; *Fifth Row:* James McCormick, Shawn Thompson, Blair Lockamy, Christian Johnson, Brad Flowers, Jason Holloway, Michael Favila, Paul Thalaker, Redonna Rudy, John Dooley, Kristina Welch, Holly Baker, Karden Kelly, Amelia Vernon, Becca Peavyhouse, Kim Fisher, Erin Lyga; *Back Row:* Steve Jones, Evan Wooten, Scott Baker, Jeremy Gillespie, Jeff Poertner, Noah Peery, Audrey Newcomb, Sara Dail, Colleen Young, Patrick Blake, David Terrill, David Kaplan.



**Woman's Concert Choir** *Front Row:* Monica Bonner, Tiffany Chapman, Katherine Callahan, Angela Dennie, Christy McDonald, Angel Dixon, Janelle Sutton, Misty Kever, Crystal Wiles, Shannon Bailey, Umeeka Lightfoot; *Middle Row:* Julia Silva, Barbara Guttridge, Sean Cheeseman, Sara Roach, Alicia Massey, Nichole Ford, Cyndie Perdomo, Carly Jarvis, Tamarisk Cardwell, Nicole Garing, Stacy Slonaker, Brooke Johnson, Jennifer Aamold; *Back Row:* Danielle Parker, Megan Meeks, Jenna Smith, Jessica Ryset, Jessi Jackson, Nicole Miranda, Julie Burns, Nicole Faulds, Michelle Pettus, Satta Karmo, Christine Sutphin.



**Viking Chorale** *Front Row:* Amy Close, Sarah Falcona, Tinika Montgomery, Heather Webber, Toni Martin, Brandee Martin, Kristin Nicosia, Meredith Trohanov; *Middle Row:* Crystal Huffman, Catherine Dees, Chrissy Moser, Amy Cyphers, Lesslie Crane, Bethany Lindberg, Sara Kennedy, Melissa Paden, Lisa Greiling, Christina Zeranski, Nuria Zelaya; *Back Row:* Kevin Bako, Derek Glassman, Jason Williams, Larry Fletcher, Josh Whitman, Reggie Hubbard, Daniel Hawkins, Pedro Adams, Brian Jewell, Josh Hoertz.



What a challenge! sophomore Beth Hein works on a solo from the first movement of Vivaldi's Spring. She did not perform the music but she was called on to substitute for the soloist during the dress rehearsal.

While at the Christmas concert symphonic orchestra members juniors, Linda Pak and Kara Artz watch as the Concert Orchestra perform. Watching other orchestras perform earned points for letters in orchestra.



Barbara Heritage

# INTUNE

## Alumni Join in Performance

Despite the pressures of coming from different middle schools with different conductors, Varsity Orchestra practiced daily to have precise sound and rhythm.

Working together as a group required concentration and devotion. "With the different members used to different teaching styles it's hard for varsity to come together," freshman Gina Cox said. As students practiced through the years, letting go of the relationships they had developed was difficult.

Senior Nadia Abadir searched for names to bring together the Alumni Orchestra. It allowed students who had graduated to play with current members.

"I looked forward to playing at the Christmas concert; it's better than a typical reunion because I got to come back to a familiar environment," alumnus Robert Bellamy said. Bellamy played "A Christmas Festival" and "Ninth Symphony Finale" along with other alumni at the December concert.

This concert allowed the alumni to see how the orchestra had grown. It also allowed them to meet two freshman that played in the Symphonic Orchestra.

Director Mr. Bud Hearne selected freshman to audition for Symphonic Orchestra. "Being in Symphonic is somewhat challenging because I am competing with seniors but it's great because everyone is dedicated and they know what they are doing," freshman Amy Robbins said.

*by Beth Via*



Olinda Fuentes





Symphonic Orchestra *Front Row* Kara Artz, Stephanie Kam, Jenny Williamson, Nadia Abadir, Carolyn Phillips, Jocelyn Parks; *Second Row* Melanie White, Laura Harris, Jeremy Lind, Sean Tracey, Barbara Heritage, Heather Webber, Antria Budd, Missy Baker; *Third Row* Corinna Struckholz, Olinda Fuentes, Lori Kam, Beth Hein, Billy Boulia, Jacob Dakon, Sean Urban, Jennifer Isherwood, Danny Reese, Mr. Bud Hearne; *Back Row* Dolores Kolovos, Alexis Tompkins, Danielle Detwiler, Michelle Killik, Nathan Holmes, Josh Dakon, Amy Robbins, Marianela Enriquez, Britt Lipinski



Concert Orchestra *Front Row* Mr. Bud Hearne, Carolyn Phillips, Kate Baumgardt, Jennifer Whitmore, Jen Looney, Angela Anniballi, Devon Tice, Julie Foxworthy, Gina Cunningham; *Middle Row* Elizabeth Klatt, Kristin Buchanan, Rose Deaso, Stacey Campbell, Clinton Johnston, Dan Lowe, Carrie Holder, Beth Via, Amber Lockhart; *Back Row* Elizabeth Tomcheck, Dawn-Marie Dunn, Cheryl Chan, Cortez McNeil, Christina Abadir, Scott Buchanan, Kevin Libby, Matt Howell



Varsity Orchestra *Front Row* Jeff Ray, Bethany Piazza, Yasmina Abedeliah, Caroline Roach, Lekresha Etheridge, Jenise Armstrong, Un Kim, Ilona Baldwin; *Middle Row* Darnelle Kimble, Neil Penttila, Ashley Taylor, Estrella Medina, Jamilla Gooden, Kate Westling, Gina Cox, Natalie Rodriguez, Danielle Detwiler, Mr. Hearne; *Back Row* Laura Smith, Tiffani Harris, Corinne Hausman, Justin Kashtock, Jason Garrett, Paul Tabb, Haley Wells, Jonathan Dakon



While in his band class, freshman Luke Giannini looks ahead at director, Mr. Jim Hines. Giannini rehearsed on the short drums, along with the other concert band members in preparation for their Christmas Concert.

On the steps of the auditorium, sophomore Ellen Kelleher, along with other marching band students performed for the open house guests. Freshmen and new students were greeted with the marching band's first performance.



Barbara Gryder

## KEY IN Overnight Trips and Laughter Unite

With up to six band members staying in one hotel room, articles of clothing, food and other belongings were scattered all over the floor and other obscure locations in the room. Band members took overnight trips for various competitions.

"We stayed up all night. With six different people in our room it was definitely a time for bonding. It gave me a chance to spend time and become more familiar with my friends. We had a good time together and I will hold it

as a special memory forever," junior Amanda Shroeder said.

Students found ways to laugh during class, despite the pressures of their rehearsal for upcoming concerts and competitions.

"Mr. Jones once asked me to play a two octave B flat scale, in front of the entire class. I told him I could not play it unless I squeezed the oboe between my knees. Everyone laughed at me. I have to admit, though, it was very funny," junior Elizabeth Martin said.

Members of the Symphonic band, Jazz band, Concert band, and Varsity band, worked together to maintain award-winning standards.

"I enjoy playing my instrument partly because of all of the encouragement from Mr. Mike Wheeler. We work on songs in preparation for our concerts. The band pulls together, even during stressful times. We're all out to be the best," junior Mike Luley said.

*by Beth Via and  
Casey Powell*



Barbara Gryder





Concert Band *Front Row:* Elizabeth Lyle, Erica Selavka, Jennifer Jones, Diana Hallman, Jennifer Chipman, Bryan Fay, David Bishop, Susan Hicks, Valerie Fowler, Laura Hennessey, Kim Kuhn, Sarah Krimkowitz, Jennifer McCrary; *Second Row:* Andy Hiob, Mark Pratt, Jerry Vidal, Carmine Colagrande, Chanel Thomas, Rudy Delacruz, Toni Patterson, William Deshayer, Emmy Hewitt, Paul Stepanick, Brett Fujisaki, Carolyn Gannon; *Third Row:* Susana Delacruz, Jessica Pierce, Tina Campbell, Elizabeth Martin, Samantha Nelson, Mark Delcoust, Gwendy Lopez, Molly Cameron, Leslie Quinn, Brian Karnbach, Judi Marshall; *Fourth Row:* Monique Quarles, Maria Vargas, Laini Evans, Jennifer Myers, Amy Panic, Jefe MacKinnon, Jim Cowardin, Luke Giannini, Stephen Brown, Chris Maguire, Will Flanagan, Kevin Sharahan, Rolly Owens, Blair McVeigh, Mark Williams; *Back Row:* John Crutchley, Joel Erkkinen, Paul Smart, Paul Medaglia, Jon Publicover, Ricardo Alexander, Eddie Alexander, Aaron Erkkinen, Ed Grimm, Claudele Grad, Myles Overton



Jazz Band *Front Row:* Jeremy Owens, Robin Towns, Jeremy Young, Carol Hood, Ed Grimm; *Middle Row:* Tad Sutton, Mike Hunt, Will Flannagan, James Mastros, Stefanie Gogerty; *Back Row:* K.T. Tatara, Kurt Camielly, Armando Carrion, Nicolas Genst, Chris Tyndall, Megan McQuade



Varsity Band *Front Row:* Brad Cunningham, Andy Clark, Brayton McQuader, Rick Bradish, David Kim, David Cottingham, Timothy Wacławski, Chuck DuBois, Justin Cobb, Ben Gerogolian, Chin Kim; *Second Row:* Chris Neal, Alex Racioppa, Tyrel Dominan, Patrick Spicer, Seth Short, Shaun Donovan, Bradley Thompson, Bobby Graber, Rocio DelArroyo, Tim Holsinger, Tony Saputo; *Third Row:* Robert Mann, Tres Stollwath, Ed Irick, Tiffany Stark, Virginia Atkinson, Marena Samson, Cynthia Grady, Jeremy Whitham, Tierra Washington, Jacob Swanson, Robert Waters, Matthew Ledbetter; *Fourth Row:* Shereca Brogden, Latoya Sherron, Lisa Katzbeck, Tanya Polon, Ryan Sakal, Lakia Jenkins, Tricia Dooley, Nicole Towle, Janelle Edwards, Jessica Ellis, Sarah Weatherford, Jessica Semon, Leighann Holmes, Lizzy Gillespie; *Back Row:* Rodger Webster, Rennie Thomas, Brian Bowes, Sarah McCool, Sonia Barnhill, Allison Madden, Shannon Myrick, Danielle Kanouse, Alex Escobar, Demetrius Hawkins, Timmy Jefferson, Craig Mitchell



# MARK TIME

## Members March Through Elements

Sitting on the wet bleachers during the first half of the game, marching band members waited to perform the half-time show which provided enjoyment for spectators. The band paraded onto the field in step, while their gold plumes and brassy instruments bounced in syncopation.

Marching band members attended camp for two and a half weeks in August. Camp ran from eight o'clock a.m. through four o'clock p.m. to prepare the students for the season ahead.

"During marching band camp, two fresh-

man trombone players had their pants pulled down by their section leader. They were humiliated and turned bright red! These guys will never live it down," sophomore Emily Campbell said.

At competitions, the marching band competed for awards, sometimes in unexpected conditions.

"Once, at a competition, we couldn't go on the field to perform because it was raining. We ended up performing on the parking lot. The lines were all messed up and we didn't know where to go! It was embarrassing

to the whole marching band because we didn't do as well as we thought we would," senior Jason Simpson said.

The color guard, which had 14 members, was the visual aspect of the band. It used flags and canes. "During rehearsal one day, three guard members were injured and had to be sent to the ice room. This hadn't happened all year and then out of the blue it hit them," sophomore Michelle Lohr said.

Marching band braved muddy fields to practice for two hours after school.

*by DeAnna Thorstad*



John B. King



Andrew Stanley

Before the homecoming parade started, the fourteen members of the color guard gathered together. It was essential that the guard planned routines before performances.

During the homecoming parade, senior Nick Genest shows his spirit by adding self expression to his trumpet playing. Students enjoyed themselves while performing for others.



John B. King





*"At state competition, the guard received a '2' which is equivalent to excellent, while we received a '3' last year. I think we got a higher score because we work as a team this year, rather than as individuals."*

*Libby Klatt-10*



*"I joined marching band for the fun and because my friends are in it. I made many friends--from freshman to seniors. I don't have troubles remembering anyone's names because we spend after school together."*

*Claude Legrand-10*

**T**he flutes in the marching band walked down Antietam Road in front of the brass section for the homecoming parade. Senior Beth Clifton, freshman Jennifer Chipman and sophomore Heather Baker participated in the parade which counted as a grade.



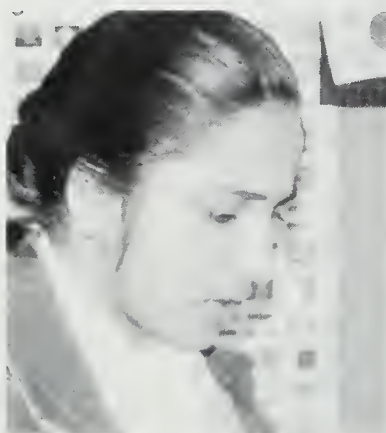
**F**rench foreign exchange student, senior Lucie Durand, is looking through her French-English Dictionary. She used her French speaking abilities to senior teach Madame Josephine Volzer's French III classes the three days before Thanksgiving break.



Tony Nguyen

*"I was born in Bangladesh. We came to America September 15, 1995. My family celebrates Eid. We fast for a month and pray five times a day."*

*Rumana Ahmed-11*



*"I speak English and Spanish. It's important for a person to know two languages. I can make friends in both languages and talk to all kinds of people."*

*Fabricio Gallo-11*



# TONGUE TIED

## Speakers Cross Language Barriers

n the bus, in the halls, around the classroom, students came from diverse backgrounds to form a melting pot of cultures.

America and the English Language were foreign concepts to exchange students. "I speak Latin, English, Italian, and Hungarian, my home language. From grades five through eight I studied Russian and German. Then in ninth grade I started with English and Latin. I've been speaking English for four years. I live with a

foster family, the Coopers. They're the best. They're different from my family at home, but people are people," senior Edina Adam said.

Students immigrated into America with their families but continued to speak the languages of the lands they left behind. "My whole family speaks Bengali, a language from India. The script is entirely different from English. I came here four years ago from India but I learned English in school," sophomore Baishakhi Roy said.

At home, students spoke a foreign language

but used English during the school day. "I speak Spanish with my parents and English with my brother and friends in school. My mother came to America in 1975 from Mexico and my father came in 1976 from Guatemala. I grew up with both languages. Because I spend most of my time speaking English at school, speaking Spanish at home is a nice change," sophomore Suzana De la Cruz said.

Students viewed language as an expression of their heritage. "I

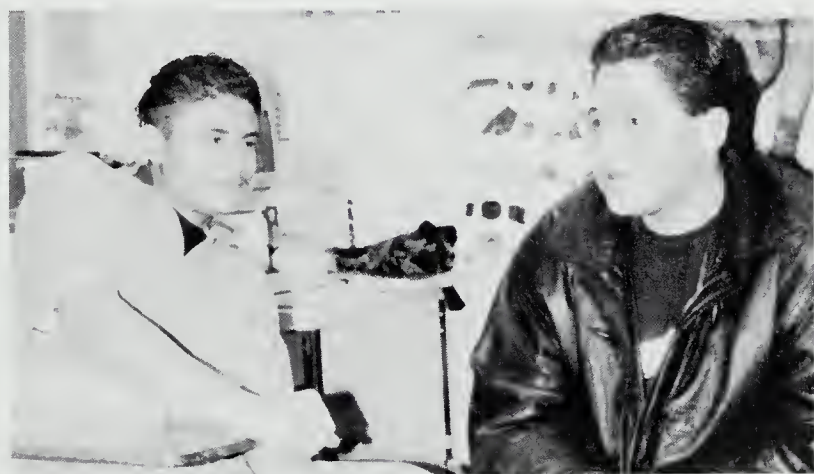
speak Italian, English, and Spanish when I am at home. I prefer Castilian (Spanish) because it's my language and I'm more comfortable speaking it. It comes more naturally and so it's easier to express my feelings," junior Christian Sandoval said.

A knowledge of different languages helped students associate with a variety of their peers, yet a common bond was found between people with the same language background.

*by Jennette Schorsch*



Roberto Santiago



Tony Nguyen

**H**mm, Let's see. Freshman Jose Sorto tries to figure out the English word on his notebook while his ESL (English as a Second Language) teacher, Mrs. Lisa Tinsley, helps him sound it out. Students took ESL to learn how to speak and write English as well as their native language.

**I**n their seventh period ESL class, sophomores Jose Guevara and Leonin Castaneala talk over the day's events. ESL allowed students to talk with others from their native country. They took a break to chat in the language they felt more comfortable speaking, before the bell rang.



# Breeze

When high winds and threatening weather conditions whipped through the area, an orange flag could be seen flying on a fence post by the tennis courts. It signaled a change in policy of classroom schedules, known as Code Orange. According to the International Code of Flags the bright orange flag indicates distress. Code Orange was designed to relieve students from the obligation of venturing amongst the elements that were too dangerous to be in. Trailer classes were relocated in rooms throughout the school building and in the auditorium.

A tempest of controversy raged over proposed boundary changes for Prince William County. Students who lived on Hedges Run, within walking distance of the school, would be bussed ten miles away to Osbourn Park. A public meeting was held in the auditorium where a panel of school board members appeared before students, parents and community members. Petitions and hand-outs were sent around the neighborhood, urging people to become involved in the issue by coming to the meeting.

Friday, February 16, in a snow storm a MARC train collided with an Amtrak passenger train while it was changing tracks. Eleven people died, one from Woodbridge and three others from the D.C. area. The disaster had to be dealt with while snow continued to cover the tracks in a blanket of white.



Nathan Coulter





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#### GETTING HIGH

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Better to be safe than sorry. Senior Loren Coulter examines the wing of the airplane he rented from Shenandoah Flight Services for \$54 an hour. By checking the aileron, which controls the bank of the plane, he made sure the airplane was safe to fly. He learned how to do the preflight inspection at Quantico Flying Club. He took flying lessons for four months in preparation for the FAA, Federal Aviation Administration, tests in order to get his license. Pilots had to be seventeen years of age and had to take both a written and a practical examination in order to obtain a Private Pilot's License.

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# W WINGING IT

**B**lowing in from four middle schools, the last class of the twentieth century was the largest ever to enter the school. Students came from Lake Ridge, Woodbridge, Fred Lynn and Saunders middle schools. Since there were 911 of them, the county attempted to give students an opportunity to transfer to less-populated schools.

Since freshmen came from different schools, they could not hold elections for class officers before the year began. In September, the class voted for the officers that would lead them in their first high school experiences.

Freshmen participated in the homecoming float competition. Taking second place with their Viking Ship, the class showed spirit by coming together for the first time.

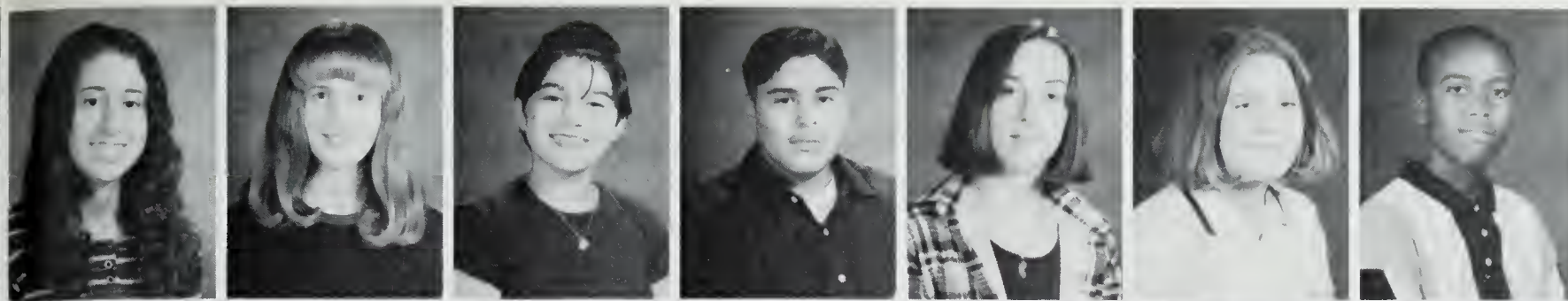
An icebreaker and fundraiser for the class was the Basketball Festival. In the Festival, students gathered in the main gym to play games, socialize, and eat food from the concession stand. The festival raised money and was used again later.

In December, before the winter break, freshmen went to guidance for the first time to meet their counselors and set the pace for four years of academics. At these meetings students were informed about the importance of earning enough credits in order to graduate. Students were advised of the importance of their grades and to stay on task. In January students returned to guidance to schedule for next year. Counselors prepared students so each year could flow smoothly.

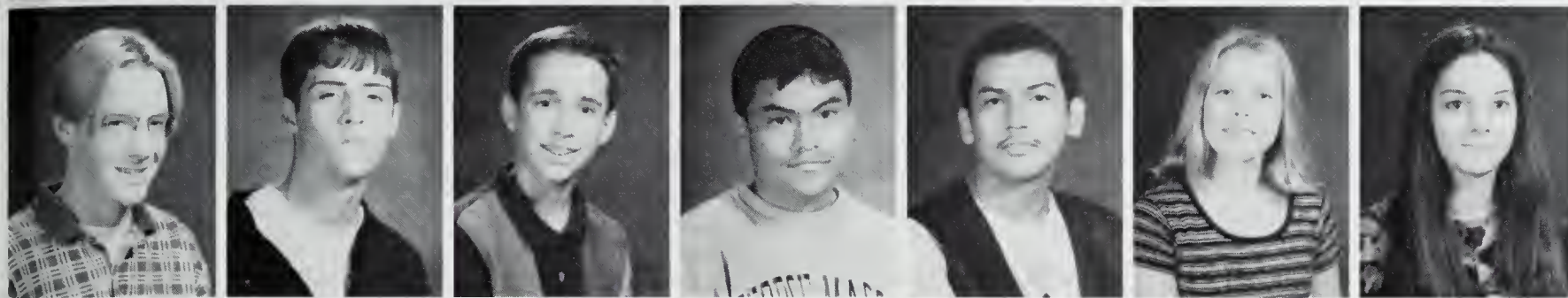


Freshman Class Officers Tiffani Harris (*Secretary*), Andrea Glover (*Historian*), Elizabeth Mitchell (*Treasurer*), Kate Ragsdale (*President*), Nick Pardi (*Vice President*).

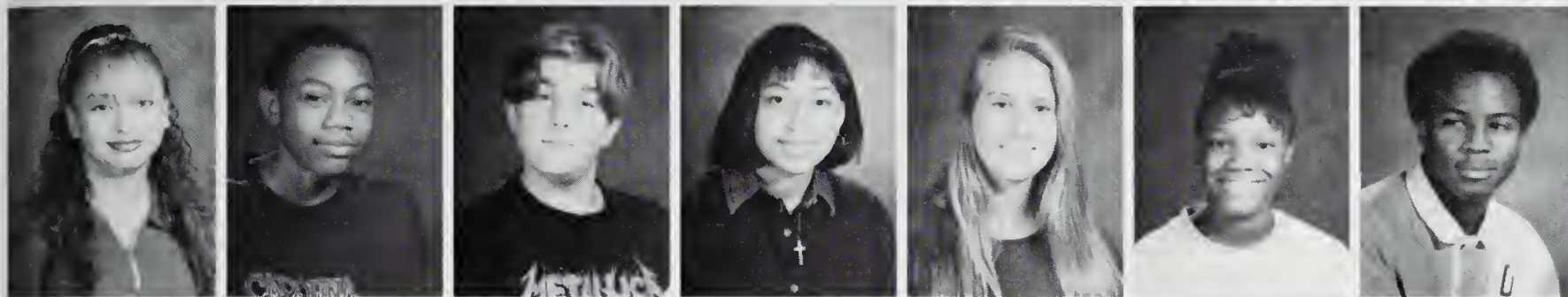




Christina Abdir  
Yasmin Abdelilah  
Martha Acuna  
David Adame  
Alexiea Agee  
Elizabeth Aitken  
Michael Allen



Shane Allen  
Daniel Allison  
Matthew Alvarcy  
Luis Alvarez  
Carlos Amaya  
Kathleen Ambery  
Megan Ambrose



Karen Amezquita  
Abdul Anderson  
Justin Anderson  
Keisha Archie  
Kristen Arko  
Jenise Armstrong  
William Arrindell



Virginia Atkinson  
Vernae Avery  
Noel Ayala  
Kirsten Babis  
William Bacon  
Courtney Bailey  
Alex Baer



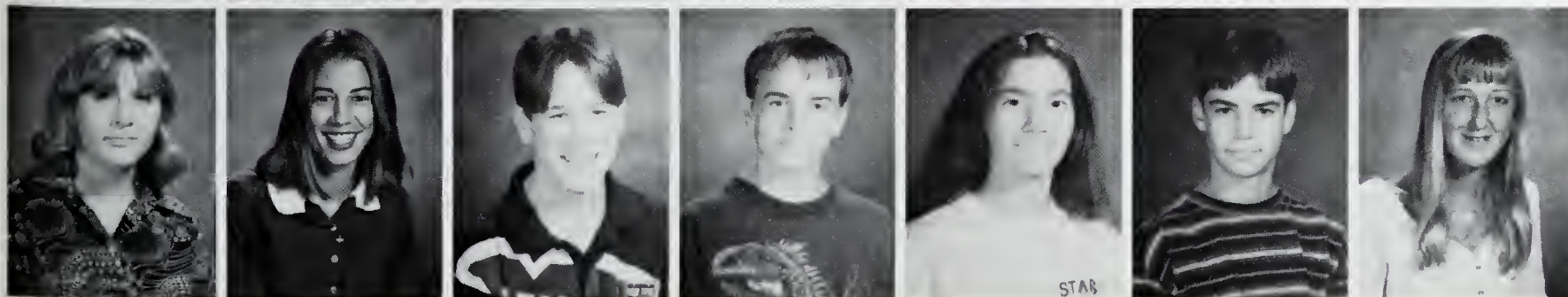
Albert Baker  
Ilona Baldwin  
Jonathan Baldwin  
Evie Balogh  
Almamy Bangura  
Rahson Banks  
Ernest Bannister



Jorge Barcia  
Johanna Barcinas  
Anthony Barley  
Sonia Barnhill  
Jocelyn Bassler  
Kate Baumgardt  
Lauren Bayliss



Christina Beaty  
Bryant Bell  
Jeffrey Benson  
Nicole Benson  
Jennifer Bergeron  
Vanessa Bernica  
Vanessa Besa



Sabrina Bielefeldt  
Karie Billman  
Charles Bird  
David Bishop  
Karen Bland  
Randall Blass  
Jamie Bolich



A

## -MAZE-ING

## Big School Provokes Search

With schedules out and fingers crossed, freshmen tried to find their classes on the first day of school.

*"I was absent the day before going to health so I didn't know where I was supposed to go."*

Changing from P.E. to Health was an interruption in routine. "Teachers don't tell you when you're

changing from Health to P.E. You have to ask someone to find out," freshman Samantha Levy said.

Missed information resulted in confusion. "I was absent the day before going to health so I didn't know where I was supposed to go. I found someone in my class to tell," freshman Danny Powell said.

Finding classes in a new school became routine after going to the same places daily.

*by Cecilia Riek*



Barbara Gryder

#### WITH SIX MINUTES

between classes, freshmen Jerry Mahar, Kirstin Babis, Jason Andrzejewski, and Katie Garst meet in the front lobby. Students met in common areas because schedules often caused friends to be spread out around the school. Before school, after school and lunch found the front lobby crowded with groups of friends..







Sharon Bonham  
 William Boulia  
 Daniel Boulter  
 Brian Bowes  
 Dawn Boyd  
 Erica Boyd  
 Mina Bozzelli  
 Richard Bradish  
 Meghan Brady  
 Julie Brandwein  
 James Brayley  
 Shereca Brogden  
 Johnathan Brown  
 Joshua Brown  
 Lindsay Brown  
 Sarah Bruns  
 Kristin Buchanan  
 Jennifer Burk  
 Contessa Bush  
 John Butler  
 Michelle Butler  
 Thameena Butler  
 Terry Butler  
 Kevin Byrne  
 Shannon Cade  
 Lesley Calayag  
 Meredith Callaway  
 Molly Cameron  
 Jennifer Canning  
 Keith Cantin  
 Matthew Capobianco  
 Brandy Capps  
 Jason Caradine  
 Allen Card  
 Justin Carlisle  
 Daniel Carrico  
 Christina Carroll  
 Dennis Carter  
 Laura Casey  
 Jose Castano  
 Anthony Cerullo  
 Monica Chacon  
 Dante Chase  
 Tiffany Chase  
 Khalid Chavis  
 Lawrence Chavis  
 Shaneice Chenault  
 April Chervenka  
 Jason Childs  
 Jennifer Chipman  
 Tiffany Chisolm  
 Erin Cleveland  
 Justin Cobb  
 Clay Cogswell  
 Lindsey Coleman  
 Carole Collins  
 Christi Collins  
 Jodi Combs  
 Catherine Conk  
 Christine Connally  
 Angela Conner  
 Josh Conway  
 John Cook  
 Earl Cooke Jr.  
 Jeremie Cooper  
 Marcus Cooper  
 Ronald Cooper  
 Carlos Coreas  
 Josh Cornell  
 Shannon Cornwell  
 David Cottingham  
 Deandre Cotton  
 Lacy Courtney  
 Meghan Cowley  
 Gina Cox  
 Patrick Cox  
 Delonte Craig  
 David Cramer  
 Samantha Crane  
 Daniel Crone  
 Daryl Cross  
 Henry Cruz  
 Casey Cummins  
 Bradley Cunningham  
 Ryan Curran  
 Clint Curtis  
 Michael Curtis  
 Michael Custodio



# TUNED IN

## Life Haults for Favorite Shows

Feet propped up on a stool, soda and a bag of Utz potato chips in hand Joey Hudoba watches his favorite show, *The Real World*. "My favorite character is Captain Janeway because she fills a leadership role."

Shows provided en-

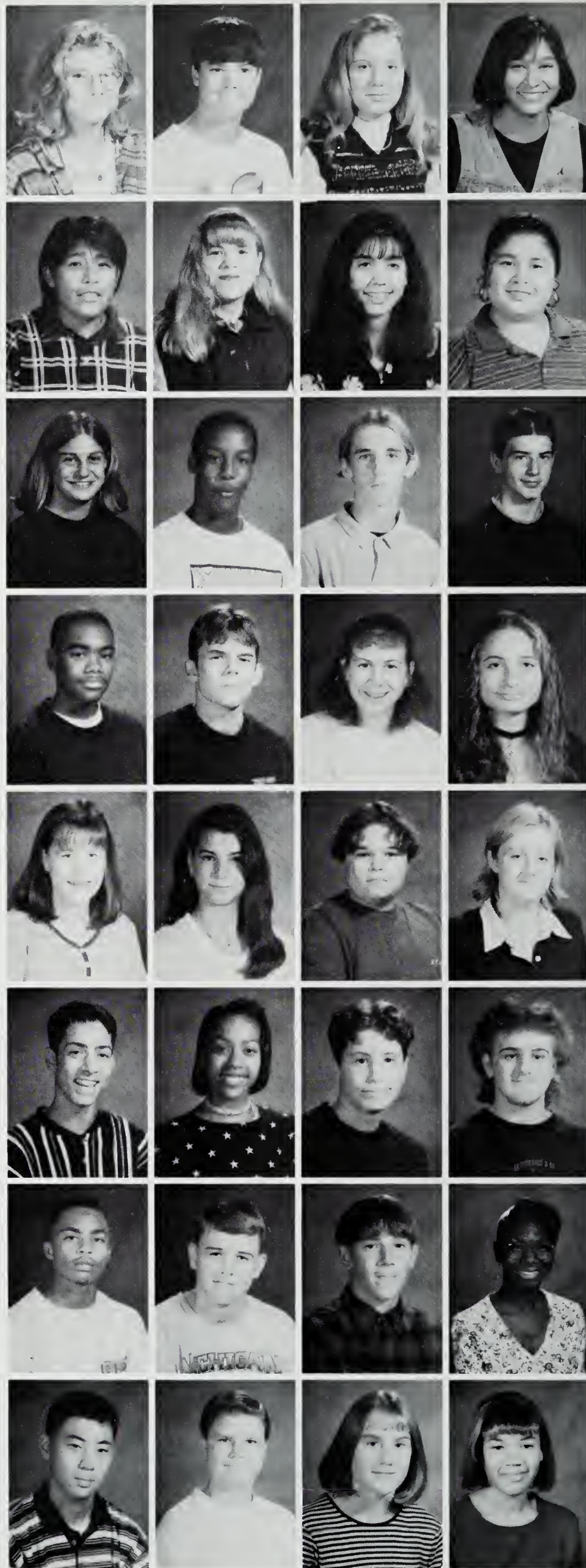
tertainment. "My favorite show is *Saved by the Bell*. The whole group is always in the same class together which wouldn't happen here. If something goes wrong, they always fix it where everybody is happy," freshman Heather Magalski said. Students had favorite characters in shows. "In *Star Trek Voyager* my favorite character is Captain Janeway because she fills a leadership role," freshman Danielle Kanouse said.

by Dawn Cleary

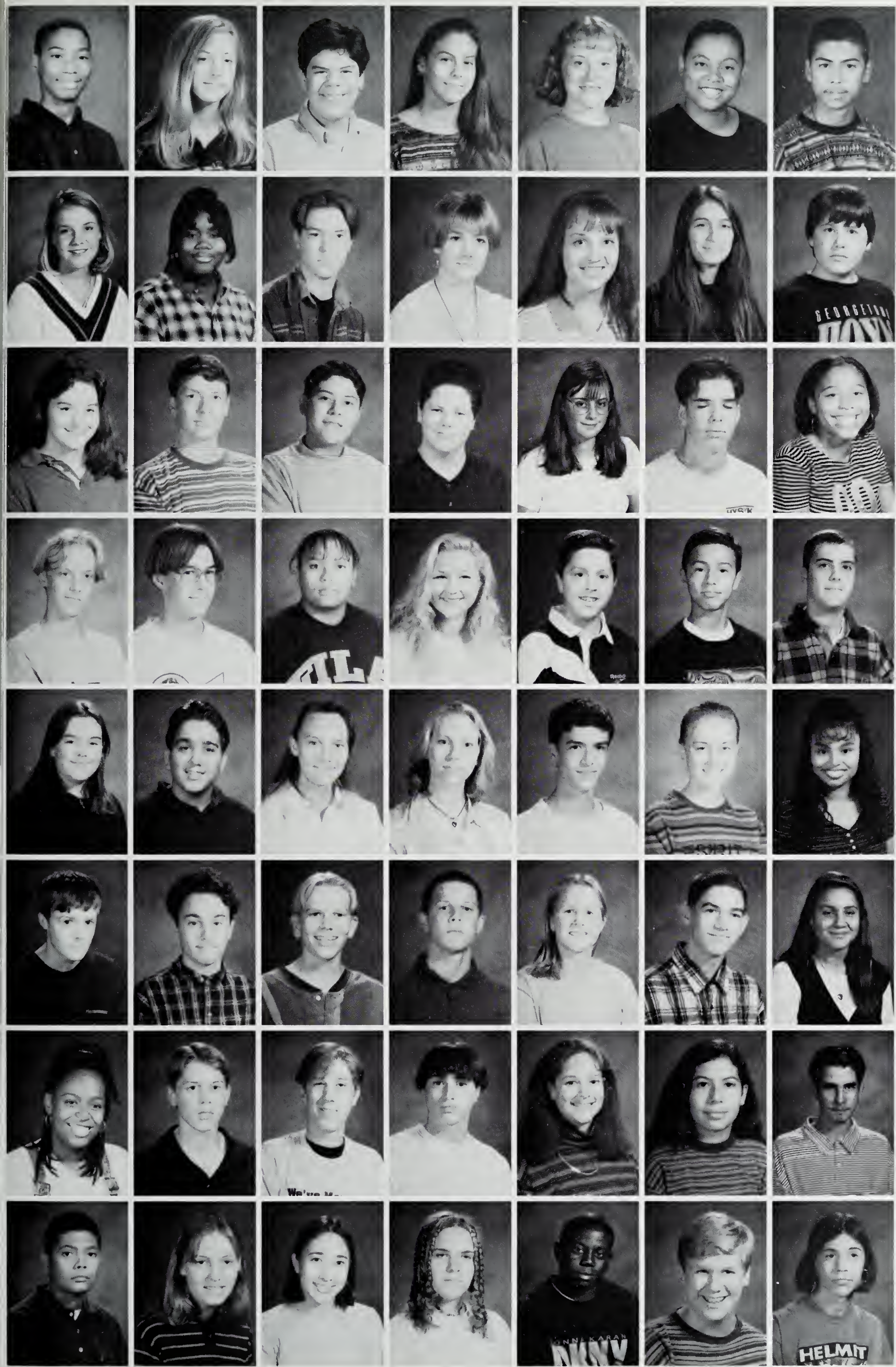


### CHANNEL SURFING.

Freshman Melody Thorstad searches through the cable channels for something to watch. Thorstad watched TV after her homework was complete to give herself time to wind down. Thorstad could not find a favorite show so she watched *Roseanne*. *Roseanne*, starring Roseanne Barr/Arnold had been on for seven seasons.







April Dahn  
Jonathan Dakon  
Shannon Dalby  
Mekhla Darshan  
Tony Davenport  
Kathleen Davis  
James Deans  
Leticia Decoud  
Catherine Dees  
Angela Dejesus  
Ron De La Cruz

Rocio Delarroyo  
Lesley Delrosario  
Natasha Demeyere  
Iraida Depaz  
Keri Anne Desalvo  
Neill Diamond  
Sherane Dickens  
Joshua Dickenson  
Rosemary Dickson  
Nicole Difazio  
Crystal Dillon  
Elizabeth Dittamo  
Lewis Dixon  
Edward Dodson  
Steven Dodson  
Christina Domenech  
Tyrel Domigan  
Luis Dominguez  
Shaun Donovan  
Patricia Dooley  
Robert Dooley  
Raynelle Dorifourt

Jeffrey Dove  
Joshua Drezek  
Michelle Drucker  
Barbara Dubois  
Charles Dubois  
Ian Duckworth  
Tamika Dudley  
Heather Dugan  
Ian Dunois  
Sean Dunois  
Bryan Eastes

Lindsey Eaves  
Erica Eberwein  
David Edenton  
Christine Edwards  
Janelle Edwards  
George Elledge  
Jessica Ellis  
Amanda English  
Andrew English  
Leah Erkkinen  
Ana Escobar

Francisc Escobar  
Lakresha Etheredge  
Stephen Erzkin  
Max Evry  
John Fallon  
Dustin Farmer  
Eryan Fay  
Joseph Feindt  
Melissa Feindt  
Jacob Fender  
Monica Fercovic

Jason Ferris  
Steven Feuchtwanger  
Christopher Finney  
Shemari Fleming  
Latrinda Forde  
Donny Fowler  
Keith Fowler  
Joseph Fox  
Sarah Fram  
Cristin Frederick  
Henry French

Brett Fujisake  
Nathan Fulkerson  
Kimberly Furman  
Leslie Gaines  
Christian Galeano  
Kelly Gallion  
Krista Ganela  
Karolyn Gannon  
Steven Garn  
Michael Garner  
Dwayne Garrett



# COME TOGETHER

## Students Get Involved

"Drama Club meet 2:15 in the Drama Room..." freshman Kristin Thurnher listened to the

*"Now that I'm involved with the fun stuff, I've learned what high school is really about."*

announcements. "I'm in Drama class. Mr. Smith encouraged me to join Drama Club. Now that I'm involved with the fun stuff, I've learned what high school is really about," Thurnher said.

Participating in clubs or sports gave freshmen chances to meet people. "I joined FBLA. Now I feel better about myself because I'm involved and have new friends," freshman Carol Gill said.

"It's a good idea for freshmen to join sports and clubs. You meet new people and make new friends. You'll recognize faces in the halls and feel more comfortable," freshman Shannon McQuary said.

*by Kimmy Reese & Jennette Schorsch*



Bridgit Kelly

### REACH FOR THE TOES.

Surrounded by her teammates, freshman Erica Boyd warms up on the gym floor before freshman basketball practice. The team stretched and did drills to begin each practice. Involvement in activities gave freshmen a chance to meet new people. Sports also gave them a chance to get and stay in good shape.







Jason Garrett  
 Katherine Garst  
 Steven Gates  
 Jillian Gebhart  
 Justin Gercken  
 Dennis Getty  
 Ben Gergosian  
 Mohammad Ghaznavi  
 Luke Giannini  
 Melissa Gibbons  
 John Gibson  
 Kristen Gibson  
 Michele Giles  
 Natasha Giles  
 Sheila Gilkerson  
 Carol Gill  
 Elizabeth Gillespie  
 Jason Gillette  
 Robert Girten  
 Andrea Glover  
 Nekeisha Goal  
 Casey Godfrey  
 Alison Goff  
 Jason Gomez  
 Juan Gomez  
 Francis Gonzalez  
 Micaela Gonzalez  
 Oneyda Gonzalez  
 Rebeca Gonzalez  
 Jamila Gooden  
 Tyrone Gordon  
 Emily Gorman  
 April Goss  
 Robert Graber  
 Cynthia Grady  
 Dirdre Graham  
 Nathan Gravely  
 April Grayson  
 Corey Grey  
 Geoffrey Grogan  
 Carrie Grube  
 Alejandra Guerrero  
 Arturo Guerrero 7-31-81 to 12-12-95  
 Jeffrey Gustus  
 Heidi Guzman  
 Richard Hackley  
 Anthony Hailey  
 Emily Haines  
 Elizabeth Hale  
 Gina Hall  
 Terrance Hall  
 William Hall Jr.  
 Diana Hallman  
 Christina Hamilton  
 Joseph Hamm  
 Joseph Hansen  
 Scott Hark  
 Morgan Hharmon  
 Justin Harriott  
 James Harris  
 Tiffani Harris  
 Naved Hasnain  
 Corinne Hausmann  
 Demetirs Hawkins  
 Daniel Hawkins  
 Paul Hawkins  
 Cynthia Heid  
 Laura Hennessey  
 Rosa Henriquez  
 Lia Henry  
 Roberto Hernandez  
 Mary Hewitt  
 Wendy Hickok  
 Susan Hicks  
 Crystal Higgs  
 Thomas Higham  
 Brian Hill  
 Macy Hill  
 Andrew Hiob  
 Robin Hocog  
 Matthew Hoffman  
 Stephanie Hogan  
 Brent Holley  
 Tiffany Holliday  
 Leighann Holmes  
 Timothy Holsinger  
 Christopher Homan  
 Anthony Homer



# SAY CHEESE

## Picture Day Promotes Poses

The beeping of his alarm clock woke freshman Clint Curtis for school. He got out of

*"I don't do anything different because if I try to do something different I end up looking horrible."*

bed and dressed, ignoring the special day. "I just roll out of bed and get ready as if it were any other day," Curtis said.

Some students didn't change their appearance for pictures. "I don't do anything different because if I try to

do something different, I end up looking horrible," freshman Kelly Gallion said.

Other students planned for picture day laying out clothes the night before and experimenting with their hair. "I just pick out a nice shirt and maybe a necklace. I curl my hair and then before the picture, I check to make sure nothing is messed up," freshman Andrea Glover said.

Pictures were taken September 18 and 19.

*by Mary Gilhooly*

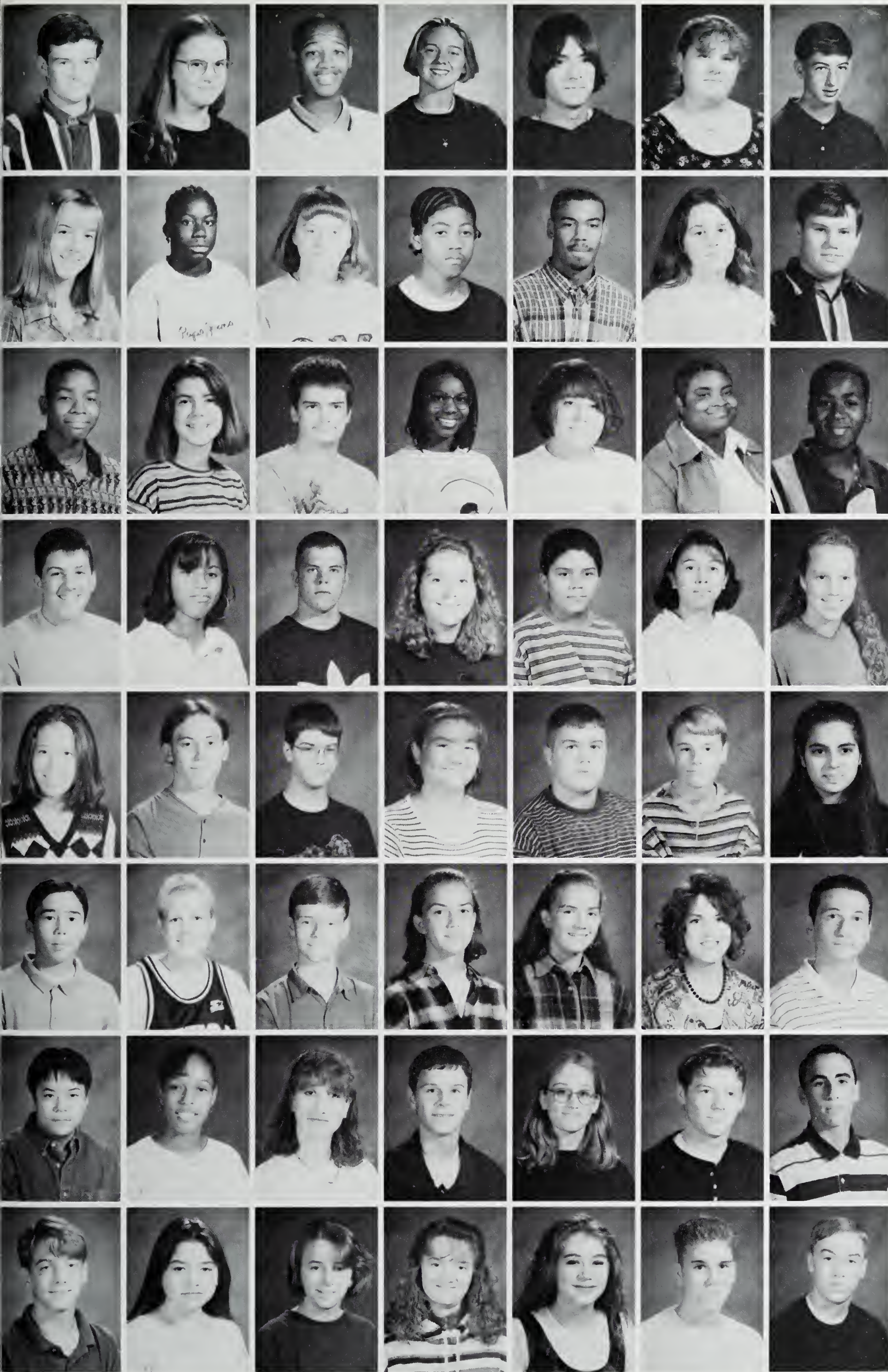


Tony Nguyen

**BEFORE LEAVING FOR** school, freshman Ernest Bannister takes one last look so he can see how he'll look for picture day. Freshman and sophomore pictures were taken through P.E. classes in the Girls Auxiliary Gym. Pictures took three to six weeks to be delivered through mail to students' homes. Pictures were taken by Segall Majestic by Lifetouch.







Jeffrey Honeywood Jr.  
Darrell Horne  
Jesse Horneber  
James Hottle  
Jason Howe  
Juliet Hoyt  
Reginald Hubbard  
Jessica Hudgins  
Joseph Hudoba  
Crystal Huffman  
Patrick Huskins

Qui Huynh  
Donald Irby  
Edward Irick IV  
Michael Iverson  
Lindsey Ives  
Aaron Jackson  
Angela Jackson  
Marcus Jackson  
Merle Jackson  
Stefani Jackson  
Anthony Jaloway

Marissa Jamison  
Robb Jankura  
Robert Jarrell  
Alvin Jefferson  
Marvin Jefferson  
Allison Jendrosseck  
John Jenkins  
Lakia Jenkins  
Betty Jessee  
Amber Johnson  
Jamaal Johnson

Levar Johnson  
Vernetta Johnson  
Michael Johnson Jr.  
Erin Jolley  
Brian Jones  
Isabela Jones  
Josh Jones  
Melissa Jones  
Carlos Juarez  
Edith Juarez  
Caroline Judy

Qadria Kaisken  
Stella Kalinina  
Anna Kamihara  
Travis Kane  
Danielle Kanouse  
Justin Kashtock  
John Kasson  
Lisa Katzbeck  
Christopher Kauchak  
Matthew Kaufhold  
Wajiha Kazilbash

Jack Keith  
Christopher Kelly  
Dawn Kelly  
Dean Kelly, Jr.  
James Kelly  
Sara Kennedy  
William Kennedy  
Caroline Kent  
Pamela Kent  
Rhoda Ketcham  
Johnny Khalaf

Atif Khaliq  
Nicki Kilpatrick  
Chin Kim  
Karen Kim  
Yunho Kim  
Darnelle Kimble  
Melissa King  
Kyle Kirk  
Sherron Kisner  
Matthew Kleweno  
Christopher Kods

Jessica Kooyoomjian  
Melissa Kramer  
Paul Lake  
Michael Lambert  
Jason Laurion  
Patricia Lavarello  
Jennifer Lavarine  
Leeora Lavin  
Stephanie Lebrun  
Charles Ledbetter  
Jason Leech



# CUTTING EDGE

## Hairstyles Reflect Personalities

Looking in the mirror, freshman Kevin Nance saw that the once shaved hair was getting in his face.

*"I bleached my hair and it turned green! It looked cool, but I still got a few laughs."*

Students wore accessories to control their hair. "I hold my hair back with bobby pins. More girls are using regular hair ties now," freshman Melody Thorstad said.

Students had days when hair wouldn't do what they wanted. "I put my hair different ways because I have bad hair days," freshman Karolyn Gannon said.

Students wore accessories to control their hair. "I hold my hair back with bobby pins. More girls are using regular hair ties now," freshman Melody Thorstad said.

Students also wore scrunchies, claw clips and plastic barrettes.

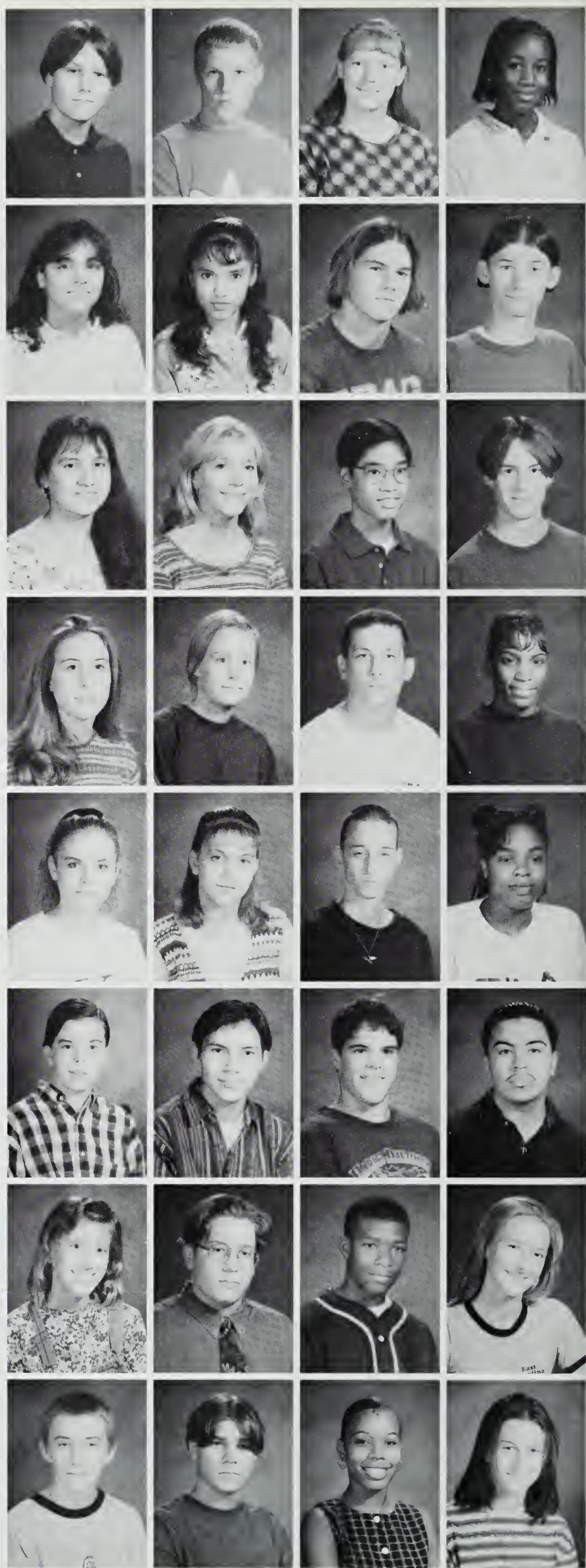
by DeAnna Thorstad



Seth Lowery

### IT'S SO DREADFUL! IN MS.

Gwen DiCrocce's seventh period Art I class, freshman Steve Stone displayed his new dreadlock hair style. After one dread was set into place, he decided to do the rest of his hair. Students put dreadlocks in their hair by teasing and twisting the hair until it knotted. Students used hair styles to reflect their individuality.







Christopher LeHockey  
Robert Lenyi  
Ann Levy  
Samantha Levy  
Siavone Lewis  
Stephen Lewis  
Carina Lilly  
Gavin Lipscomb  
Yahaira Llenas  
Lawrence Locke  
Brent Logan

Cynthia Lopez  
Veronica Lopez  
Stephen Lucey  
Werner Luebke  
Kathryn Lutes  
Lloyd Lyall  
Whitney Lynn  
Mark Lyons  
Lydia Mabika  
Allison Madden  
Heather Magalski

Benish Majid  
Erin Mandley  
Joseph Maniwang  
Robert Mann  
Kevin Marable  
Bethany Markey  
Jessica Markle  
Kristen Marple  
Harry Marshall  
Judi Marshall  
Ronald Marshall

Brandee Martin  
Margaret Martin  
Ralph Martin  
Talaya Marin  
Toni Martin  
Silvia Martinez  
Lashelle Mason  
Michael Mayer  
Eric McAllister  
Marcus McAllister  
Charles McCann Jr.

Christina McClain  
Melissa McClain  
Joshua McCullough  
Michelle McGrady  
Mary McKnight  
Meghan McLaurin  
Brayton McQuade  
Shannon McQuary  
Janessa McReynolds  
Latisha Meade  
Estrella Medina

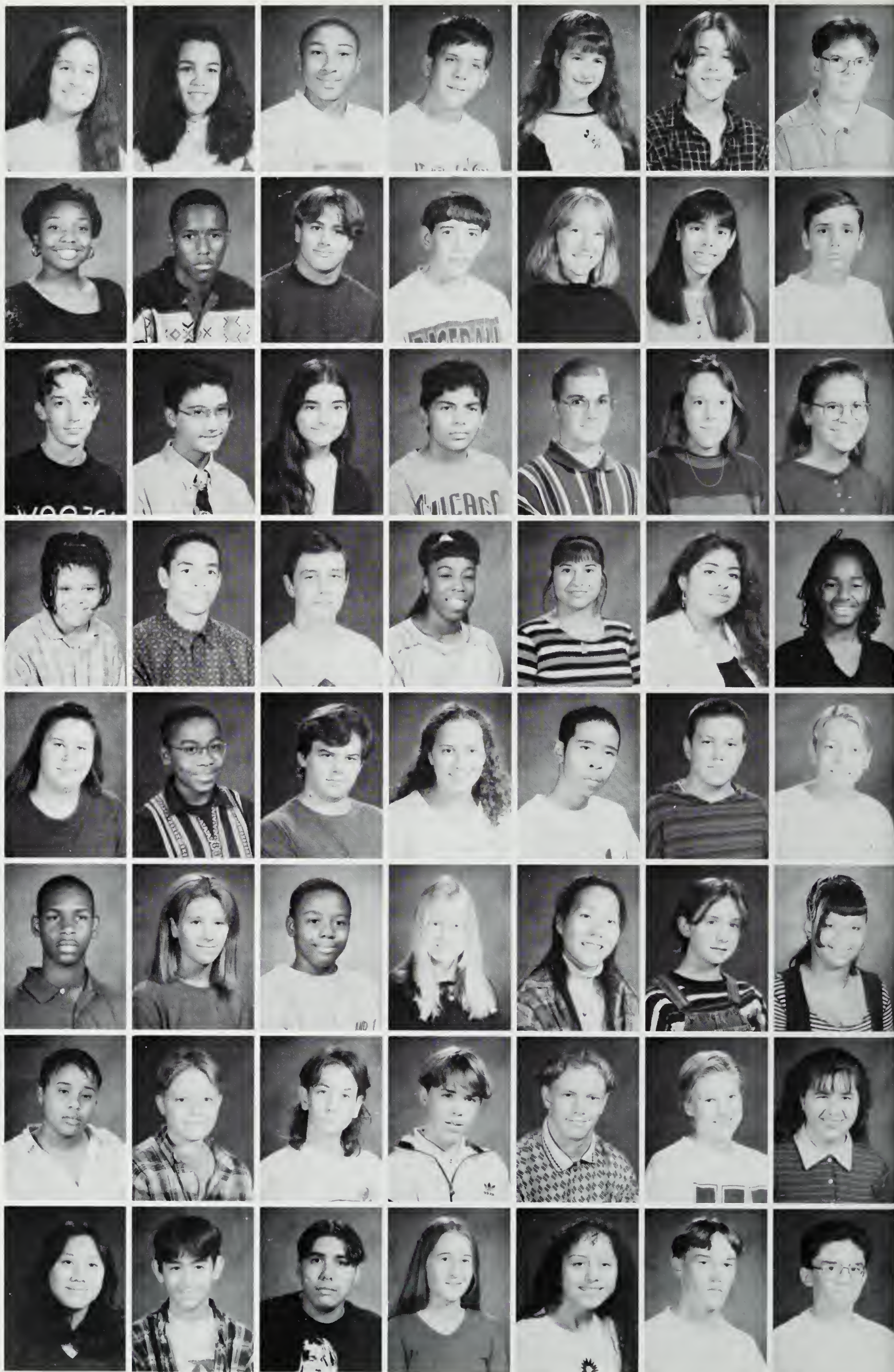
Brian Meermans  
Horacio Melgares  
James Mena  
Leo Mendoza  
Ramiro Mendoza  
Andrew Migliaccio  
Candace Miller  
Richard Mills  
Stanley Minnick III  
Garey Minor  
Phillip Mitchell

Megan Moeller  
Robert Monastra  
Hollie Montgomery  
Ingrid Moody  
Daleta Morris  
Lauren Morris  
Randolph Morris  
Thomas Moulton  
Lidia Murillo  
Colleen Mutarelli  
Shannon Myrick

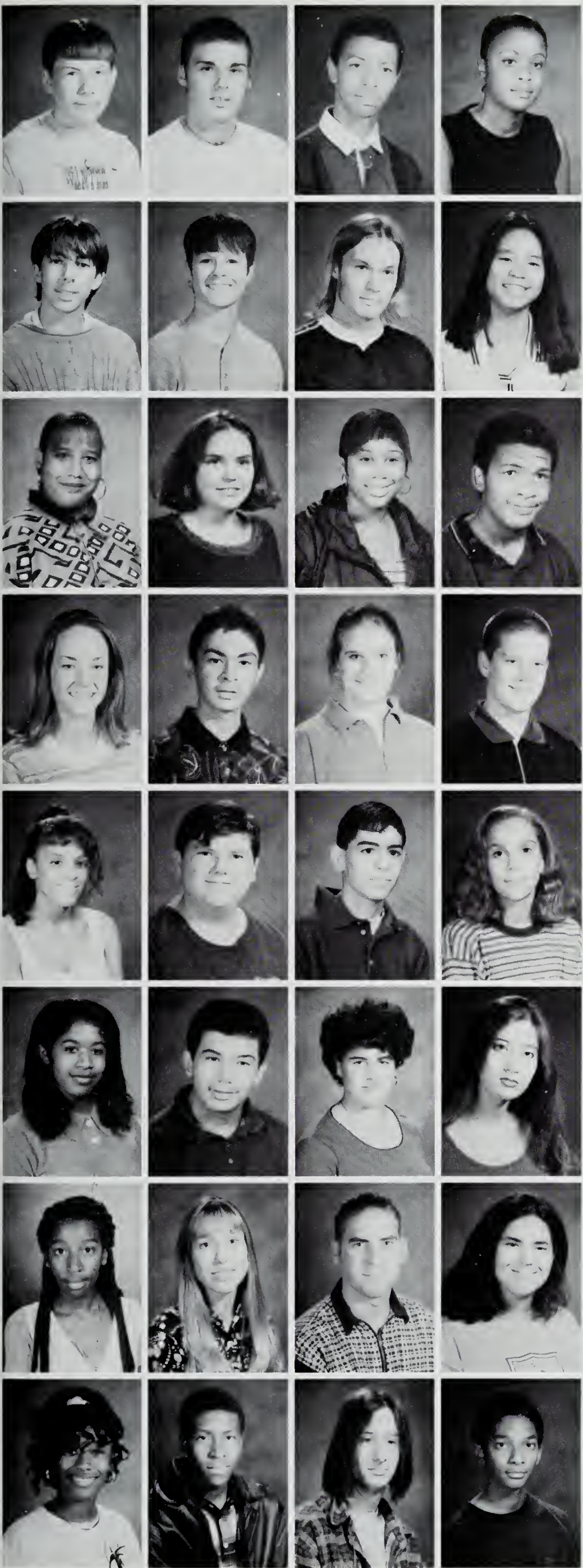
Kevin Nance  
Shaun Newman  
Jarvie Nibblins  
Morgan Nicholson  
Lidia Niecko  
Angel Nixon  
Diasian Noakes  
Tonya Nolen  
Corey Northington  
Joey Novotnik  
Catherine Olszyk



Ariana Ortega  
 Deborah Ortiz  
 Myles Overton  
 Daniel Owens  
 Melissa Owens  
 Matthew Palmer  
 James Panek  
 Corey Papenfuhs  
 Nicholas Pardi  
 Robert Parker  
 Amber Parks  
 Tiffany Patterson  
 Aaron Payne  
 Otis Peachner  
 Anthony Peavyhouse  
 Stephanie Peck  
 Neil Penttila  
 Myzsa Pennell  
 Jeffrey Perry  
 Kimberly Perry  
 Andrew Petroka  
 Hang Pham  
 Christopher Phelps  
 Lincoln Pitcher III  
 Tanya Polon  
 Oscar Portillo  
 Daniel Powell  
 Stefanie Powers  
 Jennifer Proctor  
 Vanessa Purnell  
 Buffie Pyper  
 Shenatta Quarles  
 Angelo Queen  
 Tasia Queen  
 Franklin Quiros  
 Alex Racioppa  
 Ronisha Ralph  
 Maria Ramirez  
 Monica Ramirez  
 Candice Randall  
 Kathleen Raney  
 Hamid Raofi  
 Brandi Rasmussen  
 Andrew Rattmann  
 Melonie Ratcliffe  
 Jeffrey Ray  
 Richard Reddick  
 Allison Reed  
 Makubani Reel  
 Billy Reeves  
 Duane Reger  
 Ronetta Reid  
 Michael Reifsnyder  
 Andrew Reyes  
 Jessica Ricciuti  
 George Richardson  
 Julie Riek  
 Dallas Riley  
 Caroline Roach  
 Amy Robbins  
 Stephanie Robertson  
 Tonna Robertson  
 Briannah Robinson  
 Samuel Rodrigues  
 Natalie Rodriguez  
 Kim Rogers  
 Lashanta Roquemore  
 Mark Rosenow  
 Jason Ross  
 David Roubie  
 Andy Rowe  
 Jason Rowe  
 Jennifer Rudolph  
 Kratel Ruiz  
 Amy Rustan  
 Chaim Sachs  
 Elisheva Sachs  
 Southita Saikhamporn  
 Ryan Sakai  
 Rudi Salmeron  
 Marena Samson  
 Karina Sandoval  
 Russell Sands  
 Clemente Santiago  
 Sajahda Santiago  
 Todd Santiago  
 Tony Saputo  
 Joshua Sargent II







**NO PLACE TO SIT TO EAT.** Freshmen Tanya Polon, Ramiro Mendoza, and Leeora Lavin spill out into the hallways for lunch. The lunch rooms could not hold all of the students, so they had to find alternative places to eat and visit with friends. Students could eat in the hallways but were restricted from taking food into carpeted areas of the school.



Tony Nguyen

# T OGETHER AGAIN

## Big Population Leads to Crowds

Sounds of laughter and constant chatter filled the halls as the freshman class pushed its way to first period. The scents of fresh cologne and perfume hovered in the air. The school day had begun.

Besides after school, the only time students could go to their lockers was after even periods and during lunch. "Lunch is the only time when I can get to my locker without being mauled by my friends.

Even if I go to my locker before lunch, then the lines take forever to get something to eat," freshman Clemente Santiago said.

Whether trying to catch their bus or prevent their tardy, freshmen found new ways to beat the crowd.

*"Lunch is the only time I can get to my locker without being mauled by my friends."*

*by Brad Leiby*



# R

## ISE 'N SHINE

### Students Sacrifice Sleep for School

The alarm went off, 6 a.m. Stella hit the snooze to get a few more minutes of sleep before she had to get up and ready for school.

*"I'm glad I have to get up earlier because I have more time in the afternoon."*

If I get up early, I'm sleepy all day long. The most important hours of sleep are between five and seven a.m. If we get up at six, we don't get those hours of sleep," freshman Stella

Kalinina said.

In the transition from middle school to high school, students lost an hour of sleep each morning. "I'm glad I have to get up earlier because I have more time in the afternoon. When I was getting up later, I felt like my afternoon was gone," freshman Tiffani Harris said.

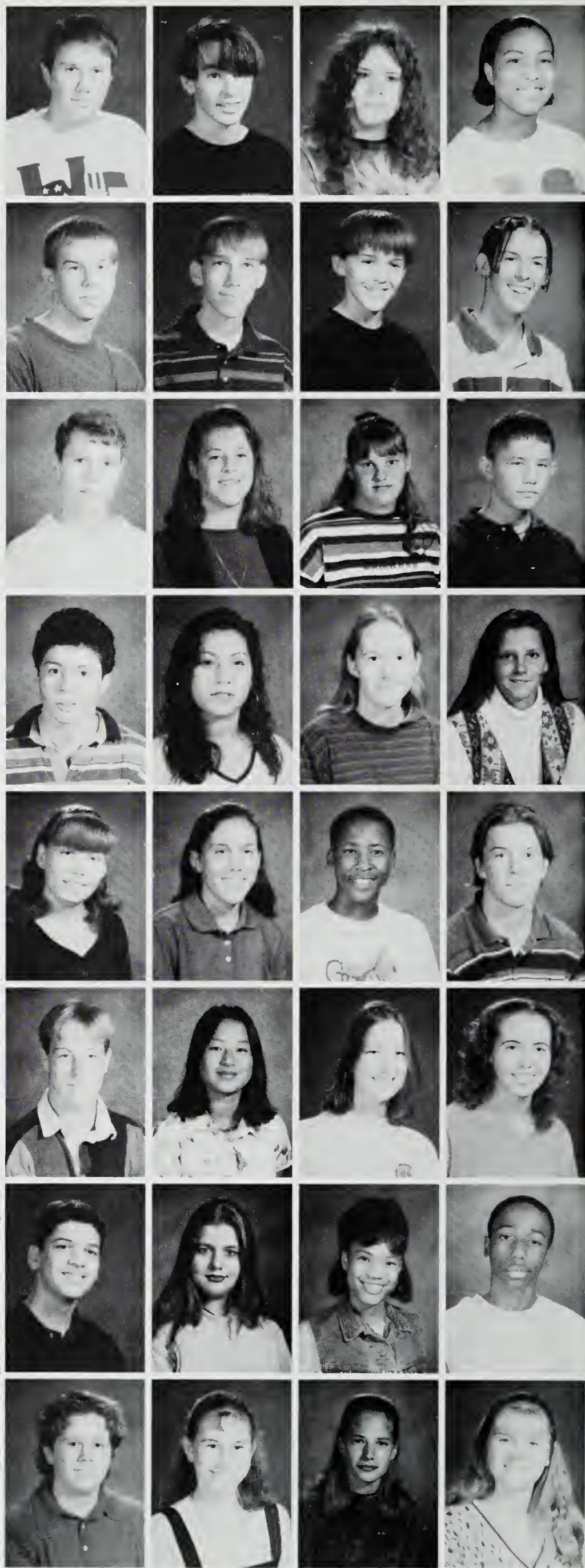
Going to school earlier left more time for the student activities after school.

by Cheryl Greenway



Barbara Heritage

**JUST A FEW MORE** minutes, please! Freshman Clint Curtis sleeps in to make up for the sleep lost the night before. Freshmen had to get used to getting up earlier when they made the transition to high school. Getting up earlier made students tired during the day. Students tried to linger in bed as long as they could to get extra sleep.







Jonathan Saunders  
Stephen Saunders  
Bailey Sautkulis  
Allison Saxon  
Stacy Scarazzo  
Mark Schmidt  
Kevin Schneickert  
Daniel Schu  
Salina Scriber  
Jessica Semon  
Brian Self

Brian Sentman  
Matthew Sevon  
Trevor Sexton  
Leonard Shapiro  
Liam Shields  
Elizabeth Sigmund  
Julie Silva  
Dawn Simpkins  
Margaret Simpson  
Kristine Sinkez  
Kurtis Sinkovic

Rusty Slocum  
Rebekah Sluys  
Crystal Smelser  
Brian Smith  
Denise Smith  
Ebony Smith  
G Smith  
Jawanda Smith  
Laura Smith  
Sakinah Smith  
Virginia Smith

Jose Sorto  
Eva Sotelo  
Elizabeth Sovo  
Nicole Spence  
Patrick Spicer  
Charles Stallworth  
Katie Stanley  
Tiffany Stark  
Michael Stemmermann  
Paul Stepanick  
Amber Stephens

Athena Stephens  
Kathryn Stephens  
Walter Stephenson  
Colin Stewart  
Christopher Stiles  
Kristi Stillwagon  
Leah Stockham  
April Stojanowski  
Steven Stone  
Danielle Stovall  
Brian Stratman

Bobby Strawderman  
Amanda Stream  
Erin Stringer  
Suzanne Stromire  
Nadine Struble  
Kevin Sullivan  
Jacob Swanson  
Tabitha Swett  
Jarrett Tabb  
Ahmadbelal Tahir  
Eliana Taillele

Walid Taj  
Leah Talley  
Leigh Taylor  
Brandon Teel  
Milton Telleria  
David Teran  
Lisa Thibault  
Daneeta Thomas  
Jacqueline Thomas  
Remmie Thomas  
Bradley Thompson

Melody Thorstad  
Kristin Thurnher  
Shannon Tierney  
Leann Tilton  
Tina Tomak  
Carla Tomlin  
Stephanie Trinidad  
Nicole Towle  
Darra Tucker  
Glenn Tupper  
Ali Turabi



B

# BETWEEN THE LINES

## Requirements Dictate Selection

The assignment said 4 to 5 pages hand written, wide rule paper.

"You better believe it!

*"I prefer wide ruled because I write big and it's easier to write on."*

I want wide-lined paper so that I can read it easily, that's my beat. With college rule there are too many ideas on a page,"

English teacher Mrs.

Catherine Turner said.

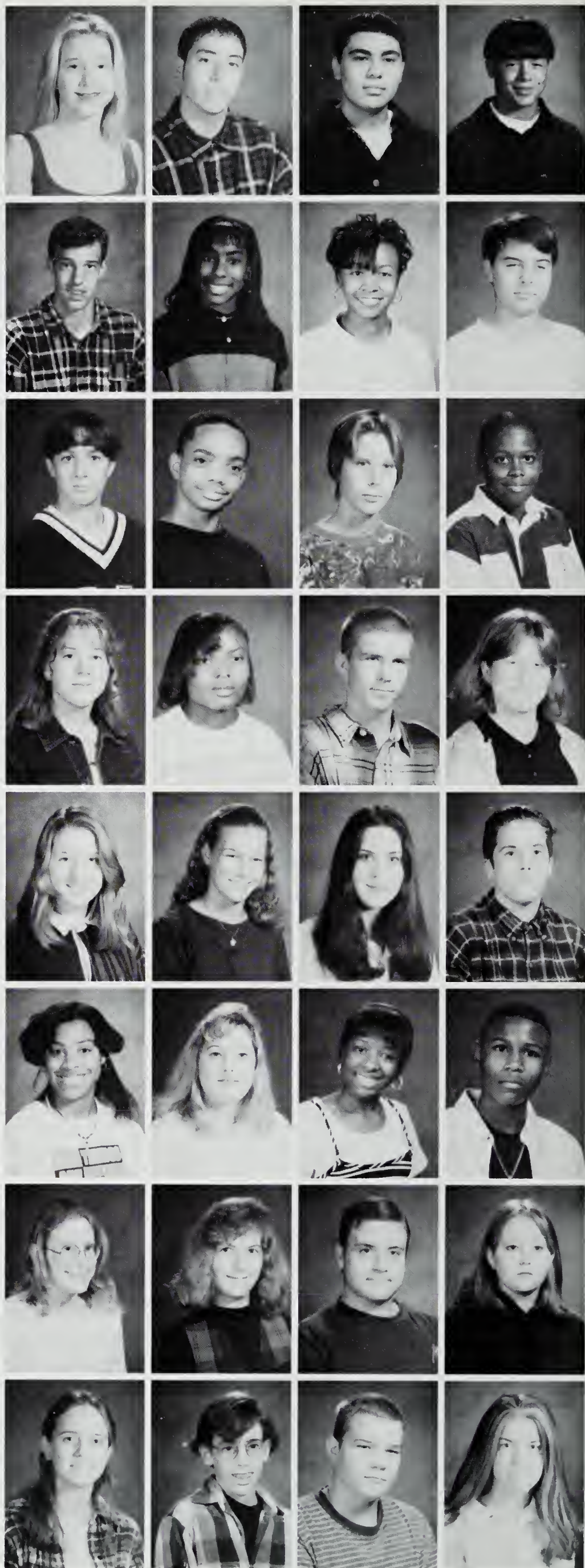
Writing styles dictated paper choice. "I prefer wide ruled be-

cause I write big and it's easier to write on. College ruled paper lines are too small," freshman Stefanie Powers said. Wide lines made writing and corrections more visible.

Narrow lines on college paper allowed for more information on one sheet. "I prefer college rule paper because you can fit more on one page," freshman Emmy Hewitt said.

In the end, it was the content between the lines that counted.

*by Tirzah Schaefer*



Tony Nguyen

IN HIS SEVENTH PERIOD class, freshman Glen Tupper works on his World Studies I homework. Tupper used wide ruled paper to complete this assignment. Wide ruled paper allowed handwriting to be larger and made the assignments easier for teachers to read. College ruled paper was sometimes required when the assignment dictated a set length.





Erica Turner  
Harold Uceda  
Ricardo Umana  
Jorge Urrutia  
Cesar Vargas  
Amy Varner  
Myriam Vasquez  
Evelyn Ventura  
Edwin Vifara  
William Viar  
Rachael Viens

Robert Vincent  
Crystal Vinson  
Dawana Void  
Thomas Volz  
Michael Vroom  
Timothy Waclawski  
Nicole Wadley  
Jennifer Waggy  
Jessica Waibel  
Lillian Waite  
Orion Wake

Charles Walker  
Derrick Walker  
Summer Walker  
Jerry Walley Jr.  
Jane Ward  
Ryan Ward  
Marcus Washington  
Nancy Washington  
Tierra Washington  
Robert Waters  
Scott Watkins

Sarah Weatherford  
Latonya Weatherspoon  
Nicholas Weaver  
Stasha Weaver  
Clayton Webb  
Joshua Webb  
Stephanie Webb  
Ellen Webber  
Michael Weisman  
Morgan Welch  
Haley Wells

Christina West  
Katherine Westling  
Christina Wheaton  
Isaac Wheelless II  
Jeremy White  
Katherine White  
Kimberly White  
Worrdell Whitehead  
Jeremy Whitham  
Brian Whittaker  
Adrian Wilhelm

Dawn Williams  
Heidi Williams  
Isha Williams  
Jahmel Williams  
Justin Williams  
Latoya Williams  
Mark Williams  
Ian Williamson  
Jonathan Williamson  
Marquis Wilson  
Brian Winters

Jennifer Wishart  
Carrie Witherel  
Andrew Wood  
Kristin Worley  
Bryan Worrell  
Amy Worth  
Michael Worthington  
Antonio Wright  
Jonathan Wright  
Margaret Wright  
Jamie Wrolstad

Carla Yates  
Jason Yehle  
Ryan Young  
Katherine Youngbluth  
Alma Zepeda  
Joanne Zimbardo  
Jose Zuniga  
Katherine Zupi



B

# LOW THEIR SOCKS OFF

A

whirlwind of changes took the faculty by storm. Every Monday night faculty met to plan for 4x4 scheduling which would be instated for the '96-'97 school year.

Interims and report cards were done differently due to the fact that other county schools were on block schedules. Each time teachers completed grades, the bubble sheets had a new format.

Seven new trailers were added, so seven teachers had the opportunity to teach in the new "Academic Village."

The departure of Mr. Rob Benson to Stonewall Jackson to fill an Assistant Principle position, left an opening in 10th grade administration. Ms. Benita Spears filled the administrative aide position. Mr. Tim Healey moved from his position as an En-

glish teacher to take Ms. Spears' position as the 9th grade administrative aide.

Mrs. Beatty Mountjoy retired from her chemistry teaching position. After 22 years of service, Mrs. Barbara Cardinale, Ms. Spear's secretary, retired on December 22nd. Mr. Tim Taylor joined the staff, not as a teacher, but as the new girls Head Volleyball and Basketball coach. Mrs. Liz Weiland returned this year as ninth grade secretary.

Mrs. Myrna Thurnher helped found a new social committee. The committee sent flowers or cards to faculty members on birthdays, weddings or other occasions.

In what seemed like as endless whirlwind of activity, the faculty planned, presented and involved themselves in all aspects of education.



Administration *Front Row:* Dr. Karen Spillman, Mr. Jimmy Little, Mr. Tim Healey; *Second Row:* Mrs. Delores Roy, Ms. Pamela White, Mr. E. Edward Campbell, Mr. Jackie Watts.





Ms. Dee Allen Algebra I, Algebra II; Senior Class Sponsor.  
 Mr. Jim Bailey American Studies I, World Studies I; Crew Coach.  
 Mrs. Linda M. Bell HPE 10, Driver Education; Senior Class Sponsor.  
 Mrs. Cheryl Bonat Algebra II, Algebra I, Senior Class Sponsor.  
 Mr. George Bond Math.  
 Ms. Erin Breland Varsity Chorus, Piano, Consonance.

Mrs. Loretta Bryant-Kline Peer Relations, Discovering Foods, Foods for Entertaining, WFSO, Junior Class Sponsor, Mediation Facilitator.  
 Mrs. Gail Burda English 9, English 10.  
 Mrs. Susan Burdett Spanish III, Spanish Club Sponsor.  
 Ms. Jill Burns Sign Language I, II, Independent Study in Sign Language; Sign Language Club.  
 Mr. Edward Campbell Senior Class Administrator.  
 Mrs. Margaret Caton Attendance Officer.

Mrs. Elizabeth Catron English 10, 11.  
 Mrs. Carol Clark Guidance Counselor.  
 Mrs. Melissa Cole Sign Language Interpreter.  
 Mrs. Ginger Collier Earth Science; Junior Class Sponsor.  
 Mrs. Kate Dail ESL III, IV; Spanish Club Co-Sponsor.  
 Ms. Torie Derrickson World Studies I.

Mrs. Mary Dillon Sign Language Interpreter.  
 Ms. Linda Dorsey Chemistry I, Consumer Chemistry.  
 Ms. Sharon Drake Applied Algebra, Algebra II, Freshman Class Sponsor.  
 Mr. Jim Edwards Consumer Math.  
 Mrs. Holly Elkner Teacher Assistant.  
 Mrs. Beverly Ellis A.P. American Studies, American Studies I.

Mrs. Pamela Emert Relationships.  
 Mrs. Pamela Coan Epler World Studies I, American Studies I, Public Relations Program.  
 Mrs. Gail Farmer English II & 12, GEMS, Senior Class Sponsor.  
 Mr. Lewis Forrest Math & English Resource, Freshman Basketball.  
 Mrs. Marlene Forrest-McLaurin Learning Specialist Teacher.  
 Miss Mary J. Gaines American Studies I.

Mr. Fred S. Gale Geometry, Functions/Trig.  
 Mrs. Jeanne Gibson Custodian.  
 Mr. Haig Gojekian Library Media Specialist, Librarian; Football Coach, Indoor & Outdoor Track Coach.  
 Mrs. Lydia Gonzalez American Government.  
 Mrs. Eva Goode English 10.  
 Ms. Katie Han Spanish III & III Honors; Spanish Club.

Mrs. Mary Ann Hardebeck Reading Resource Specialist; Junior Class Sponsor.  
 Ms. Debra Harrelson Athletic Training, Advanced P.E., HPE 9; Athletic Training.  
 Mrs. Sandra Hatfield Sign Language Interpreter.  
 Mr. Bud Hearne Music Theory I, Music Theory II, Varsity Orchestra, Concert Orchestra, Symphonic Orchestra; Woodbridge String Quartet Sponsor.  
 Mr. Jim Hines Piano, Varsity Band, Marching Band; Jazz Ensemble, Color Guard, Sound Crew.  
 Mr. William Hurst HPE-I

Mrs. Alma Jackson Data Processing I, Introduction to Business, Business Computer Applications, FBIA, Junior Class Sponsor.  
 Mrs. Barbara Jackson English 9 and 10; Excelators Team.  
 Mr. Darin Jensen Exploring Television, TV Productions I & II; Viking TV Club.  
 Mr. Ed Jones Band Sponsor.  
 Mrs. Patti Kemp AP Computer Science I & II, Functions/Analytic Geometry.  
 Mr. Mike Kenney Social Worker.



AFTER ATTENDING HER 40th college graduation anniversary at Prairie View A&M University, Mrs. Delores Roy returned to school sporting the crown and corsage she received when appointed Homecoming Queen at her reunion. She was featured on a float at the Homecoming Game as well as being presented with flowers, a crown and scepter at half-time.

# B

## ACK TO SCHOOL

### Teachers Attend Reunions

Whoosh! The doors flew open and the returning senior class stormed the gym for their reunion. Decorations hung everywhere. A cornucopia of foods was set on dinner tables.

Cards were placed to identify where each person was to sit. This was a chance for people to

*"I found great connections among the people I never really talked to in high school."*

get reacquainted with high school friends.

Faculty members caught up on current events with senior classmates. "It was very pleasant to see friends that I was with in school. After twenty years their faces were a delight. I had a chance to see how my old associates' views changed towards life. I found great connections among the people I never really talked to in high school," Mr.

Walter Piepke said.

People saw former teachers. "We talked about experiences we had and how it was funny that we never got caught. I saw some of my favorite teachers, my biology and my typing teacher. For the reunion, I called some of my old friends that I wanted to hang out with during the dinner," Mrs. Cynthia Wild said.

Reunions took on different forms. "When I went to my reunion it was not only an evening of dinner but in a way it was like a big party. It consisted of two "clicks" which were the people who stayed in Blacklick Valley, Pennsylvania and the people who moved on. I wish the reunion was a bit more formal," Mrs. Lori O'Farrell said.

Reunions were a time for teachers to go back in time and back to school.

*by Chris Blok*



Tony Nguyen





Mrs. Bethany Korgan Spanish I & II  
 Ms. Linda Krimmer Computer Accounting,  
 Keyboarding, Business  
 Ms. Judith Kyle Spanish I & II; Junior Class  
 Sponsor  
 Mr. Hector Latalladi Physics, General Math  
 Mrs. Latham AP Spanish IV, Spanish II

Mrs. Rose Lee Life Management Skills, Interior  
 Design, Independent Living, FHA  
 Mr. Herb Levin ESL III & IV  
 Ms. Lauren Liers New Horizons Counselor  
 Mr. Robert Loftus World Studies I; Freshman  
 Class Sponsor, Model United Nations, JV Girls  
 Soccer Coach  
 Ms. Jean Lusardi Chemistry; Junior Class  
 Sponsor

Mr. Jeff Madorma Algebra, Geometry; Tutorial  
 Coordinator, Math League  
 Mr. Don Maeyer Electronics I & II, Electronics  
 Technology  
 Mrs. Theresa Mahmood Substance Abuse  
 Prevention Specialist  
 Ms. Cynthia Mann Substitute Teacher  
 Mr. Greg Margheim P.E. & Health I; Varsity  
 Baseball Coach

LTC(R) Franklyn G. Matthews JROTC I & II;  
 Assistant Coach Color Guard, Drill Teams,  
 Raider Team, Rifle Team  
 Mr. Howard W. McAllister, Jr. Power and  
 Transportation Technology, Communication  
 Technology  
 Dr. Karen McPherson AP Government, AP  
 Comparative Government, Economics  
 Mrs. Susan Mealiea Chemistry I, Gifted 10th  
 Grade  
 Mr. Sam Medore P.E. & Health

Mrs. Marjorie Meyerle English 11, Gifted 11th  
 Grade; Junior Class Sponsor  
 Mrs. Mary Miles AP American History,  
 American Studies I; 11th Grade Gifted Coordina-  
 tor  
 Mr. Don Miller P.E. & Health 10  
 Ms. Sue Miller French I & II  
 Mrs. Vivian Mitchell English 11, English 9

Mrs. Dawn L. Moulen English 11, Photojour-  
 nalism I, II, III; Yearbook  
 Mr. Thomas Moulen Physics, Head Crew Coach  
 Mrs. Debra Myles Cosmetology I & II, VICA  
 SGM Joe L. Neely Military Science I (JROTC);  
 Color Guard, Female Exhibition and Regulation  
 Drill Teams  
 Mr. Craig Horwatt Learning Activities

Mrs. Sue Parker Keyboarding, Data Processing I  
 & II; FBLA  
 Ms. Ellen Pierce Data Specialist  
 Ms. Kim Perkins Introduction to Business,  
 Accounting I, Keyboarding Applications; FBLA  
 Mr. Michael Petock Algebra I, Geometry I;  
 Varsity Volleyball  
 Mr. James Petrus American Studies II

Mr. Walter Piepke Art I, II, III, V German IV &  
 V; Junior Class Sponsor  
 Mr. D. J. Pinion Biology I & II; Science and  
 Ecology Club, Senior Class Sponsor  
 Mr. Joe Potente English 9, English 10  
 Ms. Alison Prevost Hearing Impaired Resource,  
 Sign Language Club  
 Mrs. Greta Raines English 9, English 12



**LOUD VOICES ENVELOP** the Deepford Drive area in Lake Ridge as Mr. Jim Bish guides a Brownie troop to its position in the parade line. The Norseman Club was responsible for the organizational aspects and line-up of the parade and parking at graduation. Social studies teachers Mr. Jim Bish and Mr. Andrew Stanley were the club's sponsors.



Andrew Stanley

**BEEP. BEEP. DESIGN** teacher Mrs. Rose Lee utilizes her expertise to put decorative touches on a parade car. Mrs. Lee worked with the Future Homemakers of America Club. Clubs participated in the parade to promote spirit in the school. The Drama Club and Art Club advertised the fall play, *Get Witch Quick*, with a float in the parade.



John B. King

# P

## OWER OF ONE

### Donation of Time Yields Successful Events

Students and faculty placed the finishing touches on floats for the Homecoming parade.

Faculty members contributed time to help prepare all aspects of the homecoming events. English teacher Mrs. Gail Farmer supervised the making of the senior class banner and float. "I have happy memories of my high

school experiences and want to contribute to the memories of current generation," Mrs. Farmer said.

*"I have happy memories of my high school experiences and want to contribute to the memories of the current generation."*

Students marched through the guidance office daily. Students obtained information on testing, financial aid,

and scholarship programs from their counselors who also handled questions and concerns of students. "I am responsible for managing student records accurately and providing written recommendations based on academic performance, activities, and achievements," Mr. Bruce Ker said.

*by Nicole Lapp*

**FRAME BY FRAME,** sophomore administrator Mr. Rob Benson and sophomore Tommy Bishop put together the framework for the sophomore class homecoming float. October 14 members of the sophomore class worked on the float in Nichole Ford's garage. Protecting the secrecy of a class float was a tradition. Sophomores even slept on this float.



Barbara Gryder





Ms. Janet Reeves Earth Science, Freshman Class Sponsor  
 Mr. Arthur J. Rodgers Drivers Education; Cross Country Coach, Indoor Track Coach, Outdoor Track Coach  
 Mr. Jon W. Rose German I,II,III; German Club, National German Honor Society  
 Mr. Alan Ross Freshman Administrator  
 Mrs. Linda Ross School Psychologist

Mrs. Delores Roy Curriculum Administrator  
 Mrs. Cheryl Saggars Art I,III,IV,V; Art Club  
 Mrs. Virginia Schoegler Sociology  
 Ms. Deborah Sehl Accounting, Introduction to Business, Keyboarding Applications, FBLA  
 Mr. Albert Smith Speech & Drama I and II; Theater Production, Drama Club, International Thespian Society

Mrs. Andrea Sparks-Brown Applied Biology, Biology  
 Ms. Kalyn Speakes English 9, English 10  
 Ms. Benita Spears Sophomore Administrative Aide  
 Ms. Janet Spence Special Education Aide  
 Dr. Karen Spillman Curriculum Administrator

Mr. Andrew Stanley American Studies I, World Studies I; Norseman Sponsor, Yearbook Assistant Adviser  
 Mr. Charles Staunton Spanish I & II  
 Mrs. Becky Sundberg Copy Center  
 Mrs. Myrna Thurnher Special Education, Administrative Assistant  
 Ms. Lisa Tinsley ESL Assistant

Mrs. Catherine Turner English 9 & 10, English Department Head  
 Ms. Kathryn Voehl Chemistry and AP Chemistry; Junior Class Sponsor  
 Mrs. Nancy Vogt Geometry, Functions-Trigonometry  
 Mrs. Josephine Volzer French III & IV  
 Mrs. Teresa Ward Earth Science

Ms. Jeanne Warner English 9 & 10  
 Mrs. Anne Webster Journalism I,II,III, English 10, Newspaper Adviser  
 Mrs. Beth Whitham Resource Teachers Aide  
 Mrs. Cynthia Wild Health & P.E. II  
 Mrs. Clara Wittmann Keyboarding Applications, Office Systems, Introduction to Business

Mrs. Elsie Woodland Algebra II, Algebra III/ Trigonometry  
 Mr. Mike Yeatts World Studies I, American Studies II, Girls Varsity Soccer Coach  
 Mr. Tony Zographos Learning Activities, Special Education Department Head



*breezing into the parking lots, and whistling through the malls, students round up the money to cover the last-minute details of the holiday gift-giving season*

**D**espite the fact that the malls were filled with holiday shoppers and there was

barely room to walk, students squeezed in, to buy holiday gifts. "I went all over Springfield Mall looking for a black Adidas hat for my boyfriend. I finally found the store that sold them and they had just sold out before I got there," sophomore Nikki Floris said. Students may have known what they wanted to buy, but finding a store with the item in supply was not uncommon.

Time was limited when it came close to Christmas and students hadn't started to shop. The availability of gifts became scarce as other last

minute shoppers bought out supplies. "I waited until the last minute to do my shopping and I couldn't find the presents for my friends that I was looking for," junior Dyhalma Cruz said.

Unusual shopping experiences weren't uncommon. Students went into stores with in-

tentions to buy something, but things

didn't go as planned. "I wanted to go into Spencer Gifts in Springfield mall to buy a strobe light. I set down my orange julius on one of the strobe lights while I examined them. It spilled all over the strobe light display," junior Dion Freeborn said.

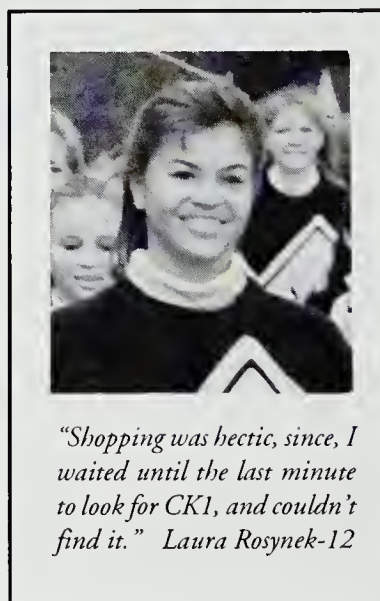
Burglars were prowling for the

holidays and unattended packages were a main target. "I was sitting on a bench in Potomac Mills mall. I set my bag down beside me and looked away for a minute. When, I looked back my bag was gone. I saw an old man with it trying to get away, but I chased him down and got it back," sophomore Billy Peters said.

Crowded stores and lack of money caused holiday stress. "The prices for gifts were too high. I decided to buy all my friends a chocolate Santa on a stick for Christmas. I had a lot of people to buy for, but not enough money and patience," freshman Julie Riek said.

Shopping for the holidays became a chore with all the problems that arose. The accessibility of malls and shopping centers eased the burden.

*by Cecilia Riek*



*"Shopping was hectic, since, I waited until the last minute to look for CK1, and couldn't find it." Laura Rosynek-12*



*"I had to make trips to Landmark Mall, Potomac Mills, and the P X to get presents." Caroline Irick-12*

**C**onsulting a roster, Norsmen seniors Lili Castilla, Jennifer Torre, and Kelly Ames search for toys for young children. Norsemen sponsored a 'Toys for Tots,' program over the holidays.



*Olinda Fuentes*





Olinda Fuentes



Olinda Fuentes

**A**s she tries to find a last-minute gift, Corinna Struckholz rushes out to Hallmark to search for something easy. Finding gifts may have been convenient, but usually ended up costing more.



Olinda Fuentes

**A**t 'Toys 'R Us,' senior Elizabeth Cowardin picks does some gift shopping. Toy stores were easy places to buy multiple gifts for rather low prices, which was more convenient for students.

**I**n search of a Valentine, freshman Carlos Amaya looks at a diamond heart necklace, at New Jewelers in Potomac Mills Mall. Valentine shopping was a difficult task, finding the appropriate gift.



While flipping through the pages of their family album, junior Derek Luther and his sister, Camille, reminisce. Family albums gave students a chance to recall what it was like when they were younger.



Bridgit Kelly

## older siblings vent frustrations after living through the rough and tumble whining, nagging, teasing, fussing, complaining, and tattling of the young blood

Filling the houses of students with younger siblings, were the shouts of threats and com-

plaints. Whether it was the last cookie from the cookie jar, or excessive teasing, older siblings had to deal with younger brothers and sisters, when problems arose.

Not all younger siblings whined, cried, and threw temper tantrums. "Usually get along well with my younger sisters because we are on different time schedules. I am in high school and they are in elementary. We usually don't have time to get into arguments, but when we do argue, they usually go tell Mom. I remember when I was watching television once,

and I wouldn't let my sisters watch cartoons. One of them went to my mom. She made me go to my room for the rest of the night," junior Thomas Polon said.

Admiration for an older sibling did not prevent youngsters from taking what didn't belong to them. "My

sister and I are the same size, even though

she's a lot younger. I hate it when she takes my clothes without me knowing it. What really bugs me, is that she doesn't put them back. If I catch her taking my clothes, I can easily tell her," freshman Alexa Baer said.

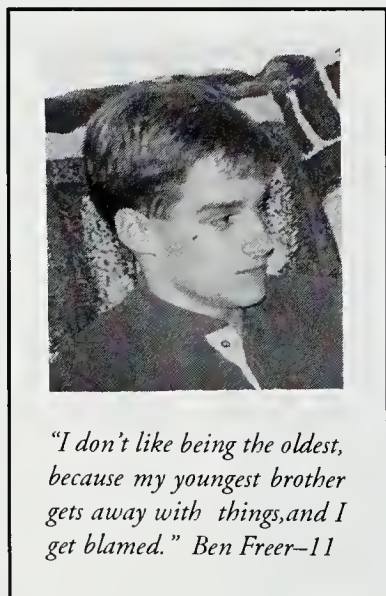
Disagreements arose when students wanted younger siblings to stay

out of their rooms. "One thing I remember that happened, and still does, is when my younger sister takes, or uses my stuff without checking with me first. I end up yelling at her about it, but since she's younger, I get in trouble. She always seems to get her way because of her age," sophomore Rachel Price said.

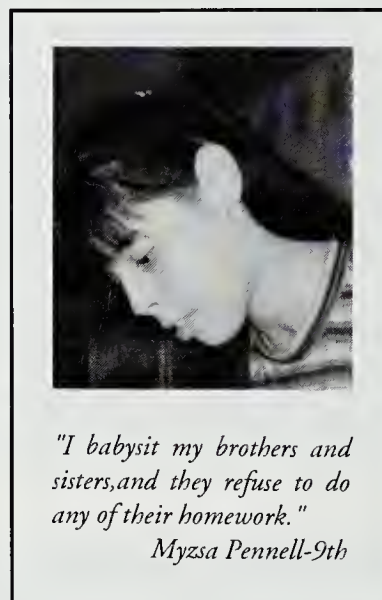
Younger siblings caused extra work for their brothers and sisters. "Once, my brother spilled juice in my room and I ended up having to shampoo and vacuum my rug," freshman Cynthia Heid said.

Whether agreeable, or not, younger siblings were a force that were not going away. Students learned to cope.

by Deanna Thorstad



"I don't like being the oldest, because my youngest brother gets away with things, and I get blamed." Ben Freer-11



"I babysit my brothers and sisters, and they refuse to do any of their homework." Myzsa Pennell-9th





Olinda Fuentes

**K**eeping her brother busy after school, sophomore Jennifer Sikorski plays a game of football on her Sega Genesis system. Students spent time with siblings, watching television, or playing games.



Olinda Fuentes

**A**fter opening presents on Christmas, sophomore Darlene Dadras and younger brother, Sean Broomall, play with blocks. Special occasions gave families a chance to be together.



Sean Tracy



Barbara Gryder

**O**ozing from the bottle, chocolate runs into the glass of milk. Senior Nicole Lapp steadily holds the cup for her brother Roger, who had demanded chocolate milk after a day of babysitters

**C**rashed, in a daze, on their living room couch, freshman Josh Cornell baby-sits his younger brother, Tyler. They watched television and movies together to pass the time.

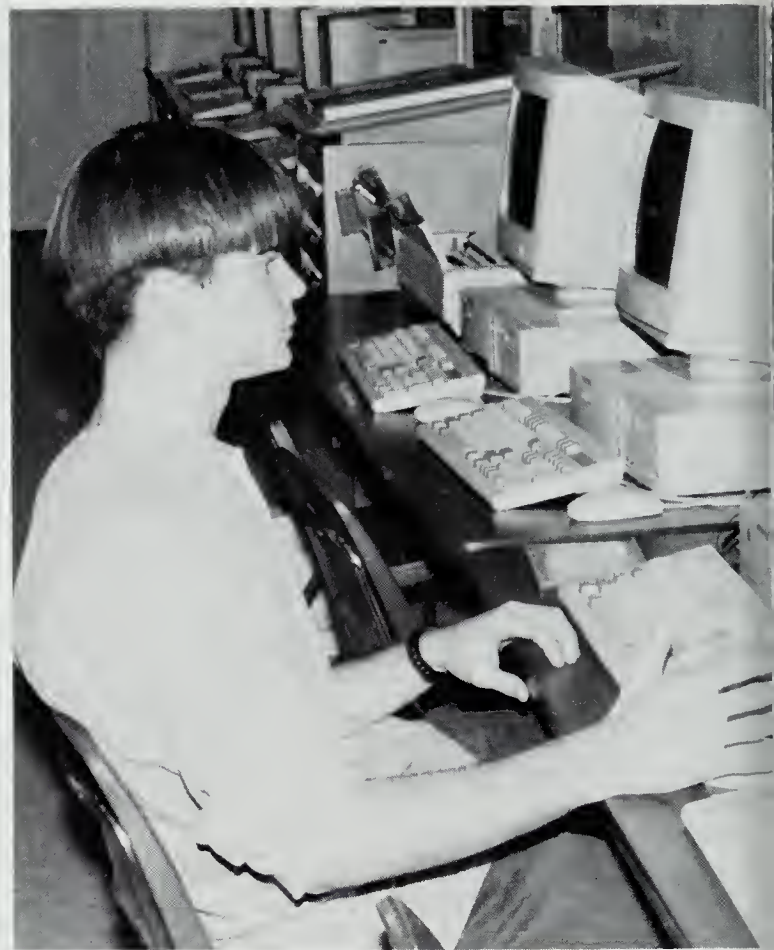


Is this broken? Graduate Aaron Evans, and juniors Shane Peterman and Greg Zumbrook examine and attempt to figure out how to operate a video camera in order to make a home video.

Each for it. Junior David Waters uses the library computer's word processor. Typing essays, projects and reports, instead of writing them, made them easier to read and look more professional.



Tony Nguyen



Roberto Santiago



Bridgit Kelly

Another school day. Junior Jay Brinson completes an assignment. Computer Science, Computer Math, Data Processing and Programming were computer courses offered for students.

What's next? Junior Don Blanton works on putting messages on the WLRC-49 channel. The TV club also aired sporting events and *Openline*, a talk show. Blanton was the News Director.



Tony Nguyen





Roberto Santiago

After hours. Stationed at a computer in the library, senior Amanda Kelly hacks away at the keyboard. The library opened at 7:15 and closed at 3:30 for student use and convenience.

## *mounds and masses of microchips and multi-media create a whirlwind of information through which students forge on to find the missing piece*

**F**lickers of light flashed on the screens, as the chorus of computers beeped.

The monitors in the computer lab were turned on and students rhythmically tapped the keys.

Students took advantage of the multimedia and electronic sources. The information needed for school projects and research were not always accessible by books.

Computer programs such as *Encarta '95* and *Microsoft Bookshelf* were found in the library. "It's easy for me to research things using the *Grolier's Electronic Encyclopedia* in the library. It helps when I'm working

on a project," said sophomore Adam Basehoar.

Students used multimedia resources as study guides. "Latin CD-ROM has helped me improve my grades in Latin III a lot. The vocabulary drills and grammar parts have helped me understand

the language better," sophomore

Dawn-Marie Dunn said. Computers served as tutoring aides.

Students also worked on their home computers as means of entertainment and relaxation. "Sometimes I get so

stressed out that I've got to pop in a game on my CD-ROM, like *Doom*. It's a game about a space marine who

gets stuck on a moon base that's overrun by demons," sophomore Matthew Roach said.

Teachers borrowed Laser Disc players from the multimedia lab to enhance technology applications. The Laser Disc players were used in activities and provided ways of receiving information in both visual and audio formats. "In Biology, we looked at photographs on laser disc before our frog dis-

section. It helped me visualize what the dissection would be like. We also used the computer lab to identify all of the parts of the frog beforehand," sophomore Peter Smith said.

In addition to school work, the multimedia lab provided opportunities for student recreation and research. Time was taken during and after school to use computers.

by Bill Grandy



"It's much more convenient to type my stories and poetry on a word processor than on a typewriter." Anitra Budd-11



"We're advancing so fast in electronics these days, that I can hardly keep up." Laura Smith-9



P

lay time! Sophomore Darlene Dadras, and her younger brother, Sean Broomal play with his gifts early in the morning. Each year, the family opened the presents at midnight, Christmas night.



Roberto Santiago

## airy dining chats with the family, summer trips, holiday plans— elements of 'relative' customs making up snapshots of memories

Just after the pizza guy left, everyone dove into the box. "Every Saturday morning, we send

out for pizza to keep our closeness as a family. Then, on Sundays, we make sure to have dinner together after church," sophomore Julie Burns said. Students' family traditions ensured a sense of family unity and good-humored fun.

Reunions played a part in family traditions. "Every year, my family, including aunts and cousins, all go to Kennywood Park in Pennsylvania. We go there because that is the only time we get to see each other, and have fun," sophomore Darell Horton said. Reunions gave consistency to

families, by being held year in, and year out.

Seasonal activities were popular amongst families. "My family, and I usually go apple picking in the fall together. It is not often that we get to do things together as one," senior Colleen Young said.

Other practices included farther reaching

places. "Every summer, I go to Nova Scotia with the rest of my family to visit my grandparents. It is a twenty-two hour drive up there, so most of the time I just listen to my walkman, and fall

asleep," senior Kim Tupper said.

During the holiday seasons, traditions were frequent in the houses of

students. "When my family celebrates Chanuka, my brother and I

take turns lighting the menorah, and we always open a present each night. It is a special time for my family, because we have been doing it for as long as I can remember." Seasonal rituals differed from family to family. For Christmas, my family goes to Nebraska to see all of my relatives, and to exchange gifts. We

stay through New Years, when we have a big party where everyone drinks, even the kids," junior Rusty Johnson said.

Whether they went any where, or not, traditions gave families the chance to be with each other. They took the time to relax, and enjoy themselves.

by Cheryl Greenway



"We get together Christmas day, and eats dinner at 4:00 after saying a special prayer."  
Rebecca Gonzalez-9



"Before school starts, we have a party to talk to the relatives we haven't seen in a long time."  
Crystal Huffman-9

Barbara Heritag

Olinda Fuent





With his mother, and sister, Leanna, sophomore Evan Wooten passes the ball. Wooten coached Little League and Leanna was on a travel team. Every weekend, the family played together.

In her Sociology class, senior Monika Scott prepares a rug and headstone to pray on, to better explain her Islamic culture to her peers. Her family prayed five times daily in this manner.



# SWOOSH, 2 POINTS

## *Boys Sweep Districts, Fall Short in States*

With the lyrics of Raekwon by Wu Tang Clan blaring from the speakers, the boys varsity basketball team made their way through the smoke to the middle of the gymnasium floor. Despite the whirlwind of emotions and problems players attempted to score points.

"There was a lot of pressure at the home game against Potomac. I didn't agree with the referees call but it was our fault we lost. If we had continued to

score points in the last ten minutes of the game then we would not have had to worry about the call," junior John Simmons said.

Each individual player used his own techniques to prepare for the upcoming games. "Before the game I prepare myself by blocking out everything that doesn't have to do with the game. I focus only on what I have to do to help our team win," senior Aaron Demory said. Not only skills and preparation led

to victories but also the use of team work.

Defeating rival opponents in their territory led the team to districts. "Away games can be enjoyable, especially when we win and the looks on the faces of the other team are mad. Then we know we did well," Tim Fuller said. In order to have precise timing, the team met after school at three o'clock for training.

*by Beth Via and  
DeAnna Thorstad*



Boy Varsity Basketball *Front Row:* Robbie Karnbach(manager), Brian Richards, Umar Bowers, Hollis Johnson, Andy Hewlitt, Ahmad Dorsett, Brian Karnbach(manager); *Back Row:* Mr. Don McCool, Marvin Jefferson, Nick Clay, John Simmons, Tim Fuller, Aaron Demory, Teko Bostic, B.J. Lowery, Mr. Will Robinson.

## GETTING DOWN TO BASICS

### Team Captains

Aaron Demory,

Ahmad Dorsett,

Brian Richards and

Tim Fuller

Leading Offense: Aaron Demory



Jon Zarkauskas

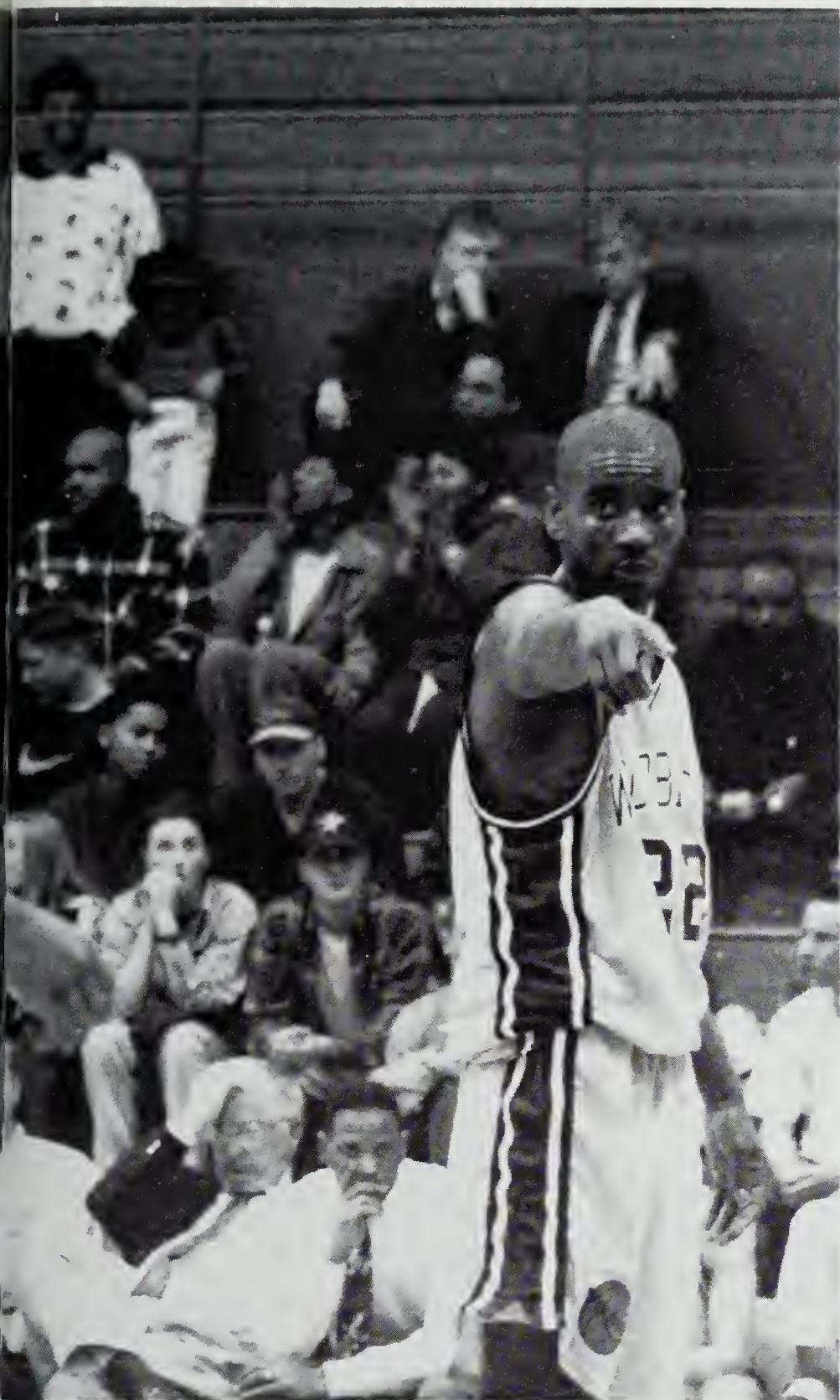


*"The music and the smoke at the pre-*

*game show influences my thoughts and always gets me hyped up for the game."*

*Marvin Jefferson-9*





OVER THERE! IN THE MIDDLE OF a game senior Ahmad Dorsett directs senior Hollis Johnson to move to a different position. In the background, coaches Mr. Will Robinson and Mr. Don McCool observed their players movements.

AS THE SECONDS TICK BY, coach Mr. Will Robinson, junior Justin Dudley and junior Umar Bowers watch the clock. The game boiled down to the last few seconds but the team pulled through and won the game by only three points.



Seth Lowery



Seth Lowery

OPPONENT	W	—	O
North Stafford	70		54
Osborn Park	67		25
Christian Life	75		36
Nansemond River	64		51
Coolidge	68		53
Henrico	66		36
John Marshall	51		56
Osborn Park	61		26
Potomac	47		51
Stafford	62		46
Garfield	54		43
Stonewall	68		42
Brooke Point	79		60
North Stafford	40		43
Hylton	61		50
Potomac	44		46
Stafford	65		39
Garfield	55		46
Brooke Point	81		52
Stonewall	59		52
Stafford	80		51
North Staffotd	68		51
Garfield	45		42
Danville	47		59
Final Record	20		4



Seth Lowery

WHILE SITTING ON THE BENCH AT the home basketball game against Garfield senior Brian Richards, junior Umar Bowers, freshman Marvin Jefferson, sophomore Nick Clay, and junior Teko Bostic study the moves on the court.

WITH THE REFEREE standing close behind, junior Hollis Johnson scans the court, during the home game against Garfield, for a open team mate. Johnson was an offguard, he was looking for the open man who just set up the pick.



WITH HER HANDS WIDE OPEN AND her eyes focused, junior Kristin Gartner asks for the ball. She applied her skills and stood ready to grab hold of it. Players learned blocking and passing strategies that proved to be essential in playing a winning game.

AS SHE STRUGGLES TO KEEP possession of the ball, junior Amber Lockheart dodges the opposition and looks for a teammate to pass the ball to. Players had to be aggressive and learn to control the ball when confronted on the court.



Seth Lowery

ON THE SIDELINES OF THE basketball court, freshmen Casey Godfrey, Orion Wake, and Katie Lutes, and junior Chanel Thomas root for their team. While taking a rest from the game, team members offered their support with cheers.



Seth Lowery



Olinda Fuentes





# Slam Dunk

## Five Freshmen Act as Second Wind to Varsity Team

A hush fell over the crowd as the players glanced at the clock. The court was silent and time was ticking away. Swish! The jump shot was made.

With each game they played, players learned skills that they applied on the court. "During the District Tournament game against Stonewall Jackson, everybody had to work together. If we won, we would qualify for Regionals. So we did a new play. I had to set the pick

and get a man open. It's not an individual game. One person can't exhibit it all," sophomore Shirley Andorful said.

Spectators showed up as support and witnessed the players in action. "Kristin Gartner made a great foul shot. It went right in. It didn't bounce off the rim or anything," sophomore Missy Shank said.

The shell drill helped junior Cherre Marshall to talk and see defensively. "Basketball is the sport I

excel in. I've been playing for five years and I've learned patience. In life you can't rush things. You have to let them happen and it's the same way in the games," Marshall said.

Five freshman made the Varsity team. "The juniors have been really supportive. I've basically followed their rule," freshman Katie Lutes said.

The team averaged a winning season.

*by Shannon Olguin and Jennette Schorsch*

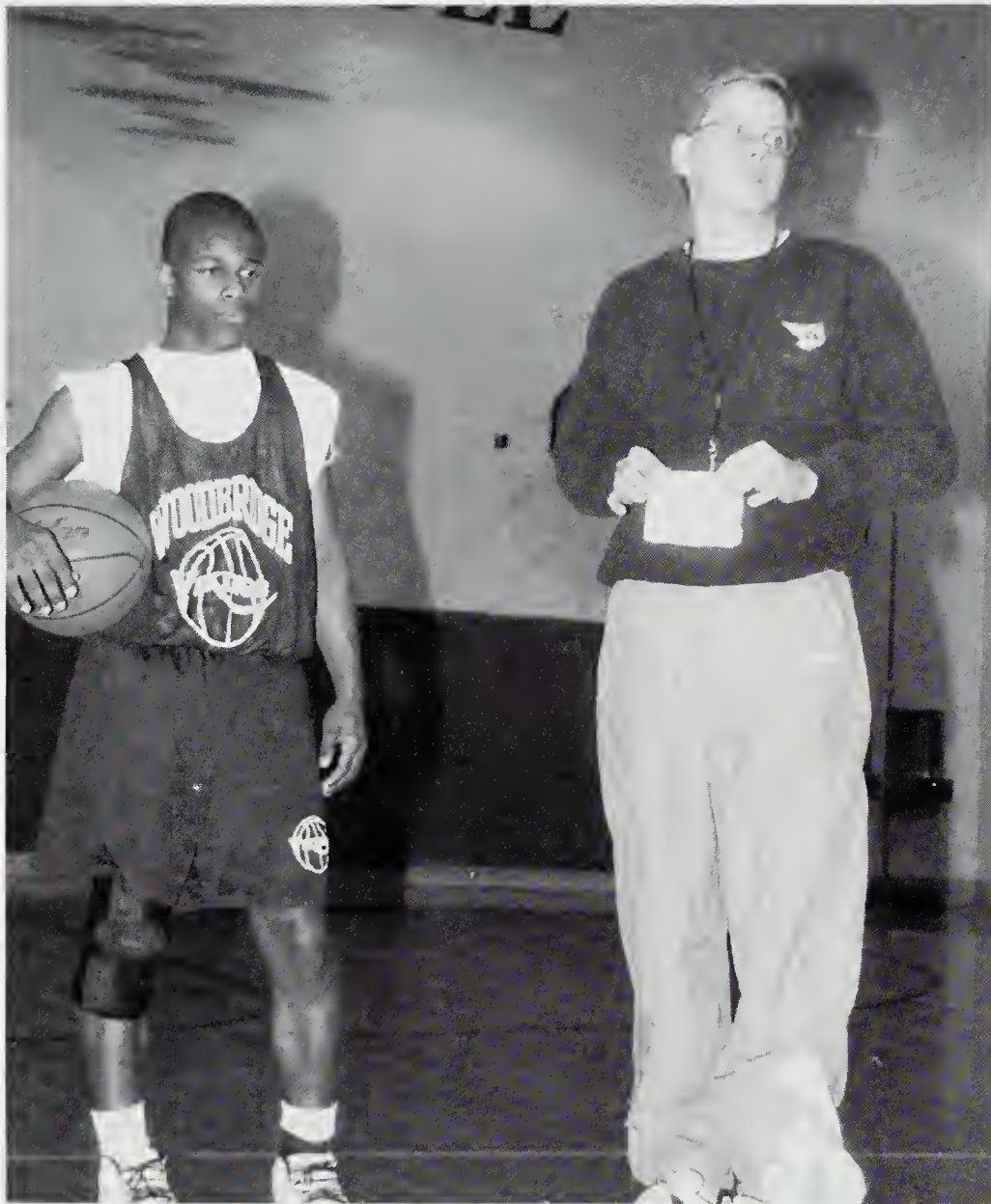
OPPONENT	W	—	O
Albemarle	37	—	33
Pulaski	54	—	65
N. Stafford	52	—	38
Hylton	47	—	64
Osborn Park	45	—	70
Stafford	59	—	54
Dunbar	75	—	37
St. John's	54	—	45
H.D. Woodson	43	—	47
Osborn Park	36	—	37
Potomac	59	—	41
Gar-Field	48	—	66
Stonewall	46	—	22
Brooke Point	49	—	31
N. Stafford	53	—	39
Hylton	39	—	57
Potomac	54	—	21
Stafford	33	—	49
Gar-Field	35	—	55
Brooke Point	38	—	32
Stonewall	47	—	17
Gar-Field	36	—	55
Final Record	12	—	11



Varsity Girl's Basketball *Front row:* Katie Lutes, Casey Godfrey, Stephanie Adkins, Chere Marshall, Samantha Crane, *Middle row:* Tamika Dudley, Chanel Thomas, Laporshia Washington, Melissa Tierney, Jessica Hoge, *Back row:* Coach Tim Taylor, Coach Mike Adkinson, Kristen Gartner, Orion Wake, Shirley Andorful, Amber Lockhart, Coach George Washington.



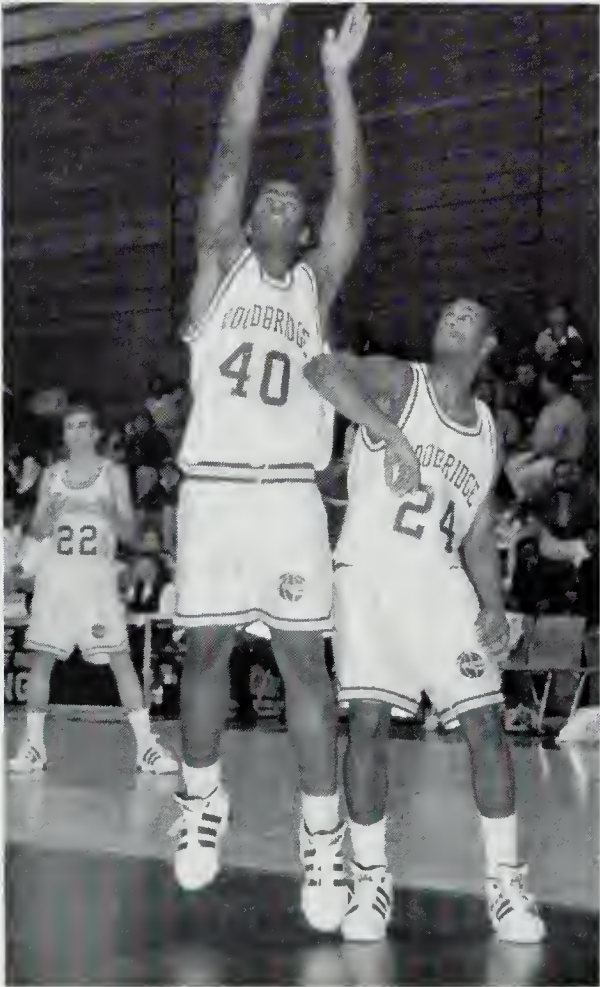
HUDDLED AROUND THEIR COACH, the team pays attention to the coach as he goes over a number of upcoming plays in the second half. Studying the positioning, and each person's job for that play would decide the final outcome of the game.



Barbara Gryder

AS HE TAKES A BREAK, CORTEZ Quarles listens to his coach explain the next play. Complete attention was important so different techniques and moves could be taught, making players aware of when and how to decipher certain plays.

REACH FOR THE SKY. SOPHOMORE Carl Drummand leaps into the air to make a basket, while his teammate, sophomore Rashawd Pope tries to stand in his way. Teammates competed with each other in order to warm up before the game started.



Loren Coulter



Barbara Gryder

FRESHMEN				JUNIOR VARSITY			
OPPONENT	W	—	O	OPPONENT	W	—	O
N. Stafford	28		34	N. Stafford	47		42
Hylton	25		39	Osourn Park	62		44
Osourn Park	30		52	Coolidge	56		41
Osourn Park	24		30	Osourn Park	71		53
Potomac	25		46	Potomac	55		68
Gar-Field	46		40	Gar-Field	50		40
Stonewall	42		35	Stonewall	54		35
Brooke Point	44		39	Stafford	57		30
Stafford	56		43	N. Stafford	57		52
N. Stafford	59		54	Hylton	46		51
Hylton	32		53	Potomac	67		47
Gar-Field	40		34	Gar-Field	68		58
Brooke Point	51		52	Brooke Point	88		65
Stonewall	49		44				
Final Record	7		7	Final Record	11		2



# Hoop It Up

*Snow or Shine, Basketball Braved  
the Elements for Another Season*



The coach examined each play that was to be made. With magnetic pieces on a board, and a layout of the court, Coach Huckstein moved the pieces around to show where each player was supposed to be positioned on the court. The players studied it meticulously, to get the plays together in their minds.

As he examined the chart, sophomore Steve Smith analyzed each play that was to be carried out,

committing them to memory. "I play point guard. The most difficult thing about being a point guard is remembering all of the plays and where everybody is supposed to be at what time," Smith said.

Basketball was more than just athletics to the players. "I don't think basketball is about winning or losing, it is about learning the game, having fun, and making friends," sophomore Carl Drummond said about what the sport

meant to him.

Snow had affected practices and cut their amount of time to practice dramatically. "Even though we have not had many practices, we have come together as a team over a period of games," sophomore Cortez Quarels said.

Regardless of weather or additional hindrances, the techniques were executed, and the game was on.

*by Jessica Nees and  
Chris Blok*



J.V. Boys Basketball *Front Row:* Devon Armstrong, Cortez Quarels, Steve Smith, Avery Griffin; *Middle Row:* John Welch, Nick Rodriguez, Rashawd Pope, Josh Whitham, Rinaldo Williams; *Back Row:* Coach Huckstein, John Rowe, Carl Drummond, David Lowery, Sam Orr.

*"One of the best games of the season, this year, was the North*

*Stafford game. Nick Pardi did a layup that tied the game, and put us into over time. After that, we blew our opponent out of the water, and won the game by about four points."*

*Kevin Schneickert-9*



Freshman Boys Basketball *Front Row:* James Harris, Rajohn Rainey, Khalid Chavis; *Middle Row:* Kevin Shniekert, Charles Stallsworth, Chris Finney, Ed Irick, Mike Smith; *Back Row:* Nick Pardi, Matt Kleweno, Danny Fowler, Walter Cunningham, Torre Williams.



# Jump For Gold

## New Defenses Add an Air of Excitement to Season

"We are strong, hard, tough, one, defense!" This was the cheer yelled as the freshman girls basketball team took the court. The team started out every game this way in order to encourage and support each other. Players learned how to lead by sharing captain duties. "Everybody gets a chance to be captain, so by the ninth game, everybody has had the chance and experience of being a captain," coach Lewis Forrest said.

Players prepared for the game in warmups and on the team's sidelines. "I mess up during warmups all the time and my stomach aches until the second quarter or whenever I start playing," freshman Carla Yates said.

The team credited their success to teamwork. "When it really counted, we came together as a team. Working with each other caused sparks of energy to fly," sophomore Sarah Krimkowitz said.

Accidents occurred both before and after the whistle. "At the Stonewall game, a girl from our team, Nicole Spence, fouled a girl on the other team, then she fell on her head," freshman Darnelle Kimble said.

The JV and Freshman teams concentrated on defense rather than offense. This tactic made it possible to play well after weeks out of school.

*by Kim Tupper and Dawn Cleary*



JV Girls Basketball *Front row:* Tyree Ellison, Ellen Stevens, Liani Evans; *Middle row:* Sarah Krimkowitz, Emily Robbins, Melissa Milligan, Katie Calvin, Missy Metzler; *Back row:* Rebecca Peavyhouse, Coach Janet Reeves, Khashaniqu Lane, Charleen Cox, Audra Gilbert, Coach Little.



Freshman Girls Basketball *Front row:* Nicole Spence, Yasmina Alodeliah, Kristine Sinkez, Bethany Piazza, Carla Yates; *Back row:* Coach Forrest, Maya Cummins, Darnelle Kimble, Dara Tucker, Erica Eberwein. (Not pictured: Nikki Samos, Erica Bayd)



Seth Lowery



*"Our strengths as a team is that we all really love to play basketball. Most conflicts that are between us and the opponents are usually by someone talking trash on the court."*

*Ellen Stevens-11*





EYES FULL OF CONCENTRATION, freshman guard Elizabeth Dittamo looks as she passes the ball. Being aware allowed her to throw it without it being caught by an Osbourn Park player. Players worked on these drills during practice

"WHAT'S THE PLAN?" CROWDING around each other, sophomores Sarah Krimkowitz, Katie Calvin, and Liani Evans discuss their game plan with Coach Little. Team meetings were called to help keep players up to date with the game plan.



Bridgit Kelly

#### JUNIOR VARSITY

OPPONENT	W	—	O
Albermarle	18		47
N. Stafford	48		64
Hylton	24		70
Osbourn Park	32		44
Gar-Field	16		24
Stafford	28		49
Osbourn Park	19		28
Potomac	46		35
Stonewall	42		28
Brooke Point	32		56
N. Stafford	39		56
Hylton	26		35
Potomac	33		50
Gar-Field	22		48
Brooke Point	30		51
Stonewall	33		28
Final Record	2		16

#### FRESHMAN

OPPONENT	W	—	O
Albermarle	37		33
Pulaski	54		65
N. Stafford	52		38
Hylton	47		64
Osbourn Park	45		70
Stafford	59		52
Dunbar	75		37
St. John's	54		45
Woodson	44		47
Osbourn Park	36		37
Potomac	59		41
Gar-Field	48		66
Stonewall	46		22
Brooke Point	49		31
N. Stafford	53		39
Hylton	39		57
Final Record	9		7



Seth Lowery

SACRIFICE THE BODY. AS SHE DIVES towards her opponent, sophomore Emily Robbins attempts to keep the inbound pass from reaching the Stonewall player. Girls worked on their press during practice by running drills to improve speed.



WHILE WAITING FOR MRS. BONA-  
quisti to come to practice,  
senior Kelly Sakai and  
sophomore Erin Quaderer  
lay on the beam and talk  
about the up coming meet  
against Hylton. Gymnasts  
discussed ways to improve  
skills for competition.

CONCENTRATION IS THE KEY  
as junior Melanie Agosta  
performs her front hand-  
spring on the vault. The  
vault is one of the four  
events that is competition  
for gymnasts. Gymnasts  
were judged on their height,  
distance, and perfection.



Roberto Santiago



Roberto Santiago

IS IT HIGH ENOUGH? SENIOR  
Stephanie Glichsner asked  
a fellow gymnast as she  
warms up, by stretching her  
back. Stretching was very  
important to help prevent  
injury's. The gymnasts  
stretched before every prac-  
tice and before every meet.

READY TO STRETCH BEFORE PRACT-  
ice, senior Kelly Sakai does  
the splits to loosen her  
muscles. Because of all the  
jumps and spins gymnasts  
performed, stretching the  
leg muscles was a necessity.  
This helped prevent any in-  
jury during a meet.



Roberto Santiago



Roberto Santiago

OPPONENT	W
Districts	7th
Stonewall	Won
Hylton	Lost
Stafford	Lost
Washington Lee Inv.	6th
Park View Inv.	5th
Hylton	Won
Brooke Point	Won
South Lakes Inv.	3rd





# Leaps and Bounds

## Injuries and Fundraisers Make For Whirlwind Season

Melanie Agosta falls after attempting to do her arial, a no handed cart-wheel on the balance beam. throughout the season, gymnasts suffered from injuries. "Our team had a lot of minor injuries and our top gymnasts both messed up their knees. It set us back, but we pulled through in the end," freshman Katie Ambery said.

The gymnasts sold chocolate lollypops as a fundraiser for Valentine's Day. "For the fundraiser,

six of us went over to Stephanie Gleichsner's house and we made the lollypops to sell for Valentine's Day at the school," freshman Lizzy Gillespie said.

Newcomers to the team learned ways of overcoming their fears and how to work together as a team. "From being on the gymnastics team this year, I learned how to work as a team better and I got over some of my fears. It was hard, but I learned a lot

and it was fun," freshman Myzsa Pennell said.

For all events, gymnasts had to use spotters. Spotters watched the person as she made her run and made sure that she did not fall. During practice, teammates were the spotters and during games, parents volunteered.

The season ended with Kelly Sakai going to States in the all round competition and ninth in districts.

*by Hilary Hansen and  
Mary Gilhooly*



*"For the past three years, I've been on the team Mrs .*

*Bona has helped us not only with gymnastics but with personal stuff. She doesn't pressure us into doing anything we don't want to do."*

*Stephanie Gleichsner -12*



Gymnastics *Front Row:* Stephanie Gleichsner, Kelly Skakai; *Second Row:* Elizabeth Gillespie, Kathleen Ambery, Jennifer Waggy; *Back Row:* Kevin Stogner, Mary Moton, Melanie Agosta, Myzsa Pennell, Janelle Sutton, Alysia Barton, Christina Cone, Keith Bevins.



" S T R E T C H ! " After the stretch was called, senior Delvon McCormick pushed his legs to his chest to get the full effect of the exercise. Runners stretched together every day before practice after running laps around the the school.



Seth Lowery

"99...100," AFTER COMPLETING HIS first set of sit ups, freshman Charles Dubois takes a break before doing the second set. Runners did sit ups along with lifting weights on Tuesdays and Thursday. Lifting weights made the runners stronger.



Sean Tracy



Sean Tracy

"THREE MORE LAPS LEFT!" Freshmen Danielle Knouse, Samantha Levy, and Cristen Fredericks round the corner in the first lap of their race. It was the choice of the runner whether or not to wear the team uniform during dual meets.

WHILE CONCENTRATING ON extending his stride and moving his arms, junior Jason Sosa works to win his race in a dual meet. dual meets were held on Wednesday afternoons and included competition with two other schools.



Seth Lowery

MEET	G	B
VMI Relays	3rd	6th
George Mason Relays	no	score
Districts	1st	1st
Regionals	2nd	3rd
States	34th	34th





# Track Attack

*Despite Hard Blows, Runners  
Emerge with District Crown*

"GO!" At top speed, juniors Amanda Shroeder and Alysia Barton sprinted down the hallway by the tenth grade office. Fifty meters down the hall, they were forced to stop due to a trashcan in the way. Both girls qualified for Nationals during the District Track meet at Stafford High School.

"I ran the hardest I could, and when I finished, I knew in my heart that I did my best. Later, I found out that I had run a national qualifying time."

junior Alysia Barton said.

Due to the Blizzard of '96, two of the four varsity meets were cancelled. "I was glad the varsity meets were cancelled because I was able to have more free time over the weekend!" junior Jesse Hoffman said. The two Saturday meets were not rescheduled. The runners had to find ways to stay in shape during the days off from school due to weather.

The District Meet was held outdoors. "I thought having districts outdoors

was weird because, after all, it is supposed to be Indoor Track," freshman Andrea Glover said.

The girls finished second in regionals and the boys finished third. Runners went on to run in States on Friday, March 1 and Saturday, March 2.

Despite the snow and cancelled meets, both the boys and girls team came away from the Commonwealth District meet with gold crowns.

*by Katie McAllister and  
Cecilia Riek*



Boys Indoor Track *Front Row:* Frank Saldoni, Kodi Smith, Duane Brown, Delvon McCormick, Rob James, Charles Dubois, Hector Cerda, Clint Curtis; *Second Row:* Coach Jim Rodgers, Matt Krynski, Steve Arnold, Chris Motsek, David Isherwood, Chris Davis, Anthony Iheme, Quincy Connor; *Back Row:* Coach Haig Gojekian, Jason Sosa, Nick Zizzo, Mike Milliken, Matt Lehr, Steve Jones (*Captain*), Chris Clay, Jesse Hoffman, Chris Esterline, Kevin Libby.



Girls Indoor Track *Front Row:* Mamie Peckyande, Heather Magalski, Mary Gilhooly, Jenny McNamara, Katie Woodside, Megan Farrell, Cristen Frederick, Tunisia Stephens; *Second Row:* Autumn Baltimore, Kim Furman, Shannon Farrell, Fatima Aniteye, Amanda Shroeder, Lisa Karzbeck, Adrienne Edwards; *Back Row:* Coach Jim Rodgers, Cecilia Riek, Dawn Cleary, Melissa Bernacki, Elizabeth Cowardin, Coach Haig Gojekian, Alysia Barton, Nicole McMonigle, Jennifer Anne Isherwood (*Captain*), Katie McAllister.



*"This year was my first year at pole vault. I've worked really hard and finally it's starting to pay off because I get to go to States."*

*Robbie James-11*

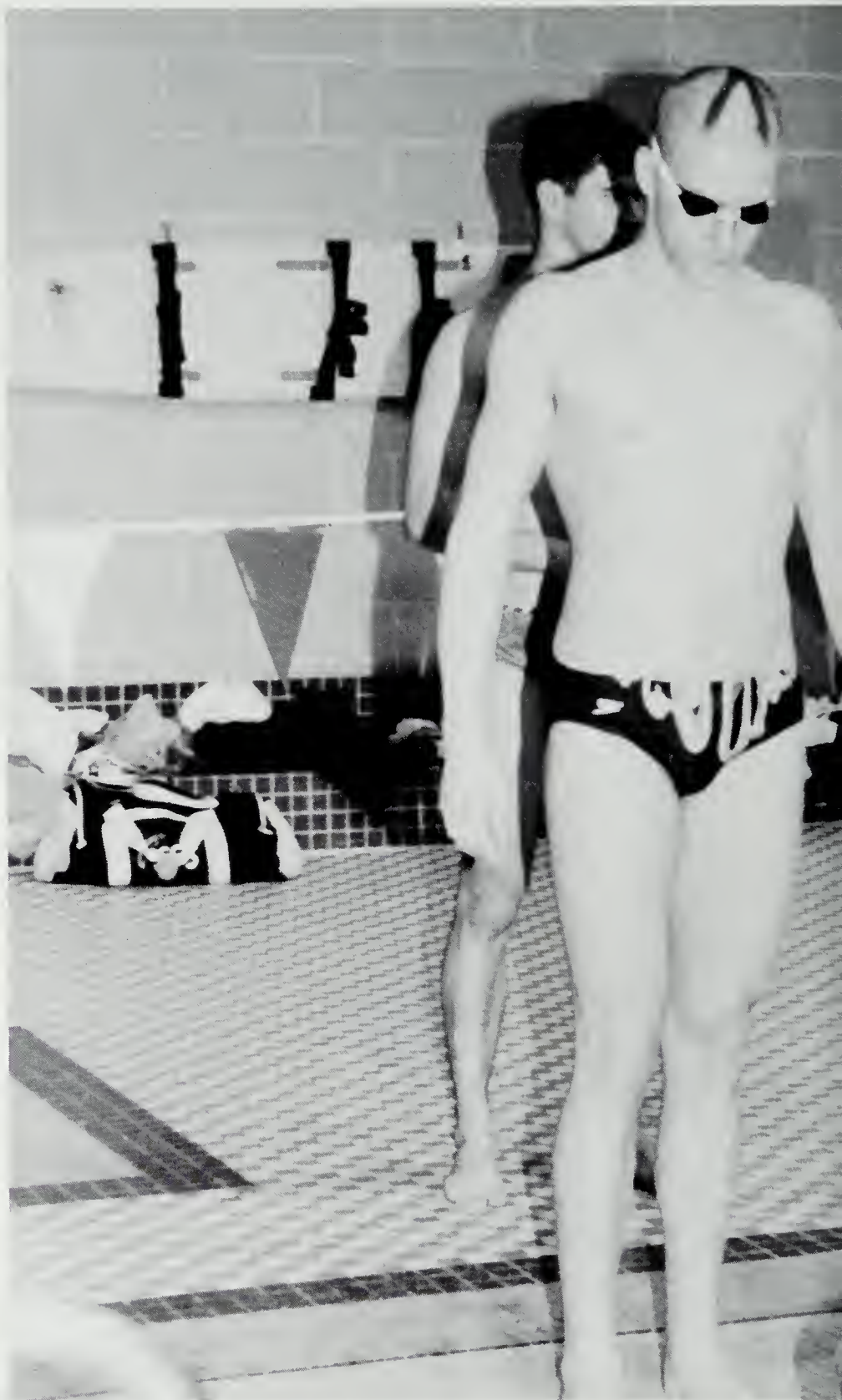


WHILE COMPETING IN THE 100 meter backstroke, junior Brooke Taylor sprints the final lap. Taylor had kept an even pace during the first three laps and used her remaining energy to pull ahead of the rest of the competition.



Loren Coulter

WITH A GREEN 'V' FOR 'VIKINGS' painted on his head, sophomore Shaun Brown shows school spirit at the District/Regional swim meet. Despite a small team of 25 swimmers, the boys took first place at the meet for the second year in a row.



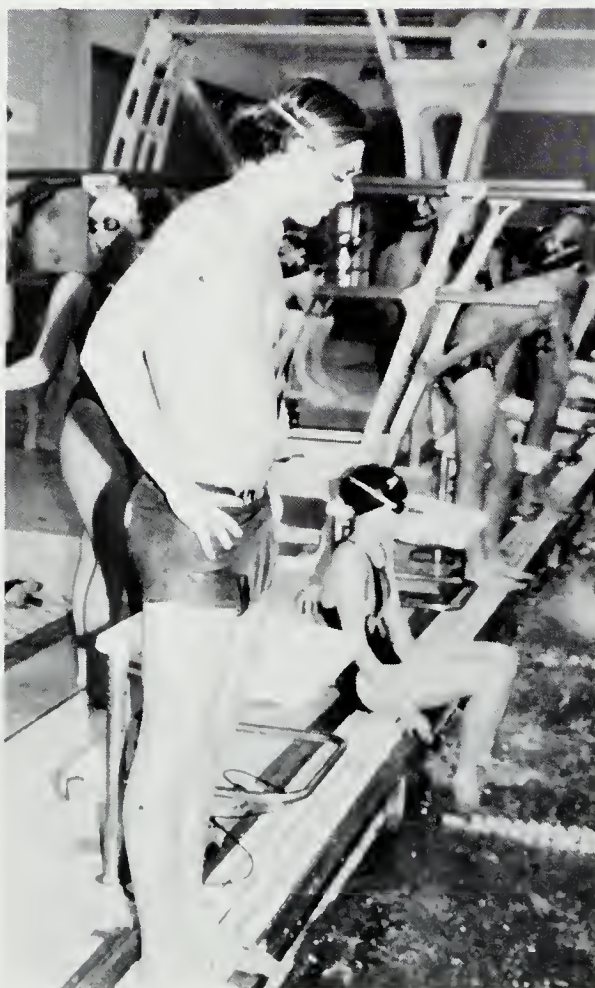
Bridgit Kelly



Tony Nguyen

"SWIM A 500 FREESTYLE FOR warmups," coach Dave Tonneson instructs sophomore Kate Skeele. Practices began with swimmers completing a warm up before starting the workout to loosen up and prevent muscles from cramping.

AT THE DISTRICT/REGIONAL MEET senior Aaron Hewitt prepares to jump into the pool for warm ups. Although the team was assigned two lanes to use during warm ups at 2:00, the meet did not start until two hours later at 4:00.



Bridgit Kelly

BOYS			GIRLS			
W	—	O	OPPONENT	W	—	O
189		91	N. Stafford	173		113
106		64	Seton/Emmanuel	94		75
90		80	Stafford	115		55
184		98	Gar-Field	171		115
151		134	Osbourn Park	177		109
172		113	Brooke Point	183		103
129		30	Stonewall	169		117
1st			Regionals	1st		
12th			States	2nd		





# Make a Splash

*With an Undefeated Season, Swim Teams Finish 1st in Region*

7-0. For the fourth straight season for the boys and second for the girls, the swim teams finished their seasons with undefeated records. "Being undefeated puts pressure on us to always swim our fastest because it would be a big deal if we were to lose a meet. We go into every meet thinking that we're going to stay undefeated," sophomore Lisa Swanson said.

The girls team broke ten of eleven records while the boys team broke nine of

eleven. "These are both incredible teams. Records are there to be broken, but I'm more interested in the work ethic behind the records," Coach Dave Tonneson said.

Both teams repeated as winners of the District/Regional meet held February 21 at CHINN. They went on to swim at the Virginia State Meet on February 23. "States gave me the opportunity to compete against other great swimmers that are not in our division,"

sophomore Andrew Harrison said. The girls team placed second at the State meet and the boys took twelfth.

Midway through the season, team members elected who they thought fit for captains. After presenting speeches, senior Jason Weddington was elected captain of the boys team and junior Nancy Rosenow and senior Ann Palmer were elected co-captains of the girls team.

*by Jennifer Sikorski and Kimberly Reese*



Boys team First row: Danny Powell, Shane Barnett, Shaun Brown, Kevin Bako, Mike Hicks, Adam Weddington, Chris Kelly, David Lehosit, Tom Bishop; Middle row: Tommy Quimby, Matt Smith, Mark Barriteau, Jason Weddington(captain), Aaron Hewitt, Sean Urban, Brent Dickinson, James Kelly; Back Row: coach Dave Tonneson, Daniel Schu, Andrew Harrison, Derik Burrows, David Waters, Brian Crisler, coach Mark Snyder



Girls team First row: Susan Hicks, Jennifer Opsut, Erin Lyga, Krista Ganela, Elizabeth Mitchell, Lisa Swanson, Emmy Hewitt, Kate Skeele; Second row: Tania Kawasaki, Jennifer Sikorski, Laura Kelly, Jennifer Barnett, Brooke Taylor, Nancy Rosenow(captain), Rachel Rogozinski, Bethany Lindberg; Third row: Monika Scott, Chrissy Tonneson, Ann Palmer(captain); Fourth row: Jennifer Dunn, Diana Hallman, Beth Schu, Melissa Feindt, Katie Garst, Kirsten Babis; Back row: coach Dave Tonneson, Melissa Pillifant(manager), Tara Brennan(manager), coach Mark Snyder.



*"We practice for an hour, four days*

*a week. We do drills to improve our strokes. Sometimes we use pull buoys and kickboards,"*

*Susan Hicks-9*



# Faces to the Floor

## More Practice Time Adds to Improved Place in Districts

With sweat trickling down his brow, sophomore Jeff MacKinnion practices in the wrestling room above the gym. Wrestlers practiced everyday in the wrestling room to prepare for matches.

The wrestling team placed third in the Titan Classic. This match took place on December 2, and was the first of the season. "To prepare for the Titan Classic, I got into shape. It was motivational for me to win the first match of the

season, and it prepared me for matches ahead," senior Jimmy Dutrow said.

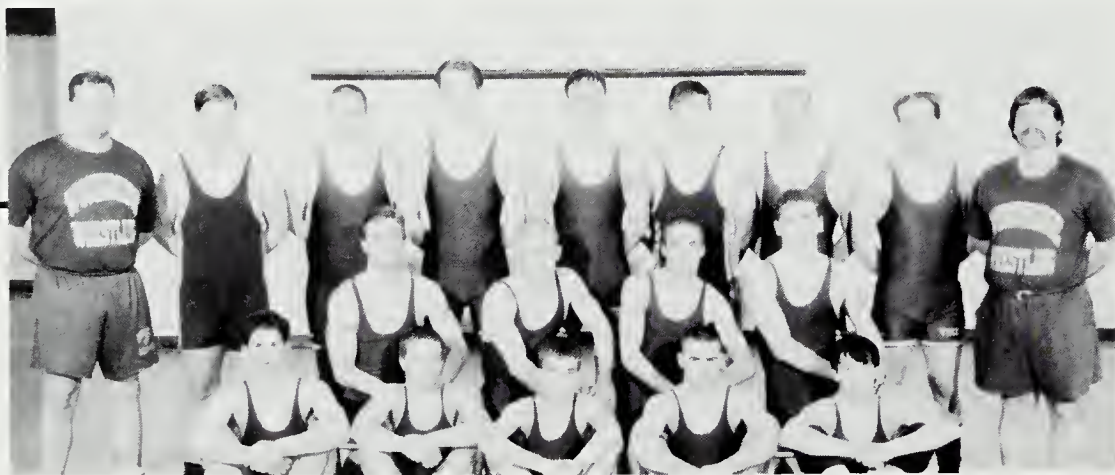
The wrestling team practiced for ten hours every week. "Our daily routine consists of stretching, various drills, such as sprints, take downs, different moves, and live wrestling. We usually end practice with pull-ups or wind sprints," junior Nathan Gibson said.

During the tournament in West Virginia, senior John Mumley was

slammed down on his left shoulder and separated it; he was out for a month. "Injuries set the team back because when you've been injured, you can't practice, and when you can't practice you can't improve. Wrestling is not dangerous, but it's expected to get a few scrapes," sophomore Tony Bertrand said.

The Vikings had ten wins and one loss. They lost to Stonewall Jackson.

by Meggan Curtin and  
Kim Fisher



Varsity Wrestling *Front row:* James Hottle, Tony Bertrand, Todd Westgate, Gabe Pickard, Tim LeHockey; *Middle Row:* John Mumley, Jimmy Dutrow, Ben Freer, Jim Cowardin; *Back row:* Coach Newell, Bob Johnson, Joel McKinnelly, Steve Pittman, Nathan Gibson, Trevor Michaelson, Shannon Pyktel, David Kaplan, Coach Hilleary.



JV Wrestling *Front row:* Roger Stewart, Sherron Dumas, Rudy Jones, John Gibson, Todd Westgate, Chris Najjum, Mark Delcourt; *Middle Row:* Mark Schmidt, Damien Lewis, Jeff Mackinnon, Joey Feindt, Josh Brown, Ryan Turner, Clay Vincent; *Back Row:* Coach Newell, Edwin Alicia, Matt Nowlin, Jason Bing-Grant, Chris Neil, Mike Bergazzi, Ryan Curran.



Sean Tracey



*"I wrestled best the last home meet of the season. I*

*wrestled up two weight classes, and I beat the first guy 12-3, and the second guy I beat the guy by a pin."*

*Gabe Picard 12*





AFTER SCHOOL, FRESHMAN CLAY Vincent pins sophomore Damien Lewis to the mat in a head lock. The team practiced different holds and tackles at practice to have them perfected by game time. This helped them perform better in matches.

ONE.TWO.THREE. JUNIOR BEN Freer does sit-ups during a practice. Sit-ups were a way for wrestlers to build adominal muscles. Wrestlers went to the weight room to condition their bodies and to meet specific weight requirements.



Sean Tracey



Sean Tracey



Sean Tracey

AS SOPHOMORE REUBEN JONES takes down his opponent with his left leg, he practices a wrestling maneuver. Live wrestling was a way to practice for meets, to determine who would compete on J.V. or Varsity and to allow more challenging competition.

PAY ATTENTION! DURING PRACTICE after school, senior John Mumley takes a break from wrestling to observe his teammate's moves. Wrestlers were introduced to moves they could use while competing at matches.

OPPONENT	W	—	O
Hayfield	58		18
Stafford	39		36
N. Stafford	42		28
Brooke Point	42		24
Stonewall	16		61
Hylton	48		31
Osborn Park	47		41
Gar-Field	56		40
Paul VI	54		30
W. Springfield	51		35
Final Record	9		1



# Just Dancin'

## High Kickin' Routines Jet Dancers to Disney World Competition

"...We got the beat, we got the beat, we got the beat, yeah!" Thirty seven girls danced in tune to the pop song, "We Got the Beat" by the Go Go's. Beads of sweat trickled down their faces as each of the girls kicked and moved in unison. The Vikettes competed at MGM Studios to win at Nationals.

Every member had to try out and show that they had control, rhythm and discipline. "Being on Vikettes has given me the

opportunity to participate in community and school activities. I've really learned how to be a leader: how to compromise, discipline and take charge. It teaches you how to work with others and help them when they need it," senior Maggie Piczak said.

On February 2, 1996, the Vikettes competed at the Universal Dance Association National Competition in Orlando, Florida. There were two hundred dance teams across the

United States representing their schools. The thirty five Vikettes stayed at the Disney Resort in Orlando. "When you are with thirty four other girls, you have to learn to cooperate with your team. We started doing a lot of exercises like sit ups and running to build up stamina for Nationals," junior Jennifer Pfaff said.

The Vikettes finished 17th in the nation in the kick category.

by Bill Grandy and Cheryl Greenway



Vikettes *Front row:* Laura Rosenyk, Angela Pi, Michelle Ruch, Maggie Piczak, Kristin Legore, Megan Rossi; *Second row:* Maronetha Nesmith, Michelle Drucker, Jawonda Smith, Crystal Vinson, Amy Varner, Sarah Fram, Tiffany Malcolm, Ellen Webber, Tracy Clemons; *Third row:* Tania Kern, Missy Shank, Kara Legore, Nicole DiFazio, Dorie Pi, Karden Kelly, Tricia Ricciutti, Alli Johnston, Lauren Morris; *Back row:* Lindsey Paul, Jennifer Bergeron, Ann Levy, Julie Burns, Holly Baker, Elizabeth Bowden, Shannon Cornwell, Amelia Vernon, Jennifer Pfaff. (not pictured-Andrea Flannagan)



John B. King





"A STEP IN THE RIGHT DIRECTION." As spectators lined the road, the Vikettes marched down the street in front of their float during the homecoming parade. The parade began at Governors Ct. and continued to the school for the game.

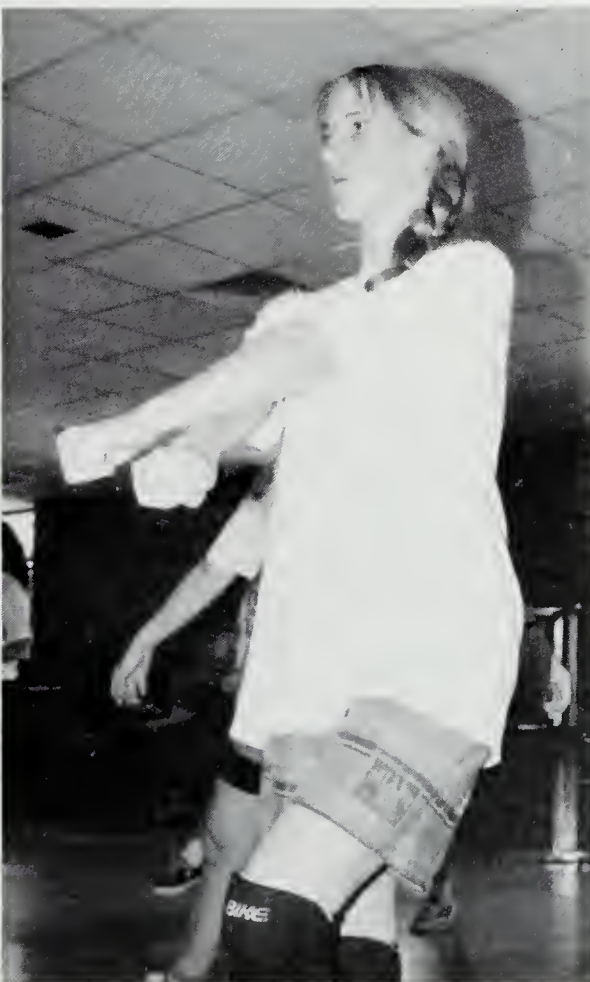
AS THE HOMECOMING FOOTBALL game comes to halftime, freshman Ellen Webber gets into position for the Vikette performance. The Vikettes wore pink and black outfits for the occasion instead of their usual green, white and gold uniforms.



John B. King



John B. King



Olinda Fuentes

"A SPLITTING IMAGE..." AS A PART of her warm-up, sophomore Tiffany Malcolm does the splits on the gym floor before performing. Stretching out before they danced was a necessity in order to prevent injuries. An injured Vikette could not perform.

HANDS CROSSED AND EYES FOCUSED, freshman Shannon Cornwall mimicks instructions from a captain at try-outs. Vikettes had to go through a week of dancing and exercising to be selected as one of the members for the team.



# All Cheered Up

## New Flips, Twists, and Spins Add to Spirited Routines

"One, two, down, up." The Freshman and JV cheerleaders begin to warm up before for the Garfield football game. Whether it was to stretch or hang out, cheerleaders took time before a game.

The team members had to be the source for their creativity. "We have a lot more responsibility this year because the coaches have given us much more freedom. We have to make up our own cheers, which sometimes can be

difficult," freshman Allison Jendrosek said.

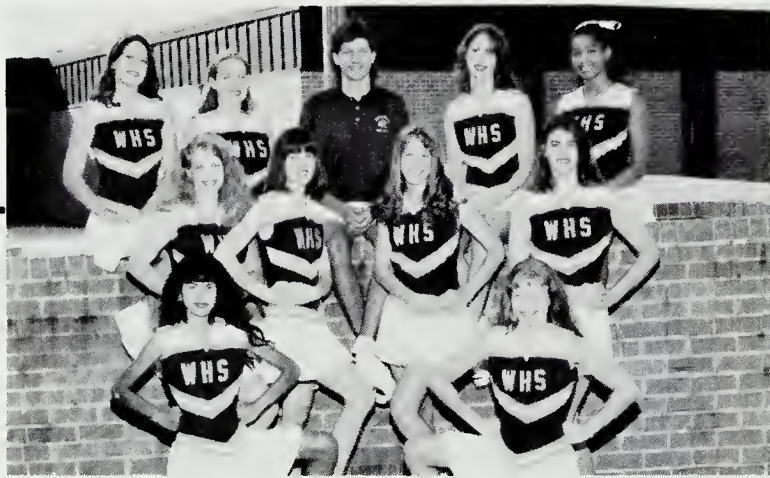
During halftime of the Freshman and JV games, the cheerleaders provided an acrobatic show for the crowd. "I have been trying to work on my back hand-springs; tumbling is getting to be an important part of cheerleading. It's scary when we first learn but once we've learned the safety measures, it's much more fun," sophomore Julie Nelson said.

Stunting required a

concentrated mind and practice. "We go to Featherstone Gymnastics to work on tumbling skills. We also work on stunting with the guys and perfecting more advanced stunts," sophomore Aubrey Poe said.

Whether the cheerleaders were busy practicing stunts or performing at the sports events, they managed to express their spirit all year round.

by Casey Powell and Elizabeth Bowden



JV Cheerleading *Front Row:* Evelyn Stone, Logan Garratson; *Middle Row:* Jill Ingram, Julie Nelson, Aubrey Poe, Shannon Tate; *Back Row:* Jenn Myers, Missy Ayers, Bo Young, Candace Zeitz, Aletia Anderson.



Freshmen Cheerleading *Front Row:* Casey Cummins, Rebeka Gonzalez; *Middle Row:* Shannon Dalby, Allison Jendrosek, Angela Conner, Christina Abadir, Brandee Martin; *Back Row:* Lindsey Eaves, Bethany Markey, Mea Outlaw, Kristin Buchanen.



Tony Nguyen





"FREE CAR WASH," FRESHMAN Brandee Martin yells at passing cars on Old Bridge Road for their fundraiser. The squad didn't charge a dime, but the donations that they swept in proved the car wash was anything but free of charge.

John B. King



John B. King

WITH HER HANDS IN THE AIR, freshman Bethany Markey cheers for the football team on the shoulders of Rebeka Gonzalez. Proper balance and control was needed by cheerleaders to keep another person on their shoulders and still cheer.

IN PREPARATION FOR THE HOMEcoming Day Parade, sophomores Jenn Myers and Missy Ayers tape a green and gold sign onto a pickup truck. The JV cheerleaders rode in the back of the truck up Antietam Road and threw candy to observers.



# Feel the Beat

## Whirlwind of Preparation Provides for Top Third Ranking

"And now, give a hand to Woodbridge Varsity!" boomed the voice over the loudspeakers. The cheerleaders ran onto the stage, tumbling and yelling. Excitement was in the air, the team had finally made it to the national competition.

Over Christmas break, the varsity cheerleaders travelled to Dallas, Texas to participate in a national tournament. "We worked very hard for about a month and pulled it off. It really got our squad to-

gether," senior Melissa Baker said. The team practiced between four and five hours the first day there.

In addition to earning a bid to Nationals, the squad also faced the changes that male members brought to the team. "One of the stunts consists of two liberties. It's a really cool stunt, because when we start out, you can't tell what we're going to do next," junior Lisa Hale said. After weeks of practice, the squad took 23rd

place out of 86 squads at Nationals.

A storm of controversy surrounded the squad when the Viking TV show, "Open-Line" aired derogatory remarks about cheerleaders. The remarks were part of the teen forum, where students could call in and express their opinions on the air. That part of the show was cancelled due to the incident.

by Jenny Williamson  
and Jill Inskeep



"I was really surprised and shocked at the whole

Open-Line thing. They really insulted the cheerleaders, but what they don't realize is that we have to keep the highest G.P.A. of any sport."

Cristina Bull, 11



Varsity Cheerleading *Front Row:* Fatima Aniteye, Elizabeth Gleaton, Lili Castilla, Kelly Sakai; *Middle row:* Alexis Tompkins, Jenni Gray, Nicholas Zizzo, Ashley Rineheart, Melissa Baker; *Back Row:* Shannon Peverill, Cristina Bull, Jennifer Torre, Elizabeth Cowardin, Amanda Boyle, Lisa Hale.



Bridgit Kelly





Loren Coulter

"GIMME A W!" IN THE MIDDLE OF A cheer, senior Ashley Rineheart smiles in spite of the cold to get the crowd into the game. Due to the frigid temperatures, cheerleaders had to wear warm-up suits so they wouldn't be affected by the weather.



Sean Tracy

AS THE AUDIENCE WATCHES IN rapture, junior Elizabeth Gleaton twirls during the cheerleaders' halftime performance. The varsity cheerleaders and the Vikettes shared halftime so that both teams would be able to show their routines.

WHILE THE MARCHING BAND PLAYS "the horse," junior Shannon Peverill concentrates on the movements to the dance routine. Varsity cheerleaders performed at morning pep rallies every Friday when there was a home football game.



# Order in the Court

## Leadership Shown By High Council

**W**hack! President Blair Lockamy tapped the gavel to receive the council's attention.

"When I was running for office I put a sign outside of the school that said 'vote for the boy in duck pants', because everyone knows me for the duck pants I wear," senior Chris Meadows said. Students who ran for office thought of ways to let the student body know who they were.

Members planned different events throughout the year. "We are working on the Club Council, which is representatives from all the clubs and sports to come together. We are also working on teacher of the month to help recognize them," senior Nick Zizzo said.

Ideas were expressed through the student body. "I bring fresh new, original, different, not boring ideas to the SCA that have not been circulated. It seems like

in past years there was never anything new going on. I'm not afraid to question what we do," senior Sean Urban said.

Meetings were held in order to inform the student body on events. "We have fourth period representative meetings. Through these I hope to achieve what the students want. They tell us class problems and we do all we can to fix it," senior Blair Lockamy said.

All class officers and their constituents

worked together to accomplish goals. "We organize homecoming, prom, the graduation trip, and graduation. For graduation the senior class chooses a speaker, song, theme, and announcements along with selling T-shirts," senior Tracey Watson said.

From planning homecoming to selling diploma covers the student council became involved with the student body.

*by Hilary Hansen*



Olinda Fuentes

**C**lass representative, senior Steve Jones waves signs in support of the volleyball team early in the season. Jones, elected by students from his fourth period class, supported students.

**I**nvestigating the microphone, Senior Scott Baker enthralls the student body during a pep rally. Vice president Baker closely worked with the council during the year.



Barbara Gryder

Barbara Gryder





SCA *Front Row* Blair Lockamy, Scott Baker, Adria Goldsmith, Chris Meadows; *Back Row* Francisco Portell, Nick Zizzo, Sam Gammon, Heather Herrman, Melissa Baker, Melissa Rittenour.



SCA Representatives *Front Row* Evelyn Stone, Meggan Curtin, Melissa Rittenour, Eryne Brothertin, Monik Brown, Delvon McCormick, April Stagonouski; *Second Row* Jessica Nees, Kristen Buckstad, Barbara Gryder, Elizabeth Roque, Meegan Rossie, Humma Zaidi, Kara Belcher, Katie Murphey, Elizabeth Bowden, Melanie White, Sara Falcona, Nichole Ford; *Third Row* Chris Maguier, William Genndoni, Francisco Portell, Sherri Gisson, Jennifer Patullo, Page Henry, Casey Powell, Angie Gress, Jeff Gisson, Jenni Gray, Nichole Miranda, Kristen Gibson; *Fourth Row* Donald Hoffmann, Michelle Peddes, Tiffany Malcom, Eboney Jackson, Carla Fuentes, Kim Newell, Taneeca Mitchell, Cortez Quarles, Starkisha Williams; *Back Row* Josh Whitham, Tracey Watson, Nick Zizzo, Sam Gammon, Steve Jones, Gerardo Portello, Hugo Argueta, Dennis Dorsey, Reggie Hubbard.

## *Democracy Rules*

SCA had meetings once a month during fourth period. In the meetings, they discussed the school's problems and ways to solve them. Representatives had to report back to their class about the meeting. On occasion, classes voted for the planning of events. The SCA attempted to bridge the gap between themselves and the student body.

**W**ith a smile, President of SCA, senior Blair Lockamy raises the energy level at a pep rally. The student body prematurely celebrated the win against Garfield's football team.

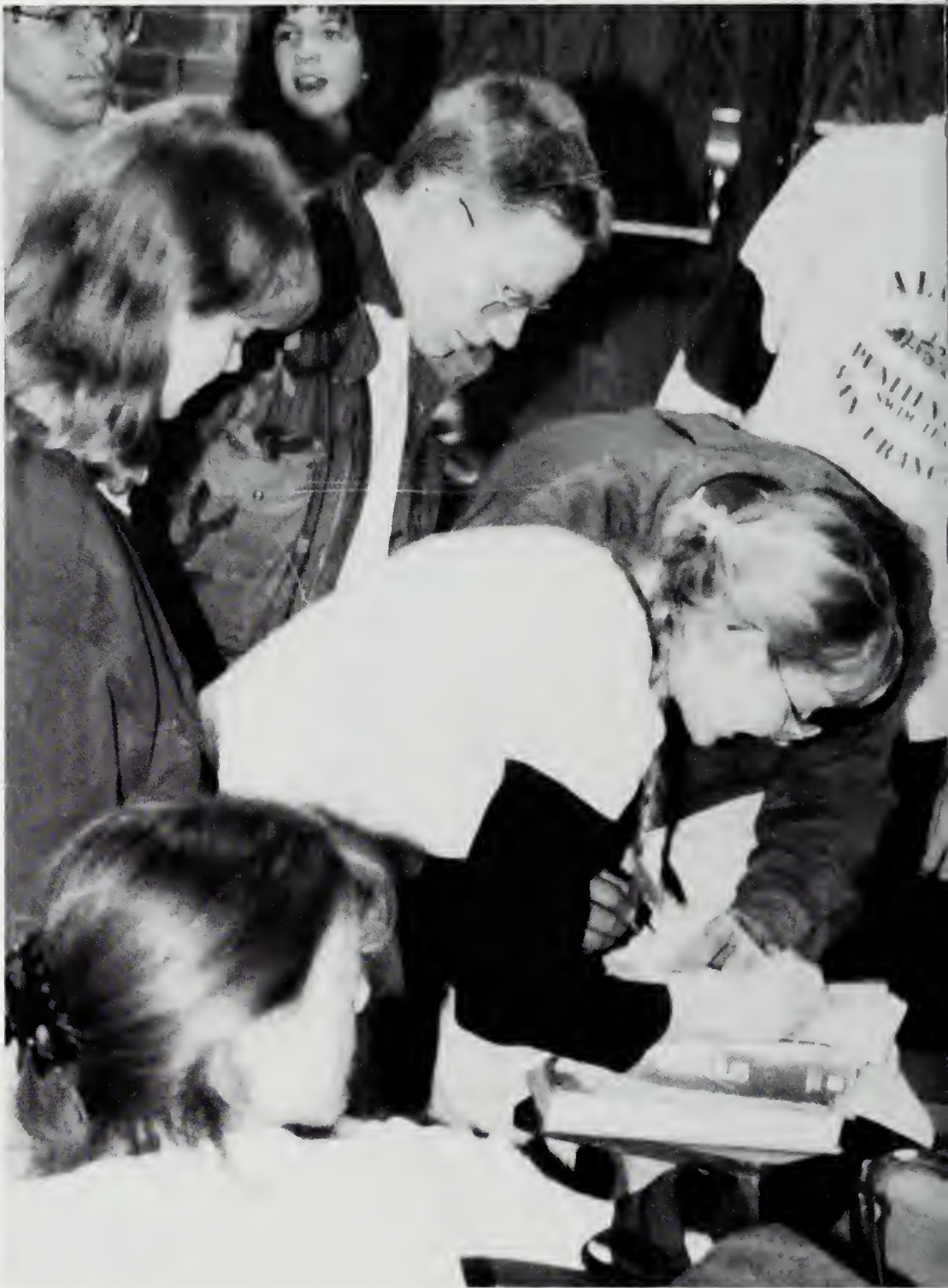


**A**s she places the violin in her lap, junior Alexis Tompkins finishes playing for the remainder of the period on the stage. Tompkins was a member of Tri-M.

**W**ith a crowd around her table in the Auditorium, students congregate for a NHS and Beta Club meeting. Junior Kate Woodside signed in and recorded her presence.



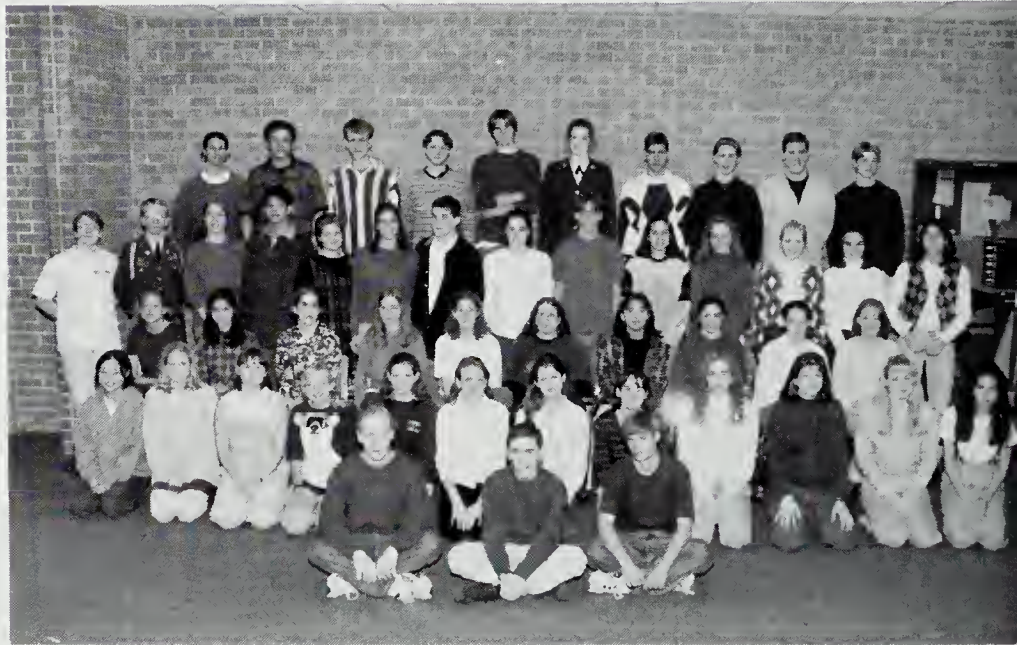
Olinda Fuentes



Barbara Heritage



National Honor Society Seniors *Front Row:* Mickey Fong, Siriporn Thayaprasat, Claudia Vargas, Carolyn Philips, Kevin Flanagan (Vice President), Mary Rekas (Treasurer), Colleen Karnas (Secretary), Emily Anne Jackson (President), Nadia Abadir, Carolyn Stroup, Chris Motsek, Brian Sipes, Quasim Cheema, Kurtrese Lafate; *Second Row:* Angie Christman, John Dooley, Marleah Peabody, Lori Kam, Maggie Plczak, Kristina Welch, Chrissy Smith, Kristin Legore, Megan Rossi, Greg Wright, Vatsant Vajirapinyo, Jessica Maddox, Christian Custodio; *Third Row:* Tirtzah Schaefer, Matt Hicks, Auison Keehonl, Susan Lutes, Krissy Tonnesen, Kevin Bull, tanya Tilgner, Claudia Padilla, Steve Finney, Brian Richards, Jeff Gotherman, Jason Moss; *Fourth Row:* Adam Oh, Jeff Giasson, David Alvarey, Aaron Erkkinen, Caroline Irick, Niki Ferguson, Allison Cowan, Crystal Clarke, Nathan Holmes, Joshua Dakon, Mrs. Carpenter; *Back Row:* James Lyphers, Danielle Luberecki, Kym White, Rebecca Greenberg, Jessica Carr, John Blair, Claire Fontenot, Matt Smith, Jennifer Anne Isherwood, Sean Urban, Teresa Franklin, Benjamin King.



National Honor Society Juniors *Front Row:* Kevin O' Brien, Chris James, Ryan Cummins; *Second Row:* Jocelyn Park, Nan Rosenow, Erica Selavka, Katie Woodside, Jennifer McNamara, Laurie Rihner, Barbara Heritage, Jennifer Alltop, Britt Lipinsl, Shannon Olguin, Amanda Schroeder, F Alvasha Shafiq; *Third Row:* Kim Newell, Doris Kolovos, Brooke Taylor, Kara Artz, Jenn Williamson, Julie Foxworthy, Stefanie Kam, Joy Justice, Jill Inskeep, Kristin Buckstad; *Fourth Row:* Chris St. Germain, Pa Thalacker, Ruth Wilshere, Mondul Kao, Angie Gress, Sara Dail, Chris Johnson, Christine Bohannon, Joshua Lattin, Suzan Stewart, Eileen Higham, Amelia Vernon, Jennifer Pfaff, Susan Gibson; *Back Row:* Mike Milliken, Francisco Portell, Mike Hick Chris Clay, Stephanie Daniels, Justin Worrirow, Evan Wooten, Todd Yoho, Matt Giannini.





# Make the Grade

## Honors Result From Achievement

**T**wo small brown eyes stared up at junior Amelia Vernon. The fourth grader was listening as Vernon explained the concept of multiplication. Students in the Beta Club and National Honor Society participated in tutoring young elementary students.

To participate in NHS a student had to obtain a 3.5 grade point average. "Being in this club is more than having a high G.P.A. You must show leadership

and be willing to help elementary students," sophomore Kevin Flannagan said.

NHS and Beta not only helped elementary students, but they aided in keeping the school clean as well. "Without a doubt school beautification is my favorite activity," senior John Blair said.

He continued, "NHS and Beta club allows me to do this because it's not only rewarding for the school, but it also gets me out

of class," Blair said.

Tri-M was responsible for buddy systems during the year. Each secret buddy was given gifts on their birthday, during concerts and other important events.

Tri-M members focused on educating young musicians and helping them to mature. "Our main goal this year was to reach out to the middle and elementary school students to get them motivated. We talked to the teachers and set up

workshops," senior Crystal Clarke said.

Being involved in Tri-M introduced students to the talent of other student musicians. "Tri-M brings musical awareness to those students who do not know how talented our school and students are musically," senior Sean Urban said.

Honor organizations gave students who excel academically and musically a chance to support the school.

*by Elizabeth Bowden*



Beta Club *Front Row:* Kara Artz, Jocelyn Park, Steffany Yamada, Katie Woodside, Emily Anne Jackson, John Blair (President), Carolyn Phillips (Treasurer), Megan Rossi (Vice President), Qasim Cheema (Secretary), Barbara Heritage, Chris James, George Flynn; *Second Row:* Cristina Bull, Nancy Rosenow, Brittany Lipinski, Kristin Buckstad, Claudia Vargas, Eileen Higham, Chrissy Smith, Amelia Vernon, Jennifer Alltop, Greg Wright, Vasant Vajirapinyo, Stefanie Kam, Jenny Williamson, Jessica Hoge; *Third Row:* Matt Hicks, Rebecca Greenberg, Jessica Carr, Maggie Piczak, Kevin Bull, Kristina Welch, Kristin Legore, Susan Gibson, Jessica Maddox, Kurtrese Lafate, Chris Johnson; *Fourth Row:* Mrs. Carpenter, Francisco Portell, Mary Rekas, Joy Justice, Christine Bohannon, Stephanie Daniels, Adam Oh, Mike Hicks, Angie Christman, Evan Wooten, Marleah Peabody, John Dooley, Mike Milliken; *Back Row:* Crystal Clarke, Kevin Flannagan, Jeff Giasson, Kym White, Claire Fontenot, Niki Ferguson, Matt Smith, Jennifer Anne Isherwood, Teresa Franklin, Colleen Karnas, Benjamin King.



Tri-M *Front Row:* Nancy Rosenow, Carolyn Phillips, Jocelyn Park; *Middle Row:* Tom Shin, Matt Gianni, Barbara Heritage, Nadia Abadir, Brittany Lipinski, Holly Baker, Redonna Rudy; *Back Row:* Mr. Bud Hearne, Colleen Karnas, Steve Jones, Chris Mcquire, Angie Gress, Sara Dail, Harry Kurns, Evan Wooten, John Dooley.



# Blowing Hot Air

## Skills Soar To Award Winning Heights

She peeks into the classroom, and junior Julie Foxworthy breathes a sigh of relief to see that she has arrived at her round first. "Every time I walk into a round, I get butterflies in my stomach, and they won't go away until I'm done with my second speech," Foxworthy said.

Student Congress/Forensics and Debate combined logic skills, along with public speaking, into a com-

petitive sport. Woodbridge debate consisted of only Lincoln-Douglas, which is one-on-one in front of a judge. "Once, I got beat by this girl. She tore me apart! Then, I made some jokes, and the judge laughed, so I regained some dignity," senior John Blair said. LD centered on issues on the matters of ethics.

Forensics was broken down into Student Congress and Speech. In speech the participant recited speeches. "I

couldn't think of a topic for my speech, and had told my coach that I would have it by that afternoon. I was watching a video in Physics about technology and artificial intelligence and decided to use that. It won the tournament for me," senior Megan Rossi said. Speech required practice, and the ability to convincingly portray different emotions.

Student Congress made up houses of up to thirty people, where

they proposed legislation. "The night before my last tournament, I stayed up late, preparing. We were looking for research on Medicare, and Juvenile Justice Reform," junior Mike Hicks said. Topics changed monthly and centered around issues of current, or national importance.

Debators competed at regional tournaments to earn qualifications to Metrofinals to attend Nationals.

by Nicole Lapp

Harry Miller

At Your  
Wit's End

Debate and Forensics were individual competitive activities which emphasized logic, critical thinking, and public speaking. Student Congress used Parliamentary procedure to organize to debate current event issues in the nation.



Debate *Front Row:* Don Blanton, Julie Foxworthy, Kristin Buckstad, Jill Inskeep, Jessica Carr; *Back Row:* Alicia Cobb, Sean Lyng, Boyd Gunnell, Mike Hicks, Francisco Portell, Bo Young, Brian Bowes.

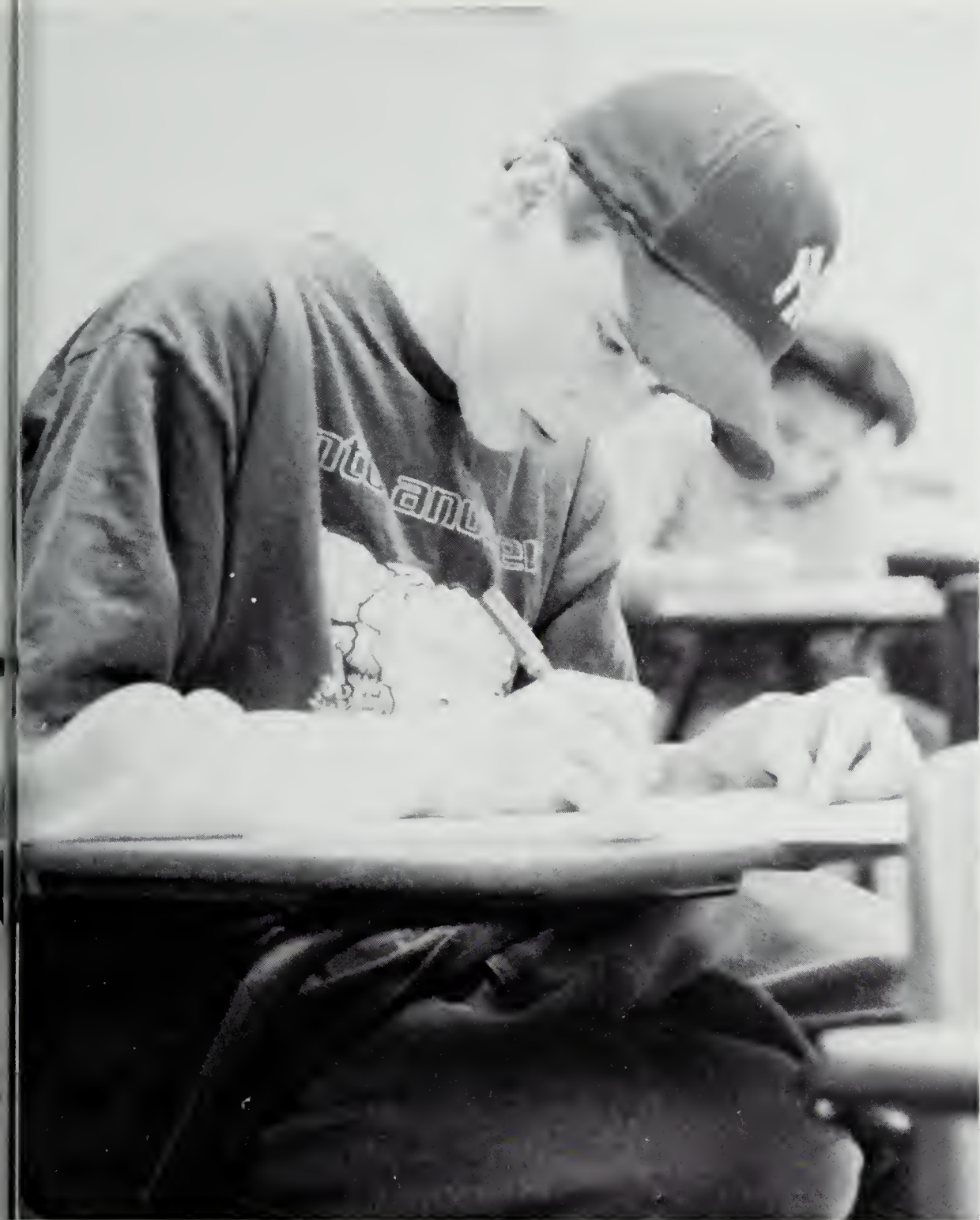


Student Congress/Forensics *Front Row:* Blair Lockamy, Francisco Portell, Laura Smith, Shemariah Fleming, Amelia Vernon, Kristina Welch, Megan Rossi; *Back Row:* Chris Johnson, Anitra Budd, Mike Hicks, Todd Yoho, Holly Baker, Monika McNeill, Mr. Joe Kennedy.



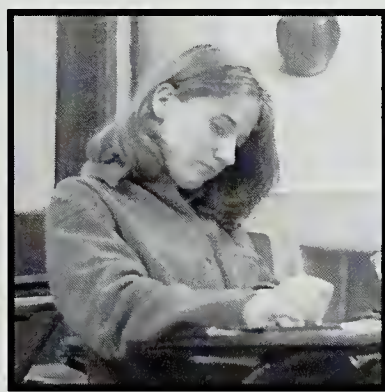
**A**t a meeting, sophomore Sean Lyng takes notes on the debate topic. Meetings were held Monday nights, in order to swap research and ideas before writing their cases.

**F**ocus! Sophomore Laura Smith practices reciting her speeches for the next forensics tournament that weekend. Students were notorious for “talking to walls” as they rehearsed.



Barbara Gryder

## It's Elementary



Debator, junior Kristin Buckstad was in her second year as a varsity speaker. She attended the JMU Invitational, and reached the semifinal rounds, placing her at third, with the fifth highest number of speaker points in the tournament.



Barbara Gryder

**I**t doesn't make any sense! Juniors Jill Inskeep and Julie Foxworthy discuss rebuttals after school. Foxworthy was preparing to attend a debate invitational in Pennsylvania.





Model United Nations *Front Row:* Anthony Iheme, Boyd Gunnel(Secretary), Lucius Kahng, Brian Karnbach, Matthew Crane, Loren Coulter, Leslie Quinn; *Back Row:* Jeffery McLeod, Morgan Pace, Nicolai Conomuchenko, Josh Lattin, Simon Baldwin, David Leckrone.



Young Republicans *Front Row:* Danielle Detwiler, Scott Whitlock(Vice Chairman), John Welch, Ilona Baldwin, Tizah Schaefer, Kelly Ames, Jeff Giasson, Karla Fuentes, Jeffrey McLeod (Assistant). *Back Row:* Jonathan Olin, Leighton Shank, Scott McKeowan, Peter Rustan(President), Adam Oh, Michael Miliken, Francisco Portell, Jennifer Alltop, Sara Dail, Chris Johnson.

## *Irreconcilable Differences*

Model United Nations was an organization which aimed to study and debate current political issues that plagued different countries. Skills in public speaking and research were improved through Model UN. Promoting Republican candidates was a goal that Young Republicans worked towards. Students involved passed out information to the community. Area residents were given packets that promoted Republican candidates.

**W**ith his hand waving, senior Lucius Kahng tries to get Mr. Robert Loftus' attention. The members participated in Model UN meetings where they discussed national topics.



Sean Tracy



# Power Game

## Participants Play Hands At Politics

**C**lose your eyes and try to imagine a world without political strife, a world of peace and opportunity. Now open them and come back to reality. Don't you wish you had a say in how the world was run? Model United Nations gave students this opportunity. They researched current issues that affected different countries.

"Model UN is a great club and forum to discuss the problems that

affect the entire world. Where else can you visit local high schools, major universities, and debate with other concerned students about issues and topics that our generation would love to resolve," senior Matt Crane said.

Crane took second place at the Fairfax Conference when he represented Germany speaking about World Health Organization. Members took trips to other schools such as George Mason,

Hylton, and Old Dominion University.

Young Republicans provided members with a chance to make a difference in politics throughout the school. Students supported Republican candidates.

"We need a new President. A liberal is someone willing to spend someone else's money," junior Francisco Portell said. Students promoted Republican candidates by handing out informational packets at voting

sites on Election Day.

"Young Republicans allows me to express my views about politics. My opinions differ from others on many issues and I like to state my own opinions," junior Sara Dail said.

Worldwide or national problems, the students of Model UN and Young Republicans learned how to discuss those problems. They improved their oratory skills by voicing their own opinions.

*by Shannon Olguin*



Tony Nguyen



Tony Nguyen

**L**et's see. Seniors John Atkinson and Matt Crane examine the directions for the next Model UN tournament. Delegates had to know what countries they would represent.

**W**hile discussing international issues, sophomore Scott Buchanan skims background information on nuclear weapons and transfers to be prepared for open discussions.



At the Madrigal Feast, performed by the Woodbridge Singers, senior Jody Guerrero models an entirely different attire from his everyday style. Singers took on new identities when they wore their performance costumes.

In style. Juniors Melissa Tierney and Olinda Fuentes met in Fuentes' basement for Tierney to try on her Roman matron costume. Both worked on putting together Tierney's costume. "We did it at the last minute," Tierney said.



Sean Tracy



Barbara Heritage

In the bathroom, junior Anitra Budd changes into her costume for the Roman costume project. Students were required to change into their costumes at the beginning of class and present them to the class for a grade.



Olinda Fuentes



# Decked Out

## Costumes Create Second Identities

For their Roman costume project, Mrs. Felda Lehto's Latin students had to convey different aspects of Roman history to their classmates using costumes. The options they had to choose from were mythical characters or characters from the stories they read throughout the year.

"We had a delayed opening on our Roman costume presentation day, but Mrs. Lehto still made us change into them. I was the last student to model my costume and the bell rang before I could change back into my regular clothes," senior Allison Cowan said.

No matter which direction students took with their own costume, creativity was the main focus. "For my costume, I was the goddess Juna, the queen of all goddesses. I bought some peacock feathers for the costume, it was the best part," sophomore Jessica Pierce said.

Students used their artistic ability to make their costumes. "Every year, you can just add to your costume, so the only year you really have to make it is in Latin I. My costume was a regular Roman matron," sophomore Jennifer Dunn said.

The annual Roman banquet was held on

March 4 in the upper cafeteria. "We all gather together and eat Roman food at the banquet, wearing our costumes that we have made. Making our costumes was basically draping a sheet over us and trying to make it look nice," freshman Carrie Witherel said.

Students who participated in the project used their imagination to create their own look.

"I liked seeing the different costumes and ideas that people had come up with. There are lots of different ways that you could go with your costume," senior Angie Christman said.

*by Cheryl Greenway*

In the choir room, seniors Scott Baker and Jeremy Gillespie discuss how they look. Students not only wore costumes for Latin, but they also for the Madrigal Feast that was performed by the Woodbridge Singers.



Sean Tracy



# Bustin' Out

## Changes Create New Atmosphere

With a library book open and papers spread across a round table, junior Jason Gillespie skimmed pages for a research paper, assigned in his science class. "Once I had to do a project for science on the mating pattern of cats and the library's new system made it easier to do my research," Gillespie said.

New programs and upgraded computers were additional sources for information. The internet was added to the computers. CD-ROMS were also installed on computers in the Multimedia Lab. "For chemistry, we did research on elements

using the internet. I didn't find it too difficult. It's straight forward if you know what you're doing," junior Thomas Polon said.

In addition to computer upgrades over the summer, professional contractors installed new gray carpet in place of the existing rusty brown carpet. "Sometimes if I have lots of things to do, during lunch I go to the library to study or finish my homework. The surroundings create a nice place to work," sophomore Beth Via said.

To assist in renovation, the librarians were responsible for packing all the books in the li-

brary. The shelves, tables, and chairs were removed and everything in the library had to be repositioned.

When the improvements of the library were completed, the magazine room had been eliminated. Walls were also removed from the Multimedia Lab.

"I work as a library aid and the new atmosphere allows me to be more comfortable. The open area made the library seem larger and not so closed in," junior David Waters said.

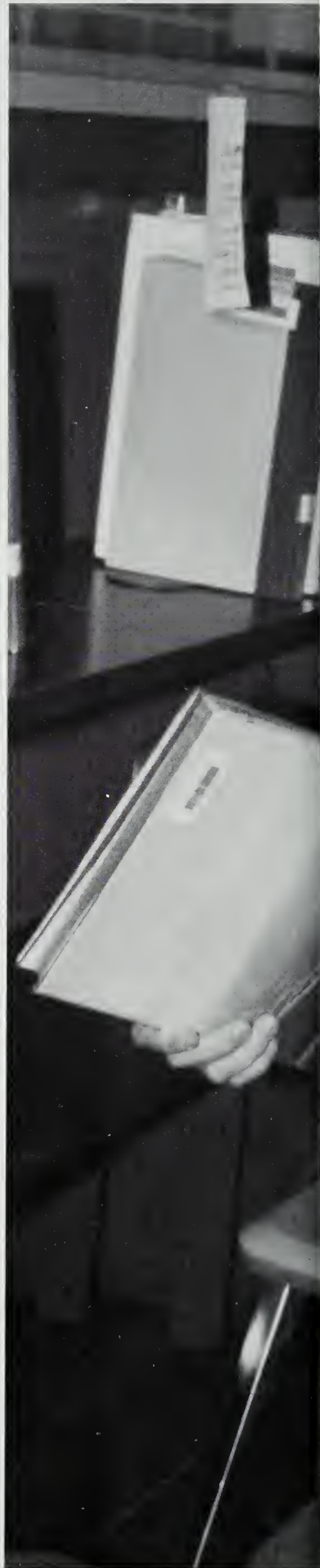
Another room was added to Foreign Language using the walls taken from the library.

*by Mary Gilhooly*

In the library, juniors Eric Fay, Pat Morgan, and Jessica Ruiz help junior Josh Gomez with his chemistry homework. The library was spacious and offered a quiet atmosphere for students to study, finish homework or research.



Barbara Heritage



Barbara Gryder





With its new carpet on the floor and book shelves back in place, freshman Laura Smith lends a helping hand putting books back on the shelves. Students and staff volunteered every spare moment to move the process along.

After installing the new carpet, Mrs. Sherry Cotman, librarian, helps unpack the books. Students and teachers organized the library a few weeks before school started. The school was obligated to purchase the boxes on their own.



Barbara Heritage



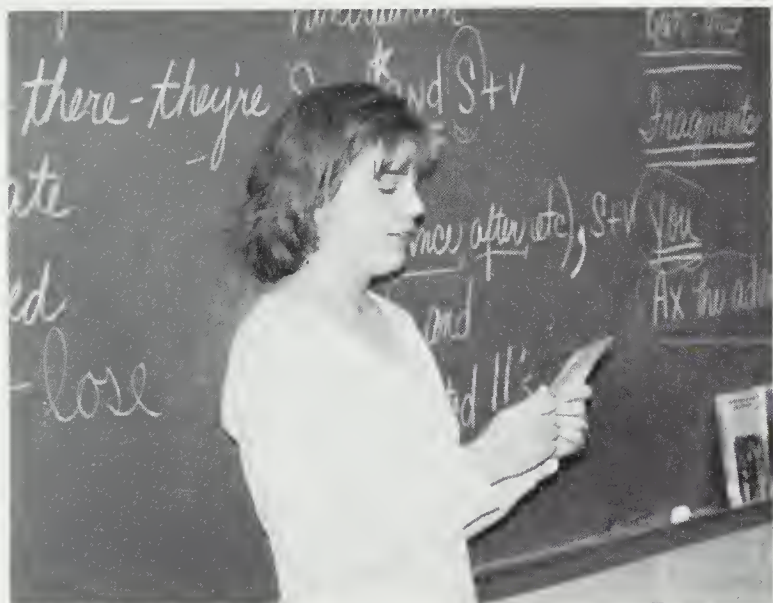
Barbara Gryder

With their eyes scanning across the shelves, juniors Regina Johnson and April Wilkins search for the books they need. The library was organized with fiction, nonfiction, reference, and magazines in various locations.

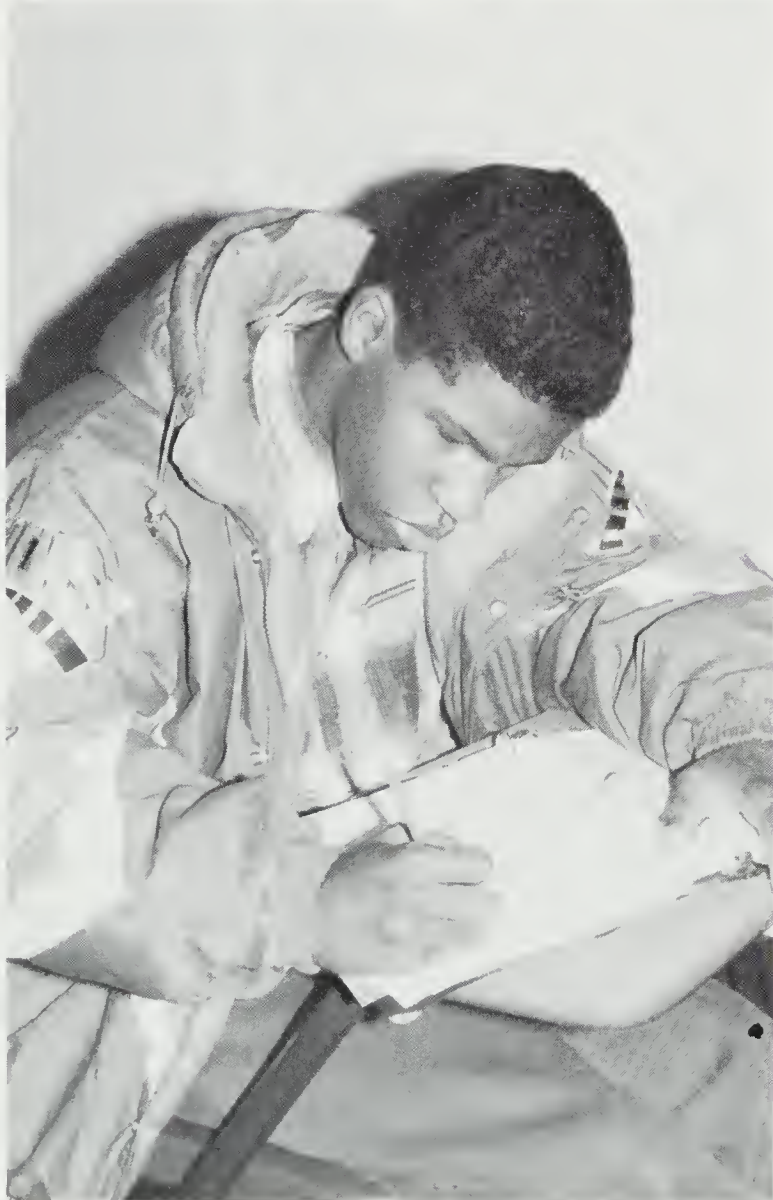


"Today is..." sophomore Heather Baker reads the calender in Mrs. Cathy Turner's English class. On one of her bulletin boards was a large calendar. On each day there was an index card with a list of historical events on it.

hem... Junoir Krestel Johnson began to read her poem about trees for the Arbor Day program in the spring. Speaking was not only a way for her to communicate, but also a way for her to express her thoughts and feelings.

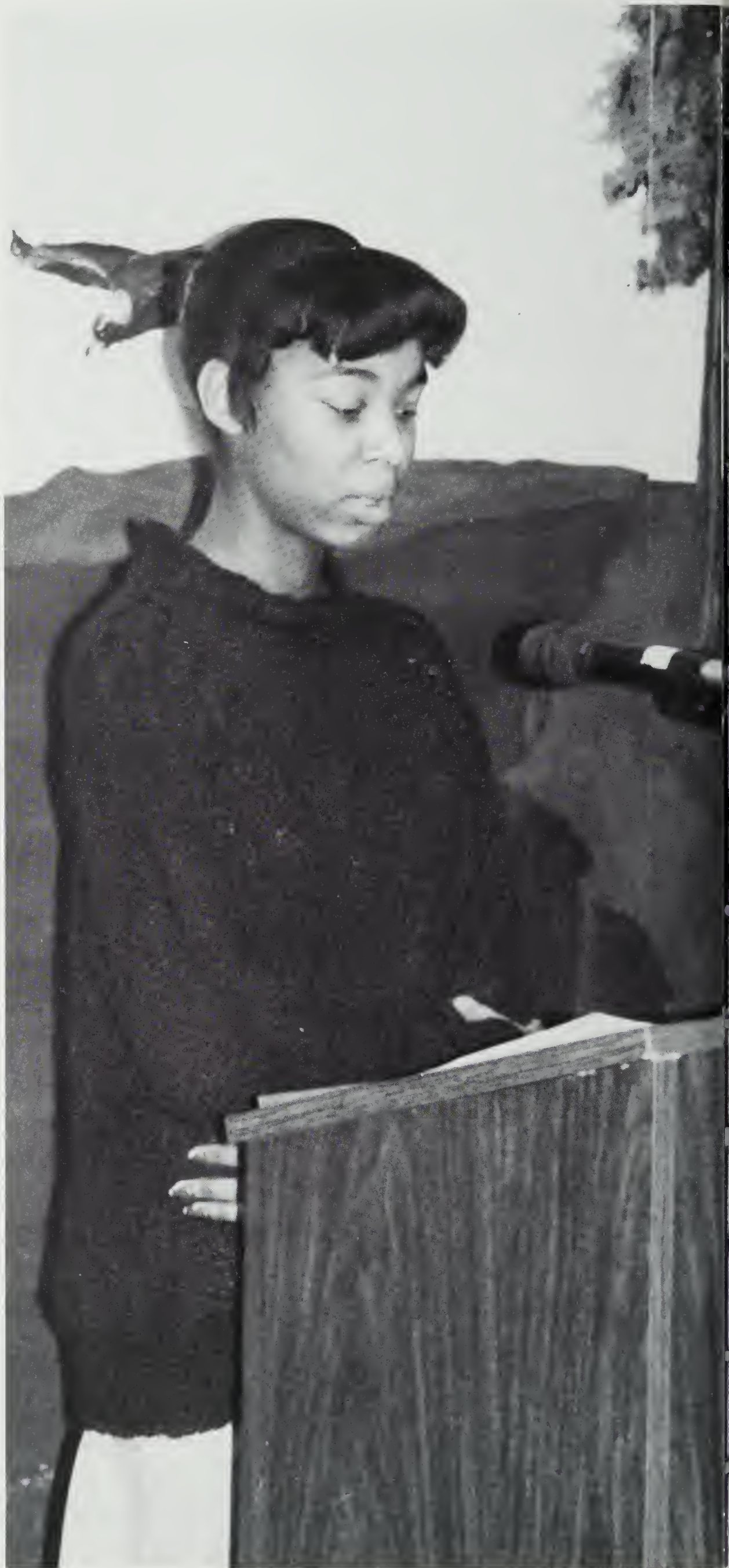


Tony Nguyen



Roberto Santiago

Vigorously jotting down words sophomore Richard Alexander works on his English literature essay. Alexander preferred writing out his reports instead of speaking in front of the class. Oral reports in front of audiences caused anxiety.




Bridgit Kelly





# Expression Takes Different Forms



rinding the lead of her pencil onto her fourth sheet of paper, sophomore Stacey Tolliffe works on her Literature Essay. "I prefer to do a written report. That way, the teacher can't put me on the spot by asking questions," Tolliffe said.

Teachers required students to report on books they had read, prepare research reports, and complete homework. Students had separate views on which was easier. "I feel more comfortable speaking in front of the class because I can emphasize what I want my listeners to know. It is more interesting for my

listeners when I speak in front of the class because I can involve them in my report. This way, they will also pay more attention," sophomore Maria Vargas said.

While written reports required time to complete, orals lasted around five minutes. "I like doing written reports, because I get nervous in front of people and often I forget what I'm going to say. With a paper, I can think it all out," junior Christy McDonald said.

"I prefer speaking because it doesn't take as much time. During an oral report, I don't have to prepare as much because in front of the

class things will just pop in my head." sophomore Josh Salzer said. Written reports required more preparation than oral reports. Oral reports were to students' advantage because in front of the classroom if they forgot something they could add it in at a moment's notice..

Students found themselves facing the choice of writing or speaking all through the year in classes such as English, History, Foreign Language classes, and science classes. In certain cases if a student missed P.E. class a written report was required.

*by Mary Gilhooly*

As the school day neared its end, Freshman Kevin Byrne used the free time to work on an English Report due the next day. Students used free time in classes to work on assignments that would be due the following day.



Harry Miller



# TICK TOCK

## Planners Aid in Organization

Sophomore Stacy Slonaker threw down her bookbag which overflowed with textbooks, notebooks, and writing utensils. She looked at her watch and was stunned to find that she had only twenty five minutes before soccer conditioning started. Quickly, she reached into her bookbag for her organizer, found a chair and sat down to work.

Students found using tools such as assignment books and organizers, kept them on task.

"I use a Mead Five Star Student Planner because it has room for everything," sophomore Stacy Slonacker

said.

Students used planners as a way to remember how much homework remained. "My planner lets me know how much time I have left in each subject at night. It also keeps me focused because it has boxes that are supposed to be checked when I'm finished. That way, I'll know when I can call my friends," sophomore Meghan Anderson said.

Student planners could be purchased at grocery, school supply or office supply stores. Small notebooks also served as homework helpers. "I use a regular spiral notebook for an

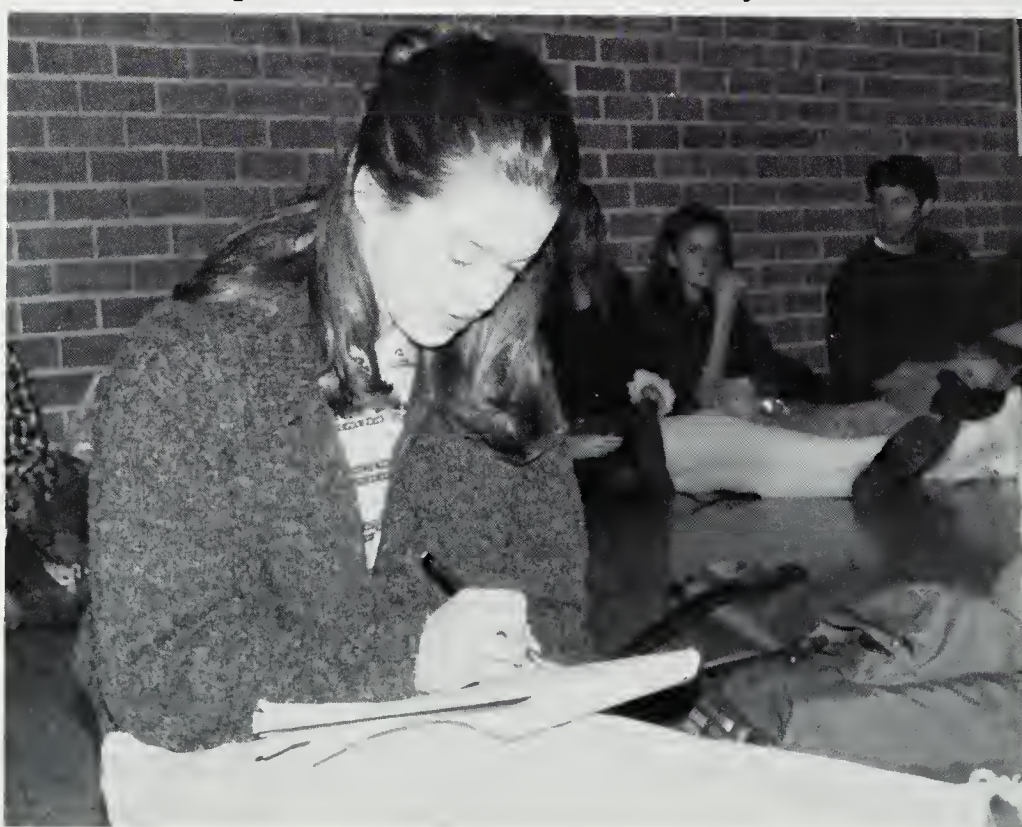
assignment notebook. I choose to use this type because it is easier to keep up with rather than an assignment notebook," freshman Tunisia Stephens said.

Students relied on planners to remind them of homework due after the weekend. "One weekend, I lost my planner. I couldn't remember what I had to do," sophomore Beth Via said.

With all the extracurricular activities and homework students needed an extra reminder to remember planned activities and long term commitments and assignments.

*by Katie McAllister*

As lunch started, senior Natalie Myers realized she had forgotten to do her homework. Many students neglected to do homework until lunch, using the twenty five minute break in order to complete unfinished homework.



Roberto Santiago



Tony Nguyen



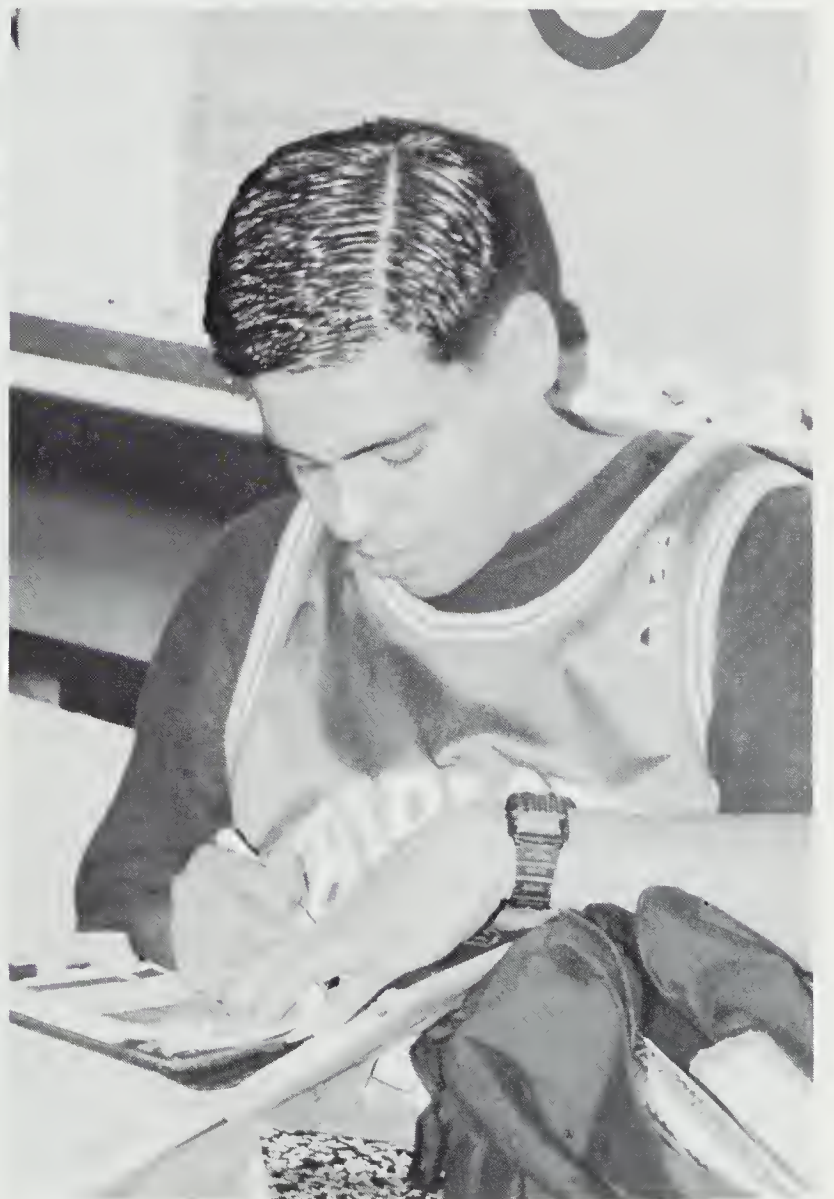


Gotcha! Junior Marc Seguin stopped the stopwatch in his lab. Seguin needed to time the length of his lab. After finishing the timed portion of the lab, he needed time to do the write-up. Students found ways of managing time.

The stage is a convenient place for seniors Carolyn Phillips and Nathan Holmes to compare notes during study hall.. They worked so they could have time to practice their duet for a concert.. Study hall lasted for 20 minutes.



Barbara Heritage



Tony Nguyen

What's next?" Sophomore Eric Gomez flips through his student planner to find out his next assignment. Students found that tools such as student planners aided in the completion of their homework assignments.



# INK OR LEAD

## Choice Between Pen and Pencil

Senior Jennifer Walawenden sat at the computer in her Business Computer Applications class, then grabbed a pen to fill in a worksheet. Suddenly she glanced down and noticed the pen she bought two days earlier had exploded.

"I hate it when that happens. That's why I

only buy the BIC pens in black. They make my writing look neat," Walawender said.

Students chose various brands in order to suit their different writing styles. "My favorite pen is the Paper Mate Flex Grip in blue ink because it lasts longer and writes smoothly,"

senior Christina

Testerman said.

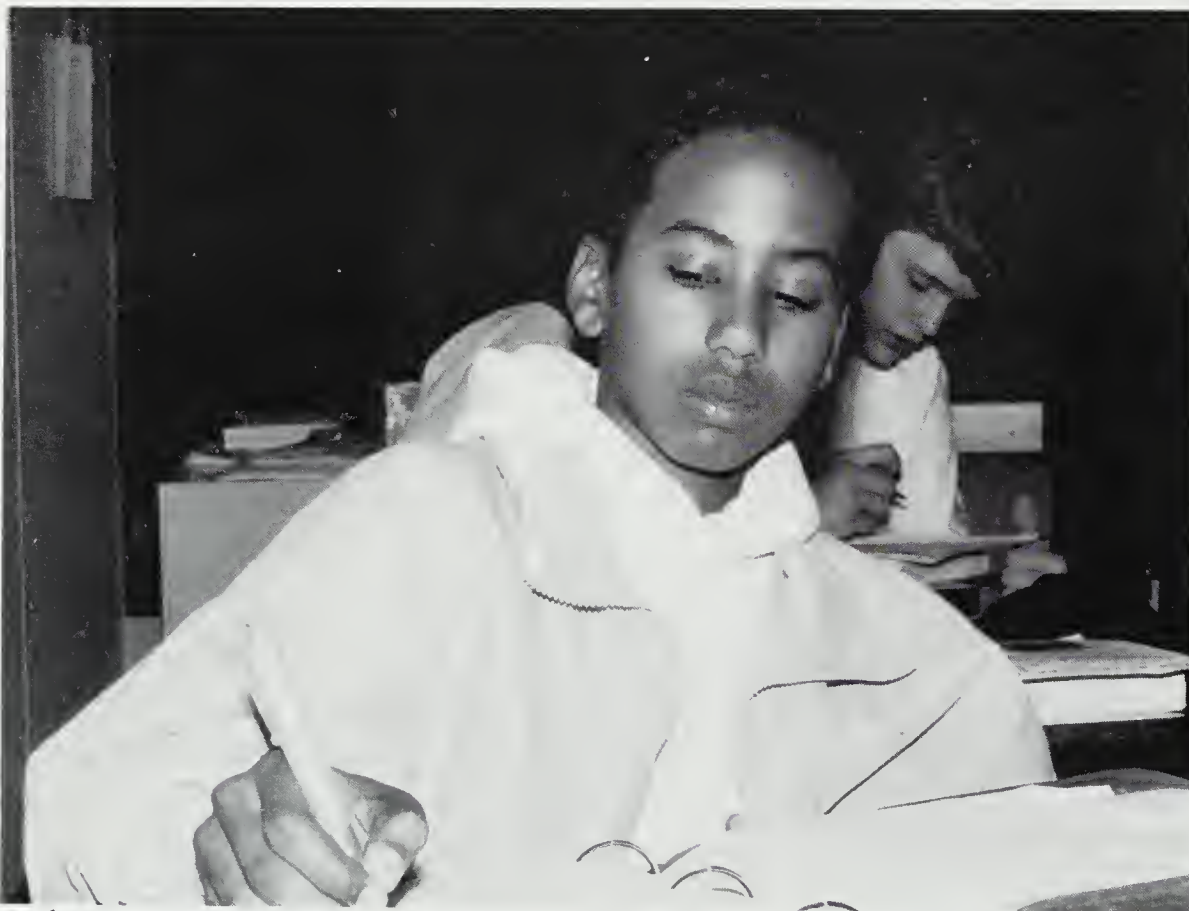
Students deciphered between mechanical or wood pencils. "The BIC mechanical pencils are great. You never have to sharpen them and they're kind of pretty too!" junior Erin VanGorder said.

Teachers required pencil in various science and math classes. Oth-

ers only accepted pen. "Pencil is better because if I make a mistake, I can use an eraser. I just grab whatever I can find lying around," junior Erin Wendorf said.

Whether BIC or Faber-castle, pens and pencils were tools used by students in the classroom and at home.

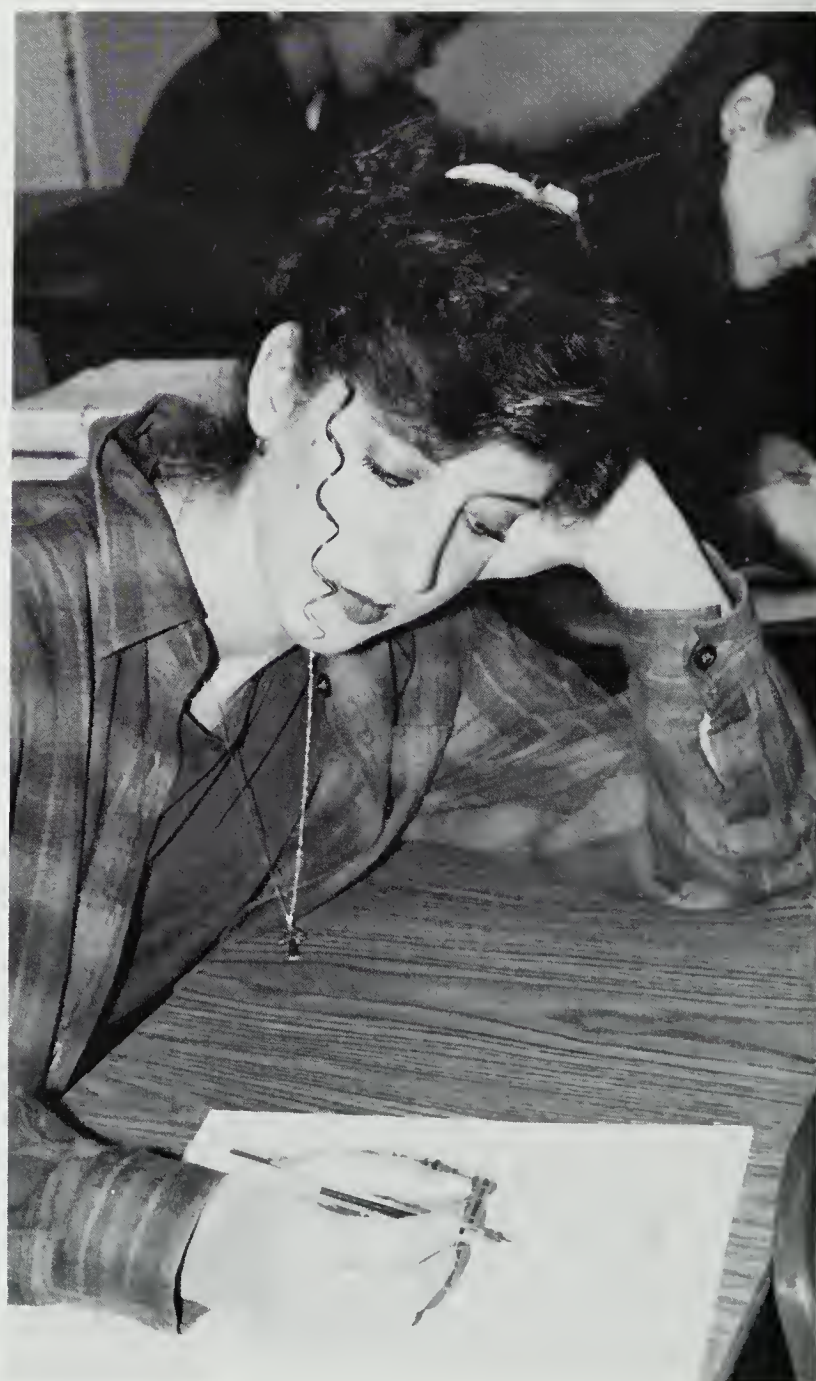
by Shannon Olguin



Roberto Santiago

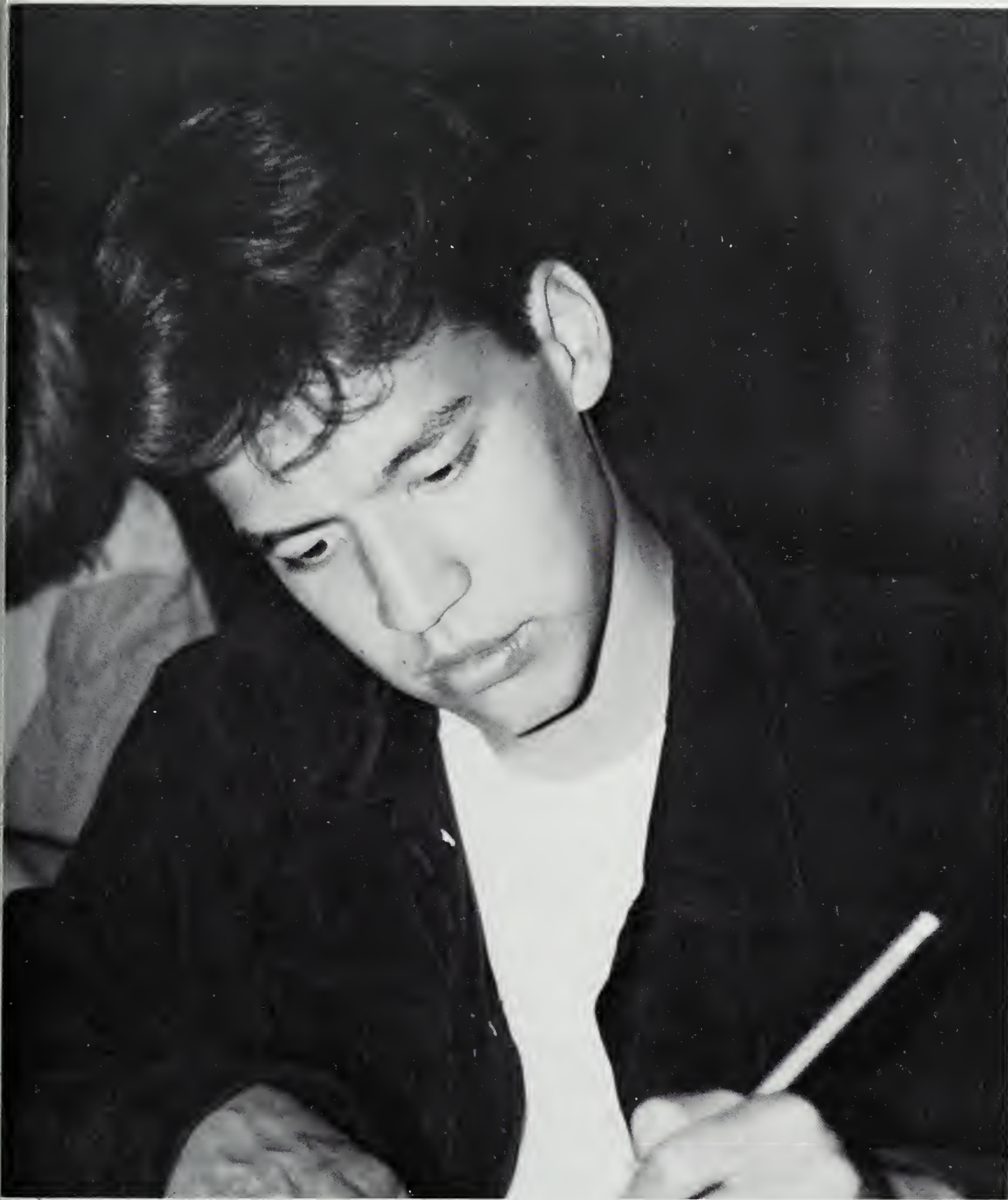
While sitting in class, sophomore Nuatu Tseggai decides to use his big barreled pen to complete his homework assignment. He writes in a wide three-ring binder to make his work legible. Students made the choice between pen and pencil to make their finished work clear.

Pencil is erasable, pen is visible. Senior Tera Brennan took time out of her classwork to complete the survey that came with her senior newsletter. Students used pen for assignments that needed to look formal and whenever they needed darker writing.



Olinda Fuentes





Barbara Gryder

While writing musical notes for a melodic scale, junior Chris McGuire uses pencil. Pencil was mandatory when taking a test or writing scales in his Music Theory class. To minimize sloppy work and scratch marks, teachers required a pencil equipped with an eraser.

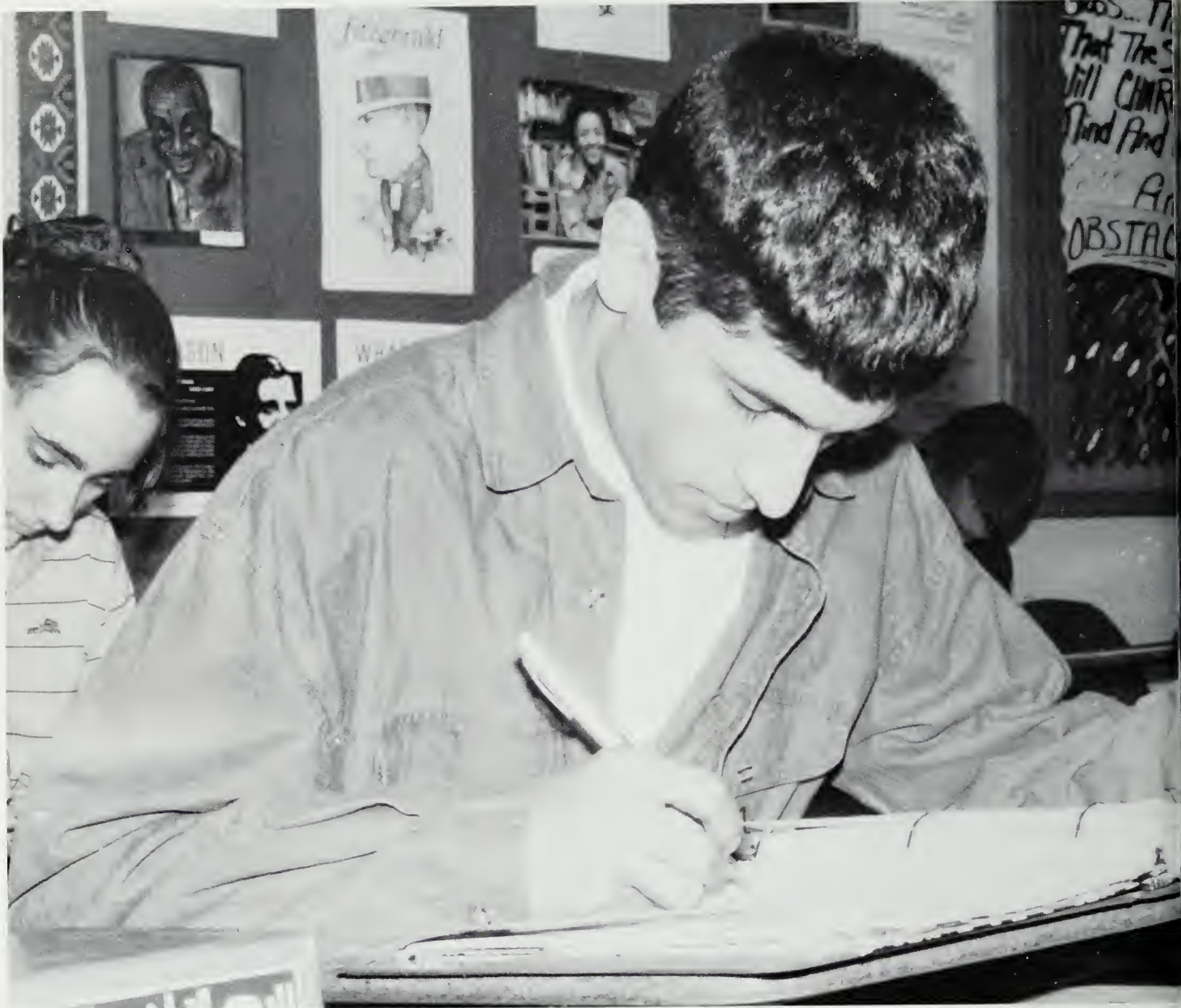
"I prefer using pencils because I'm a perfectionist and do a lot of erasing. I don't really use a certain kind, just whatever my friends lend me." Heather Webber-11



"I don't have a preference. If I have a cool pencil, I use it. I prefer the black clicky pens or mechanical pencils."

Erin Quaderer-10





Roberto Santiago

With the clock ticking against him, sophomore Hamayon Nazarei attempts to utilize the last few seconds before a vocabulary quiz. Students found that pounding the words into their heads at the last minute was helpful when cramming for a quiz.



*"I try to prevent cramming for an English or Biology II test the night before, because I'm always busy with Vikettes and other things, so I end up doing it anyways."*

*-Angela Pi, 12*



*"I never study, because I never do good, whether I study or not. Since I'm not going to do good anyways, I go out and have fun with my friends instead."*

*-David Kelly, 12*





# CRUNCH

## Time Precious When Tests Arise

As the clock struck midnight, the glaring bright light shined on her face keeping her eyelids from falling over her eyes. With papers scattered in various places and her book open, sophomore Katie Farley studied for her Biology test which followed the next day.

"I once spent three hours studying for a Biology test, but normally I spend forty-five minutes on one subject and don't go to sleep until I get everything done," Farley said.

Excess time was used in a student's schedule.

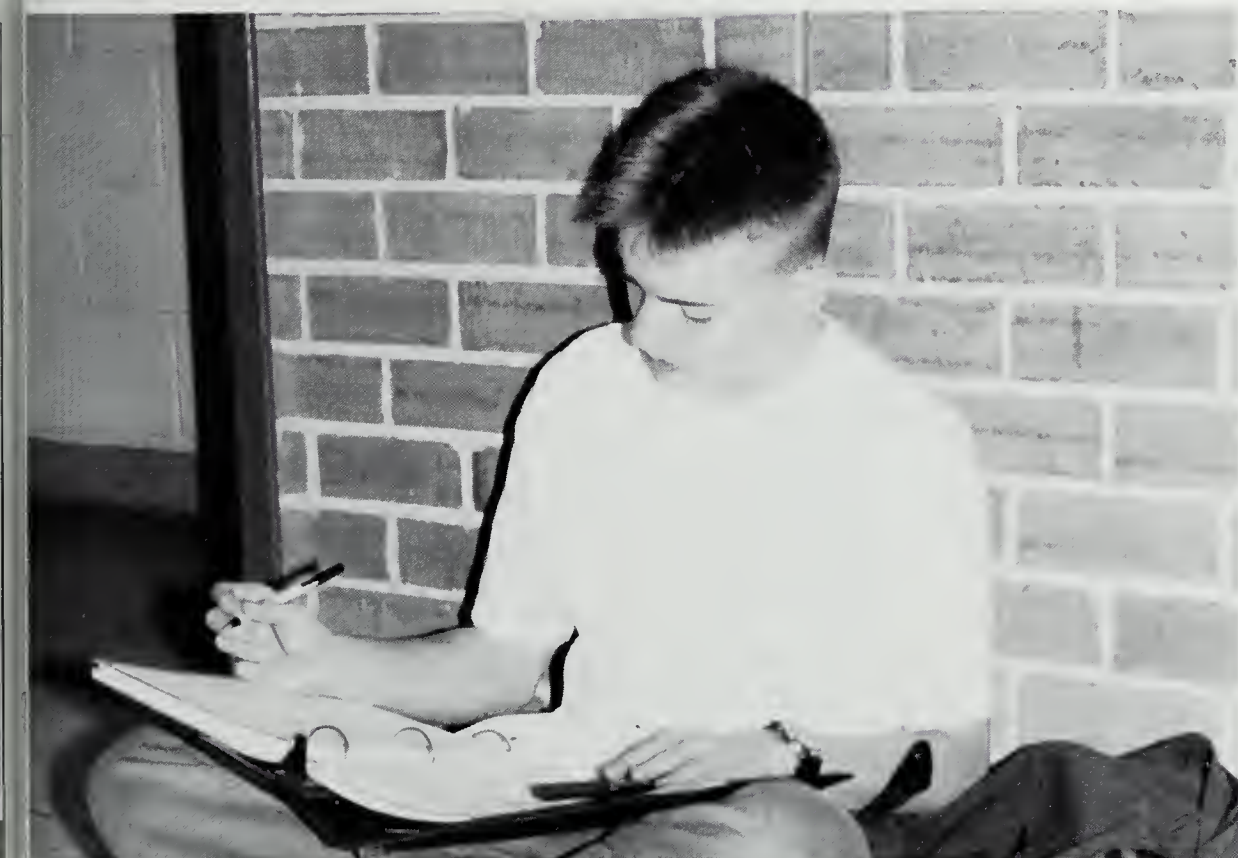
Activities and a social life added up to doing last minute studying and cramming.

"I always have the choice of going out or doing my homework and studying, but I end up choosing to hang out with my friends. When I'm cramming, I stop when I'm tired. I can't concentrate that long and there's no point in staying up so long, because I can't remember it all in the morning," junior Chris Esterline said. Hanging out and other distractions tested students abilities to stay focused on their work.

Study habits were obtained by observing family members. "I study for my own benefit even though I procrastinate a lot. My parents bug me about doing my homework and studying for tests that I'm going to take the next day until I do it. They even bug me when I'm done," sophomore Paul Medaglia said.

Although it may not have been one of the best, cramming for a test was one of the many experiences that students went through.

*by Dawn Cleary*

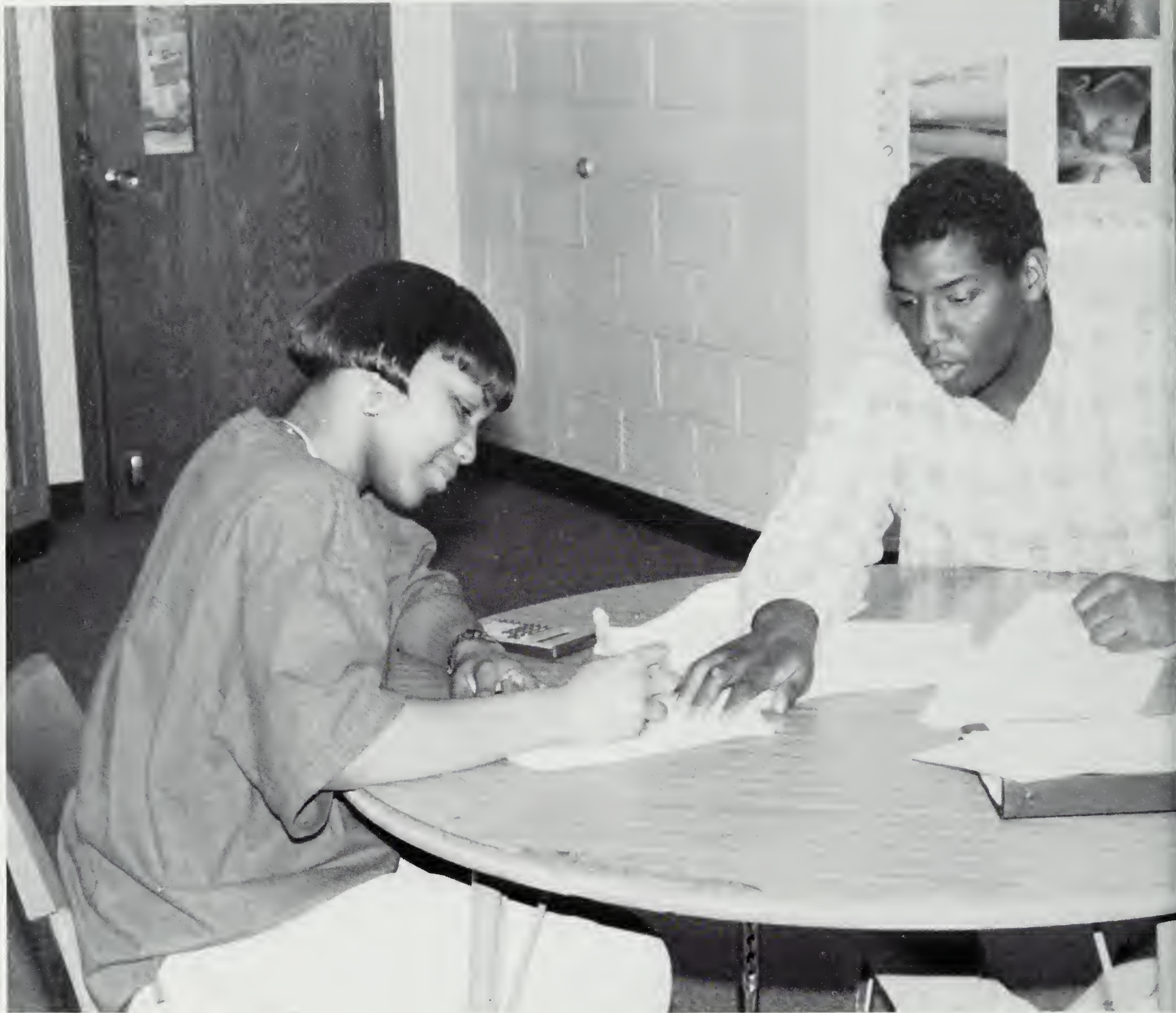


Barbara Gryder

With his calculator out and his brain in gear, sophomore Craig Hicks crams for an Algebra Test. Students used their lunch time to study at the last minute for upcoming tests.

In the attempt to perform well on his test, senior Matt Dodson pours over his book in English class. Students frantically tried to finish books they had been assigned to read.





Roberto Santiago

*ssst, what's the answer?*  
 Juniors Liz Jones, Carlos Coleman, and Jay Brinson complete an assignment they had missed the day before. Absences caused problems for understanding the next class.



*"In earth science I use algebra. We had to find out how far one planet is from another and where different constellations are. In oceanography we had to find depths with formulas."*

*Tracy Clemons, 10*




*"For me, math has helped me to think logically. The most important thing I've gained is a good thinking process that will help me solve problems for the rest of my life."*

*Mike Hicks, 11*



# ENIGMA

## Questions Prompt Search for Solutions



s sophomore Jennette Schorsch weighed the copper coil on the scale, she wrote down the weight in grams. After performing a series of chemical transformations with acids on the copper, she recalculated the amount of copper left using a percent-composition formula.

"I spend a lot of time calculating the proportions and finding percentage, which we learned how to do in Algebra," Schorsch said. A knowledge of Algebra was necessary to perform the activities in chemistry.

Physics used a combination of skills from

algebra and geometry.

"You have to have a strong background in math to do physics. Since I have problems with math I have trouble with physics. We work with functions and some geometry. We rely mostly on what we learned in algebra," junior Jenny Williamson said.

Students needed algebra for earth science as well. Physics came into play in divisions of earth science such as astronomy.

"For earth science you need to know basic algebra. We graph variables and do comparative analysis with labs.

When you get into the astronomy class you need to know physics or be currently enrolled in it," science teacher Ms. Ginger Collier said.

Higher math skills were required for advanced sciences. "Integral and differential calculus are necessary in higher physics because isothermal expansion is similar to transcendental functions in math. I have used these skills to broaden my educational bases," senior Sean Urban said.

Math skills were applied in science. Students needed basic algebra to advanced math.

*by Kimberly Reese*



Barbara Gryder



Barbara Gryder

Is there an answer? Senior Tanu Bah discusses a story with English teacher Ms. Jeanne Warner. Interpretation of an author's writings led to conflicting opinions and arguments.

Answers are what junior Lindsay Salter is searching for in her Spanish III book. Not being fluent in Spanish raised questions and it was the student's responsibility to find them.



# ALL • THE *Elements*

## A

### *Atlanta hosts Olympics*

"The Olympics is a world-wide event that only takes place once every four years; it's an honor to have it in our country."

Steve Arnold-11

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## B

### *Blizzard of '96*

"The Blizzard was cool in the beginning; too much time out of school became boring and tedious being stuck at home."

Dan Bowerson-11

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## C "Calvin and Hobbes" retired

"I think it really stinks. It was really funny. Calvin had a cool imaginary friend like I've always wanted."

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### *Donald Doogan first American killed in Bosnia*

"I was upset by his death. An American shouldn't have been put in the position of having to give his life in Bosnia."

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### *Earvin 'Magic' Johnson came out of retirement*

"Magic is an icon of a past time; he should have retired with grace and stayed that way."

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### *Federal Govern- ment Furloughed*

"My dad is an officer for the Park Police and the furlough caused his pay to be dropped back."

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### *Jerry Garcia of The Grateful Dead died*

“His death was a tragedy; the concerts were great. The music he played was different from others.”

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## J Michael & Lisa Marie Jackson divorced

“I was not surprised. How could anyone live with a man that wears make-up and talks like a woman?”

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Calvin Klein  
Ads

“They’re different because they are more exposed and show the new generation. If given the chance, I would probably be in one.”  
Tammy Kelly-10

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L

Leap Year

“It’s cool because it only happens once every four years. I know someone whose birthday is February 29; he finally turned four years old.”  
Becky Ludwig-10

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# M

## Million Man March

"The March brought everybody together and there was no violence. I think it should be an annual event."

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# N

## Nuclear testing in France

"I don't think France should continue to do it. They really don't have any use for the weapons."

Jeffrey Nielsen-12

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## O

### *Oklahoma City Bombing*

"The greatest loss of this is that children were killed. Who could do such a thing? All we can think is 'Why?'"

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### *Princess Diana and Charles agreed to divorce*

"It was good that they split up because if she was unhappy she shouldn't be in that situation."

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## Editors Note

When in the course of creating a yearbook you get a blizzard, one bombing computer, and black-outs at 5:00, you come to appreciate the people who made it all come together. All the staff members and editors who adjusted and learned to import quickly, told our fortunes, attacked us during picture taking, got pierced, wore Harry Olmsted glasses for picture day, put up with chauvinists, gave us food, took pictures of cute guys, put up with our hyperness, spent \$80 on one-hour photos, got caught in the web, drove Julie's car to get Taco Bell for hungry editors, corrected their proofs, and chased Chelsea Clinton with scissors . . . thank you.

Mr. Ross, we'd be sweltering still if it weren't for you.

Thanks to all the mommies and daddies for their technical and non-technical support, computers, food, rides to the Leadership Conference, to and from GYE, sitting for hours on I-95 en route to VHSL, and letting your kids stay so late.

Mr. Stanley, thanks for not scoring with Kim in front of us and for giving up your evenings for "the cause."

And well, Mrs. Moulen, not giving up was worth all the tears, the book is the best ever. Thanks for taking a leap of faith with us. Good luck in your future.

Sorry this is so long but hey . . . we earned it!

Kara & Julie



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## Q

*Quebec voted to stay part of Canada*

"I don't think they needed to separate. What's so bad about being part of Canada?"

Tommy Quimby-10

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## R

*Record low temperatures in the Midwest*

"I was surprised by the low temperatures. I couldn't believe that it could actually get that cold."

Melissa Ritenour-10

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## S

*Singer Selena was murdered*

"I had never heard of her until she was murdered; afterward I heard her music and I liked it so I bought her CD."

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T

Elizabeth Taylor  
divorced for the  
Eighth Time

“She’s not committed to her marriages. After the third time she should have gotten tired of it.”

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# U

## Unabomber published Manifesto

"He has no life. Somebody would have to be psycho to do what he does."

Jorge Urrutia-9

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# V

## Susan Smith guilty verdict

"If she were given the death penalty, she wouldn't suffer. In prison, she can suffer for the rest of her life and think about what she has done."

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## Whitewater

"Clinton is hiding behind Hillary like he always does. I hope they lose the election considering no one cares about Al Gore."

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# Y

## Prime Minister of Israel, Yitzak Rabin murdered

"I don't think anyone should be killed because they're different and fighting for peace."

Sherrell Yeager-10



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## Z

### Philadelphia Zoo Fire

“They should have a better fire system and train the people better to prevent this kind of thing from happening.”

Stephanie Zurko-11

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# Colophon

The 1500 copies of the 1996 *Valhalla* were printed by Herff Jones Yearbook Company in Gettysburg, Pennsylvania. Each book cost \$35-\$45 due to a progressive price increase. Publishing Representative Annette Rollyson and Customer Service Adviser Barb Merson aided in publication.

The cover is a school-designed board level die, custom embossed. The base material is navy #1067. The applied colors are silver #0023 and silver foil. The cover has been turned on 160 point binders board.

The endsheets were also school-designed. They are printed on 100# white vibracolor stock. The applied lithographic ink is HJ#281 navy. Cover and divider logos are printed in Freestyle Script and Helvetica type.

The 320 pages are printed on 80# bordeaux enamel stock with 64 page four color process. The signatures are smythe sewn and have been rounded and backed. Body type is 12 pt. Adobe Garamond, captions are 10 pt. Adobe Garamond bolded, 'Go With The Flow' headlines are printed in Hobo type, 'All Fired Up' headlines are printed in Blast type, 'Down To Earth' headlines are printed in Olduvai type, 'Life's A Breeze' headlines are printed in Freestyle Script.

All four color process senior portraits, black and white underclassmen and faculty portraits were taken by Segall-Majestic by Lifetouch Photography Studios based in Baltimore, Maryland.

The 1995 *Valhalla* received an All American with four Marks of Distinction from the National Scholastic Press Association; an All Southern from the Southern Inter-Scholastic Press Association; and First Place from the Virginia High School League; Columbia Scholastic Press Association did not return the book. The *Valhalla* was among the first Savedge Award winners for Sustained Excellence in Journalism.

## BRAVING • THE

# Elements



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### SCRUB A DUB DUB

---

Don't miss a spot!  
During the "Mother of All Car Washes" senior Tamorre Simpson scrubs the window of a sedan. Participants from all athletic teams washed vehicles for eight hours. The players sought per-car pledges then collected the money after the cars were washed. Due to the fact that the weather was cloudy, the car wash fell short of expectations.



Tony Nguyen

---

### WINTER WONDERLAND

---

Crunch! Squish!  
Sophomore Chrissy Moore plunges into snow left behind by plows. A week of two-hour delays followed a week off of school after the Blizzard of '96 hit the Washington area. The Blizzard resulted in the Winter of 1996 having the most snowfall since 1899.



Barbara Gryder



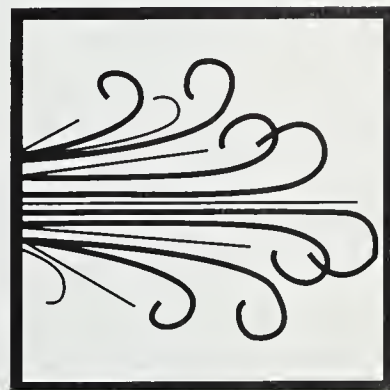
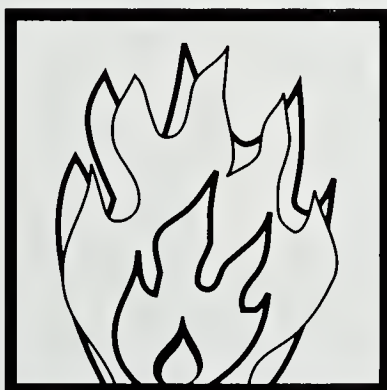
# Elements

**T**he elements attacked, leaving survivors to function on altered schedules. The Blizzard of '96, as it was dubbed by newscasters, buried the East Coast in 36 inches of snow closing school and causing two-hour delayed openings for two weeks.

In an effort to regain full use of roads, Virginia spent \$60 million on snow removal. The plows couldn't move fast enough so a multitude of signs erupted from residential areas offering free hot chocolate to the plow who cleared their road first.

The onslaught of Mother Nature caused the government closing to last longer than planned. The proposed reopening was January 8, however the weather postponed it until January 11. In addition to the government shut down, Potomac Mills had to close for a day due to a cave-in. The weight of the snow on the flat roof caused the collapse. The 150,000 people who normally shopped were not able to get to the mall anyway.

Braving the second most intense winter ever, students had to find ways to overcome the trials the elements presented.





**W**ith Hylton opponent Missy Thompson on her heels, junior Susan Gibson endures the heat which radiates from the gravel. Although sweat and salt poured from her glands, she continued with the race. Cross country season began in the blistering heat of August and ended with the biting winds of November.



Bridgit Kelly













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1996

Woodbridge Senior High School (W)

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